IUPUI

Drug-Free Schools and Campuses Regulations

Educational Department General Administrative Regulations (34 CFR Part 86)

Biennial Review Report:

Academic Years 2021-2022 & 2022-2023

Report prepared by Office of Health and Wellness Promotion, Division of Student Affairs

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1. Introduction

Regular self-assessment is imperative for the efficacy of alcohol and other drug (AOD) education and prevention programs in higher education. It is a mandatory requirement for all institutions of higher education (IHEs) that receive Federal financial assistance.

Amendments to the Drug-Free Schools and Communities Act[1] (DFSCA) have mandated IHEs to conduct a thorough examination and issue a report on their AOD prevention programs biennially. These reports must encompass a review of the effectiveness of AOD programs, the consistency of disciplinary sanctions, and recommendations for necessary changes or improvements.

Indiana University-Purdue University Indianapolis (IUPUI) recognizes its legal obligation to conduct a biennial review and affirms that illegal drug use and alcohol misuse are inconsistent with the university's mission, vision, and goals.

Beyond being a component of Federal compliance, this report serves as a valuable inventory of AOD resources, policies, and programs at IUPUI, IUPUC, and IU Fort Wayne. Offering a comprehensive overview of AOD education and prevention efforts for the years 2021-2022 and 2022-2023, the report also sets a direction for enhancing preventative and educational program elements in the future.

1.1 Summary of Institutional Requirements: Annual Notification[2]

HEA Sec. 120 34 CFR 86.100(a)	**Due date:** Annually
	Method of transmittal: Distributed in writing
	Recipient: Enrolled students and employees
	Description: An institution is required to distribute information on preventing drug and alcohol abuse. Specifically, an IHE that participates in title IV, HEA programs must distribute

1. standards of conduct that prohibit the unlawful possession, use, or distribution of illicit drugs;
2. a description of legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
3. a description of health risks associated with the use of illicit drugs and the abuse of alcohol;
4. a description of available counseling, treatment, rehabilitation, or re-entry programs that are available to employees or students; and
5. a clear statement that the institution will impose disciplinary sanctions on students and employees and a description of those sanctions for violations of the standards of conduct.

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[1] As articulated in the Education Department General Administrative Regulations (EDGAR) Part 86
[2] Table copied from Federal Student Aid Handbook Institutional Reporting and Disclosure Requirements

1.2 Summary of Institutional Requirements: Biennial Review[3]

HEA Sec. 120(a)(2)
34 CFR 86.100(b),
86.103(a)

Due date: Biennially

Method of transmittal: Must be made available upon request

Recipient: Department of Education and public

Description: An institution is required to make available the results of a biennial review of the institution's drug and alcohol abuse program that

1. determines the program's effectiveness and any needed changes,
2. determines the number of drug and alcohol related violations and fatalities,
3. identifies the number and type of sanctions imposed, and
4. ensures that the sanctions are consistently enforced.

2. Biennial Review Process

2.1 Biennial Review Period and Timeframe

The current Biennial Review follows the academic calendar and includes a Fall Term, Spring Term, and Summer Term for each year. For the sake of this review process, each academic year continues until the beginning of the subsequent Fall Term (rather than at the end of Summer Term, which would leave a gap of about 2 weeks). The current period under review is August 23, 2021 through August 7, 2023. Any alternate reporting periods, such as fiscal year or calendar year, are clearly noted in sections where they appear.

Description	Timeframe
2021 Fall Term	August 23 - December 13, 2021
2021 Annual Security and Fire Safety Report	October 1, 2021
2022 Spring Term	January 10 – May 2, 2022
Annual Notification distributed via email (Students)	January 28, 2022
Annual Notification distributed via email (Employees)	January 28, 2022
2022 Summer Term	May 10 – August 8, 2022
2022 Fall Bridge Week	August 15 – 19, 2022
2022 Fall Term	August 22 – December 12, 2022
2022 Annual Security and Fire Safety Report	October 1, 2022
2023 Spring Term	January 9 – May 1, 2023
Annual Notification distributed via email (Students)	February 7, 2023
Annual Notification distributed via email (Employees)	February 7, 2023
ACHA National College Health Assessment (NCHA) Administered – IUPUI	February 13 – March 5, 2023
Indiana College Substance Use Survey (ICSUS) Administered – IUPUC	February – March 2023
Indiana College Substance Use Survey (ICSUS) Administered – IUFW	February – March 2023
2023 Summer Term	May 9 – August 7, 2023
Biennial Review Self-Study Materials Provided to Review Committee	November 16, 2023
Biennial Review Committee Final Meeting (via Zoom)	December 1, 2023
Final Biennial Review Report Provided to Indiana University Compliance & Policy Office	December 22, 2023

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[3] Table copied from Federal Student Aid Handbook Institutional Reporting and Disclosure Requirements

2.2 Biennial Review Committee

Biennial Review Committee participants review a preliminary version of the report that contains collected data and evidence from the biennium. The committee met via Zoom on December 1, 2023 to conduct a review, which included SWOT analysis, findings and conclusions, and list of recommendations.

Name		Title	Department
Emily	Braught	Director of Assessment and Planning	IUPUI Division of Student Affairs
Jen	Embree	Chief Wellness Officer	IU School of Nursing
Ann	Obergfell	Associate Vice Chancellor	IU Fort Wayne
Joan	Poulsen	Associate Dean for Academic and Student Affairs	IUPUC
Samantha	Schaefer	Manager	Healthy IU Employee Wellness
Jason	Spratt	Associate Vice Chancellor & Dean of Students	IUPUI Division of Student Affairs
Eric	Teske	Director	IUPUI Health and Wellness Promotion
Danielle	Wolfe	Assistant Director, Sub Use Intervention Serv	IUPUI Health and Wellness Promotion

2.3 Report Contributors

In addition to the review participants, a variety of contributors from across the campus provide data, content descriptions, and guidance in presenting information in report format. Report contributors do not attend all review meetings but are an important piece in the process by providing access to requested information.

Name		Title	Department
Petra	Batek	Director	IUPUI Counseling & Psychological Services
Brittany	Cope	Assistant Director of Compliance	IUPUI Intercollegiate Athletics
Sara	Dickey	Director	Office of Student Conduct
Barb	Dobbs	Data Analyst for IUPUC and IU Fort Wayne	Institutional Effectiveness
Ashley	Eppich	Assistant Director of Clinical Services	Counseling and Psychological Services
Sydney	Lease	Associate Director, Residents Life	IUPUI Housing and Residents Life
Lori	Montalbano	Dean of Students	IUPUC
Robin	Newhouse	Dean and Professor	IU School of Nursing
Angela	Reese	Work Life Analyst	IU HR / Healthy IU
Marti	Reeser	Assistant Dean	IU School of Medicine
Samantha	Schaefer	Manager	Healthy IU
Jason	Spratt	Associate Vice Chancellor, Dean of Students	Division of Student Affairs
Diane	Sweeney	Lieutenant - Clery Compliance Officer	IU Police, Indianapolis
Eric	Teske	Director	IUPUI Health and Wellness Promotion
Rebecca	Walker	Executive Director of Administration	IU School of Nursing
Brett	Watson	Associate Director	Office of Student and Family Connections
Eric	Weldy	Vice Chancellor for Student Affairs	Division of Student Affairs
Danielle	Wolfe	Assistant Director, Sub Use Intervention Serv	IUPUI Health and Wellness Promotion

2.4 Handling of Biennial Review Reports and Records

Copies of the Biennial Report are kept on file with University Compliance in the Office of the Vice President and General Counsel, and with the Assistant Director of Substance Use Intervention Services in IUPUI Health and Wellness Promotion, IUPUI Campus Center Suite 370. The university shall, upon request, make available to the Secretary and the public a copy of each item required by Sec 86.100(a) as well as the results of the biennial review required by Sec 86.100(b).

The university shall retain records required by Sec 86.100(a) for three (3) years after the fiscal year in which the record was created. Specifically, these records include copies of the annually distributed notification document, senior leadership certification of the AOD prevention program (signature page), results of the biennial review, and any other record reasonably related to the review and reporting process.

2.5 How Data Was Collected and Assessed

The IUPUI Office of Health and Wellness Promotion coordinates the collection of data from primary sources on the Indianapolis campus (e.g. raw data from surveys and program evaluations), collects data reports from campus partners (e.g. Office of Student Conduct), and in some cases from vendors and third party applications (e.g. MyStudentBody).

Barb Dobbs, Data Analyst for IUPUC and IU Fort Wayne, administers campus surveys for the Columbus and Fort Wayne campus sites. The university collects primary data by administering the Indiana College Substance Use Survey (ICSUS) every 2 years. IUPUI also administers a broader student health survey (ACHA NCHA-III) every three years. **Section 4** contains more details about the campus-wide surveys used to obtain AOD prevalence data.

Information is shared prior to and during review meetings. Copies of data reports are distributed via email to staff members who are invited to program review meetings. Meetings include discussion of procedures, concerns, prevalence data, and best practices for addressing high risk alcohol and drug use in college populations. Modifications to existing procedures are documented in either meeting minutes or summary emails following review meetings, and in some cases result in updates to written procedures, such as sanction descriptions and instructions for students involved in the conduct process. A summary of the data, review findings, and recommendations is documented in the Biennial Review Report published by the IUPUI Office of Health and Wellness Promotion.

3. Annual Policy Notification Process

To comply with the Part 86 regulations, IHEs must notify all students and employees annually of certain information from the Drug and Alcohol Prevention Program (DAAPP) at the institution. The notification must be in writing and include the following:

- ✓ Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.

- ✓ A list of applicable legal sanctions under federal, state, or local laws for the unlawful possession or distribution of illicit drugs and alcohol.

- ✓ A description of the health risks associated with the abuse of alcohol or use of illicit drugs.

- ✓ A list of drug and alcohol programs (counseling, treatment, rehabilitation, and re-entry) that are available to employees or students.

✓ A clear statement that the IHE will impose disciplinary sanctions on students and employees for violations of the standards of conduct and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution.

3.1 Annual Notification Distribution

Email is the primary method of distribution for the annual notification. Email is an official form of correspondence with students. According to Indiana University policy, the university reserves the right to send official communications to students by email with the full expectation that students will receive email and read these messages in a timely fashion.[4] The addition of a direct electronic mailing as a notification method for all three campus sites was the result of the previous biennial review recommendations. With new data about email open rates for these notifications, the distribution of these required notices continues to improve.

DAAPP contents are included as appendices, with examples of student content (**Appendix A**) and employee content (**Appendix B**) reproduced in this report. In total there are 6 versions on file for both students and employees at IUPUI, IUPUC, and IUFW. Content from the DAAPP is also posted year-round on the Protect IU public safety website[5].

2021-2022 Subject Line	Audience	Date	Total Sent	Delivery Rate	Open Rate
IUPUI Alcohol and Drug Information for Students	Students	1/28/2022	23,047	99.8%	40.9%
IUPUI Alcohol and Drug Information for Employees	Employees	1/28/2022	8,462	99.8%	58.9%
IUPUC Alcohol and Drug Information for Students	Students	1/28/2022	944	99.8%	38.6%
IUPUC Alcohol and Drug Information for Employees	Employees	1/28/2022	101	100.0%	54.5%
IUFW Alcohol and Drug Information for Students	Students	1/28/2022	867	100.0%	65.9%
IUFW Alcohol and Drug Information for Employees	Employees	1/28/2022	138	98.6%	58.5%

2022-2023 Subject Line	Audience	Date	Total Sent	Delivery Rate	Open Rate
IUPUI Alcohol and Drug Information for Students	Students	2/7/2023	22,649	98.2%	47.5%
IUPUI Alcohol and Drug Information for Employees	Employees	2/7/2023	8,602	99.3%	59.7%
IUPUC Alcohol and Drug Information for Students	Students	2/7/2023	828	99.5%	41.6%
IUPUC Alcohol and Drug Information for Employees	Employees	2/7/2023	98	100.0%	59.2%
IUFW Alcohol and Drug Information for Students	Students	2/7/2023	876	99.2%	57.3%
IUFW Alcohol and Drug Information for Employees	Employees	2/7/2023	71	98.6%	70.0%

3.2 Additional Email Notifications from Public Safety and Institutional Assurance

Subject Line	From	Date
Notice of 2021 Annual Security & Fire Safety Report	Benjamin Hunter Superintendent of Public Safety	October 1, 2021
Notice of 2022 Annual Security & Fire Safety Report with alcohol and drug information	Benjamin Hunter Superintendent of Public Safety	October 1, 2022

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[4] About IU's policy on official communications from the university to students https://kb.iu.edu/d/aozw
[5] https://protect.iu.edu/police-safety/safety-prevention/alcohol-drugs/index.html

4. Campus AOD Prevalence Data

Campus statistics on alcohol and drug use are obtained through anonymous self-report surveys, campus crime reports, and informally through program evaluations and screening tools. Results are made available to promote transparency, to guide program development, and to spark discussion around campus alcohol and drug use. A description of the data collection methods precedes prevalence and incidence rates in this report. Campus-wide surveys are conducted on a rotating schedule to avoid survey fatigue and conflicts with other campus-wide surveys. The IUPUI Survey Committee administers the Survey Approval Process[6] as described on the Institutional Research and Decision Support website.

4.1 Campus-Wide Student Surveys

ACHA National College Health Assessment – IUPUI Spring 2023
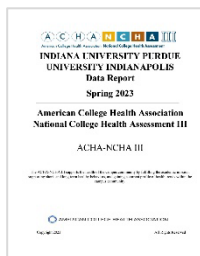
The Indiana National College Health Assessment was administered in Spring 2023. IUPUI students were sent an e-mail inviting them to participate in the survey. Students were given a two-week period to complete the online questionnaire. A reminder e-mail was sent midway through the survey period. This survey was opened to the entire IUPUI student body to participate unlike previous years where it was offered to a stratified random sample.1887 students responded to the survey, for a response rate of 9.7%. The full version of this survey report is available in **Appendix C.**

Health & Wellness Promotion; Eric Teske, Director, (317) 274-4745 erictesk@iupui.edu

Indiana College Substance Use Survey – IUPUC Spring 2023
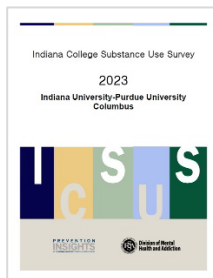
The Indiana College Substance Use Survey was administered in Spring 2023. A total of 807 students were sent an e-mail inviting them to participate in the survey. Students were given a two-week period to complete the online questionnaire. A reminder e-mail was sent midway through the survey period. 63 students responded to the survey, for a response rate of 7.81%. The full version of this survey report is available in **Appendix D.**

Institutional Research & Effectiveness; Steve Graunke, Director sgraunke@iupui.edu

Indiana College Substance Use Survey – IUFW Spring 2023
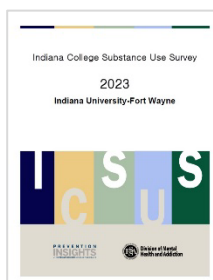
The Indiana College Substance Use Survey was administered in Spring 2023. A total of 863 students were sent an e-mail inviting them to participate in the survey. Students were given a two-week period to complete the online questionnaire. A reminder e-mail was sent midway through the survey period. 91 students responded to the survey, for a response rate of 10.54%. The full version of this survey report is available in **Appendix E.**

Institutional Research & Effectiveness; Steve Graunke, Director sgraunke@iupui.edu

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[6] https://irds.iupui.edu/survey-info/survey-approval-process.html

4.2 Monthly Prevalence - Percent of Students Reporting Any Use in the Past 30 Days (ICSUS 2023)

2023 Substance Use	IUFW	IUPUC	Statewide
Alcohol	50.0	42.6	55.4
Marijuana	10.5	16.7	23.5
Cigarettes	7.0	6.6	8.9
Electronic vapor products	23.3	19.7	20.7
Cigars	2.4	1.6	3.7
Tobacco with hookah/water pipe	2.3	1.7	1.3
Chewing/smokeless tobacco	2.4	1.6	2.4
Rx stimulants not prescribed	1.2	1.6	1.9
Rx painkillers not prescribed	2.3	1.6	0.6
Rx sedatives not prescribed	1.2	1.6	0.4
Hallucinogens	2.3	1.6	1.5
Cocaine	3.5	1.6	0.9
Inhalants	0.0	1.7	0.3
Heroin	0.0	1.6	0.1
Methamphetamine	0.0	1.6	0.2
Other illegal drugs	0.0	0.0	0.2

4.3 IUPUI Student Alcohol Use Trends
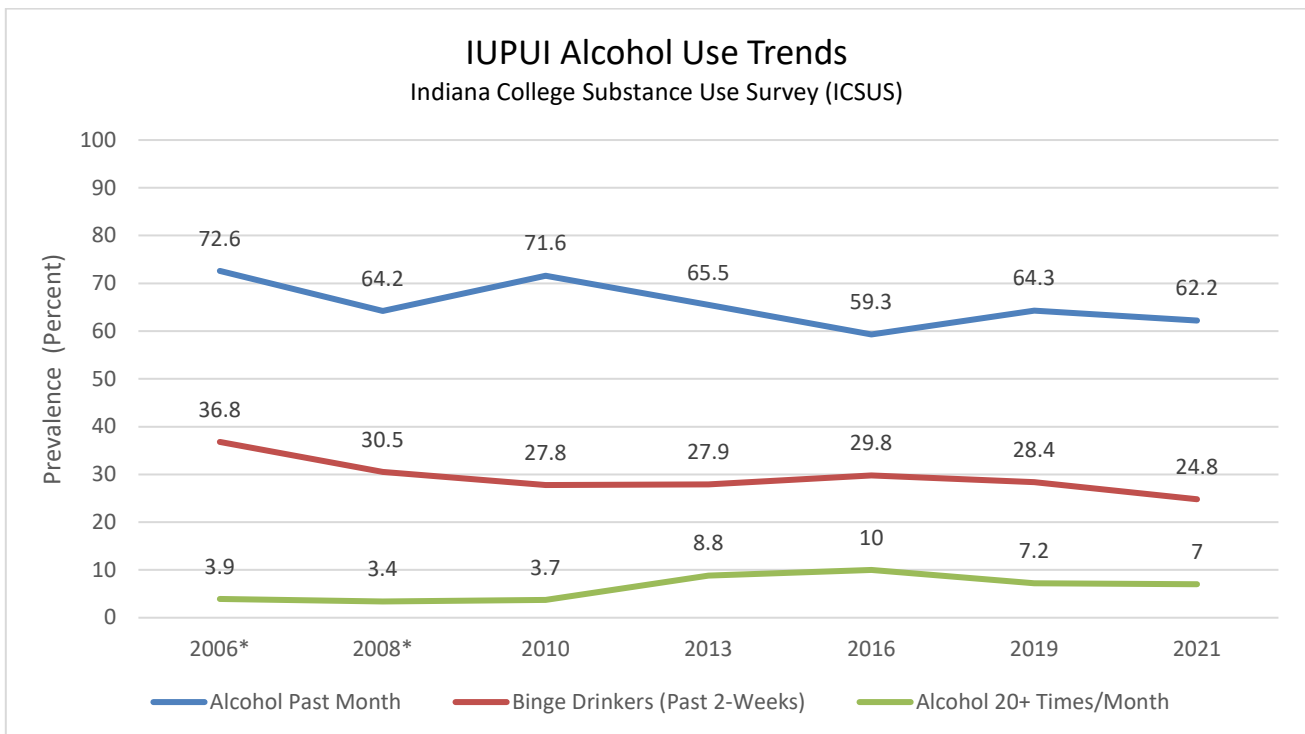
IUPUI Alcohol Use Trends
Indiana College Substance Use Survey (ICSUS)

Alcohol Past Month: 72.6 (2006*), 64.2 (2008*), 71.6 (2010), 65.5 (2013), 59.3 (2016), 64.3 (2019), 62.2 (2021)
Binge Drinkers (Past 2-Weeks): 36.8 (2006*), 30.5 (2008*), 27.8 (2010), 27.9 (2013), 29.8 (2016), 28.4 (2019), 24.8 (2021)
Alcohol 20+ Times/Month: 3.9 (2006*), 3.4 (2008*), 3.7 (2010), 8.8 (2013), 10 (2016), 7.2 (2019), 7 (2021)

Data comes from the ICSUS (and earlier from the CORE Survey*). Wording changed from "days per month" to "times per month" in 2013. CORE Survey definition of binge drinking is 5+ drinks in an occasion. ICSUS definition of binge drinking is 4+ for female, 5+ for male in a single occasion.

4.4 IUPUI Student Marijuana Use Trends
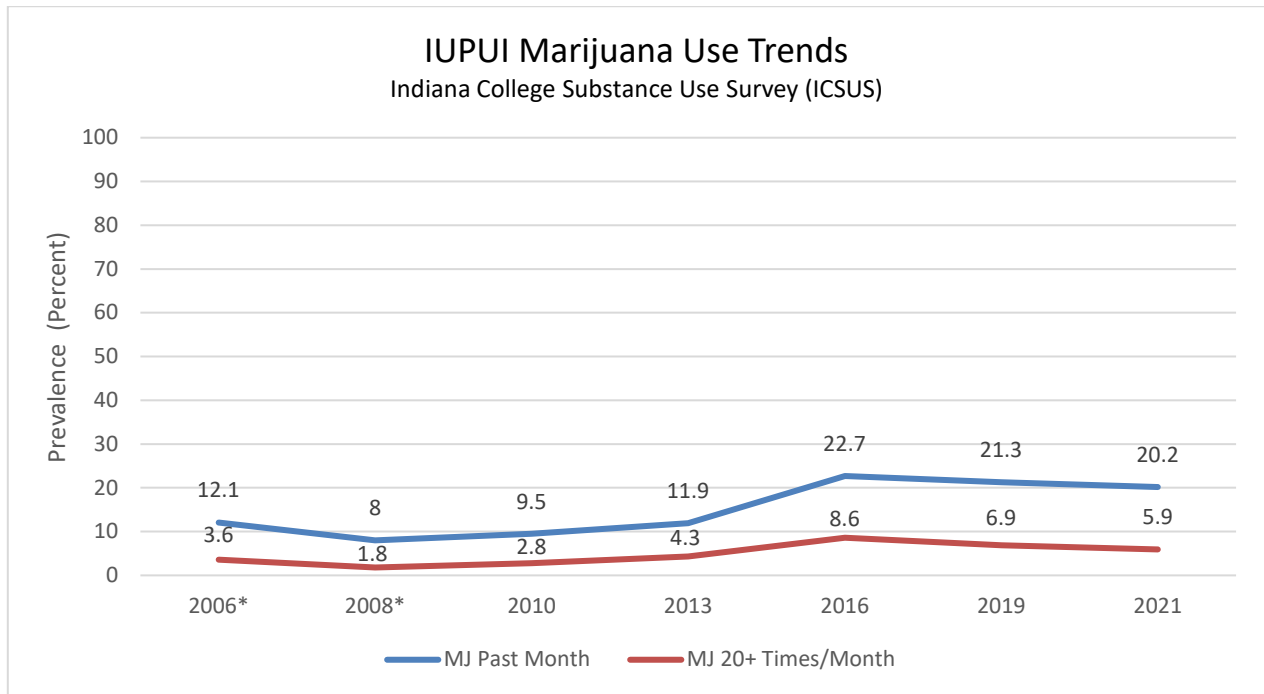
IUPUI Marijuana Use Trends
Indiana College Substance Use Survey (ICSUS)

Year	MJ Past Month	MJ 20+ Times/Month
2006*	12.1	3.6
2008*	8	1.8
2010	9.5	2.8
2013	11.9	4.3
2016	22.7	8.6
2019	21.3	6.9
2021	20.2	5.9

Data comes from the ICSUS (and earlier from the CORE Survey*). Wording changed from "days per month" to "times per month" in 2013.

5. AOD Policy, Enforcement & Compliance

Indiana University as a whole has taken great steps to oversee policy language, and to create a repository of policies to ensure different or outdated versions of policies are not circulated. This online repository[7] has aided greatly in the communication of university policies, and in identifying additional policy information, such as the inclusion of personnel or offices who provide oversight or monitoring of policies and policy violations.

This section contains an inventory of all campus policies pertaining to alcohol or drugs for the IUPUI, IUPUC, and IUFW campus sites (and in many cases the entire IU system as a whole). Following the policy inventory is a description of disciplinary procedures to ensure enforcement consistency, including a description of Conduct Officers and Enforcement Consistency Results.

5.1 Policy Inventory

This inventory contains descriptive text summarizing each policy, and links directly to the official policy whenever possible. A full text version of the Substance-Free Workplace Policy HR-07-60 is included for reference in **Appendix F**.

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[7] https://policies.iu.edu

Student Alcohol and Other Drug Policies

Policy	Code of Student Rights, Responsibilities, and Conduct
Location	https://studentcode.iu.edu

Brief Summary: The university may discipline a student for the following acts of personal misconduct that occur on university property, including but not limited to unauthorized possession, use, or supplying alcoholic beverages to others contrary to law or university policy. Unauthorized possession, manufacture, sale, distribution, or use of illegal drugs, any controlled substance, or drug paraphernalia. Being under the influence of illegal drugs or unauthorized controlled substances.

Policy	UA-03 Discrimination, Harassment, and Sexual Misconduct
Location	https://policies.iu.edu/policies/ua-03

Brief Summary: A person is incapable of consent if they are unable to understand the facts, nature, extent, or implications of the situation due to drugs, alcohol, a mental disability, being asleep or unconscious, or based on their age (pursuant to Indiana law). Consent does not exist when the individual initiating sexual activity knew or should have known of the other person's incapacitation.

Policy	VPSS-05 Student Rights Under FERPA and Release of Student Information
Location	https://policies.iu.edu/policies/vpss-05

Brief Summary: The Family Educational Rights and Privacy Act (FERPA) affords students certain rights with respect to their education records. FERPA authorizes the university to disclose education records or identifiable information to third parties (i.e., anyone not a "school official") without the student's consent under the following circumstances: h. Parents of a student regarding the student's violation of any federal, state or local law, or university policy governing the use or possession of alcohol or controlled substance if the university determines that the student committed a disciplinary violation and is under the age of 21.

Tobacco-Free Campus

Policy	VPPS-CHO-01 Tobacco-Free University
Location	http://go.iu.edu/1SLi

Brief Summary: The use or sale of tobacco, tobacco products, and smoking related products is prohibited on Indiana University property. The use or sale of tobacco, tobacco products, and smoking related products is prohibited in university-owned, university-operated, or university-leased vehicles. The use of tobacco, tobacco products, and smoking related products is permitted inside privately owned vehicles. In accordance with Indiana state law, signs prohibiting smoking must be posted at all public entrances.

Student Organization Alcohol and Other Drug Policies

Policy	Student Organization Misconduct
Location	Registered Student Organization Manual[8]

Brief Summary: Acts of misconduct shall subject the organization, its leadership, and/or its membership to disciplinary action. Misconduct includes, but is not limited to (1) violation of any local, state or federal law, violation of the IU Code of Student Rights, Responsibilities, and Conduct, or any other university policy, rule or regulation. (2) Consumption of alcohol by an officer, member, or affiliate of the organization at any organizational event, competition, trip or function. (3) Harassment or sexual harassment. (4) Hazing in any form. (5) Sexual assault or misconduct. (6) Committing any act of misconduct not specifically described above shall subject violators to any of the described penalties which Student Activities determines most suitably addresses the conduct involved.

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[8] Appendix G

Policy	**Hazing**
Location	Registered Student Organization Manual

Brief Summary: Hazing by members of student organizations registered with IUPUI is strictly forbidden. Hazing activities are defined as "any conduct that subjects another person, whether physically, mentally, emotionally, or psychologically, to anything that may endanger, abuse, degrade, or intimidate the person as a condition of association with a group or organization, regardless of the person's consent or lack of consent." Such activities may include, but not limited to, the following; use of alcohol, paddling in any form, creation of excessive fatigue, physical and psychological shocks, quests/treasure hunts/scavenger hunts/road trips, wearing of public apparel which is conspicuous and not normally in good taste, engaging in public stunts or humiliating games and activities that are morally degrading, or any other activities which are not consistent with academic achievement, the regulations and policies of IUPUI/Indiana University, or applicable state law.

Policy	**Alcohol & Drug Policy**
Location	Registered Student Organization Manual

Brief Summary: It is unlawful for any person under 21 to purchase, possess, or consume any alcoholic beverages; to give or to sell any alcoholic beverages to anyone under 21; or to aid or to abet anyone under 21 in purchasing, possessing, and consuming any alcoholic beverage. Student organizations are subject to all related University policies on alcohol including but not limited to the Late-Night Party Policy or the policy of any on-campus building where an event occurs. IUPUI has a zero-tolerance practice for the possession, sale and/or use of illegal drugs. Students who violate this policy can expect a significant sanction; including suspension or expulsion from the University.

Student-Athlete Alcohol and Other Drug Policies

Policy	**Student-Athlete Drug Education, Testing, and Treatment Policy**
Location	IUPUI Student-Athlete Handbook[9]

Brief Summary: Purpose of the policy is to fairly, reliably, and privately establish a drug free atmosphere among our student-athletes through education, identification, assessment, treatment, and rehabilitation of substance abuse including establishing and enforcing consequences to deter substance abuse. Policy outlines drug education expectations, and drug testing program procedures.

Housing and Residence Life Alcohol and Other Drug Policies

Policy	**RL1 Alcohol Container and Bulk Alcohol**
Location	Residential Handbook[10]

Brief Summary: In residential housing where any assigned resident is under the age of 21, alcohol containers or paraphernalia of any kind, closed, open, or empty, are prohibited (this includes beer cans, shot glasses, liquor bottle collections, etc.). Community containers of alcohol (containers larger than a half-gallon) are prohibited in any campus residence. Alcohol may only be possessed or consumed in an apartment or North Hall space where ALL assigned residents and guests are 21 years or older but may not be possessed or consumed in a lounge, stairwell or other residential common area or in the presence of anyone under the age of 21. Residents under the age of 21 are not permitted in the defined bar area in the restaurant at University Tower. Any resident under the age of 21 who enters the bar area in the restaurant at University Tower will be subject to disciplinary action.

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[9] Appendix H
[10] Appendix I

Policy	**RL13 Illegal Drugs**
Location	Residential Handbook

Brief Summary: Use, distribution, or otherwise possession of illegal drugs and controlled substances are strictly prohibited at IUPUI and in housing. In addition to charges under the student disciplinary process, interim or deferred contract cancellation may apply.

Policy	**RL16 Passive Participation**
Location	Residential Handbook

Brief Summary: Residents are obligated to remove themselves from any situation and/or immediately report where a violation is occurring. Residents present during an incident in which a violation of the Residential Policies and Procedures and/or the Code of Student Rights, Responsibilities, and Conduct is on-going may be held accountable through the university student conduct system.

Policy	**RL18 Prohibited Items**
Location	Residential Handbook

Brief Summary: Items prohibited within campus residential facilities include electronic cigarettes, "vaping" devices, hookahs, and items designed or altered for the use of illegal drugs. Tobacco products (if under 21 years old). Reference RL 41 for more details.

Policy	**RL28 Tobacco-Free Policy**
Location	Residential Handbook

Brief Summary: In accordance with the IUPUI Tobacco-Free Policy, all University facilities, grounds and vehicles are tobacco and smoke-free. Effective July 1, 2020, no one in the state of Indiana under the age of 21 may purchase, use or possess any tobacco, nicotine vapor or alternative tobacco product. Violations of this policy may result in disciplinary action, including, but not limited to, fines and educational sanctions. Spice (and other names such as K2, K12, etc.) is prohibited and may lead to eviction from Housing. Additionally, the use of e-cigarettes, vaporizers, or ingestion of bath salts is strictly prohibited.

Alcohol On-Campus, Solicitation, and University Vehicles

Policy	**FIN-INS-10 Service of Alcohol**
Location	https://go.iu.edu/1SJV

Brief Summary: Indiana University campuses, schools and programs may occasionally host events at which alcoholic beverages may be appropriate. When alcoholic beverages are provided at a university event, no alcohol should be provided to anyone under the legal age; stewardship of university resources must be considered when deciding whether it is appropriate to serve alcohol at an event; consumption of alcohol should be only in moderation; a selection of non-alcoholic beverages shall also be made available to attendees; when alcohol is served food should also be served; no federal grants and very few private grants permit the reimbursement of costs associated with serving alcohol. Each campus is permitted to enact more stringent rules as to who must approve the expenditure for providing alcohol.

Policy	**FIN-PUR-12 Non-Solicitation on Campus**
Location	https://policies.iu.edu/policies/fin-purch-12-non-solicitation-on-campus

Brief Summary: To avoid disruption of business operations or disturbance of University employees, students, and visitors, Indiana University has implemented this non-solicitation policy to address commercial solicitation on University property or within University facilities. Commercial Solicitations that relate to the promotion or consumption of alcoholic beverages, tobacco, or products or services that are contrary to the policies or mission of the University, are prohibited.

Policy	**FIN-PURCH-05 Prohibited Purchases**
Location	https://policies.iu.edu/policies/fin-purch-05-prohibited-purchases

Brief Summary: All Indiana University units and employees are prohibited from using university funds to purchase goods or services that are not approved. Restricted purchases include: Items considered personal in nature and not for the purpose of the university; Alcoholic beverages (except as approved for authorized research or academic purposes), Flowers, and Retirement Gifts.

Policy	**FIN-LT-01 Licensing and Trademark Policy**
Location	http://go.iu.edu/1T5y

Brief Summary: Indiana University will not approve the use of its trademarks or depictions of campus buildings or landmarks in conjunction with certain types of products. These include but are not limited to: Tobacco products and illegal drugs products. Commercial Solicitations that relate to the promotion or consumption of alcoholic beverages, tobacco, or products or services that are contrary to the policies or mission of the University, are prohibited.

Policy	**FIN-INS-02 Driving Privileges**
Location	http://go.iu.edu/1T5z

Brief Summary: All drivers of university vehicles must report an arrest, whether driving on university business or not, for any felony involving a motor vehicle or for driving while impaired due to alcohol or drugs. The arrest will result in a University suspension of driving privileges until acquittal or conviction.

Policy	**FIN-INS-07 Who Can Use University Vehicles**
Location	http://go.iu.edu/1T5A

Brief Summary: A university driver shall not operate a university vehicle with his/her ability to drive is impaired by alcohol or drugs (including legal drugs which diminish the capacity to drive safely), transport or consume alcoholic beverages or illegally possessed controlled substances in a university vehicle, smoke or use tobacco products, or allow passengers to smoke or use tobacco products in a university vehicle. In the event of an accident, the university's defense and indemnification policies and worker's compensation coverage will not apply if the drivers ability to operate the vehicle is impaired by alcohol or drugs.

Policy	**FIN-INS-03 Operation of University Vehicles**
Location	http://go.iu.edu/1T5B

Brief Summary: Indiana University encourages safe driving practices by all drivers who operate any motorized vehicle while engaged in university business. Anyone operating a motorized vehicle, including personally owned vehicles while engaged in University business: will not operate a motorized vehicle while under the influence of alcohol, illegal drugs or any drug that impairs the driver's abilities; will transport alcoholic beverages in a "university-owned" or "university-leased" vehicle only if they are stored in the trunk of the vehicle; will never transport illegal drugs in a university vehicle (An exception is granted for campus police transporting evidence or confiscated drugs, as necessary).

Faculty & Staff Alcohol and Other Drug Policies

Policy	**HR-07-60 Substance-free Workplace**
Location	http://go.iu.edu/1SMj

Brief Summary: To promote a safe, healthy working environment for all employees. To provide assistance toward rehabilitation for any employee who seeks help in overcoming an addiction or dependence on alcohol or drugs. To reduce the incidence of injury to person or property and to reduce absenteeism, tardiness, and poor job performance. The university absolutely prohibits the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance or alcohol on university premises or while conducting university business off university premises. Violation of this policy may result in immediate termination of employment. Lawful dispensation, possession or use of alcoholic beverages on university property is limited to specifically authorized events. The health risks associated with controlled substances are numerous and varied depending on the drug. Nonetheless, the use of drugs not prescribed by a physician are harmful to the health.

Policy	**ACA-40 Substance-free Workplace for Academic Appointees**
Location	http://go.iu.edu/1SMl

Brief Summary: The Drug Free Workplace Act of 1988 and the federal Drug Free Schools and Campuses Act of 1990, prohibits the unlawful possession, use, distribution, manufacture or dispensing of illicit drugs and alcohol, including controlled substances, on Indiana University's premises, or while conducting university business off university premises. Indiana University will maintain an Employee Assistance Program for individuals with drug and alcohol issues.

Policy	**Principles of Ethical Conduct**
Location	http://principles.iu.edu/

Brief Summary: The Principles of Ethical Conduct outline Indiana University's values and standards of conduct, and serve as the foundation of the University Compliance Program. The principles do not create another set of rules, but instead serve as a codification of existing university policies. The Standards of Conduct #10 outlines that IU Community Members have a shared responsibility to ensure a safe, secure and healthy environment for all including protecting the health of others and themselves by not smoking or using tobacco on campus, and maintaining a substance-free workplace.

Policy	**ACA-33 Academic Appointee Responsibilities and Conduct**
Location	https://go.iu.edu/4p9C

Brief Summary: In retaining the rights to speak and act as citizens of the communities in which they dwell, academic personnel must assume as well the responsibilities which are incumbent upon the citizenship. Academic personnel, therefore, accept and adopt the provisions of the Indiana University Code of Student Rights, Responsibilities, and Conduct pertaining to personal misconduct on University property (Part II, Section H).

Policy	**UA-04 Whistleblower Protection**
Location	http://go.iu.edu/1SMo

Brief Summary: Individuals are expected to abide by state and federal laws and regulations as well as University policies. Furthermore, an Indiana University employee cannot be compelled by a supervisor or University official to violate a law or University policy. In the interest of the University, Individuals who have knowledge of specific acts which he or she reasonably believes violates the law or University policy must disclose those acts to an appropriate University official. Through this policy, individuals who report wrongful conduct are protected from reprisal.

State Amnesty Laws

Policy	IC 7.1-5-1-6.5 Indiana Lifeline Law
Location	Indiana Code[11]
Brief Summary: Request of medical assistance, victim of sex offense, crime witness; prohibited from being taken into custody; immunity from criminal prosecution; actions against law enforcement officers. Provides that a person is immune from arrest or prosecution for the crimes of public intoxication, minor possession, minor consumption, and minor transportation alcohol if the arrest or prosecution is due to the person: (1) reporting a medical emergency; (2) being the victim of a sex offense; or (3) witnessing and reporting what the person believes to be a crime.	

Policy	IC 16-42-27-2 Aaron's Law
Location	Indiana Code
Brief Summary: Prescribing or dispensing of overdose intervention drug without examination; requirements; administration of drug; exemption from practice of medicine; entities acting under standing order; statewide standing order; immunity from prosecution. Provides that a person is immune from criminal prosecution for drug possession if they administered an overdose intervention drug to an individual who appeared to be experiencing an opioid-related overdose.	

5.2 Disciplinary Procedures

IUPUI disciplinary procedures (**Appendix J**) determine responsibility and appropriate consequences for violations of the *Indiana University Code of Student Rights, Responsibilities, and Conduct (the Code)*. The purpose is to safeguard the University community and provide a developmental experience for the student. The University disciplinary procedures are separate and distinct from any legal proceedings, and they are not comparable to the criminal justice system.

The procedures for imposing academic and disciplinary sanctions are designed to provide students with due process and procedural fairness, to ensure equal protection for all students, and to provide for the imposition of similar sanctions for similar acts of misconduct. At the same time, the procedures reflect the need to be concerned about the individual student involved in a particular case. The procedures therefore provide that the imposition of disciplinary sanctions must also be based upon a consideration of all circumstances in a particular case, including a student's prior record of misconduct, if any.

The University's ability to proceed with substantial determinations and actions in a particular case will not be impaired by minor deviations from these procedures that do not have the effect of preventing a student from responding fully to a charge of misconduct.

The Human Resources Administration is responsible for policy enforcement for IUPUI staff, and the Office of Academic Affairs oversees policy enforcement for faculty.

Within professional schools, sanctioning consistency complies with considerations for accreditation, which may result in sanctions commensurate with accreditation standards. Policy violations from within the Robert H. McKinney School of Law, Indiana University School of Medicine and the Indiana University School of Dentistry follow these procedures. Students in other graduate programs are referred to the Office of Student Conduct, commensurate with procedures that apply to all undergraduate students.

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[11] http://iga.in.gov/

Enforcement consistency is measured by documenting sanctions in a manner that allows for anonymous comparison between cases to determine if similarly situated offenders receive similar disciplinary sanctions. Similar cases are grouped together so that comparisons can be made for the particulars of the offense, mitigating or aggravating circumstances, and disposition.

5.3 Conduct Officers

The term "Conduct Officer" means a designee of the Office of Student Conduct, including staff persons in the Office of Housing and Residence Life, who is authorized to adjudicate student disciplinary cases and to impose sanctions upon any student or student organization found to have violated *the Code*.

Sanctions for AOD policy violations are administered by several officers within the university, which oversee cases from specialized areas. Conduct officers within each area track records of student sanctions to ensure consistency with consideration for individual case circumstances and program accreditation requirements.

Undergraduate and Graduate, Non-Professional Students
> Sanctions for policy violations within the general student body are administered by the Office of Student Conduct and its designees, and overseen by the Assistant Dean of Students and Director of Student Conduct. Sanctions for policy violations within the population of residential students living in on-campus properties are administered by the Office of Housing and Residence Life and its designees, with oversight from the Office of Student Conduct.

IUPUC Campus Site
> Sanctions for policy violations within the population of students on the IUPU Columbus campus site are administered by the Office of Student Affairs and Dean of Students.

IU Fort Wayne Campus Site
> Sanctions for policy violations within the population of students on the IU Fort Wayne campus are administered by the IUPUI Office of Student Conduct. Sanctions for policy violations which occur within the population of residential IU students living in campus housing at Purdue Fort Wayne are administered by the Office of Student Housing.

Law Students
> Sanctions for policy violations within the Indiana University Robert H. McKinney School of Law are administered by the Assistant Dean for Student Affairs in the McKinney School of Law. Title IX violations are overseen by the Assistant Dean of Students and Director of Student Conduct.

Nursing Students
> The Indiana University School of Nursing follows the IUPUI protocol for referring students to the Office of Student Conduct unless a student has a violation while on a clinical rotation. In these cases, sanctions for policy violations are administered by the School of Nursing. Title IX violations are overseen by the Assistant Dean of Students and Director of Student Conduct.

Medical Students
> The Indiana University School of Medicine follows the IUPUI protocol for referring students to the Office of Student Conduct unless a student has a violation while on a clinical rotation. In these cases, sanctions for policy violations are administered by the Assistant Dean for Medical Student Education in the School of Medicine. Title IX violations are overseen by the Assistant Dean of Students and Director of Student Conduct.

5.4 Detecting AOD-Related Offenses

Alcohol policy violations are detected in a number of ways, including from police reports, residence hall complaints or suspicious activities, personal disclosures, reports of personal misconduct to the Office of Student Conduct, or reports of concerning behaviors to the Behavioral Consultation Team (BCT). Individuals making BCT reports that may involve a violation of policy are redirected to the appropriate office for investigation and possible disciplinary sanction.

Any person may file a complaint against a student or student organization for misconduct with the Office of Student Conduct. The Conduct Officer may request information concerning prior misconduct of the student from the University Police and other appropriate persons or offices.

Upon receipt of a referral, the Conduct Officer will review the report, conduct an investigation into the matter, and make necessary determinations whether a possible violation may or may not have occurred. If charged with a possible violation, a student may both accept responsibility for a charge and have a sanction assigned to them or they may dispute the charge in a formal hearing, where they may be found not responsible for the charge or they may be found responsible and assigned sanctions.

University-wide procedures for employees suspected to be in violation of the Substance-Free Workplace policy HR-07-60 are included in the body of the policy **(Appendix F).** Procedures are initiated by contacting the campus human resources office to implement guidelines in accordance with the Corrective Action policy.

5.5 Indiana University Police Department Arrests and Disciplinary Referrals

Numbers reported for IUPD arrests and administrative referrals (student conduct referrals). These numbers come from the same database as Annual Security Report numbers but are divided into the academic year rather than calendar year. In addition to liquor law violations reported under the Clery Act, numbers for Operating a Vehicle While Intoxicated (OVWI) and Public Intoxication are reported separately. Finally, if an individual is both arrested and referred for the same incident, only the arrest statistic is reported. Fall numbers include July 1 – December 31, and Spring numbers include January 1 – June 30.

Indianapolis

Violations	Academic Year 2021-2022			Academic Year 2022-2023		
	Fall	Spring	AY Total	Fall	Spring	AY Total
Drug Law Arrests (Clery Definition)	25	40	65	23	61	84
Drug Law Violations Referred for Disciplinary Action	23	11	34	13	1	14
Liquor Law Arrests (Clery Definition)	3	12	15	0	2	2
Liquor Law Violations Referred for Disciplinary Action	55	11	66	45	11	56
OVWI Arrests	19	23	42	17	23	40
OVWI Violations Referred for Disciplinary Action	0	0	0	0	0	0
Public Intoxication Arrests	3	5	8	3	0	3
Public Intoxication Violations Referred for Disciplinary Action	0	0	0	0	0	0

Columbus

Violations	Academic Year 2021-2022			Academic Year 2022-2023		
	Fall	Spring/Sum	AY Total	Fall	Spring/Sum	AY Total
Liquor Law Arrests (Clery Definition)	0	0	0	0	0	0
Liquor Law Violations Referred for Disciplinary Action	0	0	0	0	0	0
Drug Law Arrests (Clery Definition)	0	0	0	1	0	0
Drug Law Violations Referred for Disciplinary Action	0	0	0	0	0	0
OVWI Arrests	0	0	0	0	0	0
OVWI Violations Referred for Disciplinary Action	0	0	0	0	0	0
Public Intoxication Arrests	0	0	0	0	0	0
Public Intoxication Violations Referred for Disciplinary Action	0	0	0	0	0	0

5.6 Number and Type of Policy Violations and Sanctions

IUPUI Campus Site

Semester (Incident)	Office	Alcohol	Drugs	Alcohol & Drugs	Formal Reprimand	Disciplinary Probation	Suspension	Expulsion
Fall 2021	HRL[12]	6	1	0	0	7	0	0
	OSC[13]	0	2	0	0	2	0	0
	Total	*6*	*3*	*0*	*0*	*9*	*0*	*0*
Spring 2022	HRL	5	0	1	0	8	0	0
	OSC	2	21	1	0	22	0	0
	Total	*7*	*21*	*2*	*0*	*30*	*0*	*0*
Fall 2022	HRL	2	6	0	0	8	0	0
	OSC	1	5	0	0	6	0	0
	Total	*3*	*11*	*0*	*0*	*14*	*0*	*0*
Spring 2023	HRL	1	0	2	0	3	0	0
	OSC	0	4	0	0	4	0	0
	Total	*1*	*4*	*2*	*0*	*7*	*0*	*0*

IUPUC Campus Site

Academic Year	Violation	Sanction
2021-2022	None	N/A
2022-2023	None	N/A

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[12] Office of Housing and Residence Life, Division of Student Affairs

[13] Office of Student Conduct, Division of Student Affairs

IU Fort Wayne Campus Site

Academic Year	Violation	Sanction
2021-2022	Alcohol	Disciplinary Probation
2022-2023	Alcohol	Warning
2022-2023	Alcohol	Warning

Indiana University Robert H. McKinney School of Law

Academic Year	Violation	Sanction
2021-2022	N/A	N/A
2022-2023	N/A	N/A

Indiana University School of Nursing – Indianapolis Campus

Academic Year	Violation	Sanction
2021-2022	None	N/A
2022-2023	None	N/A

Indiana University School of Medicine

Academic Year	Violation	Sanction
2021-2022	1	Formal Monitored by Conduct Review Committee
2022-2023	None	N/A

6. Program Inventory and Outcomes

IUPUI's long-term approach to alcohol and other drug education and prevention is multidimensional and comprehensive. A change in culture and individual attitudes / behavior can be achieved by implementing research-based interventions across a variety of populations and program categories. The following program descriptions include contact information for the administering unit, along with the following information:

Timing information will briefly describe whether the program or service is ongoing, implemented at certain times of the year, on a recurring basis, or as a one-time event or campaign that does not repeat.

Target Audience information designated whether the program, intervention, or service is intended for faculty, staff, students, parents, or other members of the community.

Classification
- *Health promotion* enhances the target population's ability to achieve positive outcomes, to maintain good health, and to develop a positive sense of well-being.
- *Universal prevention* takes a broad approach to target large populations that are not identified on the basis of risk level, and aim to boost protective factors and change the context that influences knowledge, attitudes, and behavior.
- *Selective prevention* targets individuals or sub-groups whose risk of experiencing negative consequences from alcohol or drugs is elevated, and
- *Indicated prevention* targets individuals who are already showing some signs of negative consequences from alcohol or drugs.

CollegeAIM rated programs that are described and classified in the *NIAAA CollegeAIM Matrix* correspond to specific individual (IND) or environmental (ENV) interventions that have been researched for their effectiveness in peer-reviewed journals. If a number code is present, it refers to a specific program.

Category identifies the program as belonging to one of eight types of prevention programs or features: Assessment, screening, education, normative environment, policy enforcement, coalition/partnerships, treatment, and recovery.

Assessment	Includes surveys, focus groups, evaluations, and other forms of data collection.
Screening	Includes tests, referral interventions, and self-referral resources.
Education	Includes general AOD information, websites, presentations, speakers, etc.
Environment	Include alcohol-alternative options, normative influences, and passive campaigns.
Enforcement	Programs that address policies, monitor violations, and administer sanctions.
Coalition	Includes partnerships, committees, coalitions, task forces, and groups.
Treatment	Includes programs related to treatment referral and adherence to treatment.
Recovery	Programs that support addiction recovery and recovery advocacy.

6.1 Student Mental Health Focus Groups

IUPUI Wellness Coalition
Eric Teske, Co-Chair
erictesk@iupui.edu

		ASSESSMENT
Timing	Spring 2022	
Target Audience	Students	
Classification	Selective	
CollegeAIM	Not Rated	

In spring 2022 the Director of Institutional Improvement in the Office of Planning and Institutional Improvement assisted the Office of Health & Wellness Promotion by facilitating a series of focus groups intended to understand student mental health, self-care, individual and environmental factors, and barriers to access to campus wellness services and programming. The information obtained through these focus groups will be used to improve programs and services from the Office Health & Wellness Promotion and related offices. These focus groups reached 25 participants over the course of seven sessions. Results are posted on the IUPUI Wellness Coalition website.[14]

6.2 Office of Health and Wellness Promotion Program Review

Eric Teske, Director
erictesk@iupui.edu

		ASSESSMENT
Timing	Spring 2022	
Target Audience	Administration	
Classification	Universal	
CollegeAIM	Not Rated	

In spring 2022, a team of internal and external industry experts and stakeholders reviewed IUPUI Health and Wellness Promotion, a unit in the Division of Student Affairs, assessing its strengths and weaknesses. The review committee concluded the report with specific recommendations for the unit and feedback on questions posed by the director. This was a routine review as part of IUPUI's ongoing institutional assessment procedures. The program review report and response are posted to the IUPUI Wellness Coalition website.[15]

6.3 Substance Use Screening for CAPS Clients

Counseling and Psychological Services (CAPS)
Dr. Julie Lash, Director
(317) 274-2548
capsindy@iupui.edu

		SCREENING
Timing	Ongoing	
Target Audience	CAPS Clients	
Classification	Selective	
CollegeAIM	Not Rated	

Counseling and Psychological Services clients complete the AUDIT (Alcohol Use Disorders Identification Test) as part of their initial paperwork prior to intake. The AUDIT is a 10-item instrument designed to screen for alcohol consumption that may be harmful. This instrument is used primarily as a screening tool to inform the counseling staff of possible substance use concerns, level of risk, and negative consequences. The secondary use in aggregate provides trend information about the proportion of CAPS clients who screened for elevated substance abuse risk levels at the point of the intake paperwork. Due to a change in the process for establishing services in fall 2018, the numbers reported are now inclusive of all students seeking services at CAPS.

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[14] https://coalition.iupui.edu/recommendations/focus-groups.html

[15] https://coalition.iupui.edu/recommendations/program-review.html
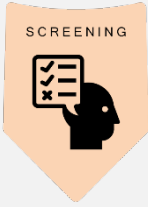
AUDIT	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023
Score <8	438	943	940	766	1091	948
Score 8-15	63	127	126	88	99	79
Score 16-19	10	15	20	15	13	11
Score 20-40	14	16	15	9	15	17

Counseling and Psychological Services clients complete the Behavioral Health Measure (BHM) during intake. The Behavioral Health Measure (BHM) is a brief self-report measure of general psychological distress and functioning developed for the tracking of mental health outcomes in outpatient psychotherapy settings.

By having access to AOD screening results prior to individual counseling appointments, CAPS staff are able to provide feedback during sessions or make appropriate referrals for substance abuse.

BHM - AOD	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023
Score 351-400	450	743	757	435	656	566
Score 301-350	30	44	60	25	45	46
Score 201-300	27	51	70	30	40	44
Score <201	16	28	50	15	25	27

6.4 Anonymous Online Mental Health Screening
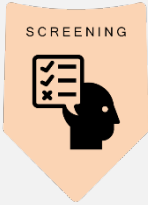
Counseling and Psychological Services (CAPS) Petra Batek, Director (317) 274-2548 capsindy@iupui.edu	Timing	Ongoing
	Target Audience	Students
	Classification	Selective
	CollegeAIM	Not Rated

Counseling and Psychological Services provides free access to a campus-branded mental health screening product. In fall 2020 the third-party provider for anonymous online screening tool changed from MentalHealthScreening.org to ULifeline.org. In both cases, the screening is anonymous - no specific identifying information is required. The screening provides feedback on level of risk and referral links for more thorough mental health or substance abuse assessments.

With a high rate of positive screens, it appears that participants are more likely to take a screening if they believe their alcohol or drug use is elevated or already causing problems.

Mental Health Screening	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023
Screened	35	40	20	49	25	25
Positive Screen	83%	82%	80%	82%	92%	92%

6.5 BASICS Brief Motivational Interventions
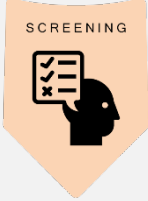
Health and Wellness Promotion Danielle Wolfe, AD Substance Use Intervention Services (317) 274-5199 finked@iupui.edu	Timing	By Appointment
	Target Audience	Sanctioned Students
	Classification	Indicated
	CollegeAIM	IND-18 Brief Motivational Intervention In-Person Individual

BASICS-style motivational interviewing screening interventions are utilized in partial fulfilment of student sanctions for mid-level to elevated alcohol policy violations, and a similar format is utilized for brief motivational interviewing screenings for marijuana. They include intake paperwork, an initial 90-minute session that establishes rapport and gathers information about intensity and frequency of use, negative consequences, family history, and the client's support network. This session is followed by a paper-pencil assessment that includes a bundle of screening instruments that are scored, and the results are interpreted with the student during the second 90-minute session that focuses on goals and risk reduction in the future.

This type of brief motivational intervention emphasizes personal responsibility and self-efficacy of participants, offering them personalized feedback on their alcohol use, risks, expectancies, perceptions of social norms, and options for reducing problems and consequences. Goals and behavioral change are set by participants.
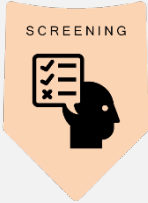
BASICS Clients	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023
Summer	4	6	3	1	0	1
Fall	11	15	6	16	4	16
Spring	23	9	12	15	11	5
Total	38	28	21	32	15	22

6.6 Alcohol Awareness Website Personal Feedback Intervention (PFI)

Health and Wellness Promotion Danielle Wolfe, AD Substance Misuse Prevention (317) 274-5199 finked@iupui.edu	Timing	Ongoing	SCREENING
	Target Audience	Students	
	Classification	Universal	
	CollegeAIM	IND-26 Personalized feedback intervention generic	

A website (alcohol.iupui.edu) and personalized feedback intervention (PFI) online tool were developed as part of a grant from the Indiana Division of Mental Health and Addiction (DMHA). The PFI for alcohol includes anonymous and tailored feedback on alcohol drinking profile, peak BAC, annual spending, AUDIT screening results with description, and profile-specific risk reduction suggestions. There are 6 possible drinking profile results corresponding to animal personas (e.g. Party Animals). The anonymous personalized feedback is not a form of assessment for the campus, and screening results are not stored. The online survey tool was completed 929 times in 2021-2022 and 531 times in 2022-2023. The anonymous personalized fee The anonymous personalized feedback is not a form of assessment for the campus, and screening results are not stored.

6.7 Cannabis Personal Feedback Intervention (PFI)

Health and Wellness Promotion Danielle Wolfe, AD Substance Misuse Prevention (317) 274-5199 finked@iupui.edu	Timing	Ongoing	SCREENING
	Target Audience	Students	
	Classification	Universal	
	CollegeAIM	IND-26 Personalized feedback intervention generic	

The online Cannabis Personal Feedback Intervention tool was launched in April 2022. The PFI for cannabis includes anonymous and tailored feedback on Cannabis user profile, cannabis spending, CUDIT screening results with description, and profile-specific risk reduction suggestions. There are 6 possible cannabis profile results corresponding to different personas. The PFI was taken 228 time in the 2021-2022 academic year and 285 times in the 2022-2023 academic year. The anonymous personalized feedback is not a form of assessment for the campus, and screening results are not stored.

6.8 MyStudentBody

Office of Health & Wellness Promotion (HWP) Danielle Wolfe, Assistant Program Director (317) 274-5199 finked@iupui.edu	Timing	Start of Semester
	Target Audience	Incoming Students
	Classification	Selective
	CollegeAIM	IND-21 Multi-Component Education-Focused Program

Students were instructed to complete the course(s) that correspond to their grad status, however, back-end reporting for MyStudentBody does not collect graduate vs. undergraduate demographic information, so students may appear in the completion numbers for both courses or in the wrong course.

MyStudentBody Essentials	2017-18	2018-19	2019-20	2020-21	2021-22	2022-23
Accessed the Education Module (Part 1)	3446	2372	2976	1387	732	2252
Completed and Passed Quiz (Part 1)	2523	1782	2242	982	432	1272
Completed Course Follow-Up (Part 2)	1314	823	1121	536	237	N/A

Module	Pre-Test Score	Post-Test Score
Alcohol	64.0%	86.4%
Drugs	65.2%	85.8%
Sexual Violence	73.6%	86.2%

The MyStudentBody Sexual Violence Annual Course is a stand-alone sexual violence module that includes information about alcohol and drug prevention related to bystander intervention and sober consent.

Sexual Violence Annual Course	2017-18	2018-19	2019-20	2020-21	2021-22	2022-23
Accessed the Education Module (Part 1)	3985	2821	3649	2059	1191	3068
Completed and Passed Quiz (Part 1)	1235	610	771	700	498	523
Completed Course Follow-Up (Part 2)	970	402	515	500	303	N/A

6.9 Perspectives Program (Group Alcohol Sanction Class)

Health and Wellness Promotion Danielle Wolfe, AD Substance Use Intervention Services (317) 274-5199 finked@iupui.edu	Timing	When Assigned
	Target Audience	Sanctioned Students
	Classification	Indicated
	CollegeAIM	IND-17 Brief Motivational Intervention In-Person Group

Perspectives is a 3-hour brief motivational enhancement intervention (BMI) for groups of 10. BMI emphasizes personal responsibility and self-efficacy of participants, offering them personalized feedback on their alcohol use, risks, expectancies, perceptions of social norms, and options for reducing problems and consequences.

Perspectives	2019-2020	2020-2021	2021-2022	2022-2023
Fall	37	12	11	16
Spring	8	8	3	7
Total	45	20	14	23

From the 23 participants in 2022-2023, 21 pre/post evaluations were completed. Evaluations assessed perceived risk of harm from binge drinking, perceived social disapproval, self-report likelihood to intervene, and self-report confidence in recognizing symptoms of alcohol poisoning.

6.10 Peer Health Educators

Office of Health & Wellness Promotion (HWP) Ryan Anderson, Assistant Director (317) 274-2503 anderry@iu.edu	Timing	Ongoing
	Target Audience	Students
	Classification	Universal
	CollegeAIM	IND-1 Information/Education

Peer Educators are students that serve as leaders and role models to fellow students regarding making responsible and healthy lifestyle choices. Peer Educators assist with programming and outreach to educate students about relevant issues related to health and wellness that affect our campus community. In 2020, the Health and Wellness Peer Educators shifted from a volunteer role to a paid student position.

Relevant topics include alcohol awareness, healthy relationships, bystander intervention, nutrition, physical activity, safer sex and sexual health. Peer Educators are paid student employees with the Office of Health and Wellness Promotion, co-facilitate classroom presentations, host information tables, and create engaging social media content, while receiving significant professional development in health education, DEI, and team building.

Peer Health Educators	2019-2020	2020-2021	2021-2022	2022-2023
Total Trained	4	8	7	7
Program Hours	234	360	417	539

6.11 Educational Outreach Presentations and Trainings

Office of Health & Wellness Promotion (HWP) Ryan Anderson, Assistant Director (317) 274-2503 anderry@iu.edu	Timing	Ongoing
	Target Audience	Students
	Classification	Universal
	CollegeAIM	IND-1 Information/Education

Educational presentations on a variety of topics are requested through an online form. Presentation topics include alcohol and drug prevention, sexual health, stress reduction, body image, and a variety of others. Presentations are given to student organizations, classes, and other interested groups as needed. Educational presentations reach a wide range of settings on a yearly basis, including student organization meetings, classrooms, and special engagements.

Academic Year	AOD Presentations	Attendance
2017-2018	27	774
2018-2019	15	387
2019-2020	5	288
2020-2021	4	326
2021-2022	9	228
2022-2023	6	117

6.12 Social Messaging and Awareness Campaigns

Office of Health & Wellness Promotion (HWP) Katie Wilkinson, Health and Wellness Specialist (317) 274-3060 katcwilk@iu.edu	Timing	Ongoing
	Target Audience	Students
	Classification	Universal
	CollegeAIM	IND-1 Information/Education ENV-7 Campus-Wide Social Norms Campaign

Under this strategy, IUPUI conducts a campus-wide awareness campaigns that informs students about actual quantity and frequency of alcohol use among their fellow students, with the intent of changing their perception of what is normal or acceptable. The Office of Health and Wellness Promotion included social norms messages into social media content and in-person awareness campaigns. For the sake of simplicity, this section of the report focuses on campus-wide messaging and awareness campaign marketing – however, the reach of the campaigns are extended online through a variety of channels as well.

Messaging Campaign	Activities	Date Range	Reach
Nicotine Awareness/Campus Cleanup FA21	15	8/25/2021-9/21/2021	144
National Recovery Month	32	8/30/2021-9/30/2021	230
Addiction Recovery scholarship	14	3/11/2022-4/22/2022	1714
Nicotine Awareness/Campus Cleanup SP22	16	3/11/2022-3/29/2022	2441
Nicotine Awareness/Campus Cleanup FA22	18	8/12/2022-9/19/2022	3854
National Recovery Month	80	8/29/2022-9/30/2022	17402
Sober October Challenge 2022	25	9/19/2022-11/1/2022	6768
Nicotine Awareness/Campus Cleanup SP23	14	2/24/2023-3/22/2023	8113
Music and Mocktails	25	3/8/2023-4/21/2023	5616
Paint and Sip	31	3/27/2023-4/24/2023	3986

6.13 Sober October Asynchronous Challenge

Health and Wellness Promotion Danielle Wolfe, AD Substance Use Intervention Services (317) 274-5199 finked@iupui.edu	Timing	Ongoing
	Target Audience	Students
	Classification	Universal
	CollegeAIM	IND-10 Alcohol Self- Monitoring Self-Assessment Alone

Self-monitoring and self-tracking alone have been shown to be an effective alcohol prevention program. The IUPUI Sober October Challenge is an asynchronous, month long event where students make the commitment to abstain from alcohol throughout the month of October and self-monitor their use. During the month, students independently track their sober days and receive monthly emails from the Office of Health and Wellness Promotion that contain education, reflection questions on relationships with alcohol, tips on maintaining sobriety, and alcohol-free activities. An example of an email can be found in **Appendix L**.

Academic Year	Participation
2022	299

6.14 Late Night Alcohol Alternative Events

Student Activities Programming Board 420 University Boulevard, Suite 386, Office F Indianapolis, IN 46202 317-278-6072 sapb@iupui.edu	Timing	Ongoing	ENVIRONMENT
	Target Audience	Students	
	Classification	Universal	
	CollegeAIM	ENV-2 Alcohol-Free Programming	

SAPB is a student organization advised by the Office of the Campus Center and Student Experiences. Other units on campus periodically offer evening and weekend programs, but the Late Night & Weekend committee is the only functional unit intentionally working to improve campus activities in this area. For simplicity, SAPB Late Night Events are reported below, in place of an exhaustive list of all campus evening activities. Seeing year-over-year increases in attendance, SAPB has re-envisioned their Late-Night programs and will provide more detailed data on future reports with the advent of ID scanners that capture demographic profiles of attendees.

2021-2022 Late Night Events	Day	Date	Time	Attendees
Under the Sea	Friday	9/24/2021	6-10pm	662
Fright Night	Saturday	10/30/2021	7-11pm	118
Game Night	Friday	11/12/2021	6-10pm	33
Glow Night	Saturday	1/29/2022	6-10pm	No Data
Paint Night	Tuesday	3/22/2022	5-7pm	No Data

2022-2023 Late Night Events	Day	Date	Time	Attendees
First Night	Saturday	8/20/2022	7-11pm	897
Fun In the Sun	Friday	9/30/2022	5-9pm	86
Glow Night	Thursday	1/12/2023	6-10pm	452
Winter Wonderland	Thursday	2/16/2023	6-10pm	163
Y2K Night	Thursday	3/23/2023	6-10pm	230

6.15 Drug and Alcohol Education and Testing Program

IUPUI Department of Intercollegiate Athletics Brittney Cope, Assistant Director of Compliance (317) 278-4277 britcope@iupui.edu	Timing	Each Semester	ENFORCEMENT
	Target Audience	Student-Athletes	
	Classification	Selective	
	CollegeAIM	Not Rated	

In addition to the random drug tests performed by the NCAA Drug Testing Program, IUPUI conducts independent drug testing of student-athletes. The IUPUI Athletics Department implements this policy to encourage a drug free environment, to identify student-athletes improperly using drugs and to assist them in complying with this policy. Through education, testing and an accountability framework, IUPUI intends to encourage student-athlete health and welfare, promote fair competition in intercollegiate athletics, and affirm compliance with applicable rules, regulations and laws governing drug use.

The program includes a presentation of the program and Alcohol Policy to every student-athlete and asks every student-athlete to sign a form of understanding annually. The program includes annual educational sessions attended by student-athletes, coaches, athletic trainers, and team physicians. Student-athlete attendance is mandatory except with approval of the Director of Athletics. More information about the program can be found in the Student-Athlete Policy and Program document.[16]

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[16] Appendix I

IUPUI complies with random drug tests initiated by the NCAA. In addition to these tests, IUPUI initiates additional drug testing with a random sample of student-athletes across all sports.

	Number of Individuals Tested	Number of Tests Administered	Percent of Athletes Tested	Number of Positive Tests
Fall 2021	66	73	26%	3
Spring 2022	57	65	22%	9
Fall 2022	45	45	18%	3
Spring 2023	39	39	16%	3

6.16 IUPUI Student Organization Event Registration

Campus Center and Student Experiences
Brett Watson, Associate Director
(317) 274-3699
bretwats@iupui.edu

Timing	Ongoing
Target Audience	Students
Classification	Selective
CollegeAIM	ENV-9 Standards for Alcohol Service at Events

ENFORCEMENT

Campus Center and Student Experiences (CCSE) implements an event registration process for student organizations, which provides event planners with risk management guidelines while documenting safety strategies. For on- or off-campus events where alcohol will be present, organizers must submit a list of prevention strategies that comply with the risk management guidelines; such as enforcing a guest list, wrist bands, checking IDs, hiring external security, and providing water and food. These parameters also apply to fraternities and sororities since they are all registered student organizations at IUPUI.

Registered Events with Alcohol	2019-2020	2020-2021	2021-2022	2022-2023
Fall Semester	14	0	13	20
Spring Semester	15	1	13	15

6.17 IUPUI Wellness Coalition

Office of Health and Wellness Promotion and Healthy IU collaboration

Eric Teske, erictesk@iupui.edu

Timing	Quarterly Meetings
Target Audience	Campus Community
Classification	Health Promotion
CollegeAIM	Not Rated

COALITION

The mission of the IUPUI Wellness Coalition is to promote all dimensions of wellness by organizing and supporting activities on campus to enhance the quality of life for IUPUI students, faculty, and staff. The IUPUI Wellness Coalition was developed to encourage collaboration among university departments committed to helping the campus community achieve and maintain wellness.

Meeting Date	Attendance
September 16, 2021	11
October 28, 2021	26
January 27, 2022	20
March 3,2022	15
April 14, 2022	13

August 4, 2022	10
September 15, 2022	24
November 3, 2022	13
January 26, 2023	22
March 2, 2023	20
April 13, 2023	22
August 3, 2023	17

6.18 IUPUC Wellness Coalition

Kassi Ford
HR Specialist, IUPUC Human Resources
LC 2108
812-348-7204
fordka@iu.edu

Timing	Quarterly Meetings
Target Audience	Campus Community
Classification	Health Promotion
CollegeAIM	Not Rated

The IUPUC Wellness Coalition was developed to encourage collaboration among university departments committed to helping the campus community achieve and maintain wellness.

Contact	Affiliation	Email
Shelley Arroyo	Student Affairs	sldeaton@iu.edu
Kassi Ford*	Human Resources	fordka@iu.edu
Debolina Ghosh	Counseling	ghosde@iu.edu
Paul Hafen	Division of Science	pshafen@iu.edu
Brooke Hall	Office of Communication and Marketing	bha2@iu.edu
Warren Noble	Facilities	wanoble@iupuc.edu
Denise Valkyrie	Vice Chancellor's Office	dvalkyri@iu.edu
Ella Wingler	Human Resources	ewingler@iu.edu
Tyler Wright	Athletics	wrightyj@iu.edu
Kyle Young	IUPD	youngwk@iu.edu

*Chair

6.19 Employee Assistance Program

Angela Reese
Work Life Analyst, IU Human Resources

Phone: 317-274-4594
anlreese@iu.edu

Timing	Ongoing
Target Audience	Faculty / Staff
Classification	Indicated
CollegeAIM	Not Rated

IU's Employee Assistance Program through SupportLinc is a voluntary program that provides no cost professional, confidential counseling to help individuals bring their life into better balance. Common reasons to use IU's EAP services include drug and alcohol abuse, depression, stress and anxiety management, family and marital problems, and workplace conflict. All IU Employees, Medical and Optometry Residents, and Student Academic Appointees and Fellowship Recipients of Indiana University and the household members of these individuals are covered.

Quarter	Cases	Substance Use Cases Combined	Topic Breakout		
			Addiction	Alcohol	Drugs
1Q21	420	4	1	2	1
2Q21	334	12	1	8	3
3Q21	350	5	1	3	1
4Q21	294	3	0	2	1
1Q22	347	3	2	0	0
2Q22	253	5	0	5	0
3Q22	257	1	0	1	1
4Q22	287	5	0	1	4
1Q23	370	3	2	1	0
2Q23	284	3	1	2	0
3Q23	259	3	1	2	0
4Q20	359	3	1	2	0
Totals	**3814**	**50**	**10**	**29**	**11**

6.20 Solutions Student Assistance Services (SAS) Centerstone

Lori Montalbano Assistant Vice Chancellor for Academic & Student Affairs, Dean of Students (812) 348-7251 lmontal@iupuc.edu	Timing	Weekly or by appointment
	Target Audience	IUPUC Students
	Classification	Indicated
	CollegeAIM	Not Rated

The primary source for intervention is counseling services through Solutions Student Assistance Services (SAS). SAS is a service provided by Centerstone Indiana, a state-wide counseling organization, with local branches. Counseling through SAS is available to all students, both on-campus and at local Centerstone offices. These counseling services are not AOD specific, but they are able to provide some AOD services, should a student require it. SAS is advertised throughout campus with flyers and business cards placed on various tables and in the bathrooms. Information about it is available online, through the IUPUC website.

IUPUC has counseling services on campus every Tuesday, while classes are in session, from 8am until noon in LC 1204. Students can call 812-375-7524 to make a confidential appointment. All IUPUC students are eligible for up to five free counseling sessions per documented issue, which include, but are not limited to: Depression, Addiction, Stress, Grief or loss, Anxiety.

6.21 IUPUI Collegiate Recovery Community

Office of Health and Wellness Promotion Danielle, Assistant Director (317) 274-5199 finked@iu.edu recovery@iupui.edu	Timing	Ongoing
	Target Audience	Students
	Classification	Selective
	CollegeAIM	Not Rated

The Collegiate Recovery Community (CRC) at IUPUI began on October 9, 2014 as the first college or university addiction recovery program in the state. IUPUI is an institutional member of the Association of Recovery in Higher Education (ARHE), and one of about

125 collegiate recovery communities nationwide. The CRC creates a supportive community that promotes academic success, retention, and adherence to addiction recovery goals through a combination of direct services, social support, and referrals.

The Collegiate Recovery Community through the Office of Health and Wellness Promotion (IUPUI) began offering weekly on-campus addiction recovery support meetings in February 2015. This student-led meeting is supervised by a volunteer Recovery Coach and not affiliated with any 12-step, clinical, or religious program. This is a meeting for people in recovery from addiction (not limited to alcohol or substance abuse).

	Meetings Offered	Cumulative Attendance	Average Attendance
2017-2018	48	206	4.29
2018-2019	45	199	4.42
2019-2020	38	147	3.87
2020-2021	27	7	2.26
2021-2022	45	128	2.84
2022-2023	68	152	2.24

2021-2022 Programming - The CRC hosted 3 social outings for students in recovery with 34 student contact points but with overlap in student attendance between events. The CRC hosted 45 support meetings both virtual and in person with 128 student contact points but with overlap in student attendance. The GroupMe messaging app includes over 60 members. Finally, the CRC mailing averaged a 38.8% open rate over 5 emails.

Date	Event	Type	Hours	Attendance
9/1/2021	Recovery Month Kickoff Event and Flag Display	Outreach Event	3.50	167
9/15/2021	Instagram Live: Voices for Recovery	Outreach Event	0.50	47
9/16/2021	Recovery Month Fountain Dying	Outreach Event	1.00	4
9/25/2021	IUPUI Regatta: CRC team and social outing	Student Social	3.00	7
10/23/2021	CRC Outing: Haunted House	Student Social	2.50	14
11/19/2021	CRC Friendsgiving	Student Social	3.00	13
12/9/2021	Holiday Cookie Decorating with CRC	Outreach Event	2.00	19

2022-2023 Programming – The CRC hosted 4 social outings for students in recovery with 17 student contact points but with overlap in student attendance between events. The CRC hosted its first Recovery Month Awareness Walk with 55 individual contacts of IUPUI staff and faculty, IUPUI students, and community members. The CRC hosted 68 support meetings with 152 student contact points but with overlap in student attendance.

Date	Event	Type	Hours	Attendance
9/2/2022	RM Awareness Walk and Fountain Dyeing	Outreach Event	2.00	50
10/28/2022	CRC Haunted House	Student Social	1.00	2
11/12/2022	CRC Friendsgiving	Student Social	3.00	4
2/8/2023	Healthy Relationships Week: Recovery Affirmations	Outreach Event	2.00	28
2/20/2023	CRC Pizza Party	Student Social	1.00	6
3/31/2023	CRC Spring Social - Pacers Pride Night	Student Social	3.00	5

Recovery Month – Dying the Wood Fountain purple

Peer Health Educators

Student performing at a Music and Mocktails event

CRC Social Outing – Axe Throwing

Recovery Month – Awareness Walk

IU Day – CRC Scholarship Fundraiser

Distributing SafeRx Locking Pill Bottles

Cigarette butts collected during a Campus Cleanup event

Paint and Sip mocktail event

Tobacco-Free Generation Pledge

7. Report on Achievement of Stated Goals

In the previous Biennial Report, we reflected on the completion of 5 out of 8 recommended tasks from the previous biennial period, and created a set of 7 new recommendations to focus on during the 2021-2022 and 2022-2023 period. These 7 recommendations are posted below, along with a status update, summary, or justification for the progress for each item.

Status	Biennial Review Recommendations for 2021-2023
Complete	Develop and train peer wellness groups embedded within academic programs and student organizations.
Complete	Increase completion rates of MyStudentBody through collaboration with First Year Experience.
Complete	Launch a preventative mental health initiative or resilience curriculum on a campus-wide scale.
Complete	Set targets and track student health behavior statistics on a public dashboard.
Incomplete	Administer an employee health and wellness survey.
Complete	Offer more frequent alcohol and other drug prevention programming for employees.
Complete	Enhance educational outreach to graduate and professional students, international students, and traditionally underserved populations.

7.1 Develop and train peer wellness groups embedded within academic programs and student organizations.

Complete – Following the IUPUI Office of Health and Wellness Promotion program review in spring 2022, the strategic approach to train existing peer groups was expanded and rebranded to become Wellness Ambassador training. This 6-hour curriculum for students covers mental health listening skills, signs of distress, and how to make a referral, alcohol and other drug harm reduction and early intervention, bystander intervention and sexual violence prevention, and QPR suicide prevention training. At the end of the biennium 72 students had successfully completed the full training. Participants came from 14 different academic schools. Students are awarded a lapel pin and digital badge that they can display on LinkedIn.

7.2 Increase completion rates of MyStudentBody through collaboration with First Year Experience.

Complete – Inclusion of login instructions and a required explanation during Bridge Week in fall 2022 for incoming students on the IUPUI campus significantly increased completion of the MyStudentBody online education modules. This was the last biennium using MyStudentBody as the product is being discontinued by the parent company.

MyStudentBody Essentials (IUPUI)	2020-21	2021-22	2022-23
Accessed the Education Module	1387	732	2252
Completed and Passed Quiz	982	432	1272

7.3 Launch a preventative mental health initiative or resilience curriculum on a campus-wide scale.

Complete – IUPUI has begun piloting Koru Mindfulness as a specific curriculum for mindfulness instruction that includes 4 workshops of 75 minutes each with a certified instructor, along with 10 minutes a day of at-home mindfulness practice. In the past two years, IUPUI saw the greatest adoption by First Year Seminar (FYS) classes, which avoid a self-selection bias (or preaching to the choir) and provide a captive audience to increase retention through all 4 weeks of the program. Through integration with FYS classes, Koru Mindfulness instruction was able to reach 304 unduplicated students, each completing the 4-part series.

Particularly through leadership from senior lecturer Nancy Barton and the School of Health and Human Sciences, the IUPUI campus has become one of the largest adopters of Koru Mindfulness nationwide, and the focus of a research study on the effects of integrating the mindfulness series into First Year Seminar classes. Our campus has built capacity for Koru Mindfulness, and now has 4 fully certified instructors and an additional 5 undergoing the yearlong certification process.

The Koru Mindfulness program, which was renamed to the Mindfulness Center for Emerging Adults in 2023, will again be administered to a sample of FYS classes in fall 2023.

7.4 Set targets and track student health behavior statistics on a public dashboard.

Complete – Healthy Campus 2030 is a campus-wide assessment initiative that is focused on improving student and employee health metrics by the end of the decade. Healthy Campus 2030 is modeled after the U.S. Department of Health and Human Services *Healthy People 2030* initiative and is tailored to address factors that are actionable within the scope of higher education. In spring 2022, a group of 31 stakeholders serving on 7 topic area working groups identified student objectives comprised of high priority and measurable metrics to drive action toward improving the health and wellbeing of students by the year 2030.

These targets were published to a data dashboard on the IUPUI Wellness Coalition website[17], and subsequent campus health data was added to the dashboard showing the trend over time alongside the target that was originally set. The metrics selected for Heathy Campus 2030 also make a convenient executive summary for academic units to provide feedback about student health and wellness without needing to navigate the hundreds of variables contained in the full survey report.

7.5 Administer an employee health and wellness survey.

Incomplete – While Healthy IU, the university's employee health and wellness program, is able to make data-informed decisions based on program utilization and feedback evaluations, a comprehensive employee health and wellness survey has not been administered since 2019 due to budget constraints.

7.6 Offer more frequent alcohol and other drug prevention programming for employees.

Complete – Healthy IU added educational programming to their Work + Life content around substance use, addiction, and treatment options. Programs include additional educational webinars and website content.

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[17] https://coalition.iupui.edu/healthycampus/student-objectives.html

Webinar topics:
- Aware Recovery Care: In-Home Addiction Treatment Program
- The Path from Substance Use to Addictions
- Identifying Behavioral Signs and Symptoms of Substance Abuse

7.7 Enhance educational outreach to graduate and professional students, international students, and traditionally underserved populations.

Complete – IUPUI Office of Health and Wellness Promotion tracks educational outreach engagement, pulling student demographic information from usernames and student ID barcode scans. In 2021-2022 the office reached 741 unduplicated graduate and professional students. In 2022-2023 this number grew to 992 unduplicated students. In 2021-2022 the office reached 274 international students, which grew to 597 international students the following year.

8. Key Findings & Recommendations

8.1 SWOT Analysis

Strengths
- A lot is going well for our campus community/communities.
- IUPUI has dedicated funding for staff, external grants, and resources.
- IU university processes are in place and working correctly, including conduct procedures, reviews, and approvals.
- IUPUI programming boasts successful attendance rates, a variety of types, as well as diverse venues.
- Centralized IU resources, such as TimelyCare, Thriving Campus, and Employee Assistance Program (EAP) for employees, are available.
- There are active wellness coalitions on IUPUI and IUPUC campuses.
- Academic partnerships with Purdue FW and Ivy Tech contribute to the strength of our programs.
- Community resources, including state services and nearby treatment facilities, enhance our support network.
- Survey administration is organized and achieves decent response rates with support from the university.
- The perception and campus reputation portray our campuses as not party schools.

Weaknesses
- The tobacco policy faces challenges in social enforcement, leading to perceived confusion regarding when and how to enforce it effectively.
- While there are existing tobacco policies, the utilization of cessation resources, including signage, messaging, and leadership support, may not be optimal.
- Tobacco cessation services are under-utilized.

- Both IUPUC and IUFW lack dedicated staffing for Alcohol and Other Drugs (AOD), posing a weakness in addressing substance misuse issues.
- The absence of a coordinated or systematic plan for AOD prevention across campuses.
- Communication challenges, such as low email open rates, an excess of messages, and the use of different communication mechanisms, pose a weakness in effectively conveying important information across the community.

Opportunities
- There is a significant opportunity to strengthen collaboration through fostering cross-collaborations between campuses, wellness coalitions, and existing structures. Building on existing engagement on some campuses presents a promising opportunity.
- An opportunity exists to elevate awareness by actively working towards reducing stigmas, promoting lifeline law awareness, and improving identification of substance use within the community.
- There is potential to enhance student engagement, especially in promoting alcohol-free activities. Exploring diverse ways to connect with different student populations, developing high-impact programs, and implementing specific changes can significantly increase overall engagement.
- The presence of great campus-specific programs offers an opportunity for scalability, with the potential to benefit all members of IU on a system-wide level.
- Embracing strategic data use and collection, including initiatives like the Employee Wellness Survey and online compliance module completion, represents an opportunity to leverage valuable insights for improvement.
- Exploring new communication channels and methods presents an opportunity to enhance the effectiveness of information dissemination across the community.
- Actively seeking and securing external funding through state grants on a regular basis represents an opportunity to ensure consistent financial support for initiatives and programs.

Threats
- There is a threat posed by changing attitudes towards cannabis and increased accessibility, influenced by national trends and the legalization of recreational use in surrounding states.
- The proximity, availability, and prevalence of substances present a potential threat to the community.
- Challenges related to system issues such as enrollment fluctuations, realignment, and staff turnover pose potential threats to the stability and effectiveness of the system.
- The bombardment of information within the system poses a threat to effective communication and information dissemination.
- The lack of control over county or surrounding area enforcement off-campus represents a threat to enforcing policies and regulations.
- Attitudinal challenges, including a lack of urgency, limited perception of risk, and a failure to recognize the broad scope that includes staff, faculty, and all community members, pose threats to creating a cohesive and proactive community.
- Threats to funding arise from the end of temporary grants and changes in enrollment, creating financial uncertainties for the system.

8.2 Observations

- IUPUC and IUFW have the opportunity to pursue state mini grants, a resource that has proven beneficial to IUPUI's Alcohol and Other Drug (AOD) programming.
- The absence of designated AOD resources, staff, and capacity at smaller campuses hinders the ability to provide comprehensive programming and services.
- Progress on recommendations created by the review committee should be closely tracked. Objectives should be periodically revised as goals are met or circumstances change.
- Due to a lack of funding, IU has not administered an employee wellness survey in the past two years. Consequently, the university lacks updated employee health statistics related to substance use or mental health.
- Asynchronous challenges, such as Sober October, have proven effective in providing alcohol-free programming to populations that are sometimes hard to reach, such as graduate students and commuter students.
- Substance use is not a significant focus system-wide, and there is a need for it to be integrated not only within the wellness areas but also across various facets of the university.
- Despite the increasing availability of services and training on substance use for staff members, there is no comprehensive employee survey to gather data on identified substance use.
- Social media posts are beneficial in increasing awareness of substance use and notifying students about participation in programming.
- Many elements that contribute to the successful delivery of AOD services and consistent sanctioning are related to basic university operations, effective communication, and processes working correctly.

8.3 Recommendations

After compiling the inventory of policies, sanction data, programming inventory and effectiveness results, the authors recommend the evaluation of the following goals during the subsequent 2023-2025 biennial review.

- To enhance coordination of wellness efforts across IUPUI, IUPUC, and IUFW campuses, consider holding more frequent inter-campus meetings.
- Explore opportunities for IUPUC and IUFW to secure external grant funding aimed at supporting student AOD/mental health programming.
- Establish guidelines for the promotion and enforcement of the tobacco-free campus policy to ensure consistent implementation.
- Assign a specific campus role for the effective implementation of AOD programming at both IUPUC and IUFW.
- Develop and execute guidelines for a multi-campus AOD campaign to take place annually throughout the academic year.
- Integrate internal Substance Use Disorder (SUD) experts within the IU system to spearhead free employee education and programming on alcohol and other drugs.
- Enhance the dissemination of information about AOD programs and services available to both students and employees.
- Implement strategies to increase response rates for health and wellness surveys conducted across the university.

Appendix A

DAAP Annual Notification Content – Student

Your guide to IUPUI policies and services for alcohol and other drugs

Your safety, health, and well-being are crucial to your academic and professional achievement, happiness, and success. At IUPUI, we work to ensure that every student gets the information and support they need to reach their goals and to avoid setbacks caused by alcohol and other drugs.

The contents of this email encompass the university's Alcohol and Other Drug (AOD) Program, which provides information on alcohol and other drug issues, including IU policies, state and federal laws, health effects, and resources available for anyone concerned about alcohol and other drugs. This information is distributed electronically to all students and employees on an annual basis, consistent with federal law.

Resources for Students

As a student, you have a lot of options whether you are looking for more information about alcohol and other drugs, would like support to get back on track, or need help with alcohol- or drug-related issues.

Whether or Not You Drink

The vast majority of IUPUI students either drink in a low risk way or not at all. In fact, about one-third of IUPUI students don't drink on a monthly basis. It's important to learn more about

[alcohol](#) and the potential risks, whether or not you drink, to avoid negative consequences and maybe even help a friend.

Unique Like You

No two people are exactly the same, and that's why we offer personalized feedback through quick online tools like [substance use and mental health self-screenings](#). The site is completely anonymous and perfect for anyone who is curious about their own substance use or drinking habits.

You've taken a health screening, gotten your feedback, and decided that it is time to make a change to some of your behaviors. Now what? Whether it is [quitting tobacco](#), alcohol, or other drugs, IUPUI has one on one [coaching sessions](#) that will help you succeed. These sessions are voluntary and completely private.

Take Time for Yourself

Is it time to deal with a serious alcohol- or drug-related issue? The university provides Emergency Withdrawal Procedures that may help with grades or even tuition refunds if you need to take time off for medical treatment. Contact the Student Advocate at stuadvoc@iupui.edu or 317-274-4431 to learn more.

Not sure where to start? Indiana has a hotline specially designed to connect you with great local options. Call the Indiana Mental Health and Addiction Hotline at 1-800-662-HELP (4357), do your own search using IUPUI's [Registry of Options and Resources (ROAR)](#), or go directly to the [Indiana Addiction Treatment Locator](#).

Stay the Course

You've made amazing changes in your life and you're on the road to recovery. Maybe what you're looking for now is a group of peers who understand what it's like to travel that road while in college. The [Collegiate Recovery Community (CRC)](#) at IUPUI is your chance to connect with fellow Jags and be supported while you maintain your recovery. The CRC offers:

- Weekly on-campus support meetings
- Student organization and free social events

- Free sessions with a professional Recovery Coach

Continue to Thrive

Growth is a continual process throughout life and IUPUI is here to help you thrive while you are on campus. Wellness coaching and the [Student Wellness Directory](#) are additional student benefits that can help you to get the most out of your college experience. [Wellness coaching](#) is a free service for IUPUI students to help you explore, create, and achieve goals that can lead to lasting behavior change.

Indiana Lifeline Law

The [Indiana Lifeline Law](#) (IC 7.1-5-1-6.5) provides immunity from underage drinking and public intoxication laws to people who call or text 911 for help in an emergency. The law removes the fear of getting in trouble to make it easier to call for help. Here's how the law works:

As long as the caller:
- Requested emergency medical assistance or acted alongside someone who did
- Or, witnessed and reported what they believed to be a crime
- Or, were the victim of a reported sexual offense

The law provides immunity for:
- Public intoxication
- Minor possession (underage possession of alcohol)
- Minor consumption (underage drinking)
- Minor transport of alcohol (underage person transporting alcohol in their vehicle)

In order to receive immunity, the caller and others on the scene also have to:
- Provide their full name and any other relevant information requested by law enforcement officers.
- Remain on the scene until law enforcement and emergency medical assistance arrive.
- Cooperate with authorities on the scene.

Additional Student Resources:
- [Counseling and Psychological Services (CAPS)](#)
- [Campus Health](#)
- [Office of Health and Wellness Promotion](#)
- [Collegiate Recovery Community (CRC)](#)
- [Office for Veterans and Military Personnel](#)
- [Registry of Options and Resources (ROAR)](#)

- [FindTreatment.gov](#) or 1-800-662-HELP (4357)
- [Indiana Addiction Treatment Locator](#)

University & Campus Policies

The university absolutely prohibits the unlawful manufacture, distribution, dispensation, possession or use of a controlled substance and alcohol on university property or in the course of a university activity. The university prohibits providing alcohol contrary to law. The university prohibits public intoxication, use or possession of alcoholic beverages on university property except as otherwise noted in the IU Code of Student Rights, Responsibilities, and Conduct, Part II, Section H (22) b and Part II, Section H (22) c. Lawful dispensation, possession or use of alcoholic beverages on university property is limited to specifically authorized events.

- [Code of Student Rights, Responsibilities, and Conduct](#)
- [Substance-Free Workplace](#)
- [Substance-Free Workplace for Academic Appointees](#)
- [Tobacco-Free Policy](#)
- [Service of Alcohol Policy](#)

Disciplinary & Legal Sanctions

Violation of university alcohol and drug policies by employees may result in corrective or disciplinary action up to and including immediate termination of employment. Violation of university alcohol and drug policies by students may result in disciplinary action, including probation with the university or some form or separation of enrollment. The following information concerns the criminal penalties that can be imposed by state or federal statute for violations related to alcohol or illegal drug possession, use, sale, manufacturing or distribution. Conviction under state and/or federal laws that prohibit alcohol-related and drug-related conduct can result in fines, confiscation of automobiles and other property, loss of one's driver's license, and imprisonment. In addition, licenses to practice in certain

professions may be revoked, and many employment opportunities may be barred. Everyone should be aware of [Indiana alcohol and drug laws](#) and [federal crimes and penalties](#).

- In Indiana any person under 21 who possesses an alcoholic beverage, and any person who provides alcohol to such person, is at risk of arrest.
- Any person who is intoxicated in public risks arrest.
- A person convicted of driving while intoxicated may be punished by fine, be jailed, and lose his or her driver's license.
- Any selling of alcoholic beverages without a license is illegal.

Possession, use, distribution, or manufacture of controlled substances (drugs) illegally can result in arrest and conviction of a drug law violation and:

- Fines up to $10,000 (Indiana).
- Fines up to $10 million for a first offense (federal).
- Imprisonment up to 50 years (Indiana).
- Imprisonment up to life (federal).
- Confiscation of property.

Health Effects of Alcohol & Drugs

Everyone should be aware of the health risks caused by the use of alcohol and by the illegal use of controlled substances (drugs). The following information highlights the risks and effects of alcohol and other drugs.

Alcohol

Alcohol consumption causes a number of marked changes in behavior. Even low doses significantly impair the judgement and coordination required to drive a car safely, increasing the likelihood that the driver will be involved in an accident. Low to moderate doses of alcohol also increase the incidence of a variety of aggressive acts, including spouse and child abuse. Moderate to high doses of alcohol cause marked impairments in higher mental functions, severely altering a person's ability to learn and remember information. Very high

doses cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects just described.

Repeated use of alcohol can lead to dependence. Sudden cessation of alcohol intake is likely to produce withdrawal symptoms, including severe anxiety, tremors, hallucinations, and convulsions. Alcohol withdrawal can be life-threatening. Long-term consumption of large quantities of alcohol, particularly when combined with poor nutrition, can also lead to permanent damage to vital organs such as the brain and the liver.

Mothers who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. These infants have irreversible physical abnormalities and mental retardation. In addition, research indicates that children of alcoholic parents are at greater risk than other children of becoming alcoholics.

Cannabis (hash oil, hashish, grass, marijuana, pot, weed)

Potential for Dependence:
- Physical: Unknown
- Psychological: Moderate

Risk and Effects:
- Possible Effects: Euphoria, relaxed inhibitions, increased appetite, disoriented behavior.
- Effects of Overdose: Fatigue, paranoia, possible psychosis.
- Withdrawal Syndrome: Insomnia, hyperactivity, decreased appetite occasionally reported.

Depressants (barbiturates, benzodiazepine, date rape drugs, liquid ecstasy, flunitrazepam, GHB, methaqualone, special K, Xanax)

Potential for Dependence:
- Physical: High
- Psychological: High

Risk and Effects:

- Possible Effects: Slurred speech, disorientation, drunken behavior without odor of alcohol.
- Effects of Overdose: Shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma, possible death.
- Withdrawal Syndrome: Anxiety, insomnia, tremors, delirium, convulsions, possible death.

Hallucinogens (Acid, angel dust, crystal, LSD, MDA, mescaline, mushrooms, PCP, peyote, phencyclidine, psilocybin)

Potential for Dependence:
- Physical: Unknown
- Psychological: High

Risk and Effects:
- Possible Effects: Illusions and hallucinations, poor perception of time and distance.
- Effects of Overdose: Longer and more intense effects or episodes, psychosis, possible death.
- Withdrawal Syndrome: Withdrawal syndrome not reported.

Narcotics (codeine, Demerol, HCL, heroin, meperidine, morphine, opium, Oxycodone, Vicodin)

Potential for Dependence:
- Physical: High
- Psychological: High

Risk and Effects:
- Possible Effects: Euphoria, drowsiness, slowed breathing, constricted pupils, nausea.
- Effects of Overdose: Slow and shallow breathing, clammy skin, convulsions, coma, possible death.
- Withdrawal Syndrome: Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, panic, cramps, nausea, chills, sweating.

Stimulants (amphetamine, cocaine, ecstasy, MDMA, methylphenidate, phenmetrazine, Ritalin)

Potential for Dependence:

- Physical: Possible
- Psychological: High

Risk and Effects:

- Possible Effects: Increased alertness, excitation, euphoria, increased heart rate, increased blood pressure, insomnia, loss of appetite.
- Effects of Overdose: Agitation, increase in body temperature, hallucinations, convulsions, possible death.
- Withdrawal Syndrome: Apathy, long periods of sleep, irritability, depression, disorientation.

The misuse of alcohol and other drugs increases the risk for a number of health-related problems. In addition, substance misuse can contribute to a number of social, behavioral and academic- work performance problems. Indiana University encourages individuals with alcohol- or other drug-related problems to seek assistance.

As mandated by the Drug-Free Schools and Communities Act (DFSCA) EDGAR Part 86, this annual policy notification is distributed to all students and employees on an annual basis, and a biennial review of the comprehensive alcohol and other drug program is conducted every two years.

Health and Wellness Promotion
Campus Center, Suite 350
Indianapolis, IN 46202
317-274-3699

Appendix B

DAAP Annual Notification Content – Employee

Your guide to IUPUI policies and services for alcohol and other drugs

Your safety, health, and well-being are crucial to your professional achievement, happiness, and success. At IUPUI, we work to ensure that every employee gets the information and support they need to reach their goals and to avoid setbacks caused by alcohol and other drugs.

The contents of this email encompass the university's Alcohol and Other Drug (AOD) Program, which provides information on alcohol and other drug issues, including IU policies, state and federal laws, health effects, and resources available for anyone concerned about alcohol and other drugs. This information is distributed electronically to all students and employees on an annual basis, consistent with federal law.

Resources for Employees

When life is in balance, you are at your best, feeling happy, healthy, and productive. If alcohol or drugs start to throw you off balance or interfere with your life, the university offers free confidential support to get you back on track.

Confidential Support is a Phone Call Away

The [SupportLinc Employee Assistance Program (EAP)](#) (24/7 Helpline 1-888-881-5462) is a voluntary program that provides professional, confidential counseling to help individuals bring their life into better balance when day-to-day activities are interrupted by:

- Grief and loss
- Substance abuse
- Marriage and relationship problems
- Depression
- Work-related pressures
- Stress and anxiety

Take Time for Yourself

Indiana University's [Substance-Free Workplace Policy](#) states that rehabilitation is an acceptable purpose for a leave of absence subject to consideration of the other conditions listed in the [Family Medical Leave Act (FMLA) Rights](#) policy.

Keep Learning

Visit [mental health and substance use](#) online resources from Healthy IU, including a library of upcoming and recent [Work + Life Classes and Webinars](#).

Tobacco: Kick the Habit

You may not remember your reasons for starting to smoke, but here are three good reasons to quit:

- You'll be more likely to resist colds and flu.
- You'll look and feel healthy.
- You'll save money.

As many tobacco users know, kicking the habit is not easy. But success rates increase with every attempt to quit.

Employees and their spouses enrolled in an IU-sponsored medical plan are eligible for [tobacco cessation assistance](#) including a cessation program, prescriptions, and over-the-counter nicotine replacement products.

Additional Employee Resources:

- [SupportLinc Employee Assistance Program (EAP)](#)
- IU Employee Assistance 24/7 Helpline 1-888-881-5462
- [Campus Health](#)
- [Healthy IU Employee Wellness Program](#)
- [FindTreatment.gov](#) or 1-800-662-HELP (4357)
- [Indiana Addiction Treatment Locator](#)

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- A person convicted of driving while intoxicated may be punished by fine, be jailed, and lose his or her driver's license.
- Any selling of alcoholic beverages without a license is illegal.

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- Fines up to $10 million for a first offense (federal).
- Imprisonment up to 50 years (Indiana).
- Imprisonment up to life (federal).
- Confiscation of property.

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All persons should be aware of the health risks caused by the use of alcohol, and by the illegal use of controlled substances (drugs). The following information highlights the risks and effects of alcohol and other drugs.

Alcohol

Alcohol consumption causes a number of marked changes in behavior. Even low doses significantly impair the judgement and coordination required to drive a car safely, increasing the likelihood that the driver will be involved in an accident. Low to moderate doses of alcohol also increase the incidence of a variety of aggressive acts, including spouse and child abuse. Moderate to high doses of alcohol cause marked impairments in higher mental functions, severely altering a person's ability to learn and remember information. Very high doses cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects just described.

Repeated use of alcohol can lead to dependence. Sudden cessation of alcohol intake is likely to produce withdrawal symptoms, including severe anxiety, tremors, hallucinations, and convulsions. Alcohol withdrawal can be life-threatening. Long-term consumption of large quantities of alcohol, particularly when combined with poor nutrition, can also lead to permanent damage to vital organs such as the brain and liver.

Mothers who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. These infants have irreversible physical abnormalities and mental retardation. In addition, research indicates that children of alcoholic parents are at greater risk than other children of becoming alcoholics.

Cannabis (hash oil, hashish, grass, marijuana, pot, weed)

Potential for Dependence:

- Physical: Unknown
- Psychological: Moderate

Risk and Effects:

- Possible Effects: Euphoria, relaxed inhibitions, increased appetite, disoriented behavior.
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Depressants (barbiturates, benzodiazepine, date rape drugs, liquid ecstasy, flunitrazepam, GHB, methaqualone, special K, Xanax)

Potential for Dependence:

- Physical: High
- Psychological: High

Risk and Effects:

- Possible Effects: Slurred speech, disorientation, drunken behavior without odor of alcohol.
- Effects of Overdose: Shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma, possible death.
- Withdrawal Syndrome: Anxiety, insomnia, tremors, delirium, convulsions, possible death.

Hallucinogens (Acid, angel dust, crystal, LSD, MDA, mescaline, mushrooms, PCP, peyote, phencyclidine, psilocybin)

Potential for Dependence:

- Physical: Unknown
- Psychological: High

Risk and Effects:

- Possible Effects: Illusions and hallucinations, poor perception of time and distance.
- Effects of Overdose: Longer and more intense effects or episodes, psychosis, possible death.
- Withdrawal Syndrome: Withdrawal syndrome not reported.

Narcotics (codeine, Demerol, HCL, heroin, meperidine, morphine, opium, Oxycodone, Vicodin)

Potential for Dependence:
- Physical: High
- Psychological: High

Risk and Effects:
- Possible Effects: Euphoria, drowsiness, slowed breathing, constricted pupils, nausea.
- Effects of Overdose: Slow and shallow breathing, clammy skin, convulsions, coma, possible death.
- Withdrawal Syndrome: Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, panic, cramps, nausea, chills, sweating.

Stimulants (amphetamine, cocaine, ecstasy, MDMA, methylphenidate, phenmetrazine, Ritalin)

Potential for Dependence:
- Physical: Possible
- Psychological: High

Risk and Effects:
- Possible Effects: Increased alertness, excitation, euphoria, increased heart rate, increased blood pressure, insomnia, loss of appetite.
- Effects of Overdose: Agitation, increase in body temperature, hallucinations, convulsions, possible death.
- Withdrawal Syndrome: Apathy, long periods of sleep, irritability, depression, disorientation.

The misuse of alcohol and other drugs increases the risk for a number of health-related problems. In addition, substance misuse can contribute to a number of social, behavioral and academic- work performance problems. Indiana University encourages individuals with alcohol- or other drug-related problems to seek assistance.

As mandated by the Drug-Free Schools and Communities Act (DFSCA) EDGAR Part 86, this annual policy notification is distributed to all students and employees on an annual basis, and a biennial review of the comprehensive alcohol and other drug program is conducted every two years.

FULFILLING *the* **PROMISE**

Health and Wellness Promotion
Campus Center, Suite 350
Indianapolis, IN 46202
317-274-3699

Appendix C

American College Health Association

National College Health Assessment – 2023 IUPUI Executive Summary

INDIANA UNIVERSITY PURDUE UNIVERSITY INDIANAPOLIS
Executive Summary
Spring 2023

American College Health Association
National College Health Assessment III

ACHA-NCHA III

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

AMERICAN COLLEGE HEALTH ASSOCIATION

Table of Contents   ■

ACHA, the nation's principal advocate and leadership organization for college and university health, represents a diverse membership that provides and supports the delivery of health care and prevention and wellness services for the nation's 20 million college students. For more information about the association's programs and services, visit www.acha.org, and www.acha.org/NCHA.

Suggested citation for this document:

American College Health Association. American College Health Association-National College Health Assessment III: Indiana University Purude University Indianapolis Executive Summary Spring 2023. Silver Spring, MD: American College Health Association; 2023.

Introduction and Notes

The ACHA-National College Health Assessment (ACHA-NCHA) is a national research survey organized by the American College Health Association (ACHA) to assist college health service providers, health educators, counselors, and administrators in collecting data about their students' habits and behaviors on the most prevalent health topics. The ACHA-NCHA now provides the largest known comprehensive data set on the health of college students, providing the college health and higher education fields with a vast spectrum of information on student health.

ACHA initiated the original ACHA-NCHA in 2000 and the instrument was used nationwide through the Spring 2008 data collection period. A revised survey, the ACHA-NCHA-II, was in use from Fall 2008 - Spring 2019 data collection periods. The survey was redesigned again, and data collection with the ACHA-NCHA III began in Fall 2019.

Please note that it is not appropriate to compare trends between versions of the survey. Directly comparing data points between the Original ACHA-NCHA, the ACHA-NCHA II, and the ACHA-NCHA III can lead to an erroneous conclusion and is not recommended.

Notes about this report:

1. Missing values have been excluded from analysis and only valid percents are included in this document, unless otherwise noted.

2. **The ACHA-NCHA III is programmed differently than earlier versions of the survey.** Rather than asking the respondents to answer every question (and offering a "not applicable" option), display logic was used throughout the survey to determine whether, based on their response to an earlier question, the student saw a follow-up question. This makes the valid percents of certain questions impossible to apply to the entire sample, as the denominator used was limited to only the number of students that saw the question. When appropriate, results are also presented using the entire sample as the denominator to show the proportion of the overall sample that experienced a particular issue. These differences in presentation are carefully noted throughout the document and will often explain differences observed between this document and the full data report. Please look carefully at descriptions of the data presented in each table, as well as any footnotes included.

3. **About the use of sex and gender in this report:** Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded.

For additional information about the survey's development, design, and methodology, email Mary T Hoban, PhD, MCHES, (mhoban@acha.org), Christine Kukich, MS (ckukich@acha.org), or visit www.acha-ncha.org.

We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.

I.   What we've done to date
- The ACHA NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

II.   Why change?
- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3 4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented[1], and schools need readily available access to this data in order to better address the needs of TGNC students.

III.   What's different about the way we are reporting?
- First – a note about how we have been reporting ACHA NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non binary, and missing. (Details about this variable can be found in all report documents.)

- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men[2]." A "2" has been changed from "Female" to "Cis Women[3]." The value "3" has been changed from "non binary" to "Transgender and Gender Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row
- A column for "Trans/Gender Nonconforming" has been added the Executive Summary Report document.

IV.   Important considerations with this new format
- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

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[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer spectrum and trans spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.
[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.
[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.

This Executive Summary highlights results of the ACHA-NCHA III Spring 2023 survey for Indiana University Purude University Indianapolis consisting of 1887 respondents.
The response rate was 9.7%.

Findings ■

A. General Health and Campus Climate

- ■ 43.9 % of college students surveyed (54.9 % cis men, 41.6 % cis women, and 20.8 % transgender/gender non-conforming) described their health as *very good or excellent.*

- ■ 85.3 % of college students surveyed (91.1 % cis men, 84.7 % cis women, and 68.8 % transgender/gender non-conforming) described their health as *good, very good or excellent*.

Proportion of college students who reported they *agree* or *strongly agree* that: *Percent (%)*	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
I feel that I belong at my college/university	62.8	66.1	50.9	64.1
I feel that students' health and well-being is a priority at my college/university	55.7	55.8	45.4	54.8
At my college/university, I feel that the campus climate encourages free and open discussion of students' health and well-being.	59.5	63.6	55.6	61.8
At my college/university, we are a campus where we look out for each other	43.3	46.2	33.3	44.7

B. Nutrition, BMI, Physical Activity, and Food Security

College students reported: *Percent (%)*	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Drinking 0 sugar-sweetened beverages (per day), on average, in the last 7 days	36.3	28.4	18.7	29.7
Drinking 1 or more sugar-sweetened beverages (per day), on average, in the last 7 days	63.7	71.6	81.3	70.3
Drinking energy drinks or shots on 0 of the past 30 days	65.6	73.3	61.7	70.7
Drinking energy drinks or shots on 1-4 of the past 30 days	16.8	15.0	19.6	15.9
Drinking energy drinks or shots on 5 or more of the past 30 days	17.6	11.7	18.7	13.4
Eating 3 or more servings of fruits (per day), on average, in the last 7 days	17.9	15.7	15.9	16.2
Eating 3 or more servings of vegetables (per day), on average, in the last 7 days	31.8	26.4	24.3	27.6

■ **Estimated Body Mass Index (BMI):** This figure incorporates reported height and weight to form a general indicator of physical health. Categories defined by The World Health Organization (WHO) 2000, reprinted 2004. Obesity: Preventing and Managing the Global Epidemic. WHO Tech Report Series: 894.

BMI *Percent (%)*	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
<18.5 Underweight	3.2	5.6	3.8	5.0
18.5-24.9 Healthy Weight	46.5	46.6	39.0	46.1
25-29.9 Overweight	32.0	24.9	24.8	26.7
30-34.9 Class I Obesity	11.5	13.0	15.2	12.7
35-39.9 Class II Obesity	3.9	5.2	6.7	5.0
≥40 Class III Obesity	2.8	4.6	10.5	4.5
Mean	26.00	26.24	28.00	26.27
Median	25.05	24.80	26.95	24.89
Std Dev	5.71	6.82	7.73	6.61

Students meeting the recommended guidelines for physical activity
Based on: US Dept of Health and Human Services. *Physical Activities Guidelines for Americans* , 2nd edition.
    Washington, DC: US Dept of Health and Human Services; 2018

    Definitions:
- Recommendation for **aerobic activity**: 150 minutes or more of moderate-intensity physical activity per week or 75 minutes of vigorous-intensity physical activity or the equivalent combination

- Recommendation for **strength training**: 2 or more days a week of moderate or greater intensity activities that involve all major muscle groups

- *Active Adults* meet the recommendation for strength training **AND** aerobic activity

- *Highly Active Adults* meet the recommendation for strength training and **TWICE** the recommendation for aerobic activity (300 minutes or more of moderate-intensity physical activity per week or 150 minutes of vigorous-intensity physical activity or the equivalent combination)

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Guidelines met for **aerobic exercise only**	73.8	65.1	57.9	66.8
Guidelines met for **Active Adults**	51.9	36.2	18.9	39.0
Guidelines met for **Highly Active Adults**	43.1	27.5	14.2	30.3

Food Security
Based on responses to the *US Household Food Security Survey Module: Six-Item Short Form (2012)*
from the USDA Economic Research Service.

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
High or marginal food security (score 0-1)	53.1	50.2	46.7	50.7
Low food security (score 2-4)	24.9	26.6	21.9	25.7
Very low food security (score 5-6)	21.9	23.2	31.4	23.6
Any food insecurity (low or very low food security)	46.9	49.8	53.3	49.3

C. Health Care Utilization

College students reported: Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Receiving psychological or mental health services within the last 12 months	21.4	34.7	55.6	32.9
*The services were provided by:				
My current campus health and/or counseling center	42.3	32.1	32.8	33.6
A mental health provider in the local community near my campus	22.9	27.7	36.2	27.7
A mental health provider in my home town	46.9	46.0	53.4	47.4
A mental health provider not described above	9.9	21.7	9.3	18.1

Only students who reported receiving care in the last 12 months were asked these questions

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Visiting a medical provider within the last 12 months	56.6	75.0	82.4	70.8
*The services were provided by:				
My current campus health center	22.0	16.6	16.7	17.7
A medical service provider in the local community near my campus	34.3	35.5	33.7	35.2
A medical service provider in my home town	70.9	74.2	71.3	73.3
A medical service provider not described above	4.0	7.1	6.2	6.4

Only students who reported receiving care in the last 12 months were asked these questions

College students reported: *Percent (%)*	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Flu vaccine within the last 12 month	60.0	59.5	57.0	59.6
Not starting the HPV vaccine series	29.1	21.0	12.0	22.5
Starting, but not completing HPV vaccine series	5.7	5.1	3.7	5.1
Completing HPV vaccine series	39.6	54.5	60.2	51.1
Not knowing their HPV vaccine status	25.5	19.4	24.1	21.3
Ever having a GYN visit or exam (females only)		53.6	38.9	
Having a dental exam in the last 12 months	67.2	70.5	64.8	69.3
Being tested for HIV within the last 12 months	11.1	11.9	15.7	12.1
Being tested for HIV more than 12 months ago	9.4	11.5	3.7	10.4
Wearing sunscreen usually or always when outdoors	19.3	45.0	38.9	37.9
Spending time outdoors with the intention of tanning at least once in the last 12 months	34.3	50.4	23.1	44.4

D. Impediments to Academic Performance

Respondents are asked in numerous places throughout the survey about issues that might have negatively impacted their academic performance within the last 12 months. This is defined as negatively impacting their performance in a class or delaying progress towards their degree. Both types of negative impacts are represented in the figures below. Please refer to the corresponding Data Report for specific figures on each type of impact. Figures in the **left** columns use all students in the sample as the denominator. Figures in the **right** columns use only the students that experienced that issue (e.g. students who used cannabis, reported a problem or challenge with finances, or experienced a particular health issue) in the denominator.
(items are listed in the order in which they appear in the survey)

Percent (%)	Negatively impacted academic performance among all students in the sample					Negatively impacted academic performance among only students that experienced the issue			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total		Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Alcohol use	3.0	1.0	3.7	1.6		4.3	1.4	5.4	2.3
Cannabis/marijuana use	1.7	1.3	2.8	1.6		6.3	5.0	6.3	5.7

Problems or challenges in the last 12 months

	Cis Men	Cis Women	Trans/GNC	Total		Cis Men	Cis Women	Trans/GNC	Total
Career	14.9	17.8	19.4	17.1		43.8	46.0	45.7	45.4
Finances	20.0	20.5	25.9	20.8		39.3	36.1	43.1	37.7
Procrastination	44.8	47.0	60.2	47.2		64.7	62.5	66.3	63.5
Faculty	7.2	8.0	5.6	7.8		57.6	59.0	33.3	57.4
Family	7.6	11.7	19.4	11.0		30.3	29.8	32.8	29.9
Intimate Relationships	11.9	11.7	11.1	11.8		32.2	32.4	30.8	32.4
Roommate/housemate	5.3	5.9	8.3	5.9		25.3	23.4	28.1	24.2
Peers	5.1	6.4	7.4	6.2		27.0	26.9	25.8	27.2
Personal appearance	4.5	8.0	10.2	7.3		11.0	14.7	13.8	14.1
Health of someone close to me	10.8	13.5	16.7	12.9		29.8	30.4	31.0	30.2
Death of a family member, friend, or someone close to me	8.7	12.3	14.8	11.6		35.0	45.9	45.7	43.5
Bullying	2.8	3.2	1.9	3.1		50.0	40.6	25.0	41.7
Cyberbullying	1.5	0.5	1.9	0.9		43.8	17.6	33.3	28.8
Hazing	1.3	0.6	0.0	0.7		50.0	43.8	0.0	44.8
Microaggression	2.8	4.0	6.5	4.0		19.4	21.4	16.3	21.2
Sexual Harassment	1.1	3.1	7.4	2.8		27.8	25.5	30.8	26.6
Discrimination	4.0	3.8	6.5	4.1		37.3	31.4	29.2	32.9

Percent (%)	Negatively impacted academic performance among all students in the sample					Negatively impacted academic performance among only students that experienced the issue			
	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total		Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Acute Diagnoses in the last 12 months									
Bronchitis	1.5	1.3	1.9	1.3		63.6	48.5	40.0	51.0
Chlamydia	0.0	0.2	0.0	0.2		0.0	13.0	0.0	10.3
Chicken Pox (Varicella)	0.0	0.0	0.9	0.1		0.0	0.0	100.0	20.0
Cold/Virus or other respiratory illness	7.9	15.6	15.7	13.6		32.7	43.9	39.5	41.7
Concussion	1.1	1.1	1.9	1.1		71.4	53.8	100.0	60.0
Gonorrhea	0.2	0.0	0.0	0.1		33.3	0.0	0.0	11.1
Flu (influenza or flu-like illness)	3.6	7.0	6.5	6.1		45.9	56.0	43.8	53.5
Mumps	0.0	0.0	0.9	0.1		0.0	0.0	100.0	20.0
Mononucleosis (mono)	0.0	0.5	1.9	0.4		0.0	66.7	100.0	66.7
Orthopedic injury	1.5	3.3	3.7	2.9		20.6	37.2	57.1	34.6
Pelvic Inflammatory Disease	0.0	0.2	0.9	0.2		0.0	66.7	100.0	60.0
Pneumonia	0.6	0.5	0.0	0.5		50.0	54.5	0.0	50.0
Shingles	0.2	0.1	0.0	0.1		25.0	25.0	0.0	25.0
Stomach or GI virus or bug, food poisoning or gastritis	1.9	4.5	8.3	4.1		30.0	46.0	52.9	44.0
Urinary tract infection	0.2	3.1	2.8	2.3		20.0	21.9	18.8	21.2

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total		Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months	20.6	31.9	56.5	30.6		32.8	41.3	63.5	41.5

	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total		Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Other impediments to academic performance									
Assault (physical)	0.2	0.6	1.9	0.5		6.7	22.6	25.0	18.2
Assault (sexual)	0.0	1.9	6.5	1.7		0.0	28.9	31.8	26.9
Allergies	1.7	2.4	1.9	2.2		6.1	6.7	4.9	6.5
Anxiety	21.9	35.9	53.7	33.4		44.0	50.3	65.9	50.5
ADHD or ADD	13.0	12.5	36.1	14.1		67.0	65.3	78.0	67.9
Concussion or TBI	1.5	1.2	3.7	1.4		53.8	42.9	66.7	47.3
Depression	17.4	26.2	50.0	25.3		51.6	57.2	69.2	57.4
Eating disorder/problem	0.8	3.5	13.9	3.5		15.4	23.1	41.7	24.9
Headaches/migraines	5.9	14.3	21.3	12.6		24.3	33.5	42.6	32.9
Influenza or influenza-like illness (the flu)	3.8	5.0	6.5	4.8		34.0	30.9	31.8	31.4
Injury	2.1	3.0	3.7	2.8		23.8	28.4	36.4	27.2
PMS	0.0	12.4	13.9	9.2		0.0	28.2	35.7	28.2
PTSD	1.5	4.1	12.0	3.9		30.4	40.9	54.2	41.8
Short-term illness	1.9	4.5	9.3	4.1		16.4	27.9	34.5	26.3
Upper respiratory illness	3.4	7.6	11.1	6.6		18.6	24.9	37.5	24.1
Sleep difficulties	21.7	21.8	38.0	22.9		45.5	44.5	56.2	46.1
Stress	28.7	44.5	55.6	41.1		44.4	54.8	63.8	53.4

E. Violence, Abusive Relationships, and Personal Safety

Within the last 12 months, college students reported experiencing: *Percent (%)*	**Cis Men**	**Cis Women**	**Trans/ Gender Non- conforming**	**Total**
A physical fight	4.9	1.8	1.9	2.6
A physical assault (not sexual assault)	3.4	1.5	1.9	2.1
A verbal threat	12.6	11.0	19.4	12.1
Sexual touching without their consent	4.1	6.2	11.1	6.0
Sexual penetration attempt without their consent	1.5	2.9	3.7	2.7
Sexual penetration without their consent	1.3	1.8	4.6	1.9
Being a victim of stalking	2.6	5.7	8.4	5.2
A partner called me names, insulted me, or put me down to make me feel bad	11.5	10.8	5.6	10.7
A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends	6.8	5.3	2.8	5.6
A partner pushed, grabbed, shoved, slapped, kicked, bit, choked or hit me without my consent	3.8	2.6	1.9	2.9
A partner forced me into unwanted sexual contact by holding me down or hurting me in some way	1.3	1.3	3.7	1.5
A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs	3.0	2.9	2.8	3.0

College students reported feeling *very safe* :

Percent (%)	**Cis Men**	**Cis Women**	**Trans/ Gender Non- conforming**	**Total**
On their campus (daytime)	68.9	56.9	49.1	59.5
On their campus (nighttime)	26.6	9.0	11.1	13.6
In the community surrounding their campus (daytime)	33.7	23.3	12.0	25.2
In the community surrounding their campus (nighttime)	14.9	4.3	5.6	7.0

F. Tobacco, Alcohol, and Other Drug Use

	Ever Used					*Used in the last 3 months			
Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total		Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)	35.5	29.1	34.3	30.8		23.1	15.8	22.2	17.9
Alcoholic beverages (beer, wine, liquor, etc.)	68.5	68.3	67.6	68.3		60.5	62.2	56.5	61.1
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) *[Please report nonmedical use only.]*	41.3	38.5	55.6	40.2		23.1	23.2	42.6	24.4
Cocaine (coke, crack, etc.)	9.9	4.5	2.8	5.8		3.0	1.0	1.9	1.6
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) *[Please report nonmedical use only.]*	10.0	6.6	10.4	7.8		3.6	2.0	3.7	2.6
Methamphetamine (speed, crystal meth, ice, etc.)	1.5	0.9	0.9	1.1		0.4	0.2	0.9	0.4
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)	4.3	2.9	5.6	3.5		1.3	0.6	2.8	0.9
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) *[Please report nonmedical use only.]*	5.8	4.8	6.5	5.2		1.1	1.2	4.6	1.4
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)	12.3	7.4	12.1	9.1		3.2	2.2	4.6	2.6
Heroin	0.6	0.4	1.0	0.5		0.4	0.1	0.9	0.3
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) *[Please report nonmedical use only.]*	6.2	3.5	3.7	4.3		0.6	0.5	0.9	0.6

These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

Substance Specific Involvement Scores (SSIS) from the ASSIST

	*Moderate risk use of the substance					*High risk use of the substance			
Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total		Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Tobacco or nicotine delivery products	18.3	11.0	16.7	13.0		0.6	0.7	0.9	0.7
Alcoholic beverages	11.7	8.0	6.5	8.9		2.1	0.4	0.9	0.9
Cannabis (nonmedical use)	14.4	13.6	35.2	15.1		0.6	0.9	0.9	1.0
Cocaine	1.3	0.4	0.9	0.6		0.2	0.2	0.0	0.3
Prescription stimulants (nonmedical use)	1.5	1.3	2.8	1.5		0.2	0.1	0.0	0.2
Methamphetamine	0.6	0.2	0.9	0.3		0.2	0.0	0.0	0.1
Inhalants	0.6	0.2	0.9	0.3		0.2	0.1	0.0	0.2
Sedatives or Sleeping Pills (nonmedical use)	0.8	0.9	1.9	0.9		0.2	0.1	0.9	0.2
Hallucinogens	2.1	1.4	0.9	1.5		0.2	0.0	0.0	0.1
Heroin	0.4	0.2	0.0	0.2		0.2	0.1	0.9	0.2
Prescription opioids (nonmedical use)	1.1	0.6	0.0	0.6		0.2	0.0	0.0	0.1

These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

*Proportion of students who were prescribed a medication and used more than prescribed or more often than prescribed in the past 3 months

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Prescription stimulants	2.1	1.6	1.9	1.8
Prescription sedatives or sleeping pills	1.1	0.9	4.6	1.2
Prescription opioids	0.4	0.5	0.9	0.5

*These figures use all students in the sample as the denominator, rather than just those students who reported having a prescription. Note that the title of this table was changed in Fall 2022, but the figures remain the same.

*Tobacco or nicotine delivery products used in the last 3 months

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Cigarettes	9.6	3.6	8.3	5.4
E-cigarettes or other vape products (for example: Juul, etc.)	14.0	13.0	18.5	13.4
Water pipe or hookah	3.0	1.3	3.7	1.9
Chewing or smokeless tobacco	2.5	0.1	0.0	0.7
Cigars or little cigars	6.2	0.6	0.9	2.0
Other	1.3	0.3	0.0	0.5

*These figures use all students in the sample as the denominator, rather than just those students who reported tobacco or nicotine delivery product use in the last 3 months.

Students in Recovery

■ 2.0 % of college students surveyed (2.8 % cis men, 1.7 % cis women, and 2.5 % transgender/gender non-conforming) indicated they were in recovery from alcohol or other drug use.

When, if ever, was the last time you:

	Drank Alcohol					*Used Cannabis/Marijuana			
Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total		Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Never	23.6	24.6	25.0	24.2		54.6	57.2	40.7	55.6
Within the last 2 weeks	45.5	44.1	37.0	44.0		12.4	13.1	30.6	14.0
More than 2 weeks ago but within the last 30 days	7.2	9.9	6.5	9.3		3.6	3.7	3.7	3.7
More than 30 days ago but within the last 3 months	9.6	10.7	16.7	10.8		6.4	5.2	8.3	5.8
More than 3 months ago but within the last 12 months	7.0	6.3	8.3	6.6		6.4	5.8	7.4	5.9
More than 12 months ago	7.0	4.3	6.5	5.2		16.6	15.0	9.3	15.0

*Students were instructed to include medical and non-medical use of cannabis.

Driving under the influence

■ 17.7 % of college students reported driving after having *any alcohol* in the last 30 days.*

*Only students who reported driving in the last 30 days and drinking alcohol in the last 30 days were asked this question.

■ 34.8 % of college students reported driving within 6 hours of using cannabis/marijuana in the last 30 days.*

*Only students who reported driving in the last 30 days and using cannabis in the last 30 days were asked this question.

Estimated Blood Alcohol Concentration (or eBAC) of college students. Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. Only students who reported drinking alcohol within the last 3 months answered these questions.

Estimated BAC Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
< .08	87.2	83.7	85.9	84.7
< .10	91.3	88.8	89.1	89.5
Mean	0.03	0.04	0.03	0.04
Median	0.01	0.02	0.01	0.02
Std Dev	0.06	0.06	0.05	0.06

*Reported number of drinks consumed the last time students drank alcohol in a social setting.

Number of drinks Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
4 or fewer	71.5	82.5	78.5	79.7
5	8.6	7.6	4.6	7.6
6	5.5	3.7	10.8	4.5
7 or more	14.4	6.2	6.2	8.1
Mean	3.8	2.9	2.9	3.1
Median	3.0	2.0	2.0	2.0
Std Dev	3.4	3.5	2.3	3.5

Only students who reported drinking alcohol in the last three months were asked this question.

Reported number of times college students consumed <u>five or more drinks</u> in a sitting within the last two weeks:

	Among all students surveyed					*Among those who reported drinking alcohol within the last two weeks*			
Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total		Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Did not drink alcohol in the last two weeks (includes non-drinkers)	54.6	55.9	63.0	56.1					
None	19.8	25.9	25.0	24.3		43.7	58.7	67.5	55.4
1-2 times	19.2	15.5	10.2	16.0		42.3	35.1	27.5	36.5
3-5 times	5.5	2.4	1.9	3.1		12.2	5.4	5.0	7.0
6 or more times	0.9	0.4	0.0	0.5		1.9	0.9	0.0	1.1

Only students who reported drinking alcohol in the last two weeks were asked this question.

*College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Did something I later regretted	20.2	18.8	14.9	18.9
Blackout (forgot where I was or what I did for a **large period of time and cannot remember,** even when someone reminds me)	11.0	8.6	8.1	9.0
Brownout (forgot where I was or what I did for **short periods of time, but can remember** once someone reminds me)	19.9	20.1	20.3	20.0
Got in trouble with the police	0.9	0.3	1.4	0.5
Got in trouble with college/university authorities	0.6	0.3	2.7	0.5
Someone had sex with me **without my** consent	1.5	1.7	5.4	1.8
Had sex with someone **without their** consent	0.0	0.3	0.0	0.2
Had unprotected sex	13.8	10.9	13.5	11.7
Physically injured myself	5.5	4.6	11.0	5.1
Physically injured another person	0.6	0.2	2.8	0.5
Seriously considered suicide	4.0	2.2	5.5	3.0
Needed medical help	0.9	0.9	2.7	1.0
Reported two or more of the above	25.3	21.6	26.5	22.7

Only students who reported drinking alcohol in the last 12 months were asked these questions.

G. Sexual Behavior

When, if ever, was the last time you had:

Oral sex

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Never	37.3	35.6	38.9	36.5
Within the last 2 weeks	32.0	33.3	26.9	32.3
More than 2 weeks ago but within the last 30 days	6.0	8.0	6.5	7.3
More than 30 days ago but within the last 3 months	6.4	8.4	10.2	7.9
More than 3 months ago but within the last 12 months	7.5	6.4	6.5	6.7
More than 12 months ago	10.9	8.2	11.1	9.1

Vaginal intercourse

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Never	43.4	36.4	50.9	39.4
Within the last 2 weeks	32.9	39.9	23.1	36.6
More than 2 weeks ago but within the last 30 days	4.1	5.9	5.6	5.4
More than 30 days ago but within the last 3 months	4.7	6.6	8.3	6.1
More than 3 months ago but within the last 12 months	6.2	4.6	3.7	5.2
More than 12 months ago	8.8	6.6	8.3	7.2

Anal intercourse

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Never	77.0	81.6	82.4	80.5
Within the last 2 weeks	4.5	1.9	2.8	2.6
More than 2 weeks ago but within the last 30 days	1.9	0.9	2.8	1.2
More than 30 days ago but within the last 3 months	2.4	1.9	1.9	2.0
More than 3 months ago but within the last 12 months	3.6	2.9	0.9	3.1
More than 12 months ago	10.5	10.8	9.3	10.6

*College students who reported having oral sex, or vaginal or anal intercourse within the last 12 months reported having the following number of sexual partners:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
None	1.1	0.0	0.0	0.3
1	72.1	79.2	56.1	76.1
2	11.8	9.7	28.1	11.3
3	5.5	5.3	5.3	5.4
4 or more	9.6	5.8	10.5	6.9
Mean	2.0	1.5	2.0	1.7
Median	1.0	1.0	1.0	1.0
Std Dev	3.7	1.8	2.6	2.5

Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

College students who reported having oral sex, or vaginal or anal intercourse within the last 30 days who reported using a condom or another protective barrier *most of the time* or *always:*

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Oral sex	6.2	4.1	5.6	4.7
Vaginal intercourse	35.1	32.4	41.9	33.3
Anal intercourse	16.7	17.1	16.7	16.9

Only students who reported having oral sex, or vaginal or anal intercourse in the last 30 days were asked these questions.

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used any method to prevent pregnancy the last time they had vaginal intercourse:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Yes, used a method of contraception	72.3	81.3	77.3	79.0
No, did not want to prevent pregnancy	5.8	3.9	4.5	4.4
No, did not use any method	19.6	14.0	15.9	15.3
Don't know	2.2	0.8	2.3	1.2

Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

*Those students who reported using a contraceptive use the last time they had vaginal intercourse, reported they (or their partner) used the following methods:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Birth control pills (monthly or extended cycle)	38.9	37.7	20.6	36.9
Birth control shots	3.1	3.6	2.9	3.4
Birth control implants	7.4	7.4	5.9	7.3
Birth control patch	3.1	1.9	2.9	2.3
The ring	1.2	2.2	5.9	2.3
Emergency contraception ("morning after pill" or "Plan B")	1.9	4.8	2.9	4.1
Intrauterine device	16.7	18.2	29.4	18.5
Male (external) condom	46.9	39.9	61.8	42.1
Female (internal) condom	0.0	0.2	0.0	0.1
Diaphragm or cervical cap	0.0	0.0	0.0	0.0
Contraceptive sponge	0.0	0.2	0.0	0.1
Withdrawal	17.9	24.6	23.5	23.0
Fertility awareness (calendar, mucous, basal body temperature)	3.7	7.1	5.9	6.3
Sterilization (hysterectomy, tubes tied, vasectomy)	4.9	4.3	2.9	4.6
Other method	2.5	1.5	0.0	1.8
Male condom use plus another method	29.0	25.0	38.2	26.3
Any two or more methods (excluding male condoms)	16.0	25.0	20.6	22.9

*Only students who reported they or their partner used a method the last time they had vaginal intercourse were asked these questions.

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used emergency contraception ("morning after pill" or "Plan B") in the last 12 months:
Yes (16.5 % cis men, 17.5 % cis women, 9.3 % trans/gender non-conforming)

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they experienced an unintentional pregnancy or got someone pregnant within the last 12 months:
Yes (2.7 % cis men, 1.7 % cis women, 4.5 % trans/gender non-conforming)

H. Mental Health and Wellbeing

Kessler 6 (K6) Non-Specific Psychological Distress Score (Range is 0-24)

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
No or low psychological distress (0-4)	30.9	24.2	6.5	24.7
Moderate psychological distress (5-12)	52.2	53.3	42.6	52.3
Serious psychological distress (13-24)	17.0	22.5	50.9	23.0
Mean	7.74	8.66	12.50	8.68
Median	7.00	8.00	13.00	8.00
Std Dev	5.15	5.27	4.91	5.33

UCLA Loneliness Scale (ULS3) Score (Range is 3-9)

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Negative for loneliness (3-5)	46.6	48.5	36.1	47.0
Positive for loneliness (6-9)	53.4	51.5	63.9	53.0
Mean	5.57	5.53	6.16	5.60
Median	6.00	6.00	6.00	6.00
Std Dev	1.94	1.88	1.90	1.90

Diener Flourishing Scale – Psychological Well-Being (PWB) Score (Range is 8-56)
(higher scores reflect a higher level of psychological well-being)

	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Mean	44.25	45.35	40.62	44.76
Median	47.00	47.00	41.00	47.00
Std Dev	9.42	8.52	9.93	8.91

Cis Men n =	471
Cis Women n =	1269
Trans/GNC n =	108

The Connor-Davison Resilience Scale (CD-RISC2) Score (Range is 0-8)
(higher scores reflect greater resilience)

	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Mean	6.37	5.99	5.19	6.02
Median	6.00	6.00	5.00	6.00
Std Dev	1.48	1.54	1.78	1.57

Self injury
- 11.0 % of college students surveyed (6.9 % cis men, 10.0 % cis women, and 34.3 % trans/gender non-conforming) indicated they had <u>intentionally</u> cut, burned, bruised, or otherwise injured themselves within the last 12 months.

Within the last 12 months, have you had problems or challenges with any of the following:

*Of those reporting this issue, it caused moderate or high distress

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Academics	39.6	49.2	64.8	48.0	85.4	88.4	91.4	87.9
Career	34.1	39.0	42.6	38.1	72.5	75.4	67.4	74.1
Finances	50.9	57.3	60.2	55.8	75.7	81.8	85.9	80.8
Procrastination	69.6	76.1	90.7	75.5	58.3	65.8	74.5	64.9
Faculty	12.6	13.8	16.7	13.9	47.5	60.1	55.6	56.6
Family	25.4	39.6	59.8	37.4	50.8	67.7	81.3	66.2
Intimate relationships	37.2	36.5	37.0	37.0	62.6	58.0	50.0	58.7
Roommate/housemate	21.6	25.7	29.6	24.9	51.5	58.4	46.9	55.8
Peers	19.4	24.1	29.0	23.4	36.7	42.5	58.1	42.4
Personal appearance	40.8	54.7	75.9	52.4	46.6	55.9	64.6	55.2
Health of someone close to me	36.7	44.6	54.2	43.2	56.1	64.5	55.2	62.2
Death of a family member, friend, or someone close to me	25.3	27.0	32.4	27.1	69.5	74.4	71.4	73.4
Bullying	5.5	8.0	7.4	7.4	53.8	57.4	50.0	56.1
Cyberbullying	3.4	2.7	5.6	3.2	43.8	38.2	50.0	42.4
Hazing	2.6	1.3	0.9	1.6	41.7	52.9	0.0	46.7
Microaggression	14.3	18.9	39.8	19.3	32.8	39.5	27.9	37.0
Sexual Harassment	3.8	12.2	24.1	10.7	44.4	57.1	46.2	55.0
Discrimination	10.9	12.2	22.2	12.8	45.1	52.3	58.3	51.9

*Only students who reported a problem or challenge in the last 12 months were asked about level of distress.

	Cis Men	Cis Women	Trans/ GNC	Total
Students reporting none of the above	9.6	5.5	0.9	6.3
Students reporting only one of the above	10.0	6.6	1.9	7.2
Students reporting 2 of the above	9.6	8.9	9.3	9.0
Students reporting 3 or more of the above	70.9	79.1	88.0	77.6

Suicide Behavior Questionnaire-Revised (SBQR) Screening Score (Range is 3-18)

Percent (%)	Cis Men	Cis Women	Trans/Gender Non-conforming	Total
Negative suicidal screening (3-6)	73.7	71.9	36.1	70.0
Positive suicidal screening (7-18)	26.3	28.1	63.9	30.0
Mean	5.30	5.41	8.75	5.61
Median	4.00	4.00	8.00	4.00
Std Dev	3.12	3.15	4.01	3.32

Suicide attempt
- 2.4 % of college students surveyed (3.2 % cis men, 1.7 % cis women, and 6.5 % trans/gender non-conforming) indicated they had attempted suicide within the last 12 months.

Within the last 30 days, how would you rate the overall level of stress experienced:

Percent (%)	Cis Men	Cis Women	Trans/Gender Non-conforming	Total
No stress	2.8	1.0	0.0	1.4
Low	29.5	17.3	13.9	20.1
Moderate	49.0	51.3	41.7	50.0
High	18.7	30.4	44.4	28.4

I. Acute Conditions

College students reported being diagnosed by a healthcare professional within the last 12 months with:

Percent (%)	Cis Men	Cis Women	Trans/Gender Non-conforming	Total
Bronchitis	2.3	2.6	4.6	2.6
Chlamydia	1.1	1.9	0.9	1.7
Chicken Pox (Varicella)	0.0	0.3	1.0	0.3
Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)	24.3	35.8	39.8	33.0
Concussion	1.7	2.1	1.9	1.9
Gonorrhea	0.6	0.5	0.0	0.5
Flu (influenza) or flu-like illness	7.9	12.9	15.0	11.7
Mumps	0.2	0.2	0.9	0.3
Mononucleosis (mono)	0.2	0.7	1.9	0.6
Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)	7.2	9.0	6.5	8.4
Pelvic Inflammatory Disease	0.2	0.2	0.9	0.3
Pneumonia	1.3	0.9	0.9	1.0
Shingles	0.9	0.3	0.0	0.4
Stomach or GI virus or bug, food poisoning or gastritis	6.4	9.9	15.7	9.4
Urinary tract infection	1.1	14.2	15.0	11.0

J. Ongoing or Chronic Conditions

The questions for the *ongoing or chronic conditions* are presented differently in this report than the order they appear in the survey. In the survey, all items appear in a single list, ordered alphabetically. In this report, the conditions are presented in groups to ease burden on the reader. The findings are divided into mental health conditions, STIs and other chronic infections, and other ongoing or chronic conditions in this report.

Mental Health	College students reported ever being diagnosed with the following:				*Of those ever diagnosed, those reporting contact with healthcare or MH professional within last 12 months			
Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
ADD/ADHD - Attention Deficit/Hyperactivity Disorder	13.5	13.3	33.3	14.9	69.8	80.4	83.3	78.3
Alcohol or Other Drug-Related Abuse or Addiction	1.1	0.7	2.8	0.9	40.0	55.6	66.7	52.9
Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)	22.3	40.4	67.3	37.6	66.3	79.4	83.3	78.1
Autism Spectrum	4.7	1.3	16.7	3.1	40.9	56.3	55.6	51.7
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)	1.7	2.3	9.3	2.6	50.0	72.4	60.0	67.3
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder	0.9	2.1	4.6	2.0	75.0	63.0	80.0	67.6
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)	17.3	31.1	62.6	29.6	60.5	73.7	76.1	72.6
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)	1.7	7.4	21.3	6.8	37.5	46.2	47.8	46.0
Gambling Disorder	0.6	0.2	0.0	0.3	33.3	100.0	0.0	60.0
Insomnia	6.9	7.0	25.9	8.2	53.1	55.7	67.9	58.6
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)	6.0	5.7	17.6	6.5	60.7	63.9	47.4	60.3
PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition	3.2	9.8	23.1	8.9	53.3	74.2	84.0	73.5
Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)	0.4	0.1	1.9	0.3	0.0	100.0	100.0	66.7
Tourette's or other neurodevelopmental condition not already listed	0.9	0.3	4.7	0.7	25.0	50.0	40.0	38.5
Traumatic brain injury (TBI)	1.5	0.9	2.8	1.1	28.6	54.5	33.3	42.9

*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Students reporting none of the above	64.7	53.2	23.1	54.2
Students reporting only one of the above	14.3	12.4	8.3	12.6
Students reporting both Depression and Anxiety	13.4	27.7	56.5	25.9
Students reporting any two or more of the above (excluding the combination of Depression and Anxiety)	7.7	6.7	12.0	7.3

STI's/Other chronic infections	College students reported _ever_ being diagnosed with the following:				*Of those ever diagnosed, had contact with healthcare or MH professional within last 12 months			
Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Genital herpes	0.7	1.2	1.9	1.1	33.3	60.0	0.0	52.4
Hepatitis B or C	0.6	0.2	0.0	0.3	33.3	33.3	0.0	33.3
HIV or AIDS	0.4	0.1	1.9	0.3	0.0	100.0	100.0	75.0
Human papillomavirus (HPV) or genital warts	1.5	3.2	1.9	2.6	0.0	47.5	0.0	38.8

*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

Other Chronic /Ongoing Medical Conditions	College students reported _ever_ being diagnosed with the following:				*Of those ever diagnosed, had contact with healthcare or MH professional within last 12 months			
Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Acne	20.3	31.8	33.3	29.1	32.6	43.9	27.8	40.6
Allergies - food allergy	8.3	12.4	22.2	12.1	28.2	38.5	25.0	35.3
Allergies - animals/pets	13.2	14.8	17.6	14.6	24.6	37.8	31.6	34.1
Allergies - environmental (for example: pollen, grass, dust, mold)	23.5	30.0	30.8	28.6	27.3	37.2	24.2	34.2
Asthma	14.1	14.8	24.1	15.1	28.8	46.5	26.9	40.4
Cancer	1.3	0.6	0.9	0.8	50.0	75.0	100.0	66.7
Celiac disease	0.4	1.3	2.8	1.1	0.0	62.5	0.0	47.6
Chronic pain (for example: back or joint pain, arthritis, nerve pain)	3.4	10.0	13.0	8.6	43.8	72.2	50.0	66.9
Diabetes or pre-diabetes/insulin resistance	3.0	3.7	4.6	3.5	78.6	78.3	40.0	75.4
Endometriosis	0.2	2.9	3.7	2.2	0.0	63.9	50.0	61.0
Gastroesophageal Reflux Disease (GERD) or acid reflux	5.2	8.4	16.8	8.1	33.3	53.8	50.0	50.0
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)	2.3	3.2	3.7	3.0	54.5	70.7	25.0	64.3
High blood pressure (hypertension)	6.4	3.2	4.6	4.0	70.0	77.5	80.0	74.7
High cholesterol (hyperlipidemia)	2.8	3.2	2.8	3.0	53.8	77.5	66.7	71.4
Irritable bowel syndrome (spastic colon or spastic bowel)	3.9	9.0	14.0	7.9	16.7	58.8	66.7	54.4
Migraine headaches	6.9	16.0	26.2	14.3	40.6	60.8	53.6	57.8
Polycystic Ovarian Syndrome (PCOS)	0.4	6.5	4.7	4.9	0.0	67.1	60.0	64.8
Sleep Apnea	3.4	2.0	3.7	2.4	43.8	52.0	50.0	48.9
Thyroid condition or disorder	1.1	4.2	8.3	3.6	40.0	86.8	88.9	83.6
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)	1.1	1.3	2.8	1.4	0.0	43.8	66.7	38.5

*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

Students who reported being diagnosed with diabetes or pre-diabetes/insulin resistance, indicated they had:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Type I Diabetes	38.5	21.4	0.0	24.1
Type II Diabetes	41.7	10.0	33.3	18.2
Pre-diabetes or insulin resistance	36.4	75.6	60.0	67.2
Gestational Diabetes	0.0	5.0	33.3	5.6

K. Sleep

Reported amount of time to usually fall asleep at night (sleep onset latency):

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Less than 15 minutes	43.1	41.1	24.1	40.4
16 to 30 minutes	29.0	27.0	28.7	27.5
31 minutes or more	27.9	32.0	47.2	32.1

Over the last 2 weeks, students reported the following average amount of sleep (excluding naps):

	On weeknights					On weekend nights			
Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total		Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
Less than 7 hours	43.8	43.0	44.4	43.1		23.0	20.2	21.3	20.9
7 to 9 hours	54.3	55.1	52.8	55.0		69.7	71.0	64.8	70.4
10 or more hours	1.9	1.9	2.8	2.0		7.2	8.8	13.9	8.7

Students reported the following on 3 or more of the last 7 days:

	Felt tired or sleepy during the day					Got enough sleep so that they felt rested			
Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total		Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
0 days	6.2	2.8	2.8	3.7		13.6	19.7	28.7	18.6
1-2 days	31.3	20.8	13.0	23.0		38.0	39.9	38.0	39.0
3-5 days	42.2	41.8	38.0	41.6		34.6	32.6	24.1	32.7
6-7 days	20.3	34.6	46.3	31.7		13.8	7.9	9.3	9.7

Demographics and Sample Characteristics

■ **Age**

18 - 20 years:		31.4 %
21 - 24 years:		36.0 %
25 - 29 years:		19.1 %
30+ years:		13.5 %
Mean age:	24.1 years	
Median age:	22.0 years	

■ **Gender***

Cis Women:	67.2 %
Cis Men:	25.0 %
Transgender/Gender Non-conforming:	5.7 %

* See note on page 2 regarding gender categories

■ **Student status**

1st year undergraduate:	15.9 %
2nd year undergraduate:	13.5 %
3rd year undergraduate:	14.7 %
4th year undergraduate:	12.1 %
5th year or more undergraduate:	5.0 %
Master's (MA, MS, MFA, MBA, etc.):	17.3 %
Doctorate (PhD, EdD, MD, JD, etc.):	20.2 %
Not seeking a degree:	0.1 %
Other:	1.3 %
Full-time student:	90.1 %
Part-time student:	9.5 %
Other student:	0.4 %

■ **Visa to work or study in the US:**   18.4 %

■ **Relationship status**

Not in a relationship:	47.4 %
In a relationship but not married/partnered:	38.2 %
Married/partnered:	14.4 %

■ **Primary Source of Health Insurance**

College/university sponsored SHIP plan:	18.2 %
Parent or guardian's plan:	50.6 %
Employer (mine or my spouse/partners):	11.2 %
Medicaid, Medicare, SCHIP, or VA:	14.2 %
Bought a plan on my own:	1.7 %
Don't have health insurance:	2.4 %
Don't know if I have health insurance:	0.7 %
Have insurance, but don't know source:	1.1 %

■ **Student Veteran:**   2.2 %

■ **Parent or primary responsibility for someone
else's child/children under 18 years old:**   7.2 %

■ **Students describe themselves as**

Straight/Heterosexual:	74.2 %
Asexual:	1.6 %
Bisexual:	11.4 %
Gay:	1.8 %
Lesbian:	2.2 %
Pansexual:	2.9 %
Queer:	3.0 %
Questioning:	2.0 %
Identity not listed above:	1.0 %

■ **Housing**

Campus or university housing:	14.9 %
Fraternity or sorority residence:	0.6 %
Parent/guardian/other family:	25.5 %
Off-campus:	57.1 %
Temporary or "couch surfing":	0.5 %
Don't have a place to live:	0.1 %
Other:	1.3 %

■ **Students describe themselves as**

American Indian or Native Alaskan	1.6 %
Asian or Asian American	18.4 %
Black or African American	8.7 %
Hispanic or Latino/a/x	9.0 %
Middle Eastern/North African (MENA) or Arab Origin:	1.6 %
Native Hawaiian or Other Pacific Islander Native:	0.3 %
White:	62.3 %
Biracial or Multiracial:	3.1 %
Identity not listed above:	1.8 %

If Hispanic or Latino/a/x, are you

Mexican, Mexican American, Chicano:	71.2 %
Puerto Rican:	8.8 %
Cuban:	2.9 %
Another Hispanic, Latino/a/x, or Spanish Origin:	24.7 %

If Asian or Asian American, are you

East Asian:	22.1 %
Southeast Asian:	13.5 %
South Asian:	62.6 %
Other Asian:	3.7 %

- **First generation students**   37.8 %
(Proportion of students for whom no
parent/guardian have completed a
bachelor's degree)

- **Do you have any of the following?**
Attention Deficit/Hyperactivity Disorder
(ADD or ADHD):   18.0 %
Autism Spectrum Disorder: 4.4 %
Deaf/Hearing loss: 2.7 %
Learning disability: 4.0 %
Mobility/Dexterity disability: 1.4 %
Blind/low vision: 2.5 %
Speech or language disorder: 1.0 %

- **Participated in organized college athletics:**
Varsity: 2.0 %
Club sports: 3.4 %
Intramurals: 7.7 %

- **Member of a <u>social</u> fraternity or sorority:**
Greek member: 5.9 %

Appendix D

Indiana College Substance Use Survey (ICSUS) IUPUC 2023 Results

Indiana College Substance Use Survey

2023

Indiana University-Purdue University Columbus

PREVENTION
INSIGHTS
AT THE INDIANA UNIVERSITY SCHOOL OF PUBLIC HEALTH

FSSA

Division of Mental
Health and Addiction

Results of the
Indiana College Substance Use Survey
2023

Indiana University-Purdue University Columbus

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INTRODUCTION

The Indiana College Substance Use Survey was administered in Spring 2023. A total of 807 Indiana University-Purdue University Columbus students were sent an e-mail inviting them to participate in the survey. Students were given a two-week period to complete the online questionnaire. A reminder e-mail was sent midway through the survey period. 63 students responded to the survey, for a response rate of 7.81%. A description of the history and methodology of the Indiana College Substance Use Survey can be found in the *Results of the Indiana College Substance Use Survey, 2023* at https://collegesurvey.indiana.edu/. The State Report provides data from students aged 18-25, while the statewide results provided in this report contain data from all students, regardless of age.

Table 1. Response Rate, 2023

Number of students invited to participate	Number of respondents	Response Rate
807	63	7.81%

Note: In general, smaller response rates have a larger potential to not be representative of the survey population. Caution should be used when interpreting the results.

Three criteria were used to clean the data. Surveys were discarded if any of the following conditions were met:

- insufficient response (less than 26 items answered out of a total of 171 items),
- three or more inconsistent responses among substance use items, and
- pharmacologically-implausible patterns of responses (i.e., a combination of drugs and frequencies of use whose cumulative effect would be lethal).

Table 2. Number of Usable Questionnaires, 2023

	Frequency	Percent
Too few items answered	2	3.2
Inconsistent responses	0	0
Implausible drug use	0	0
Total Number of Useable Surveys	**61**	**96.8**
Total	63	100

This report provides analysis of the data by gender and age, as well as overall rates. Responses of students not identifying as male or female are included in the analyses for overall rates and rates by age category, but their responses are not presented in the analyses by gender because of the small number of those students who participated.

SUBSTANCE USE

PREVALENCE

Table 3. Percentage of Students Reporting Use of Select Substances in the Past Month, by Select Demographic Characteristics, 2023

Substance	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Alcohol	42.6	55.4	73.3	34.1	11.1	55.8
Marijuana	16.7	23.5	26.7	14.0	5.9	20.9
Cigarettes	6.6	8.9	6.7	6.8	5.6	7.0
Electronic vaping devices	19.7	20.7	13.3	20.5	22.2	18.6
Cigars	1.6	3.7	6.7	0.0	0.0	2.3
Smoking tobacco with hookah/water pipe	1.7	1.3	6.7	0.0	0.0	2.3
Chewing/smokeless tobacco	1.6	2.4	6.7	0.0	0.0	2.3
Prescription stimulants not prescribed to you	1.6	1.9	6.7	0.0	0.0	2.3
Prescription painkillers not prescribed to you	1.6	0.6	6.7	0.0	0.0	2.3
Prescription sedatives not prescribed to you	1.6	0.4	6.7	0.0	0.0	2.3
Hallucinogens	1.6	1.5	6.7	0.0	0.0	2.3
Cocaine	1.6	0.9	6.7	0.0	0.0	2.3
Inhalants	1.7	0.3	7.1	0.0	0.0	2.4
Heroin	1.6	0.1	6.7	0.0	0.0	2.3
Methamphetamine	1.6	0.2	6.7	0.0	0.0	2.3
Other illegal drugs	0.0	0.2	0.0	0.0	0.0	0.0

Table 4. Use of Electronic Vapor Products for Selected Substances, by Select Demographic Characteristics, 2023

Substance	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Nicotine	80.8	84.4	77.8	81.3	100.0	75.0
Flavoring Only	44.4	28.4	22.2	52.9	57.1	40.0
THC	50.0	66.0	50.0	53.3	0.0	66.7
Alcohol	8.0	5.6	0.0	13.3	0.0	10.5
Other	21.7	4.2	25.0	14.3	16.7	23.5

Note. Out of students who reported ever using electronic vapor products (n = 28).

Table 5. Percentage of Students Reporting Use of Select Substances in the Past Month, 2016 – 2023

Substance	2016	2019	2021	2023
Alcohol	46.6	55.6	54.8	42.6
Marijuana	21.9	14.8	16.5	16.7
Cigarettes	23.3	9.3	12.8	6.6
Cigars	9.6	1.9	2.3	1.6
Smoking tobacco with hookah or water pipe	13.9	1.9	1.2	1.7
Chewing or smokeless tobacco	4.2	0.0	2.4	1.6
Electronic vaping devices	0.0	20.4	23.3	19.7
Rx Stimulants	1.4	0.0	2.3	1.6
Rx Painkillers	4.1	0.0	0.0	1.6
Rx Sedatives	1.4	0.0	0.0	1.6
Hallucinogens	2.7	0.0	3.5	1.6
Cocaine	0.0	0.0	0.0	1.6
Inhalants	0.0	0.0	0.0	1.7
Heroin	0.0	0.0	0.0	1.6
Methamphetamines	0.0	0.0	0.0	1.6
Other illegal drugs	0.0	0.0	0.0	0.0

Binge drinking was defined in the Indiana College Substance Use Survey as four or more drinks in a row for females and five or more drinks in a row for males. This gender-specific standard follows the definition established by the National Institute on Alcohol Abuse and Alcoholism.

Table 6. Percentage of Students Reporting Binge Drinking in the Past Two Weeks, by Select Demographic Characteristics, 2023

All Students		Gender		Age	
IUPUC	Indiana	Male	Female	Under 21	21 or older
22.4	28.6	50.0	14.3	5.6	30.0

Note. Binge drinking was defined as consuming 4 or more drinks in a row for females and 5 or more drinks in a row for males.

Figure 1. Percentage of Students Who Binge Drank Select Number of Times in the Past Two Weeks, By Gender, 2023
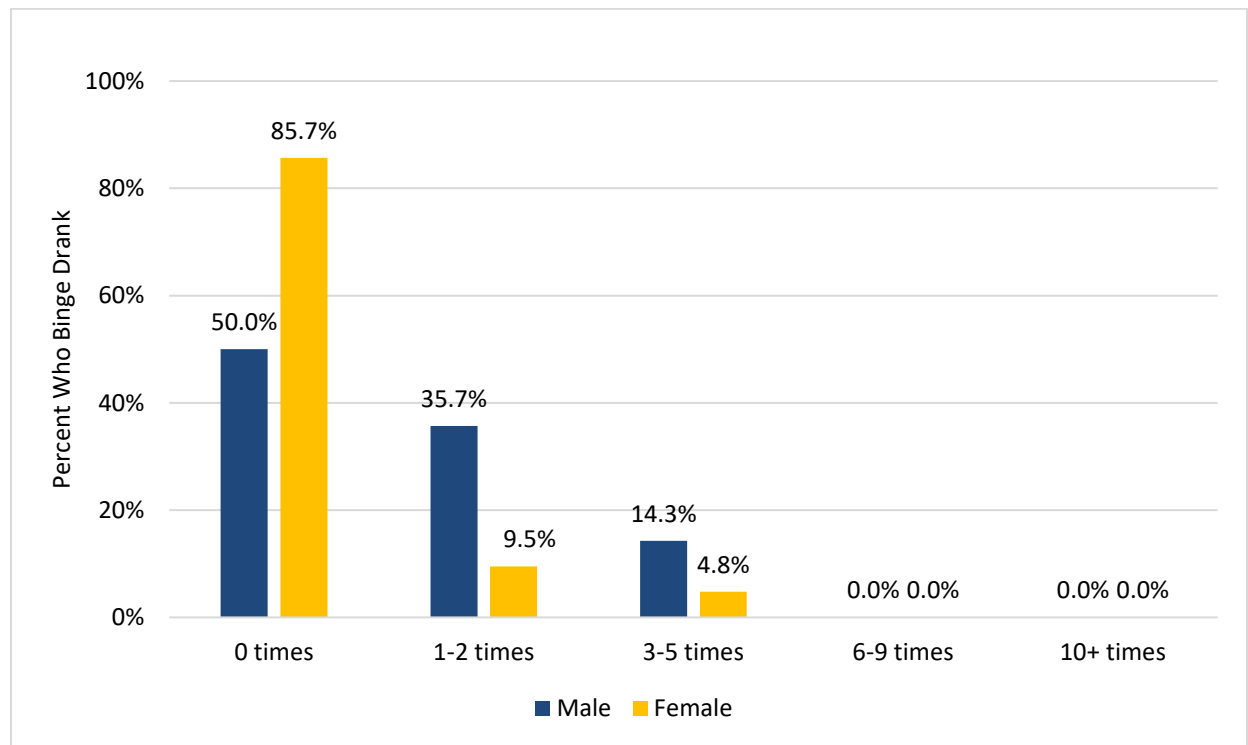
Table 7. Mean Number of Drinks Respondents Typically Consume When They Drink Alcohol, by Select Demographic Characteristics, 2023 (Range = 0-15)

	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Mean	3.3	3.5	3.5	3.3	4.2	3.2
Standard Deviation	2.7	2.5	2.6	2.8	3.4	2.6

Note. Out of students who reported ever drinking alcohol (n = 47).

Figure 2. Percentage of Students Who Typically Consume Select Number of Drinks on Occasions When They Drink Alcohol, by Gender, 2023

Note. Out of students who reported ever drinking alcohol (n = 47).

Figure 3. Percentage of Students Who Reported Drinking Alcohol at Select Locations in the Past Year, by Age, 2023
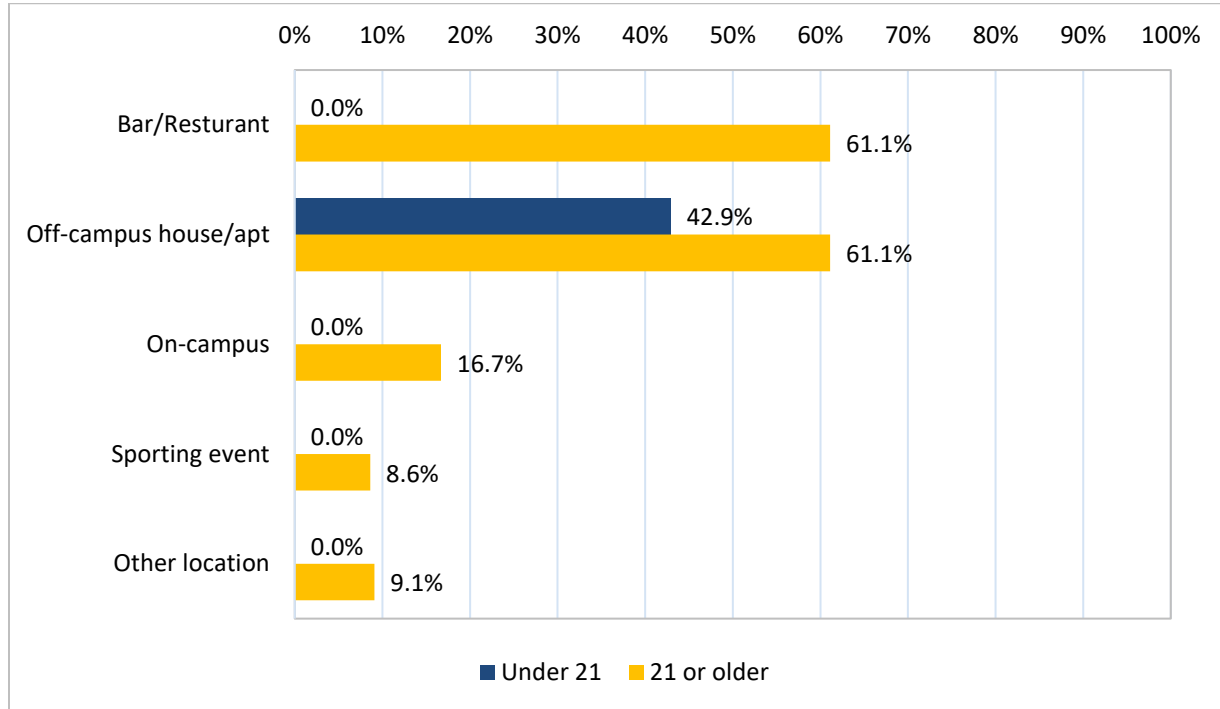
Note. Out of students who reported ever drinking alcohol (n = 47). Responses of drinking alcohol at select location "sometimes, "often", or "always" are included.

Table 8. Percentage of Students Who Consumed Select Type of Alcohol in the Past Year, by Select Demographic Characteristics, 2023

Type	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Liquor	44.2	60.3	46.2	44.8	14.3	50.0
Beer	38.1	33.4	61.5	28.6	14.3	42.9
Wine	33.3	41.4	10.0	42.9	20.0	35.3
Malt beverages•	25.6	53.0	15.4	31.0	28.6	25.0
High alcohol drinks	14.3	13.1	25.0	10.3	16.7	13.9
Other	2.6	9.6	0.0	3.7	0.0	3.1

Note. Out of students who reported ever drinking alcohol (n = 47). Responses of drinking select type of alcohol "sometimes, "often", or "always" are included.

Table 9. Percentage of Students Who Indicated Select Reasons for Drinking Alcohol in the Past Year, by Select Demographic Characteristics, 2023

Reason	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
To have a good time with friends	69.8	83.7	84.6	65.5	71.4	69.4
To relax	48.8	49.4	46.2	48.3	28.6	52.8
To experiment	11.6	29.5	15.4	10.3	28.6	8.3
Because of boredom	2.3	17.3	0.0	3.4	0.0	2.8
To get away from my problems	19.0	14.8	7.7	25.0	28.6	17.1
Because of anger/frustration	4.7	9.8	0.0	6.9	14.3	2.8
To get through the day	2.3	4.5	0.0	3.4	0.0	2.8
Because I'm hooked	2.3	2.4	0.0	3.4	0.0	2.8

Note: Out of students who reported ever drinking alcohol (n = 47).

Table 10. Percentage of Students Who Initiated Use of Substance After Starting College, 2023

	All Students	
	IUPUC	Indiana
Alcohol	30.4	32.8
Marijuana	34.6	36.3
Cigarettes	21.1	42.8
E-cigarettes	32.1	30.5
Cigars	35.7	38.2
Hookah	54.5	42.0
Smokeless tobacco		32.2
Prescription stimulants		53.7
Prescription painkillers		23.7
Prescription sedatives		27.6
Hallucinogens		45.2
Cocaine		58.4
Inhalants		46.0
Heroin		20.5
Methamphetamines		24.6
Other		35.0

Note. Only substances where ten or more students indicated use are included in the school rates.

CONSEQUENCES OF ALCOHOL USE

Table 11. Percentage of Students Who Reported Experiencing Select Consequences in the Past Year as a Result of Drinking Alcohol, by Select Demographic Characteristics, 2023

Consequences	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Had a hangover	48.8	53.4	61.5	44.8	42.9	50.0
Forgot where you were or what you did (blacked out)	20.9	23.9	23.1	20.7	42.9	16.7
Felt bad or guilty about your drinking	25.6	26.6	46.2	17.2	14.3	27.8
Did something you later regretted	16.3	22.5	38.5	6.9	14.3	16.7
Engaged in unprotected sexual intercourse (i.e., without a condom)	14.0	16.0	23.1	10.3	14.3	13.9
Missed class or an assignment	4.7	12.9	0.0	6.9	0.0	5.6
Driven a car while under the influence	11.6	7.3	7.7	13.8	0.0	13.9
Been hurt or injured because of drinking	4.7	10.4	0.0	6.9	0.0	5.6
Created problems between you and your friends or family members	4.7	8.2	7.7	3.4	0.0	5.6
Had friends or family members worry or complain about your drinking	9.3	10.1	15.4	6.9	0.0	11.1
Been in trouble with police, residence hall, or other college authorities	0.0	2.4	0.0	0.0	0.0	0.0
Gotten into physical fights when drinking	7.0	2.9	7.7	6.9	14.3	5.6
Gotten into trouble at work or college because of drinking	0.0	1.9	0.0	0.0	0.0	0.0
Been ticketed	2.3	0.8	0.0	3.4	0.0	2.8
Been arrested for drunk driving	2.3	0.3	0.0	3.4	0.0	2.8

Note. Out of students who reported ever drinking alcohol (n = 47).

Table 12. Percentage of Students Who Reported Select Sexual Acts in the Past Year While Under the Influence of Alcohol, by Select Demographic Characteristics, 2023

	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Experienced unwanted sexual activity	4.7	3.6	0.0	6.9	14.3	2.8
Took advantage of someone sexually	0.0	0.4	0.0	0.0	0.0	0.0

Note. Out of students who reported ever drinking alcohol (n = 47).

Table 13. Percentage of Students Who Reported Experiencing Select Consequences in the Past Year as a Result of Someone Else's Drinking, by Select Demographic Characteristics, 2023

Consequence	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Had to take care of another student who drank too much	14.0	41.7	28.6	9.8	11.8	15.0
Had your studying or sleep interrupted	7.0	30.7	0.0	9.8	5.9	7.5
Had to act as a designated driver for another student because he or she drank	12.3	26.5	14.3	12.2	17.6	10.0
Found vomit in the halls or other areas of your residence	1.8	20.1	7.1	0.0	0.0	2.5
Had your belongings or property damaged	3.5	10.4	0.0	4.9	0.0	5.0

PERCEPTION OF PEER BEHAVIORS AND BELIEFS

Students were asked to estimate the percentage of students at their school who drank alcohol in the past month.

Table 14. Perceived Percentage of Students at Your School Who Use Alcohol, by Select Demographic Characteristics of Respondent, 2023

Perceived percent who use alcohol	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
0%	5.3	3.1	0.0	7.3	0.0	7.5
5% - 25%	15.8	13.0	7.1	19.5	23.5	12.5
30% - 50%	47.4	31.4	78.6	36.6	52.9	45.0
55% - 75%	21.1	39.3	14.3	22.0	17.6	22.5
80% - 100%	10.5	13.2	0.0	14.6	5.9	12.5

Note: Response options were increments of 5%.

Students were also asked how many alcoholic drinks they thought the typical student at their school consumed the last time he or she partied/socialized. Students could provide any figure between 0 – 30.

Table 15. Mean Number of Drinks Respondents Think the Typical Student Consumed the Last Time He/She "Partied/Socialized", by Select Demographic Characteristics, 2023 (range = 0 – 30)

	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Mean	4.1	4.1	5.9	3.5	4.4	4.0
Standard Deviation	2.7	2.3	3.3	2.3	3.4	2.4

Figure 4. Percentage of Students Who Indicated Select Number of Drinks They Think the Typical Student Consumed the Last Time He/She "Partied/Socialized", by Gender, 2023 (range = 0 – 30)
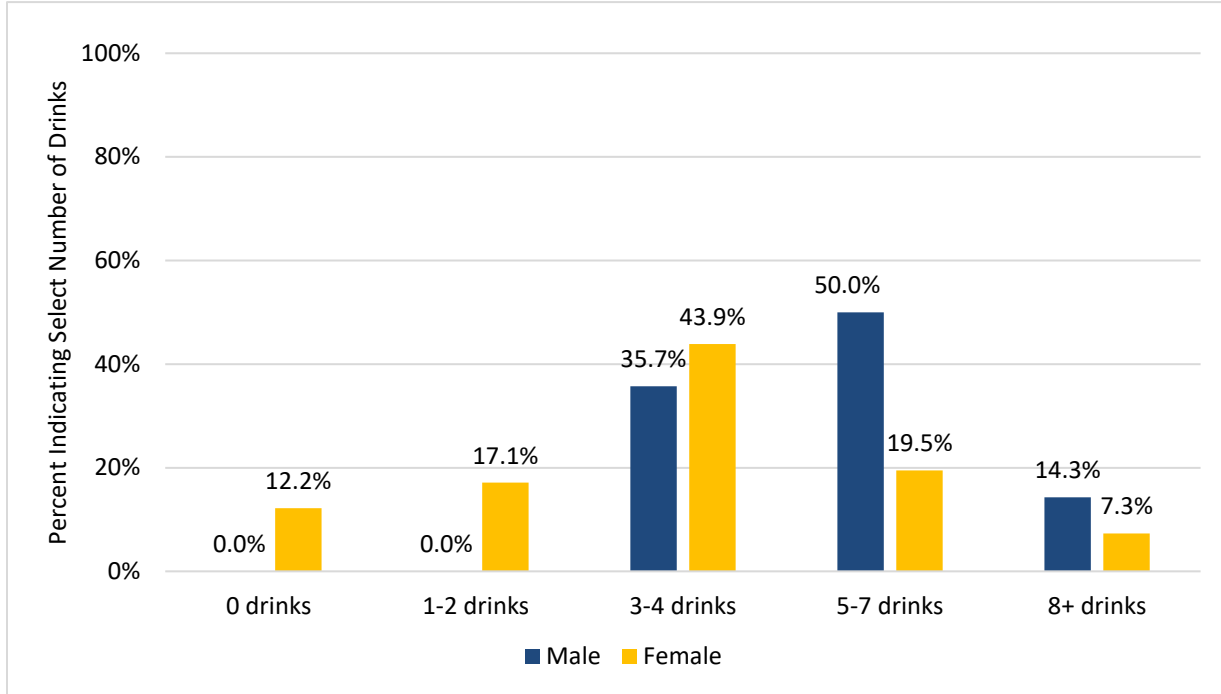
Table 16. Percentage of Students Who Thought Their Close Friends Would Disapprove of Their Use of Select Substances, by Select Demographic Characteristics, 2023

Substance	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Having five or more alcoholic drinks in one sitting	47.4	46.0	14.3	56.1	58.8	42.5
Using marijuana	47.4	41.5	57.1	46.3	47.1	47.5
Using prescription medication not prescribed to you	85.7	86.4	84.6	85.4	94.1	82.1

Note: Responses of "Strongly Disapprove" or "Somewhat Disapprove" are included.

Table 17. Percentage of Students Under 21 Who Think an Underage Student Who Drinks Alcohol at Select Locations Would Be Ticketed, by Select Demographic Characteristics of Respondent, 2023

Location	All Students		Gender	
	IUPUC	Indiana	Male	Female
On-campus housing	47.1	42.9	50.0	42.9
Off-campus housing	23.5	19.2	0.0	21.4
On-campus party	70.6	46.2	50.0	71.4
Off-campus party	23.5	25.7	0.0	21.4
Athletic event	76.5	45.4	50.0	78.6
Other places in the community	58.8	40.2	0.0	64.3

Note: n = 18. Responses of "Very Likely" or "Somewhat Likely" are included.

MENTAL HEALTH

The Indiana College Substance Use Survey asked three questions to assess students' mental health status. Students were asked on how many days in the past month their mental health was not good, including experiencing stress, depression, or problems with emotions. They were also asked if, in the past year, they had experienced feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, and if they had ever seriously considered attempting suicide.

Table 18. Mean Number of Mentally Unhealthy Days During the Past Month, by Select Demographic Characteristics, 2023 (range = 0 – 30)

	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Mean	8.5	9.2	4.3	9.4	11.5	7.2
Standard Deviation	8.6	8.6	6.8	8.2	8.9	8.1

Note. Survey question: "Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"

Figure 5. Percentage of Students Who Indicated Select Number of Days During Past Month That Their Mental Health Was Not Good, by Gender, 2023

Note. Survey question: "Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"

Table 19. Percentage of Students Who Reported Feeling Sadness or Suicidal Ideation in the Past Year, by Select Demographic Characteristics, 2023

	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Felt sad or hopeless	35.7	36.6	21.4	37.5	52.9	28.2
Considered attempting suicide	8.9	12.4	7.1	7.5	11.8	7.7

Note: Sadness survey question: "During the past 12 months did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?"

GAMBLING BEHAVIOR

Table 20. Percentage of Students Who Reported Gambling Behaviors in the Past Year, by Select Demographic Characteristics, 2023

Gambling Behavior	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Lottery	24.1	22.4	35.7	21.1	18.8	26.3
Charitable gambling	7.1	9.8	21.4	2.5	5.9	7.7
Pools	7.1	9.3	21.4	2.5	5.9	7.7
Card games (not at casino)	8.9	8.5	21.4	2.5	17.6	5.1
Casino	16.1	7.6	35.7	10.0	5.9	20.5
Video game loot boxes	16.1	10.1	42.9	5.0	17.6	15.4
Fantasy sports	8.9	6.6	35.7	0.0	5.9	10.3
Other sports betting	10.7	6.1	28.6	5.0	5.9	12.8
Horse tracks	3.6	1.7	14.3	0.0	5.9	2.6
Online	7.1	3.7	21.4	2.5	5.9	7.7
Competitive video gaming	3.6	1.6	15.4	0.0	5.9	2.6
Other	3.7	1.7	15.4	0.0	5.9	2.7

Figure 6. Percentage of Students Who Reported Any Gambling Behaviors or Gambling Consequences in the Past Year, by Select Demographic Characteristics, 2023
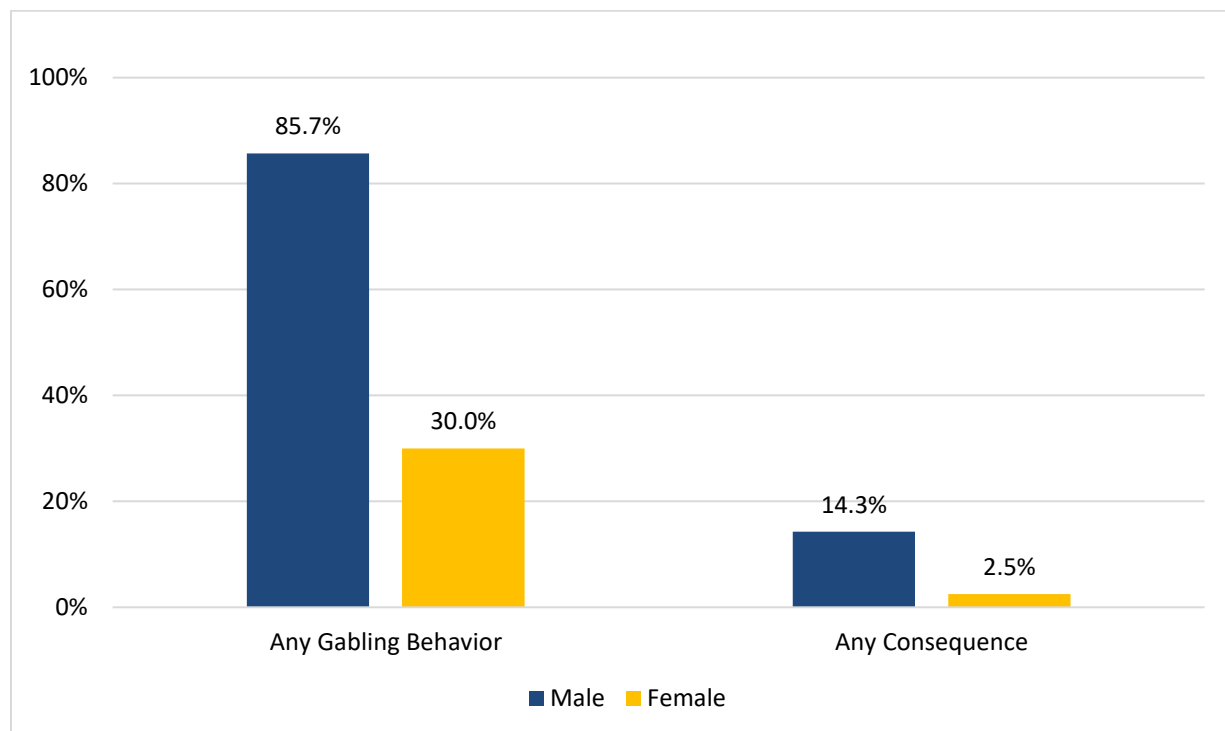
Figure 7. Percentage of Students Who Reported Weekly or More Frequent Gambling in the Past Year, by Gambling Category, 2023
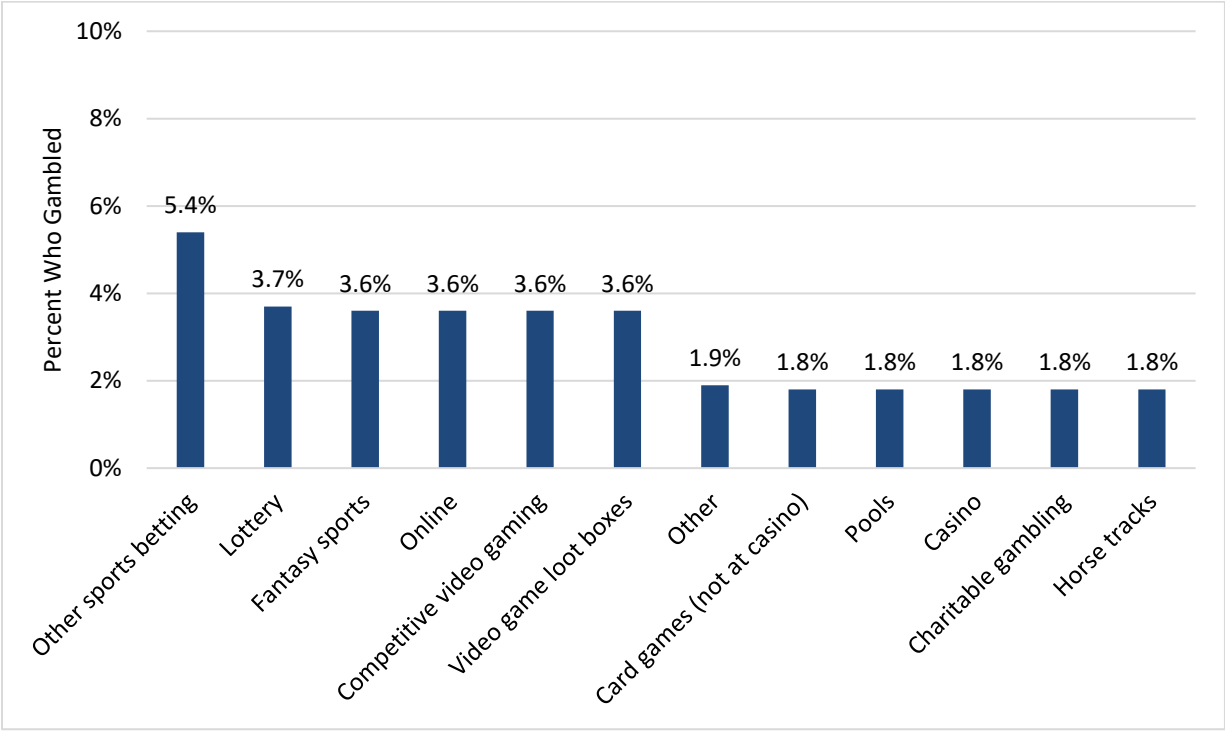
Figure 8. Percentage of Students Who Gambled in the Past Year, Who Reported Select Reasons as Their Most Common Reason for Gambling, 2023
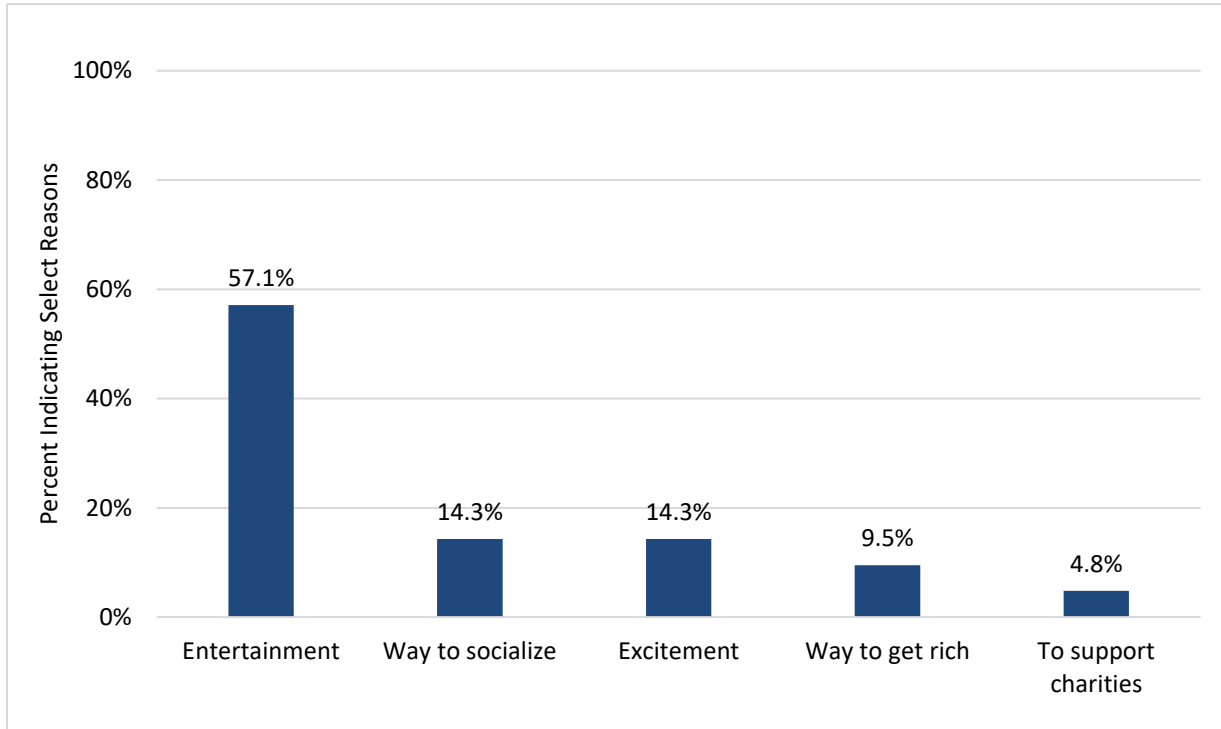
Note: n = 25.

Table 21. Percentage of Students Who Gambled in the Past Year, Who Reported Select Consequences as a Result of Their Gambling, by Select Demographic Characteristics, 2023

Consequence	All Students		Gender		Age	
	IUPUC	Indiana	Male	Female	Under 21	21 or older
Felt bad about gambling	8.0	8.9	8.3	0.0	16.7	5.3
Money issues	12.0	6.1	8.3	8.3	16.7	10.5
Not sleeping	8.0	2.5	8.3	8.3	0.0	10.5
Depression	4.0	2.7	8.3	0.0	0.0	5.3
Family/parent issues	0.0	1.3	0.0	0.0	0.0	0.0
School problems	0.0	1.4	0.0	0.0	0.0	0.0
Loss of friendships	0.0	0.7	0.0	0.0	0.0	0.0
Poor hygiene	0.0	0.7	0.0	0.0	0.0	0.0

Note: n = 25.

CHARACTERISTICS OF SURVEY PARTICIPANTS

Table 22. Demographic Characteristics of Survey Participants, 2023

	Frequency	%
Gender		
Male	15	24.6
Female	44	72.1
Other	2	3.3
No answer	0	0.0
Age		
Under 21	18	29.5
21 or older	43	70.5
Race		
White	56	91.8
Black/African American	2	3.3
Asian	1	1.6
Native American/Alaskan Native	0	0.0
Hawaiian/Pacific Islander	0	0.0
More than one race	1	1.6
Other	1	1.6
No answer	0	0.0
Ethnicity		
Hispanic	8	13.1
Non-Hispanic	53	86.9
No answer	0	0.0
Classification		
1st year undergraduate	14	23.0
2nd year undergraduate	7	11.5
3rd year undergraduate	16	26.2
4th year undergraduate	14	23.0
5th year or more undergraduate	5	8.2
Grad/professional	5	8.2
Not seeking degree	0	0.0
Other	0	0.0
No answer	0	0.0

Note. Multiple response options for gender were added in 2021. See frequency tables for complete breakdown of responses to gender item.

Table 22 continued.

Student status		
Full-time	52	85.2
Part-time	9	14.8
No answer	0	0.0
Location of residence		
Fraternity/sorority house	0	0.0
Campus residence hall	0	0.0
Other on-campus housing	0	0.0
Off-campus	58	95.1
Taking all classes remotely	3	4.9
No answer	0	0.0
Greek affiliation		
Yes	0	0.0
No	61	100.0
No answer	0	0.0

FREQUENCIES

Age

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	18	4	6.6	6.6	6.6
	19	10	16.4	16.4	23.0
	20	4	6.6	6.6	29.5
	21	11	18.0	18.0	47.5
	22	8	13.1	13.1	60.7
	23	3	4.9	4.9	65.6
	24	1	1.6	1.6	67.2
	25	1	1.6	1.6	68.9
	26 or older	19	31.1	31.1	100.0
	Total	61	100.0	100.0	

Ethnicity

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Hispanic	8	13.1	13.1	13.1
	Non-Hispanic	53	86.9	86.9	100.0
	Total	61	100.0	100.0	

Race

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	White	56	91.8	91.8	91.8
	Black/African-American	2	3.3	3.3	95.1
	Asian	1	1.6	1.6	96.7
	More than one race	1	1.6	1.6	98.4
	Other	1	1.6	1.6	100.0
	Total	61	100.0	100.0	

Gender: Prefer not to answer

		Frequency	Percent
Missing	System	61	100.0

Gender: Man

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	15	24.6	100.0	100.0
Missing	System	46	75.4		
Total		61	100.0		

Gender: Woman

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	44	72.1	100.0	100.0
Missing	System	17	27.9		
Total		61	100.0		

Gender: Trans man

		Frequency	Percent
Missing	System	61	100.0

Gender: Trans woman

		Frequency	Percent
Missing	System	61	100.0

Gender: Non-binary

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	3.3	100.0	100.0
Missing	System	59	96.7		
Total		61	100.0		

Gender: Not sure

		Frequency	Percent
Missing	System	61	100.0

Gender: Self-describe

		Frequency	Percent
Missing	System	61	100.0

Gender: Self description

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid	61	100.0	100.0	100.0

LGBTQ+ Member

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	5	8.2	8.2	8.2
	No	54	88.5	88.5	96.7
	Not sure/questioning	2	3.3	3.3	100.0
	Total	61	100.0	100.0	

LGBTQ+ Member: Sexual orientation: Prefer not to answer

		Frequency	Percent
Missing	System	61	100.0

LGBTQ+ Member: Sexual orientation:Gay

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.6	100.0	100.0
Missing	System	60	98.4		
Total		61	100.0		

LGBTQ+ Member: Sexual orientation:Lesbian

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	3.3	100.0	100.0
Missing	System	59	96.7		
Total		61	100.0		

LGBTQ+ Member: Sexual orientation:Bisexual

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.6	100.0	100.0
Missing	System	60	98.4		
Total		61	100.0		

LGBTQ+ Member: Sexual orientation:Asexual

		Frequency	Percent
Missing	System	61	100.0

LGBTQ+ Member: Sexual orientation:Pansexual

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	3.3	100.0	100.0
Missing	System	59	96.7		
Total		61	100.0		

LGBTQ+ Member: Sexual orientation:Not sure

		Frequency	Percent
Missing	System	61	100.0

LGBTQ+ Member: Sexual orientation:Self-describe

		Frequency	Percent
Missing	System	61	100.0

LGBTQ+ Member: Sexual orientation:Self description

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid	61	100.0	100.0	100.0

Student status

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Full-time	52	85.2	85.2	85.2
	Part-time	9	14.8	14.8	100.0
	Total	61	100.0	100.0	

Year in school

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1st year undergraduate	14	23.0	23.0	23.0
	2nd year undergraduate	7	11.5	11.5	34.4
	3rd year undergraduate	16	26.2	26.2	60.7
	4th year undergraduate	14	23.0	23.0	83.6
	5th year or more undergraduate	5	8.2	8.2	91.8
	Graduate or professional student	5	8.2	8.2	100.0
	Total	61	100.0	100.0	

Location of residence

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Off campus	58	95.1	95.1	95.1
	Not living near campus - taking all classes remotely	3	4.9	4.9	100.0
	Total	61	100.0	100.0	

Member of fraternity/sorority

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	61	100.0	100.0	100.0

Served on active duty

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	61	100.0	100.0	100.0

Number of times in the past month substance was used: Cigarettes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	42	68.9	68.9	68.9
	Have used but not in past 30 days	15	24.6	24.6	93.4
	1-2 occasions	2	3.3	3.3	96.7
	20-39 occasions	1	1.6	1.6	98.4
	40 or more occasions	1	1.6	1.6	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Cigars

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	46	75.4	75.4	75.4
	Have used but not in past 30 days	14	23.0	23.0	98.4
	40 or more occasions	1	1.6	1.6	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Chewing or smokeless tobacco

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	54	88.5	88.5	88.5
	Have used but not in past 30 days	6	9.8	9.8	98.4
	40 or more occasions	1	1.6	1.6	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Smoking tobacco with hookah/water pipe

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	48	78.7	80.0	80.0
	Have used but not in past 30 days	11	18.0	18.3	98.3
	6-9 occasions	1	1.6	1.7	100.0
	Total	60	98.4	100.0	
Missing	System	1	1.6		
Total		61	100.0		

Number of times in the past month substance was used: E-Cigarettes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	33	54.1	54.1	54.1
	Have used but not in past 30 days	16	26.2	26.2	80.3
	1-2 occasions	3	4.9	4.9	85.2
	3-5 occasions	3	4.9	4.9	90.2
	10-19 occasions	2	3.3	3.3	93.4
	40 or more occasions	4	6.6	6.6	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Alcohol

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	14	23.0	23.0	23.0
	Have used but not in past 30 days	21	34.4	34.4	57.4
	1-2 occasions	6	9.8	9.8	67.2
	3-5 occasions	7	11.5	11.5	78.7
	6-9 occasions	3	4.9	4.9	83.6
	10-19 occasions	5	8.2	8.2	91.8
	40 or more occasions	5	8.2	8.2	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Marijuana

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	33	54.1	55.0	55.0
	Have used but not in past 30 days	17	27.9	28.3	83.3
	1-2 occasions	2	3.3	3.3	86.7
	3-5 occasions	4	6.6	6.7	93.3
	10-19 occasions	1	1.6	1.7	95.0
	40 or more occasions	3	4.9	5.0	100.0
	Total	60	98.4	100.0	
Missing	System	1	1.6		
Total		61	100.0		

Number of times in the past month substance was used: Cocaine/Crack

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	56	91.8	91.8	91.8
	Have used but not in past 30 days	4	6.6	6.6	98.4
	1-2 occasions	1	1.6	1.6	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Hallucinogens/Ecstasy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	54	88.5	88.5	88.5
	Have used but not in past 30 days	6	9.8	9.8	98.4
	6-9 occasions	1	1.6	1.6	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Heroin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	57	93.4	93.4	93.4
	Have used but not in past 30 days	3	4.9	4.9	98.4
	1-2 occasions	1	1.6	1.6	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Methamphetamine

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	57	93.4	93.4	93.4
	Have used but not in past 30 days	3	4.9	4.9	98.4
	10-19 occasions	1	1.6	1.6	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Inhalants

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	55	90.2	91.7	91.7
	Have used but not in past 30 days	4	6.6	6.7	98.3
	40 or more occasions	1	1.6	1.7	100.0
	Total	60	98.4	100.0	
Missing	System	1	1.6		
Total		61	100.0		

Number of times in the past month substance was used: Prescription stimulants not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	55	90.2	90.2	90.2
	Have used but not in past 30 days	5	8.2	8.2	98.4
	6-9 occasions	1	1.6	1.6	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Prescription painkillers not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	56	91.8	91.8	91.8
	Have used but not in past 30 days	4	6.6	6.6	98.4
	20-39 occasions	1	1.6	1.6	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Prescription sedatives not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	56	91.8	91.8	91.8
	Have used but not in past 30 days	4	6.6	6.6	98.4
	1-2 occasions	1	1.6	1.6	100.0
	Total	61	100.0	100.0	

Number of times in the past month substance was used: Other illegal drugs

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	57	93.4	93.4	93.4
	Have used but not in past 30 days	4	6.6	6.6	100.0
	Total	61	100.0	100.0	

Used electronic vapor product for nicotine

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	21	34.4	80.8	80.8
	No	5	8.2	19.2	100.0
	Total	26	42.6	100.0	
Missing	System	35	57.4		
Total		61	100.0		

Used electronic vapor product for THC

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	12	19.7	50.0	50.0
	No	12	19.7	50.0	100.0
	Total	24	39.3	100.0	
Missing	System	37	60.7		
Total		61	100.0		

Used electronic vapor product for alcohol

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	3.3	8.0	8.0
	No	23	37.7	92.0	100.0
	Total	25	41.0	100.0	
Missing	System	36	59.0		
Total		61	100.0		

Used electronic vapor product for flavoring only

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	12	19.7	44.4	44.4
	No	15	24.6	55.6	100.0
	Total	27	44.3	100.0	
Missing	System	34	55.7		
Total		61	100.0		

Used electronic vapor product for other

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	5	8.2	21.7	21.7
	No	18	29.5	78.3	100.0
	Total	23	37.7	100.0	
Missing	System	38	62.3		
Total		61	100.0		

Age when first used: Cigarettes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	15	24.6	78.9	78.9
	After starting college	4	6.6	21.1	100.0
	Total	19	31.1	100.0	
Missing	System	42	68.9		
Total		61	100.0		

Age when first used: Cigars

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	9	14.8	64.3	64.3
	After starting college	5	8.2	35.7	100.0
	Total	14	23.0	100.0	
Missing	System	47	77.0		
Total		61	100.0		

Age when first used: Chewing or smokeless tobacco

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	5	8.2	83.3	83.3
	After starting college	1	1.6	16.7	100.0
	Total	6	9.8	100.0	
Missing	System	55	90.2		
Total		61	100.0		

Age when first used: Smoking tobacco with hookah or water pipe

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	5	8.2	45.5	45.5
	After starting college	6	9.8	54.5	100.0
	Total	11	18.0	100.0	
Missing	System	50	82.0		
Total		61	100.0		

Age when first used: E-Cigarettes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	19	31.1	67.9	67.9
	After starting college	9	14.8	32.1	100.0
	Total	28	45.9	100.0	
Missing	System	33	54.1		
Total		61	100.0		

Age when first used: Alcohol

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	32	52.5	69.6	69.6
	After starting college	14	23.0	30.4	100.0
	Total	46	75.4	100.0	
Missing	System	15	24.6		
Total		61	100.0		

Age when first used: Marijuana

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	17	27.9	65.4	65.4
	After starting college	9	14.8	34.6	100.0
	Total	26	42.6	100.0	
Missing	System	35	57.4		
Total		61	100.0		

Age when first used: Cocaine/Crack

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	3	4.9	75.0	75.0
	After starting college	1	1.6	25.0	100.0
	Total	4	6.6	100.0	
Missing	System	57	93.4		
Total		61	100.0		

Age when first used: Hallucinogens/Ecstasy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	5	8.2	83.3	83.3
	After starting college	1	1.6	16.7	100.0
	Total	6	9.8	100.0	
Missing	System	55	90.2		
Total		61	100.0		

Age when first used: Heroin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	3	4.9	100.0	100.0
Missing	System	58	95.1		
Total		61	100.0		

Age when first used: Methamphetamine

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	2	3.3	66.7	66.7
	After starting college	1	1.6	33.3	100.0
	Total	3	4.9	100.0	
Missing	System	58	95.1		
Total		61	100.0		

Age when first used: Inhalants

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	3	4.9	75.0	75.0
	After starting college	1	1.6	25.0	100.0
	Total	4	6.6	100.0	
Missing	System	57	93.4		
Total		61	100.0		

Age when first used: Prescription stimulants not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	3	4.9	60.0	60.0
	After starting college	2	3.3	40.0	100.0
	Total	5	8.2	100.0	
Missing	System	56	91.8		
Total		61	100.0		

Age when first used: Prescription painkillers not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	4	6.6	100.0	100.0
Missing	System	57	93.4		
Total		61	100.0		

Age when first used: Prescription sedatives not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	4	6.6	100.0	100.0
Missing	System	57	93.4		
Total		61	100.0		

Age when first used: Other illegal drugs

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	2	3.3	66.7	66.7
	After starting college	1	1.6	33.3	100.0
	Total	3	4.9	100.0	
Missing	System	58	95.1		
Total		61	100.0		

Number of times student binge drank during the last two weeks - out of students who drank alcohol in past month

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	10	16.4	43.5	43.5
	1	8	13.1	34.8	78.3
	2	1	1.6	4.3	82.6
	3	1	1.6	4.3	87.0
	4	3	4.9	13.0	100.0
	Total	23	37.7	100.0	
Missing	System	38	62.3		
Total		61	100.0		

How many drinks do you typically have?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	11	18.0	28.2	28.2
	2	9	14.8	23.1	51.3
	3	4	6.6	10.3	61.5
	4	7	11.5	17.9	79.5
	5	1	1.6	2.6	82.1
	6	4	6.6	10.3	92.3
	10	2	3.3	5.1	97.4
	12	1	1.6	2.6	100.0
	Total	39	63.9	100.0	
Missing	System	22	36.1		
Total		61	100.0		

In the past year, how often did you drink alcohol: Residence hall

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	43	70.5	100.0	100.0
Missing	System	18	29.5		
Total		61	100.0		

In the past year, how often did you drink alcohol: Fraternity/sorority

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	42	68.9	97.7	97.7
	Rarely	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

In the past year, how often did you drink alcohol: Other on-campus location

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	37	60.7	86.0	86.0
	Sometimes	3	4.9	7.0	93.0
	Often	2	3.3	4.7	97.7
	Always	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

In the past year, how often did you drink alcohol: Off-campus house or apartment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	11	18.0	25.6	25.6
	Rarely	7	11.5	16.3	41.9
	Sometimes	13	21.3	30.2	72.1
	Often	7	11.5	16.3	88.4
	Always	5	8.2	11.6	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

In the past year, how often did you drink alcohol: Bar/restaurant

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	13	21.3	30.2	30.2
	Rarely	8	13.1	18.6	48.8
	Sometimes	9	14.8	20.9	69.8
	Often	9	14.8	20.9	90.7
	Always	4	6.6	9.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

In the past year, how often did you drink alcohol: Sporting/athletic event

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	36	59.0	85.7	85.7
	Rarely	3	4.9	7.1	92.9
	Sometimes	2	3.3	4.8	97.6
	Often	1	1.6	2.4	100.0
	Total	42	68.9	100.0	
Missing	System	19	31.1		
Total		61	100.0		

In the past year, how often did you drink alcohol: In a car

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	42	68.9	97.7	97.7
	Rarely	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

In the past year, how often did you drink alcohol: Other

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	34	55.7	87.2	87.2
	Rarely	2	3.3	5.1	92.3
	Sometimes	1	1.6	2.6	94.9
	Often	1	1.6	2.6	97.4
	Always	1	1.6	2.6	100.0
	Total	39	63.9	100.0	
Missing	System	22	36.1		
Total		61	100.0		

Reasons for drinking in the past year: To experiment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	5	8.2	11.6	11.6
	No	36	59.0	83.7	95.3
	Unsure	2	3.3	4.7	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Reasons for drinking in the past year: Because I am hooked

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.6	2.3	2.3
	No	42	68.9	97.7	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Reasons for drinking in the past year: To relax or relieve tension

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	21	34.4	48.8	48.8
	No	22	36.1	51.2	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Reasons for drinking in the past year: To have a good time with friends

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	30	49.2	69.8	69.8
	No	13	21.3	30.2	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Reasons for drinking in the past year: Because of boredom

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.6	2.3	2.3
	No	42	68.9	97.7	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Reasons for drinking in the past year: Because of anger or frustration

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	3.3	4.7	4.7
	No	40	65.6	93.0	97.7
	Unsure	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Reasons for drinking in the past year: To get through the day

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.6	2.3	2.3
	No	42	68.9	97.7	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Reasons for drinking in the past year: To get away from my problems

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	8	13.1	19.0	19.0
	No	34	55.7	81.0	100.0
	Total	42	68.9	100.0	
Missing	System	19	31.1		
Total		61	100.0		

Consequences of alcohol use in the past year: Friends or family members worried or complained about your drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	39	63.9	90.7	90.7
	Once	3	4.9	7.0	97.7
	10+ times	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Had a hangover

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	22	36.1	51.2	51.2
	Once	10	16.4	23.3	74.4
	Twice	3	4.9	7.0	81.4
	3-5 times	5	8.2	11.6	93.0
	6-9 times	1	1.6	2.3	95.3
	10+ times	2	3.3	4.7	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Felt bad/guilty about your drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	32	52.5	74.4	74.4
	Once	7	11.5	16.3	90.7
	Twice	1	1.6	2.3	93.0
	3-5 times	1	1.6	2.3	95.3
	6-9 times	1	1.6	2.3	97.7
	10+ times	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Created problems between you and your friends or family members

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	41	67.2	95.3	95.3
	Once	1	1.6	2.3	97.7
	10+ times	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Gotten into trouble at work or school because of drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	42	68.9	100.0	100.0
Missing	System	19	31.1		
Total		61	100.0		

Consequences of alcohol use in the past year: Been hurt or injured because of drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	41	67.2	95.3	95.3
	Twice	2	3.3	4.7	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Been ticketed or arrested because of drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	42	68.9	97.7	97.7
	Once	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Been arrested for drunk driving

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	42	68.9	97.7	97.7
	Once	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Driven a car while under the influence

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	38	62.3	88.4	88.4
	Once	2	3.3	4.7	93.0
	Twice	1	1.6	2.3	95.3
	3-5 times	1	1.6	2.3	97.7
	10+ times	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Gotten into physical fights when drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	40	65.6	93.0	93.0
	Once	3	4.9	7.0	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Engaged in unprotected sex

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	37	60.7	86.0	86.0
	Once	1	1.6	2.3	88.4
	Twice	1	1.6	2.3	90.7
	3-5 times	3	4.9	7.0	97.7
	10+ times	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Missed class or assignments

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	41	67.2	95.3	95.3
	3-5 times	2	3.3	4.7	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Blacked out

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	34	55.7	79.1	79.1
	Once	4	6.6	9.3	88.4
	Twice	2	3.3	4.7	93.0
	3-5 times	2	3.3	4.7	97.7
	10+ times	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Did something I later regretted

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	36	59.0	83.7	83.7
	Once	3	4.9	7.0	90.7
	Twice	1	1.6	2.3	93.0
	3-5 times	1	1.6	2.3	95.3
	10+ times	2	3.3	4.7	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Been in trouble with police, etc

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	43	70.5	100.0	100.0
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Experienced unwanted sexual activity

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	41	67.2	95.3	95.3
	Once	2	3.3	4.7	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

Consequences of alcohol use in the past year: Took advantage of someone sexually

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	41	67.2	100.0	100.0
Missing	System	20	32.8		
Total		61	100.0		

How often did you drink beer in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	23	37.7	54.8	54.8
	Rarely	3	4.9	7.1	61.9
	Sometimes	6	9.8	14.3	76.2
	Often	4	6.6	9.5	85.7
	Always	6	9.8	14.3	100.0
	Total	42	68.9	100.0	
Missing	System	19	31.1		
Total		61	100.0		

How often did you drink malt beverages in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	16	26.2	37.2	37.2
	Rarely	16	26.2	37.2	74.4
	Sometimes	3	4.9	7.0	81.4
	Often	4	6.6	9.3	90.7
	Always	4	6.6	9.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

How often did you drink wine in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	13	21.3	33.3	33.3
	Rarely	13	21.3	33.3	66.7
	Sometimes	6	9.8	15.4	82.1
	Often	7	11.5	17.9	100.0
	Total	39	63.9	100.0	
Missing	System	22	36.1		
Total		61	100.0		

How often did you drink liquor in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	15	24.6	34.9	34.9
	Rarely	9	14.8	20.9	55.8
	Sometimes	7	11.5	16.3	72.1
	Often	11	18.0	25.6	97.7
	Always	1	1.6	2.3	100.0
	Total	43	70.5	100.0	
Missing	System	18	29.5		
Total		61	100.0		

How often did you drink high alcohol drinks in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	34	55.7	81.0	81.0
	Rarely	2	3.3	4.8	85.7
	Sometimes	4	6.6	9.5	95.2
	Often	2	3.3	4.8	100.0
	Total	42	68.9	100.0	
Missing	System	19	31.1		
Total		61	100.0		

How often did you drink some other type of alcohol in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	35	57.4	89.7	89.7
	Rarely	3	4.9	7.7	97.4
	Sometimes	1	1.6	2.6	100.0
	Total	39	63.9	100.0	
Missing	System	22	36.1		
Total		61	100.0		

How often do you drink micro-brewed beer?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	6	9.8	31.6	31.6
	Rarely	4	6.6	21.1	52.6
	Sometimes	4	6.6	21.1	73.7
	Often	4	6.6	21.1	94.7
	Always	1	1.6	5.3	100.0
	Total	19	31.1	100.0	
Missing	System	42	68.9		
Total		61	100.0		

How often do you drink micro-distilled liquor?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	13	21.3	48.1	48.1
	Rarely	8	13.1	29.6	77.8
	Sometimes	6	9.8	22.2	100.0
	Total	27	44.3	100.0	
Missing	System	34	55.7		
Total		61	100.0		

Students under 21: In the past year, how often have you obtained alcohol from friends over 21

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	4	6.6	57.1	57.1
	Sometimes	1	1.6	14.3	71.4
	Always	2	3.3	28.6	100.0
	Total	7	11.5	100.0	
Missing	System	54	88.5		
Total		61	100.0		

Students under 21: In the past year, how often have you obtained alcohol from siblings over 21

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	7	11.5	100.0	100.0
Missing	System	54	88.5		
Total		61	100.0		

Students under 21: In the past year, how often have you obtained alcohol from other adults over 21

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	6	9.8	85.7	85.7
	Always	1	1.6	14.3	100.0
	Total	7	11.5	100.0	
Missing	System	54	88.5		
Total		61	100.0		

Students under 21: In the past year, how often have you obtained alcohol at on-campus parties

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	7	11.5	100.0	100.0
Missing	System	54	88.5		
Total		61	100.0		

Students under 21: In the past year, how often have you obtained alcohol at fraternity or sorority houses

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	7	11.5	100.0	100.0
Missing	System	54	88.5		
Total		61	100.0		

Students under 21: In the past year, how often have you obtained alcohol at off-campus parties

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	5	8.2	71.4	71.4
	Rarely	1	1.6	14.3	85.7
	Always	1	1.6	14.3	100.0
	Total	7	11.5	100.0	
Missing	System	54	88.5		
Total		61	100.0		

Students under 21: In the past year, how often have you obtained alcohol from someone under 21

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	6	9.8	85.7	85.7
	Rarely	1	1.6	14.3	100.0
	Total	7	11.5	100.0	
Missing	System	54	88.5		
Total		61	100.0		

Students under 21: In the past year, how often have you obtained alcohol from parents

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	4	6.6	57.1	57.1
	Rarely	2	3.3	28.6	85.7
	Sometimes	1	1.6	14.3	100.0
	Total	7	11.5	100.0	
Missing	System	54	88.5		
Total		61	100.0		

Students under 21: In the past year, how often have you obtained alcohol some other way

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	7	11.5	100.0	100.0
Missing	System	54	88.5		
Total		61	100.0		

Students under 21: Purchased alcohol from retailer in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	7	11.5	100.0	100.0
Missing	System	54	88.5		
Total		61	100.0		

Students under 21: Used fake ID in the past year

		Frequency	Percent
Missing	System	61	100.0

Students under 21: Used someone elses ID in the past year

		Frequency	Percent
Missing	System	61	100.0

Students under 21: Bought without using ID in the past year

		Frequency	Percent
Missing	System	61	100.0

Students under 21: Purchased alcohol at bar

		Frequency	Percent
Missing	System	61	100.0

Students under 21: Purchased alcohol at restaurant

		Frequency	Percent
Missing	System	61	100.0

Students under 21: Purchased alcohol at grocery store

		Frequency	Percent
Missing	System	61	100.0

Students under 21: Purchased alcohol at discount store

		Frequency	Percent
Missing	System	61	100.0

Students under 21: Purchased alcohol at convenience store

		Frequency	Percent
Missing	System	61	100.0

Students under 21: Purchased alcohol at drug store

		Frequency	Percent
Missing	System	61	100.0

Students under 21: Purchased alcohol at liquor store

		Frequency	Percent
Missing	System	61	100.0

**Students under 21: Purchased
alcohol at winery or micro-brewery**

		Frequency	Percent
Missing	System	61	100.0

**Students under 21: Purchased
alcohol at other**

		Frequency	Percent
Missing	System	61	100.0

Any age: Purchased alcohol online or via phone/mail

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	7	11.5	100.0	100.0
Missing	System	54	88.5		
Total		61	100.0		

**Likelihood of a student under 21 years of age being ticketed or arrested
when drinking at on-campus housing**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	3	4.9	17.6	17.6
	Somewhat Likely	5	8.2	29.4	47.1
	Somewhat Unlikely	3	4.9	17.6	64.7
	Very Unlikely	3	4.9	17.6	82.4
	Don't Know	3	4.9	17.6	100.0
	Total	17	27.9	100.0	
Missing	System	44	72.1		
Total		61	100.0		

Likelihood of a student under 21 years of age being ticketed or arrested when drinking at off-campus housing

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Somewhat Likely	4	6.6	23.5	23.5
	Somewhat Unlikely	4	6.6	23.5	47.1
	Very Unlikely	7	11.5	41.2	88.2
	Don't Know	2	3.3	11.8	100.0
	Total	17	27.9	100.0	
Missing	System	44	72.1		
Total		61	100.0		

Likelihood of a student under 21 years of age being ticketed or arrested when drinking at on-campus party

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	4	6.6	23.5	23.5
	Somewhat Likely	8	13.1	47.1	70.6
	Somewhat Unlikely	2	3.3	11.8	82.4
	Very Unlikely	1	1.6	5.9	88.2
	Don't Know	2	3.3	11.8	100.0
	Total	17	27.9	100.0	
Missing	System	44	72.1		
Total		61	100.0		

Likelihood of a student under 21 years of age being ticketed or arrested when drinking at off-campus party

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Somewhat Likely	4	6.6	23.5	23.5
	Somewhat Unlikely	7	11.5	41.2	64.7
	Very Unlikely	3	4.9	17.6	82.4
	Don't Know	3	4.9	17.6	100.0
	Total	17	27.9	100.0	
Missing	System	44	72.1		
Total		61	100.0		

Likelihood of a student under 21 years of age being ticketed or arrested when drinking at athletic event

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	6	9.8	35.3	35.3
	Somewhat Likely	7	11.5	41.2	76.5
	Somewhat Unlikely	2	3.3	11.8	88.2
	Don't Know	2	3.3	11.8	100.0
	Total	17	27.9	100.0	
Missing	System	44	72.1		
Total		61	100.0		

Likelihood of a student under 21 years of age being ticketed or arrested when drinking at other places

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	1	1.6	5.9	5.9
	Somewhat Likely	9	14.8	52.9	58.8
	Somewhat Unlikely	5	8.2	29.4	88.2
	Very Unlikely	1	1.6	5.9	94.1
	Don't Know	1	1.6	5.9	100.0
	Total	17	27.9	100.0	
Missing	System	44	72.1		
Total		61	100.0		

Perceived number of alcoholic drinks consumed by the typical student at the last party

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	5	8.2	8.8	8.8
	1	1	1.6	1.8	10.5
	2	7	11.5	12.3	22.8
	3	15	24.6	26.3	49.1
	4	9	14.8	15.8	64.9
	5	8	13.1	14.0	78.9
	6	3	4.9	5.3	84.2
	7	4	6.6	7.0	91.2
	8	2	3.3	3.5	94.7
	10	2	3.3	3.5	98.2
	15 or more drinks	1	1.6	1.8	100.0
	Total	57	93.4	100.0	
Missing	System	4	6.6		
Total		61	100.0		

Perceived percent of students at your school who used alcohol in past month

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0%	3	4.9	5.3	5.3
	5%	1	1.6	1.8	7.0
	10%	3	4.9	5.3	12.3
	15%	1	1.6	1.8	14.0
	20%	3	4.9	5.3	19.3
	25%	1	1.6	1.8	21.1
	30%	6	9.8	10.5	31.6
	35%	5	8.2	8.8	40.4
	40%	3	4.9	5.3	45.6
	45%	3	4.9	5.3	50.9
	50%	10	16.4	17.5	68.4
	60%	4	6.6	7.0	75.4
	65%	3	4.9	5.3	80.7
	70%	2	3.3	3.5	84.2
	75%	3	4.9	5.3	89.5
	80%	1	1.6	1.8	91.2
	90%	4	6.6	7.0	98.2
	95%	1	1.6	1.8	100.0
	Total	57	93.4	100.0	

Perceived percent of students at your school who used alcohol in past month

		Frequency	Percent	Valid Percent	Cumulative Percent
Missing	System	4	6.6		
Total		61	100.0		

Had your belongings or property damaged in the past year because of other students drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	55	90.2	96.5	96.5
	Once	1	1.6	1.8	98.2
	2-3 times	1	1.6	1.8	100.0
	Total	57	93.4	100.0	
Missing	System	4	6.6		
Total		61	100.0		

Had to take care of another student who drank too much in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	49	80.3	86.0	86.0
	Once	4	6.6	7.0	93.0
	2-3 times	4	6.6	7.0	100.0
	Total	57	93.4	100.0	
Missing	System	4	6.6		
Total		61	100.0		

Found vomit in the halls or other areas of your residence in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	56	91.8	98.2	98.2
	Once	1	1.6	1.8	100.0
	Total	57	93.4	100.0	
Missing	System	4	6.6		
Total		61	100.0		

Had your studying or sleep interrupted because of other students drinking in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	53	86.9	93.0	93.0
	Once	2	3.3	3.5	96.5
	2-3 times	2	3.3	3.5	100.0
	Total	57	93.4	100.0	
Missing	System	4	6.6		
Total		61	100.0		

Had to act as a designated driver for another student in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	50	82.0	87.7	87.7
	Once	3	4.9	5.3	93.0
	2-3 times	3	4.9	5.3	98.2
	4 or more times	1	1.6	1.8	100.0
	Total	57	93.4	100.0	
Missing	System	4	6.6		
Total		61	100.0		

How do you think your close friends feel about you having five or more alcoholic drinks in one sitting?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly disapprove	17	27.9	29.8	29.8
	Somewhat disapprove	10	16.4	17.5	47.4
	Neither approve or disapprove	23	37.7	40.4	87.7
	Somewhat approve	1	1.6	1.8	89.5
	Strongly approve	6	9.8	10.5	100.0
	Total	57	93.4	100.0	
Missing	System	4	6.6		
Total		61	100.0		

How do you think your close friends feel about you using prescription medication not prescribed to you?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly disapprove	40	65.6	71.4	71.4
	Somewhat disapprove	8	13.1	14.3	85.7
	Neither approve or disapprove	7	11.5	12.5	98.2
	Strongly approve	1	1.6	1.8	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

How do you think your close friends feel about you using marijuana?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly disapprove	19	31.1	33.3	33.3
	Somewhat disapprove	8	13.1	14.0	47.4
	Neither approve or disapprove	23	37.7	40.4	87.7
	Somewhat approve	4	6.6	7.0	94.7
	Strongly approve	3	4.9	5.3	100.0
	Total	57	93.4	100.0	
Missing	System	4	6.6		
Total		61	100.0		

Number of days in past month that mental health was not good

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	12	19.7	21.4	21.4
	1	2	3.3	3.6	25.0
	2	4	6.6	7.1	32.1
	3	2	3.3	3.6	35.7
	4	3	4.9	5.4	41.1
	5	5	8.2	8.9	50.0
	6	1	1.6	1.8	51.8
	7	4	6.6	7.1	58.9
	8	2	3.3	3.6	62.5
	10	3	4.9	5.4	67.9
	12	1	1.6	1.8	69.6
	13	1	1.6	1.8	71.4
	15	4	6.6	7.1	78.6
	20	7	11.5	12.5	91.1
	25	2	3.3	3.6	94.6
	30	2	3.3	3.6	98.2
	Don't know, not sure	1	1.6	1.8	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Felt sad or hopeless in past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	20	32.8	35.7	35.7
	No	36	59.0	64.3	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Seriously considered attempting suicide in past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	5	8.2	8.9	8.9
	No	51	83.6	91.1	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Identify as sober and in recovery from alcohol or drug addiction

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	4	6.6	7.3	7.3
	No	51	83.6	92.7	100.0
	Total	55	90.2	100.0	
Missing	System	6	9.8		
Total		61	100.0		

Gambling in past year: Pools (e.g., March Madness)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	52	85.2	92.9	92.9
	Less than once a month	1	1.6	1.8	94.6
	1-3 times per month	2	3.3	3.6	98.2
	Once a week or more	1	1.6	1.8	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Gambling in past year: Fantasy sports

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	51	83.6	91.1	91.1
	Less than once a month	3	4.9	5.4	96.4
	Once a week or more	2	3.3	3.6	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Gambling in past year: Video game loot boxes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	47	77.0	83.9	83.9
	Less than once a month	5	8.2	8.9	92.9
	1-3 times per month	2	3.3	3.6	96.4
	Once a week or more	2	3.3	3.6	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Gambling in past year: Other sports betting

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	50	82.0	89.3	89.3
	Less than once a month	3	4.9	5.4	94.6
	Once a week or more	3	4.9	5.4	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Gambling in past year: Gambled on-line

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	52	85.2	92.9	92.9
	Less than once a month	1	1.6	1.8	94.6
	1-3 times per month	1	1.6	1.8	96.4
	Once a week or more	2	3.3	3.6	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Gambling in past year: Competetive video gaming

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	53	86.9	96.4	96.4
	Once a week or more	2	3.3	3.6	100.0
	Total	55	90.2	100.0	
Missing	System	6	9.8		
Total		61	100.0		

Gambling in past year: Horse tracks

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	54	88.5	96.4	96.4
	Less than once a month	1	1.6	1.8	98.2
	Once a week or more	1	1.6	1.8	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Gambling in past year: Card games (not at casino)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	51	83.6	91.1	91.1
	Less than once a month	3	4.9	5.4	96.4
	1-3 times per month	1	1.6	1.8	98.2
	Once a week or more	1	1.6	1.8	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Gambling in past year: Lottery

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	41	67.2	75.9	75.9
	Less than once a month	10	16.4	18.5	94.4
	1-3 times per month	1	1.6	1.9	96.3
	Once a week or more	2	3.3	3.7	100.0
	Total	54	88.5	100.0	
Missing	System	7	11.5		
Total		61	100.0		

Gambling in past year: Gambled at a casino

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	47	77.0	83.9	83.9
	Less than once a month	7	11.5	12.5	96.4
	1-3 times per month	1	1.6	1.8	98.2
	Once a week or more	1	1.6	1.8	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Gambling in past year: Charitable gambling (e.g., bingo)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	52	85.2	92.9	92.9
	Less than once a month	2	3.3	3.6	96.4
	1-3 times per month	1	1.6	1.8	98.2
	Once a week or more	1	1.6	1.8	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Gambling in past year: Other ways

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	52	85.2	96.3	96.3
	1-3 times per month	1	1.6	1.9	98.1
	Once a week or more	1	1.6	1.9	100.0
	Total	54	88.5	100.0	
Missing	System	7	11.5		
Total		61	100.0		

Most common reason for gambling

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I do not gamble	35	57.4	62.5	62.5
	Source of entertainment	12	19.7	21.4	83.9
	Source of excitement or challenge	3	4.9	5.4	89.3
	Way to socialize	3	4.9	5.4	94.6
	Way to get rich	2	3.3	3.6	98.2
	Source of money to support charities	1	1.6	1.8	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Consequences of gambling: Not sleeping

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	54	88.5	96.4	96.4
	Occasionally	2	3.3	3.6	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Consequences of gambling: Poor hygiene

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	56	91.8	100.0	100.0
Missing	System	5	8.2		
Total		61	100.0		

Consequences of gambling: Loss of friendships

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	56	91.8	100.0	100.0
Missing	System	5	8.2		
Total		61	100.0		

Consequences of gambling: Family/parent issues

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	56	91.8	100.0	100.0
Missing	System	5	8.2		
Total		61	100.0		

Consequences of gambling: School problems

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	56	91.8	100.0	100.0
Missing	System	5	8.2		
Total		61	100.0		

Consequences of gambling: Money issues

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	53	86.9	94.6	94.6
	Occasionally	2	3.3	3.6	98.2
	Frequently	1	1.6	1.8	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Consequences of gambling: Felt bad about gambling

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	54	88.5	96.4	96.4
	Occasionally	1	1.6	1.8	98.2
	Frequently	1	1.6	1.8	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

Consequences of gambling: Depression

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	55	90.2	98.2	98.2
	Occasionally	1	1.6	1.8	100.0
	Total	56	91.8	100.0	
Missing	System	5	8.2		
Total		61	100.0		

gender

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Male	15	24.6	24.6	24.6
	Female	44	72.1	72.1	96.7
	Other	2	3.3	3.3	100.0
	Total	61	100.0	100.0	

age21

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Under 21	18	29.5	29.5	29.5
	21 or older	43	70.5	70.5	100.0
	Total	61	100.0	100.0	

Number of times student binge drank during the last two weeks - out of all students

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	45	73.8	77.6	77.6
	1	8	13.1	13.8	91.4
	2	1	1.6	1.7	93.1
	3	1	1.6	1.7	94.8
	4	3	4.9	5.2	100.0
	Total	58	95.1	100.0	
Missing	System	3	4.9		
Total		61	100.0		

Appendix E

Indiana College Substance Use Survey (ICSUS) IUFW 2023 Results

Indiana College Substance Use Survey

2023

Indiana University-Fort Wayne

Results of the
Indiana College Substance Use Survey
2023

Indiana University-Fort Wayne

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INTRODUCTION

The Indiana College Substance Use Survey was administered in Spring 2023. A total of 863 Indiana University-Fort Wayne students were sent an e-mail inviting them to participate in the survey. Students were given a two-week period to complete the online questionnaire. A reminder e-mail was sent midway through the survey period.   91 students responded to the survey, for a response rate of 10.54%.   A description of the history and methodology of the Indiana College Substance Use Survey can be found in the *Results of the Indiana College Substance Use Survey, 2023* at https://collegesurvey.indiana.edu/. The State Report provides data from students aged 18-25, while the statewide results provided in this report contain data from all students, regardless of age.

Table 1. Response Rate, 2023

Number of students invited to participate	Number of respondents	Response Rate
863	91	10.54%

Note: In general, smaller response rates have a larger potential to not be representative of the survey population. Caution should be used when interpreting the results.

Three criteria were used to clean the data. Surveys were discarded if any of the following conditions were met:

- insufficient response (less than 26 items answered out of a total of 171 items),
- three or more inconsistent responses among substance use items, and
- pharmacologically-implausible patterns of responses (i.e., a combination of drugs and frequencies of use whose cumulative effect would be lethal).

Table 2. Number of Usable Questionnaires, 2023

	Frequency	Percent
Too few items answered	5	5.5
Inconsistent responses	0	0
Implausible drug use	0	0
Total Number of Useable Surveys	**86**	**94.5**
Total	91	100

This report provides analysis of the data by gender and age, as well as overall rates. Responses of students not identifying as male or female are included in the analyses for overall rates and rates by age category, but their responses are not presented in the analyses by gender because of the small number of those students who participated.

SUBSTANCE USE

PREVALENCE

Table 3. Percentage of Students Reporting Use of Select Substances in the Past Month, by Select Demographic Characteristics, 2023

Substance	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Alcohol	50.0	55.4	46.2	51.4	28.3	75.0
Marijuana	10.5	23.5	7.7	11.1	6.5	15.0
Cigarettes	7.0	8.9	15.4	5.6	2.2	12.5
Electronic vaping devices	23.3	20.7	30.8	22.2	17.4	30.0
Cigars	2.4	3.7	7.7	1.4	0.0	5.0
Smoking tobacco with hookah/water pipe	2.3	1.3	7.7	1.4	0.0	5.0
Chewing/smokeless tobacco	2.4	2.4	7.7	1.4	2.2	2.6
Prescription stimulants not prescribed to you	1.2	1.9	0.0	1.4	2.2	0.0
Prescription painkillers not prescribed to you	2.3	0.6	0.0	2.8	2.2	2.5
Prescription sedatives not prescribed to you	1.2	0.4	0.0	1.4	2.2	0.0
Hallucinogens	2.3	1.5	7.7	1.4	0.0	5.0
Cocaine	3.5	0.9	7.7	2.8	0.0	7.5
Inhalants	0.0	0.3	0.0	0.0	0.0	0.0
Heroin	0.0	0.1	0.0	0.0	0.0	0.0
Methamphetamine	0.0	0.2	0.0	0.0	0.0	0.0
Other illegal drugs	0.0	0.2	0.0	0.0	0.0	0.0

Table 4. Use of Electronic Vapor Products for Selected Substances, by Select Demographic Characteristics, 2023

Substance	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Nicotine	70.7	84.4	87.5	66.7	68.4	72.7
Flavoring Only	36.8	28.4	28.6	38.7	38.9	35.0
THC	46.2	66.0	12.5	54.8	42.1	50.0
Alcohol	10.5	5.6	0.0	12.9	11.1	10.0
Other	0.0	4.2	0.0	0.0	0.0	0.0

Out of students who reported ever using electronic vapor products (n = 42).

Table 5. Percentage of Students Reporting Use of Select Substances in the Past Month, 2021 – 2023

Substance	2021	2023
Alcohol	51.8	50.0
Marijuana	20.2	10.5
Cigarettes	6.0	7.0
Cigars	6.1	2.4
Smoking tobacco with hookah or water pipe	3.6	2.3
Chewing or smokeless tobacco	4.8	2.4
Electronic vaping devices	0.0	23.3
Rx Stimulants	2.4	1.2
Rx Painkillers	1.2	2.3
Rx Sedatives	2.4	1.2
Hallucinogens	2.4	2.3
Cocaine	1.2	3.5
Inhalants	1.2	0.0
Heroin	1.2	0.0
Methamphetamines	1.2	0.0
Other illegal drugs	1.2	0.0

Binge drinking was defined in the Indiana College Substance Use Survey as four or more drinks in a row for females and five or more drinks in a row for males. This gender-specific standard follows the definition established by the National Institute on Alcohol Abuse and Alcoholism.

Table 6. Percentage of Students Reporting Binge Drinking in the Past Two Weeks, by Select Demographic Characteristics, 2023

All Students		Gender		Age	
IUFW	Indiana	Male	Female	Under 21	21 or older
25.0	28.6	30.8	24.2	7.0	45.9

Note. Binge drinking was defined as consuming 4 or more drinks in a row for females and 5 or more drinks in a row for males.

Figure 1. Percentage of Students Who Binge Drank Select Number of Times in the Past Two Weeks, By Gender, 2023
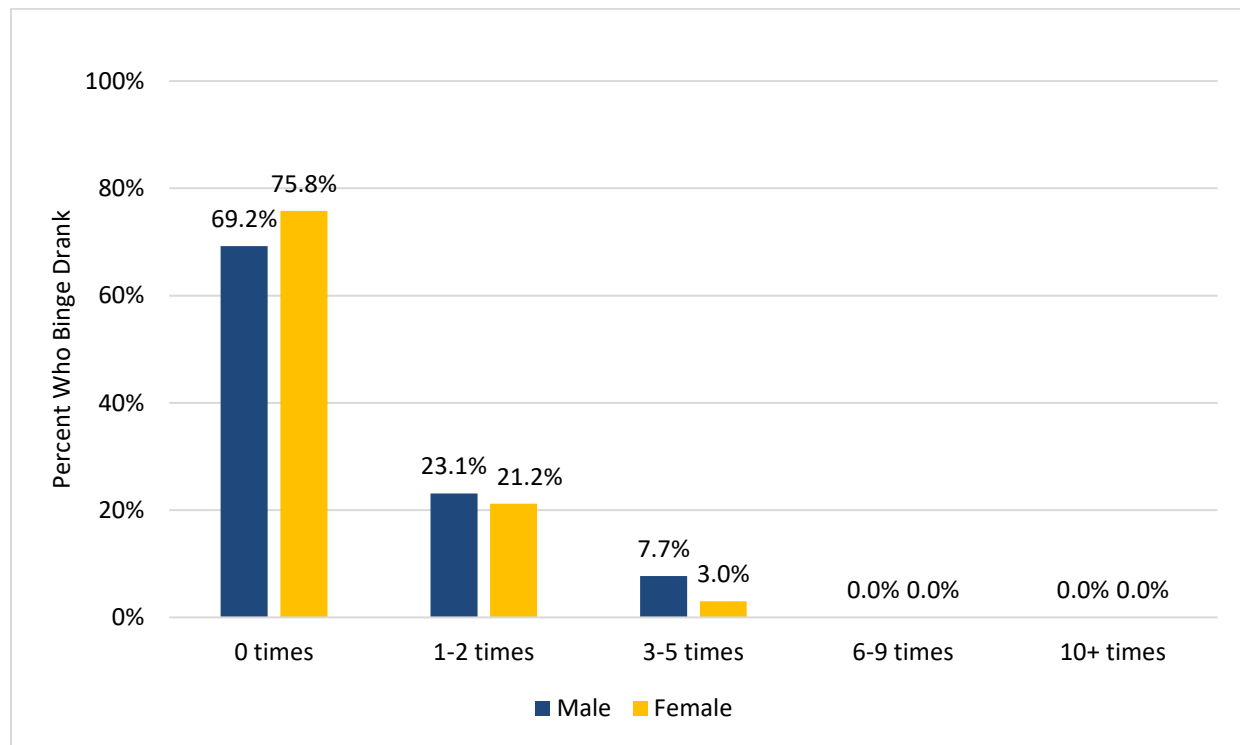
Table 7. Mean Number of Drinks Respondents Typically Consume When They Drink Alcohol, by Select Demographic Characteristics, 2023 (Range = 0-15)

	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Mean	2.7	3.5	2.9	2.6	2.1	3.0
Standard Deviation	1.8	2.5	2.6	1.6	1.5	1.9

Note. Out of students who reported ever drinking alcohol (n = 56).

Figure 2. Percentage of Students Who Typically Consume Select Number of Drinks on Occasions When They Drink Alcohol, by Gender, 2023

Note. Out of students who reported ever drinking alcohol (n = 56).

Figure 3. Percentage of Students Who Reported Drinking Alcohol at Select Locations in the Past Year, by Age, 2023
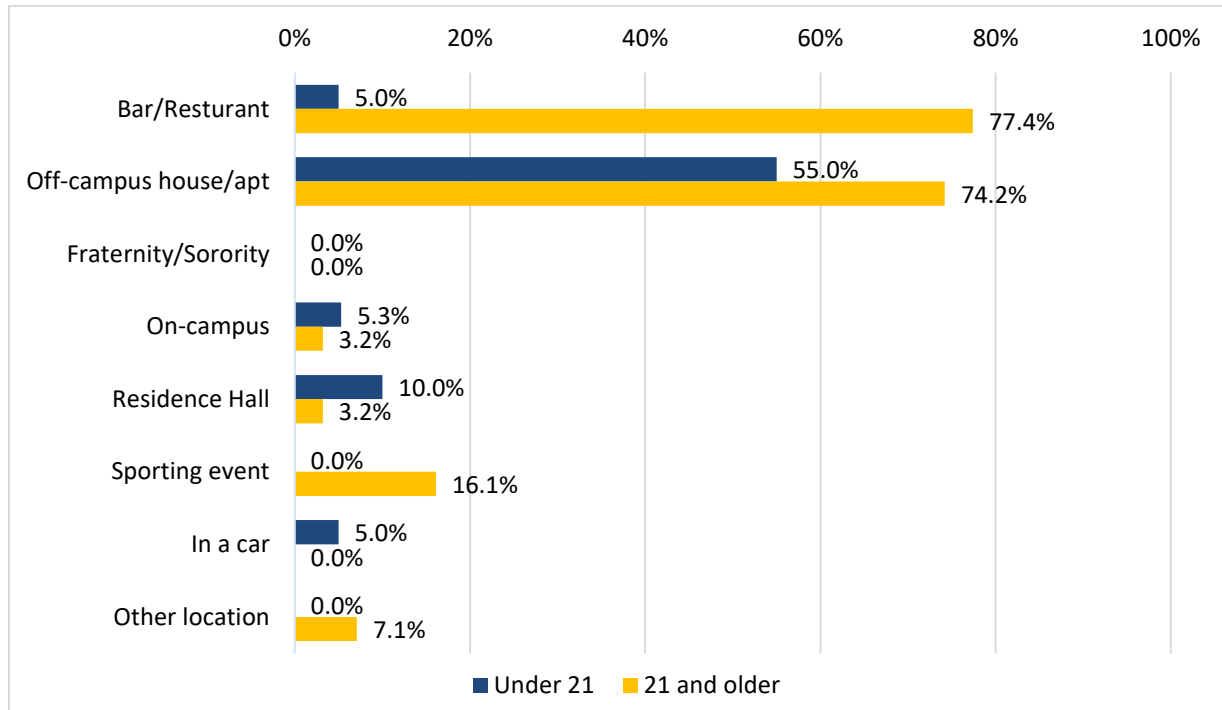
Note. Out of students who reported ever drinking alcohol (n = 56). Responses of drinking alcohol at select location "sometimes, "often", or "always" are included.

Table 8. Percentage of Students Who Consumed Select Type of Alcohol in the Past Year, by Select Demographic Characteristics, 2023

Type	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Liquor	50.0	60.3	33.3	53.7	35.0	60.0
Beer	21.7	33.4	44.4	16.2	22.2	21.4
Wine	54.0	41.4	11.1	63.4	35.0	66.7
Malt beverages•	49.0	53.0	44.4	50.0	45.0	51.6
High alcohol drinks	15.7	13.1	0.0	19.0	10.0	19.4
Other	8.7	9.6	11.1	8.1	5.3	11.1

Note. Out of students who reported ever drinking alcohol (n = 56). Responses of drinking select type of alcohol "sometimes, "often", or "always" are included.

Table 9. Percentage of Students Who Indicated Select Reasons for Drinking Alcohol in the Past Year, by Select Demographic Characteristics, 2023

Reason	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
To have a good time with friends	78.4	83.7	77.8	78.6	65.0	87.1
To relax	60.8	49.4	55.6	61.9	45.0	71.0
To experiment	25.5	29.5	11.1	28.6	40.0	16.1
Because of boredom	17.6	17.3	22.2	16.7	15.0	19.4
To get away from my problems	19.6	14.8	0.0	23.8	20.0	19.4
Because of anger/frustration	19.6	9.8	11.1	21.4	5.0	29.0
To get through the day	5.9	4.5	0.0	7.1	0.0	9.7
Because I'm hooked	6.0	2.4	0.0	7.3	5.0	6.7

Note: Out of students who reported ever drinking alcohol (n = 56).

Table 10. Percentage of Students Who Initiated Use of Substance After Starting College, 2023

	All Students	
	IUFW	Indiana
Alcohol	31.5	32.8
Marijuana	48.6	36.3
Cigarettes	50.0	42.8
E-cigarettes	43.6	30.5
Cigars	62.5	38.2
Hookah		42.0
Smokeless tobacco		32.2
Prescription stimulants		53.7
Prescription painkillers		23.7
Prescription sedatives		27.6
Hallucinogens		45.2
Cocaine		58.4
Inhalants		46.0
Heroin		20.5
Methamphetamines		24.6
Other		35.0

Note. Only substances where ten or more students indicated use are included in the school rates.

CONSEQUENCES OF ALCOHOL USE

Table 11. Percentage of Students Who Reported Experiencing Select Consequences in the Past Year as a Result of Drinking Alcohol, by Select Demographic Characteristics, 2023

Consequences	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Had a hangover	56.9	53.4	55.6	57.1	40.0	67.7
Forgot where you were or what you did (blacked out)	17.6	23.9	33.3	14.3	10.0	22.6
Felt bad or guilty about your drinking	24.0	26.6	44.4	19.5	15.8	29.0
Did something you later regretted	21.6	22.5	22.2	21.4	10.0	29.0
Engaged in unprotected sexual intercourse (i.e., without a condom)	20.0	16.0	11.1	22.0	15.0	23.3
Missed class or an assignment	4.0	12.9	0.0	4.8	5.3	3.2
Driven a car while under the influence	14.0	7.3	11.1	14.6	5.0	20.0
Been hurt or injured because of drinking	5.9	10.4	0.0	7.1	0.0	9.7
Created problems between you and your friends or family members	9.8	8.2	0.0	11.9	0.0	16.1
Had friends or family members worry or complain about your drinking	5.9	10.1	11.1	4.8	0.0	9.7
Been in trouble with police, residence hall, or other college authorities	0.0	2.4	0.0	0.0	0.0	0.0
Gotten into physical fights when drinking	0.0	2.9	0.0	0.0	0.0	0.0
Gotten into trouble at work or college because of drinking	2.0	1.9	0.0	2.4	0.0	3.2
Been ticketed	2.0	0.8	0.0	2.4	0.0	3.2
Been arrested for drunk driving	2.0	0.3	0.0	2.4	0.0	3.2

Note. Out of students who reported ever drinking alcohol (n = 56).

Table 12. Percentage of Students Who Reported Select Sexual Acts in the Past Year While Under the Influence of Alcohol, by Select Demographic Characteristics, 2023

	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Experienced unwanted sexual activity	2.0	3.6	0.0	2.4	0.0	3.2
Took advantage of someone sexually	0.0	0.4	0.0	0.0	0.0	0.0

Note. Out of students who reported ever drinking alcohol (n = 56).

Table 13. Percentage of Students Who Reported Experiencing Select Consequences in the Past Year as a Result of Someone Else's Drinking, by Select Demographic Characteristics, 2023

Consequence	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Had to take care of another student who drank too much	18.1	41.7	20.0	18.0	13.2	23.5
Had your studying or sleep interrupted	15.3	30.7	0.0	18.0	13.2	17.6
Had to act as a designated driver for another student because he or she drank	15.5	26.5	20.0	15.0	10.8	20.6
Found vomit in the halls or other areas of your residence	4.2	20.1	0.0	5.0	2.7	5.9
Had your belongings or property damaged	2.8	10.4	0.0	3.3	0.0	5.9

RISK FACTORS

ALCOHOL AVAILABILITY

Figure 4. Percentage of Students Under 21 Who Obtained Alcohol from Select Sources, 2023
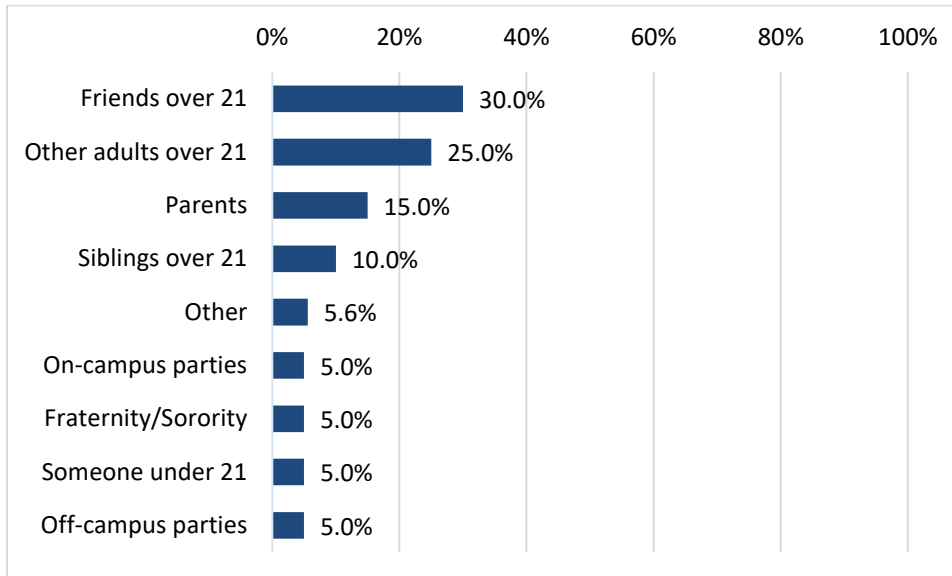
Note. Out of students under 21 who reported ever drinking alcohol (n = 22). Responses of obtaining alcohol from select source "sometimes, "often", or "always" are included.

Figure 5. Percentage of Students Under 21 Who Reported Purchasing Alcohol from a Retailer in the Past Year, 2023
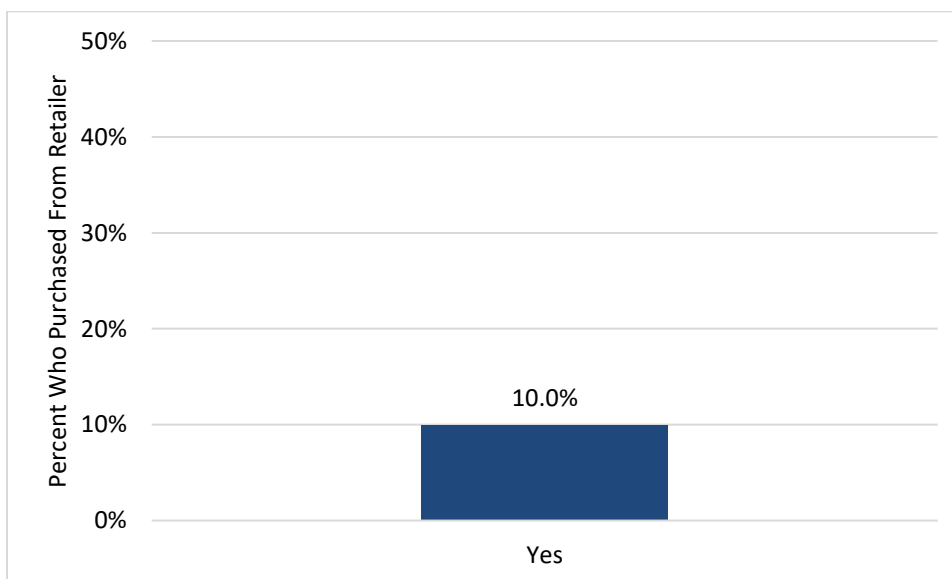
Note. Out of students under 21 who reported ever drinking alcohol (n = 22).

PERCEPTION OF PEER BEHAVIORS AND BELIEFS

Students were asked to estimate the percentage of students at their school who drank alcohol in the past month.

Table 14. Perceived Percentage of Students at Your School Who Use Alcohol, by Select Demographic Characteristics of Respondent, 2023

Perceived percent who use alcohol	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
0%	1.4	3.1	0.0	1.7	0.0	3.1
5% - 25%	20.3	13.0	10.0	22.4	29.7	9.4
30% - 50%	27.5	31.4	50.0	22.4	32.4	21.9
55% - 75%	39.1	39.3	30.0	41.4	32.4	46.9
80% - 100%	11.6	13.2	10.0	12.1	5.4	18.8

Note: Response options were increments of 5%.

Students were also asked how many alcoholic drinks they thought the typical student at their school consumed the last time he or she partied/socialized. Students could provide any figure between 0 – 30.

Table 15. Mean Number of Drinks Respondents Think the Typical Student Consumed the Last Time He/She "Partied/Socialized", by Select Demographic Characteristics, 2023 (range = 0 – 30)

	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Mean	3.8	4.1	3.7	3.9	3.4	4.3
Standard Deviation	1.9	2.3	2.7	1.7	1.6	2.0

Figure 6. Percentage of Students Who Indicated Select Number of Drinks They Think the Typical Student Consumed the Last Time He/She "Partied/Socialized", by Gender, 2023 (range = 0 – 30)
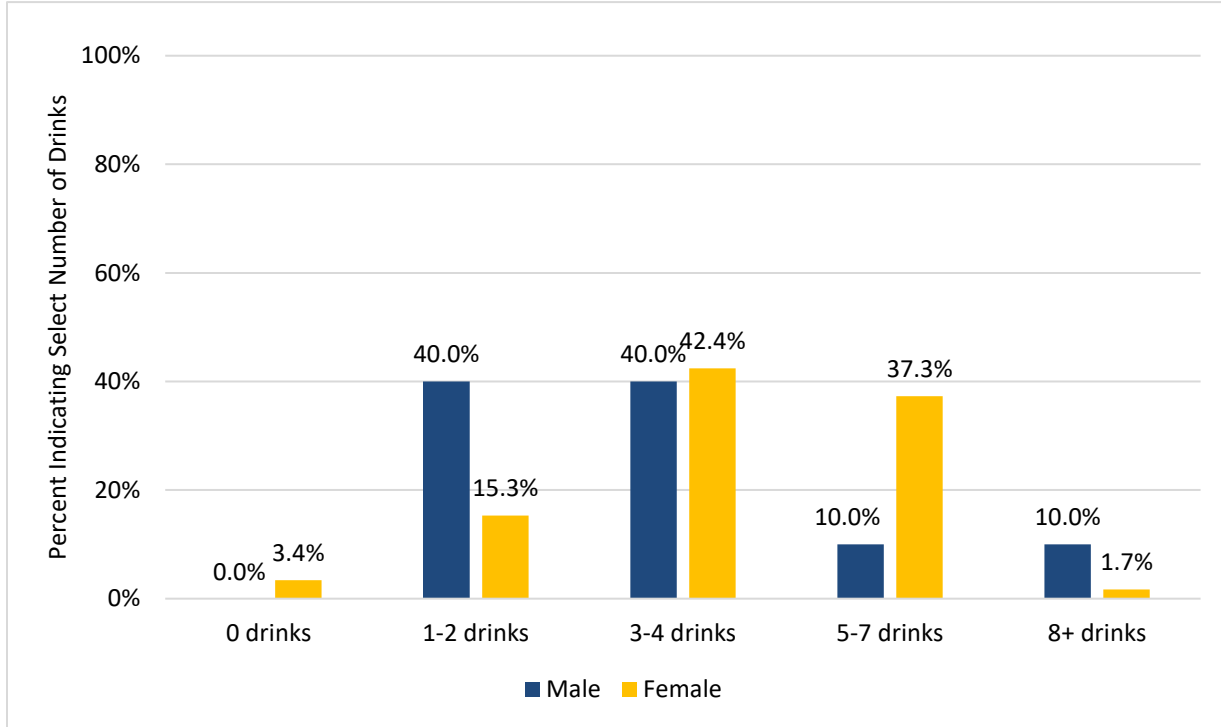

Table 16. Percentage of Students Who Thought Their Close Friends Would Disapprove of Their Use of Select Substances, by Select Demographic Characteristics, 2023

Substance	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Having five or more alcoholic drinks in one sitting	54.2	46.0	40.0	55.7	68.4	38.2
Using marijuana	51.4	41.5	70.0	47.5	63.2	38.2
Using prescription medication not prescribed to you	84.7	86.4	0.0	82.0	89.5	79.4

Note: Responses of "Strongly Disapprove" or "Somewhat Disapprove" are included.

Table 17. Percentage of Students Under 21 Who Think an Underage Student Who Drinks Alcohol at Select Locations Would Be Ticketed, by Select Demographic Characteristics of Respondent, 2023

Location	All Students		Gender	
	IUFW	Indiana	Male	Female
On-campus housing	52.6	42.9	50.0	55.2
Off-campus housing	27.0	19.2	12.5	28.6
On-campus party	62.2	46.2	62.5	60.7
Off-campus party	40.5	25.7	12.5	46.4
Athletic event	56.8	45.4	50.0	57.1
Other places in the community	54.1	40.2	37.5	57.1

Note: n = 46. Responses of "Very Likely" or "Somewhat Likely" are included.

MENTAL HEALTH

The Indiana College Substance Use Survey asked three questions to assess students' mental health status. Students were asked on how many days in the past month their mental health was not good, including experiencing stress, depression, or problems with emotions. They were also asked if, in the past year, they had experienced feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, and if they had ever seriously considered attempting suicide.

Table 18. Mean Number of Mentally Unhealthy Days During the Past Month, by Select Demographic Characteristics, 2023 (range = 0 – 30)

	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Mean	8.4	9.2	4.1	9.3	7.5	9.3
Standard Deviation	8.1	8.6	5.1	8.3	8.0	8.1

Note. Survey question: "Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"

Figure 7. Percentage of Students Who Indicated Select Number of Days During Past Month That Their Mental Health Was Not Good, by Gender, 2023

Note. Survey question: "Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"

Table 19. Percentage of Students Who Reported Feeling Sadness or Suicidal Ideation in the Past Year, by Select Demographic Characteristics, 2023

	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Felt sad or hopeless	42.3	36.6	30.0	45.0	35.1	50.0
Considered attempting suicide	14.1	12.4	0.0	16.7	16.2	11.8

Note: Sadness survey question: "During the past 12 months did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?"

GAMBLING BEHAVIOR

Table 20. Percentage of Students Who Reported Gambling Behaviors in the Past Year, by Select Demographic Characteristics, 2023

| Gambling Behavior	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Lottery	26.8	22.4	20.0	28.3	29.7	23.5
Charitable gambling	14.1	9.8	30.0	11.7	21.6	5.9
Pools	9.9	9.3	20.0	8.3	13.5	5.9
Card games (not at casino)	8.5	8.5	30.0	5.0	13.5	2.9
Casino	4.2	7.6	0.0	5.0	0.0	8.8
Video game loot boxes	9.9	10.1	30.0	6.7	16.2	2.9
Fantasy sports	5.6	6.6	20.0	3.3	8.1	2.9
Other sports betting	1.4	6.1	0.0	1.7	2.7	0.0
Horse tracks	0.0	1.7	0.0	0.0	0.0	0.0
Online	1.4	3.7	0.0	1.7	2.7	0.0
Competitive video gaming	0.0	1.6	0.0	0.0	0.0	0.0
Other	3.1	1.7	0.0	3.6	6.1	0.0

Figure 8. Percentage of Students Who Reported Any Gambling Behaviors or Gambling Consequences in the Past Year, by Select Demographic Characteristics, 2023
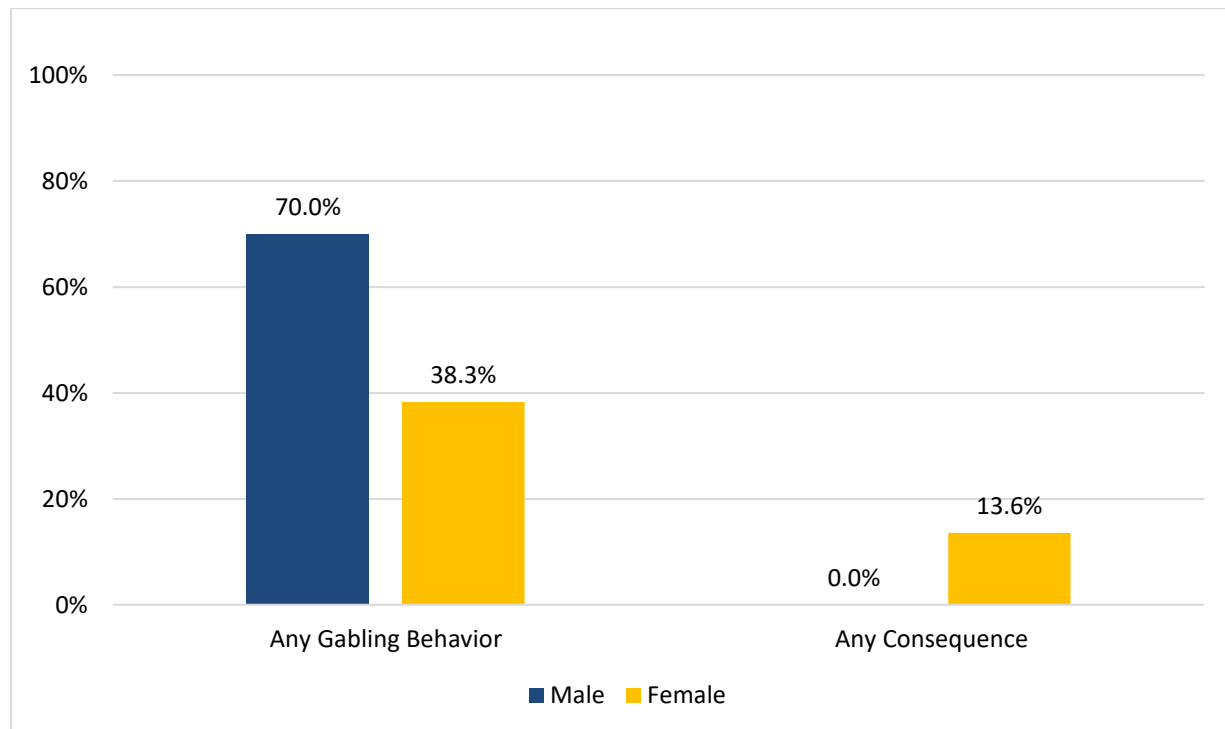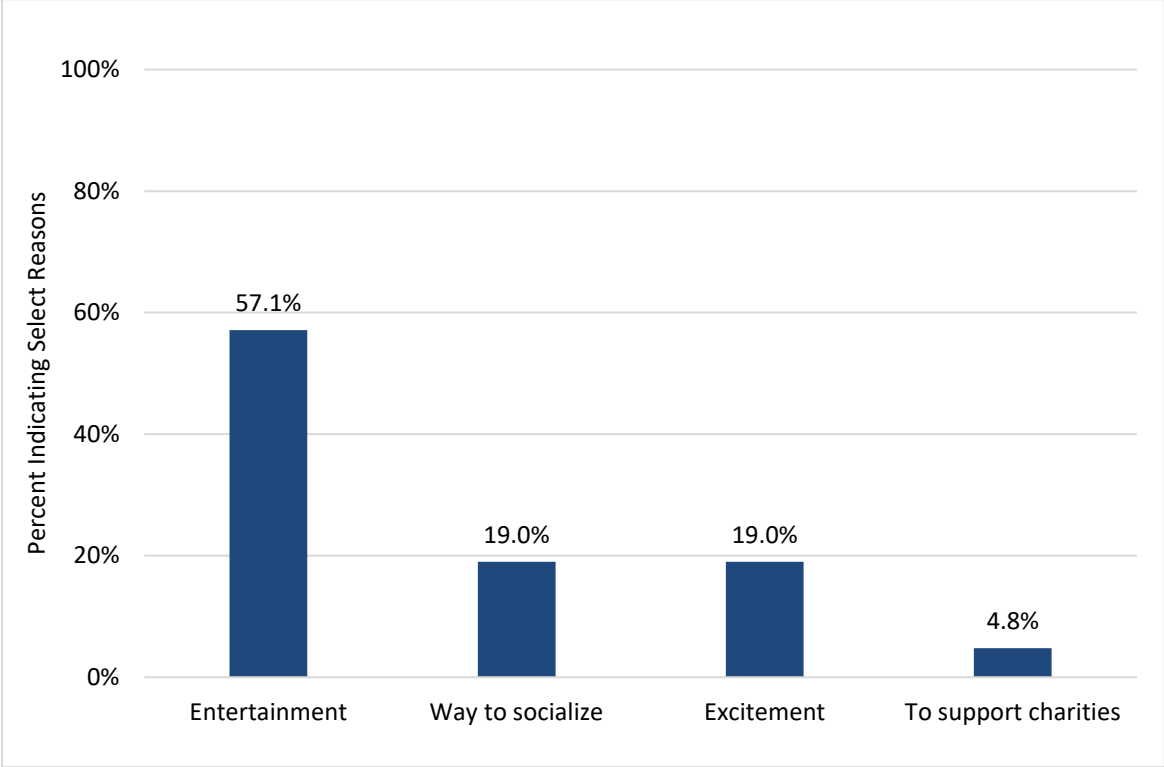
Figure 9. Percentage of Students Who Gambled in the Past Year, Who Reported Select Reasons as Their Most Common Reason for Gambling, 2023

Note: n = **30**.

Table 21. Percentage of Students Who Gambled in the Past Year, Who Reported Select Consequences as a Result of Their Gambling, by Select Demographic Characteristics, 2023

Consequence	All Students		Gender		Age	
	IUFW	Indiana	Male	Female	Under 21	21 or older
Felt bad about gambling	13.3	8.9	0.0	17.4	11.1	16.7
Money issues	6.7	6.1	0.0	8.7	11.1	0.0
Not sleeping	0.0	2.5	0.0	0.0	0.0	0.0
Depression	0.0	2.7	0.0	0.0	0.0	0.0
Family/parent issues	0.0	1.3	0.0	0.0	0.0	0.0
School problems	3.3	1.4	0.0	4.3	5.6	0.0
Loss of friendships	3.3	0.7	0.0	4.3	5.6	0.0
Poor hygiene	3.3	0.7	0.0	4.3	5.6	0.0

Note: n = **30**.

CHARACTERISTICS OF SURVEY PARTICIPANTS

Table 22. Demographic Characteristics of Survey Participants, 2023

	Frequency	%
Gender		
Male	13	15.1
Female	72	83.7
Other	1	1.2
No answer	0	0.0
Age		
Under 21	46	53.5
21 or older	40	46.5
Race		
White	66	76.7
Black/African American	6	7.0
Asian	2	2.3
Native American/Alaskan Native	1	1.2
Hawaiian/Pacific Islander	0	0.0
More than one race	6	7.0
Other	5	5.8
No answer	0	0.0
Ethnicity		
Hispanic	11	12.8
Non-Hispanic	75	87.2
No answer	0	0.0
Classification		
1st year undergraduate	18	20.9
2nd year undergraduate	24	27.9
3rd year undergraduate	23	26.7
4th year undergraduate	13	15.1
5th year or more undergraduate	5	5.8
Grad/professional	0	0.0
Not seeking degree	0	0.0
Other	2	2.3
No answer	1	1.2

Note. Multiple response options for gender were added in 2021. See frequency tables for complete breakdown of responses to gender item.

Table 22 continued.

Student status		
Full-time	84	97.7
Part-time	2	2.3
No answer	0	0.0
Location of residence		
Fraternity/sorority house	0	0.0
Campus residence hall	13	15.1
Other on-campus housing	1	1.2
Off-campus	72	83.7
Taking all classes remotely	0	0.0
No answer	0	0.0
Greek affiliation		
Yes	2	2.3
No	84	97.7
No answer	0	0.0

FREQUENCIES

Age

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	18	8	9.3	9.3	9.3
	19	18	20.9	20.9	30.2
	20	20	23.3	23.3	53.5
	21	17	19.8	19.8	73.3
	22	7	8.1	8.1	81.4
	23	4	4.7	4.7	86.0
	25	2	2.3	2.3	88.4
	26 or older	10	11.6	11.6	100.0
	Total	86	100.0	100.0	

Ethnicity

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Hispanic	11	12.8	12.8	12.8
	Non-Hispanic	75	87.2	87.2	100.0
	Total	86	100.0	100.0	

Race

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	White	66	76.7	76.7	76.7
	Black/African-American	6	7.0	7.0	83.7
	Asian	2	2.3	2.3	86.0
	Native American/Alaskan Native	1	1.2	1.2	87.2
	More than one race	6	7.0	7.0	94.2
	Other	5	5.8	5.8	100.0
	Total	86	100.0	100.0	

Gender: Prefer not to answer

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.2	100.0	100.0
Missing	System	85	98.8		
Total		86	100.0		

Gender: Man

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	13	15.1	100.0	100.0
Missing	System	73	84.9		
Total		86	100.0		

Gender: Woman

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	72	83.7	100.0	100.0
Missing	System	14	16.3		
Total		86	100.0		

Gender: Trans man

		Frequency	Percent
Missing	System	86	100.0

Gender: Trans woman

		Frequency	Percent
Missing	System	86	100.0

Gender: Non-binary

		Frequency	Percent
Missing	System	86	100.0

Gender: Not sure

		Frequency	Percent
Missing	System	86	100.0

Gender: Self-describe

		Frequency	Percent
Missing	System	86	100.0

Gender: Self description

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid	86	100.0	100.0	100.0

LGBTQ+ Member

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Prefer not to answer	2	2.3	2.3	2.3
	Yes	7	8.1	8.1	10.5
	No	72	83.7	83.7	94.2
	Not sure/questioning	5	5.8	5.8	100.0
	Total	86	100.0	100.0	

LGBTQ+ Member: Sexual orientation: Prefer not to answer

		Frequency	Percent
Missing	System	86	100.0

LGBTQ+ Member: Sexual orientation:Gay

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.2	100.0	100.0
Missing	System	85	98.8		
Total		86	100.0		

LGBTQ+ Member: Sexual orientation:Lesbian

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.2	100.0	100.0
Missing	System	85	98.8		
Total		86	100.0		

LGBTQ+ Member: Sexual orientation:Bisexual

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	4	4.7	100.0	100.0
Missing	System	82	95.3		
Total		86	100.0		

LGBTQ+ Member: Sexual orientation:Asexual

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.2	100.0	100.0
Missing	System	85	98.8		
Total		86	100.0		

LGBTQ+ Member: Sexual orientation:Pansexual

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.2	100.0	100.0
Missing	System	85	98.8		
Total		86	100.0		

LGBTQ+ Member: Sexual orientation:Not sure

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.2	100.0	100.0
Missing	System	85	98.8		
Total		86	100.0		

LGBTQ+ Member: Sexual orientation:Self-describe

		Frequency	Percent
Missing	System	86	100.0

LGBTQ+ Member: Sexual orientation:Self description

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid	86	100.0	100.0	100.0

Student status

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Full-time	84	97.7	97.7	97.7
	Part-time	2	2.3	2.3	100.0
	Total	86	100.0	100.0	

Year in school

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1st year undergraduate	18	20.9	21.2	21.2
	2nd year undergraduate	24	27.9	28.2	49.4
	3rd year undergraduate	23	26.7	27.1	76.5
	4th year undergraduate	13	15.1	15.3	91.8
	5th year or more undergraduate	5	5.8	5.9	97.6
	Other	2	2.3	2.4	100.0
	Total	85	98.8	100.0	
Missing	System	1	1.2		
Total		86	100.0		

Location of residence

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Campus residence hall	13	15.1	15.1	15.1
	Other on-campus housing	1	1.2	1.2	16.3
	Off campus	72	83.7	83.7	100.0
	Total	86	100.0	100.0	

Member of fraternity/sorority

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	2.3	2.3	2.3
	No	84	97.7	97.7	100.0
	Total	86	100.0	100.0	

Served on active duty

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	2.3	2.3	2.3
	No	84	97.7	97.7	100.0
	Total	86	100.0	100.0	

Number of times in the past month substance was used: Cigarettes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	68	79.1	79.1	79.1
	Have used but not in past 30 days	12	14.0	14.0	93.0
	1-2 occasions	2	2.3	2.3	95.3
	3-5 occasions	3	3.5	3.5	98.8
	20-39 occasions	1	1.2	1.2	100.0
	Total	86	100.0	100.0	

Number of times in the past month substance was used: Cigars

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	68	79.1	80.0	80.0
	Have used but not in past 30 days	15	17.4	17.6	97.6
	1-2 occasions	1	1.2	1.2	98.8
	3-5 occasions	1	1.2	1.2	100.0
	Total	85	98.8	100.0	
Missing	System	1	1.2		
Total		86	100.0		

Number of times in the past month substance was used: Chewing or smokeless tobacco

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	79	91.9	92.9	92.9
	Have used but not in past 30 days	4	4.7	4.7	97.6
	1-2 occasions	2	2.3	2.4	100.0
	Total	85	98.8	100.0	
Missing	System	1	1.2		
Total		86	100.0		

Number of times in the past month substance was used: Smoking tobacco with hookah/water pipe

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	77	89.5	89.5	89.5
	Have used but not in past 30 days	7	8.1	8.1	97.7
	1-2 occasions	1	1.2	1.2	98.8
	3-5 occasions	1	1.2	1.2	100.0
	Total	86	100.0	100.0	

Number of times in the past month substance was used: E-Cigarettes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	44	51.2	51.2	51.2
	Have used but not in past 30 days	22	25.6	25.6	76.7
	1-2 occasions	6	7.0	7.0	83.7
	20-39 occasions	2	2.3	2.3	86.0
	40 or more occasions	12	14.0	14.0	100.0
	Total	86	100.0	100.0	

Number of times in the past month substance was used: Alcohol

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	30	34.9	34.9	34.9
	Have used but not in past 30 days	13	15.1	15.1	50.0
	1-2 occasions	16	18.6	18.6	68.6
	3-5 occasions	11	12.8	12.8	81.4
	6-9 occasions	5	5.8	5.8	87.2
	10-19 occasions	4	4.7	4.7	91.9
	20-39 occasions	2	2.3	2.3	94.2
	40 or more occasions	5	5.8	5.8	100.0
	Total	86	100.0	100.0	

Number of times in the past month substance was used: Marijuana

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	49	57.0	57.0	57.0
	Have used but not in past 30 days	28	32.6	32.6	89.5
	1-2 occasions	1	1.2	1.2	90.7
	3-5 occasions	3	3.5	3.5	94.2
	6-9 occasions	1	1.2	1.2	95.3
	10-19 occasions	2	2.3	2.3	97.7
	20-39 occasions	1	1.2	1.2	98.8
	40 or more occasions	1	1.2	1.2	100.0
	Total	86	100.0	100.0	

Number of times in the past month substance was used: Cocaine/Crack

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	79	91.9	91.9	91.9
	Have used but not in past 30 days	4	4.7	4.7	96.5
	1-2 occasions	3	3.5	3.5	100.0
	Total	86	100.0	100.0	

Number of times in the past month substance was used: Hallucinogens/Ecstasy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	80	93.0	93.0	93.0
	Have used but not in past 30 days	4	4.7	4.7	97.7
	1-2 occasions	2	2.3	2.3	100.0
	Total	86	100.0	100.0	

Number of times in the past month substance was used: Heroin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	83	96.5	97.6	97.6
	Have used but not in past 30 days	2	2.3	2.4	100.0
	Total	85	98.8	100.0	
Missing	System	1	1.2		
Total		86	100.0		

Number of times in the past month substance was used: Methamphetamine

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	86	100.0	100.0	100.0

Number of times in the past month substance was used: Inhalants

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	84	97.7	98.8	98.8
	Have used but not in past 30 days	1	1.2	1.2	100.0
	Total	85	98.8	100.0	
Missing	System	1	1.2		
Total		86	100.0		

Number of times in the past month substance was used: Prescription stimulants not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	81	94.2	95.3	95.3
	Have used but not in past 30 days	3	3.5	3.5	98.8
	3-5 occasions	1	1.2	1.2	100.0
	Total	85	98.8	100.0	
Missing	System	1	1.2		
Total		86	100.0		

Number of times in the past month substance was used: Prescription painkillers not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	80	93.0	93.0	93.0
	Have used but not in past 30 days	4	4.7	4.7	97.7
	1-2 occasions	1	1.2	1.2	98.8
	3-5 occasions	1	1.2	1.2	100.0
	Total	86	100.0	100.0	

Number of times in the past month substance was used: Prescription sedatives not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	80	93.0	94.1	94.1
	Have used but not in past 30 days	4	4.7	4.7	98.8
	3-5 occasions	1	1.2	1.2	100.0
	Total	85	98.8	100.0	
Missing	System	1	1.2		
Total		86	100.0		

Number of times in the past month substance was used: Other illegal drugs

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never used in lifetime	82	95.3	97.6	97.6
	Have used but not in past 30 days	2	2.3	2.4	100.0
	Total	84	97.7	100.0	
Missing	System	2	2.3		
Total		86	100.0		

Used electronic vapor product for nicotine

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	29	33.7	70.7	70.7
	No	12	14.0	29.3	100.0
	Total	41	47.7	100.0	
Missing	System	45	52.3		
Total		86	100.0		

Used electronic vapor product for THC

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	18	20.9	46.2	46.2
	No	21	24.4	53.8	100.0
	Total	39	45.3	100.0	
Missing	System	47	54.7		
Total		86	100.0		

Used electronic vapor product for alcohol

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	4	4.7	10.5	10.5
	No	34	39.5	89.5	100.0
	Total	38	44.2	100.0	
Missing	System	48	55.8		
Total		86	100.0		

Used electronic vapor product for flavoring only

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	14	16.3	36.8	36.8
	No	24	27.9	63.2	100.0
	Total	38	44.2	100.0	
Missing	System	48	55.8		
Total		86	100.0		

Used electronic vapor product for other

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	29	33.7	100.0	100.0
Missing	System	57	66.3		
Total		86	100.0		

Age when first used: Cigarettes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	9	10.5	50.0	50.0
	After starting college	9	10.5	50.0	100.0
	Total	18	20.9	100.0	
Missing	System	68	79.1		
Total		86	100.0		

Age when first used: Cigars

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	6	7.0	37.5	37.5
	After starting college	10	11.6	62.5	100.0
	Total	16	18.6	100.0	
Missing	System	70	81.4		
Total		86	100.0		

Age when first used: Chewing or smokeless tobacco

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	3	3.5	60.0	60.0
	After starting college	2	2.3	40.0	100.0
	Total	5	5.8	100.0	
Missing	System	81	94.2		
Total		86	100.0		

Age when first used: Smoking tobacco with hookah or water pipe

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	6	7.0	66.7	66.7
	After starting college	3	3.5	33.3	100.0
	Total	9	10.5	100.0	
Missing	System	77	89.5		
Total		86	100.0		

Age when first used: E-Cigarettes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	22	25.6	56.4	56.4
	After starting college	17	19.8	43.6	100.0
	Total	39	45.3	100.0	
Missing	System	47	54.7		
Total		86	100.0		

Age when first used: Alcohol

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	37	43.0	68.5	68.5
	After starting college	17	19.8	31.5	100.0
	Total	54	62.8	100.0	
Missing	System	32	37.2		
Total		86	100.0		

Age when first used: Marijuana

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	18	20.9	51.4	51.4
	After starting college	17	19.8	48.6	100.0
	Total	35	40.7	100.0	
Missing	System	51	59.3		
Total		86	100.0		

Age when first used: Cocaine/Crack

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	2	2.3	28.6	28.6
	After starting college	5	5.8	71.4	100.0
	Total	7	8.1	100.0	
Missing	System	79	91.9		
Total		86	100.0		

Age when first used: Hallucinogens/Ecstasy

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	2	2.3	33.3	33.3
	After starting college	4	4.7	66.7	100.0
	Total	6	7.0	100.0	
Missing	System	80	93.0		
Total		86	100.0		

Age when first used: Heroin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	2	2.3	100.0	100.0
Missing	System	84	97.7		
Total		86	100.0		

Age when first used: Methamphetamine

		Frequency	Percent
Missing	System	86	100.0

Age when first used: Inhalants

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	1	1.2	100.0	100.0
Missing	System	85	98.8		
Total		86	100.0		

Age when first used: Prescription stimulants not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	1	1.2	25.0	25.0
	After starting college	3	3.5	75.0	100.0
	Total	4	4.7	100.0	
Missing	System	82	95.3		
Total		86	100.0		

Age when first used: Prescription painkillers not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	4	4.7	66.7	66.7
	After starting college	2	2.3	33.3	100.0
	Total	6	7.0	100.0	
Missing	System	80	93.0		
Total		86	100.0		

Age when first used: Prescription sedatives not prescribed to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	2	2.3	40.0	40.0
	After starting college	3	3.5	60.0	100.0
	Total	5	5.8	100.0	
Missing	System	81	94.2		
Total		86	100.0		

Age when first used: Other illegal drugs

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Before starting college	2	2.3	100.0	100.0
Missing	System	84	97.7		
Total		86	100.0		

Number of times student binge drank during the last two weeks - out of students who drank alcohol in past month

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	17	19.8	45.9	45.9
	1	11	12.8	29.7	75.7
	2	6	7.0	16.2	91.9
	3	2	2.3	5.4	97.3
	4	1	1.2	2.7	100.0
	Total	37	43.0	100.0	
Missing	System	49	57.0		
Total		86	100.0		

How many drinks do you typically have?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	15	17.4	30.0	30.0
	2	15	17.4	30.0	60.0
	3	9	10.5	18.0	78.0
	4	4	4.7	8.0	86.0
	6	5	5.8	10.0	96.0
	7	1	1.2	2.0	98.0
	8	1	1.2	2.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

In the past year, how often did you drink alcohol: Residence hall

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	46	53.5	90.2	90.2
	Rarely	2	2.3	3.9	94.1
	Sometimes	2	2.3	3.9	98.0
	Often	1	1.2	2.0	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

In the past year, how often did you drink alcohol: Fraternity/sorority

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	51	59.3	100.0	100.0
Missing	System	35	40.7		
Total		86	100.0		

In the past year, how often did you drink alcohol: Other on-campus location

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	48	55.8	96.0	96.0
	Sometimes	1	1.2	2.0	98.0
	Always	1	1.2	2.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

In the past year, how often did you drink alcohol: Off-campus house or apartment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	7	8.1	13.7	13.7
	Rarely	10	11.6	19.6	33.3
	Sometimes	11	12.8	21.6	54.9
	Often	14	16.3	27.5	82.4
	Always	9	10.5	17.6	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

In the past year, how often did you drink alcohol: Bar/restaurant

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	20	23.3	39.2	39.2
	Rarely	6	7.0	11.8	51.0
	Sometimes	11	12.8	21.6	72.5
	Often	10	11.6	19.6	92.2
	Always	4	4.7	7.8	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

In the past year, how often did you drink alcohol: Sporting/athletic event

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	41	47.7	80.4	80.4
	Rarely	5	5.8	9.8	90.2
	Sometimes	3	3.5	5.9	96.1
	Always	2	2.3	3.9	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

In the past year, how often did you drink alcohol: In a car

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	47	54.7	92.2	92.2
	Rarely	3	3.5	5.9	98.0
	Sometimes	1	1.2	2.0	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

In the past year, how often did you drink alcohol: Other

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	43	50.0	93.5	93.5
	Rarely	1	1.2	2.2	95.7
	Sometimes	2	2.3	4.3	100.0
	Total	46	53.5	100.0	
Missing	System	40	46.5		
Total		86	100.0		

Reasons for drinking in the past year: To experiment

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	13	15.1	25.5	25.5
	No	38	44.2	74.5	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Reasons for drinking in the past year: Because I am hooked

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	3	3.5	6.0	6.0
	No	47	54.7	94.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

Reasons for drinking in the past year: To relax or relieve tension

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	31	36.0	60.8	60.8
	No	20	23.3	39.2	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Reasons for drinking in the past year: To have a good time with friends

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	40	46.5	78.4	78.4
	No	11	12.8	21.6	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Reasons for drinking in the past year: Because of boredom

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	9	10.5	17.6	17.6
	No	42	48.8	82.4	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Reasons for drinking in the past year: Because of anger or frustration

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	10	11.6	19.6	19.6
	No	41	47.7	80.4	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Reasons for drinking in the past year: To get through the day

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	3	3.5	5.9	5.9
	No	48	55.8	94.1	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Reasons for drinking in the past year: To get away from my problems

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	10	11.6	19.6	19.6
	No	41	47.7	80.4	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Consequences of alcohol use in the past year: Friends or family members worried or complained about your drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	48	55.8	94.1	94.1
	Once	1	1.2	2.0	96.1
	3-5 times	2	2.3	3.9	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Consequences of alcohol use in the past year: Had a hangover

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	22	25.6	43.1	43.1
	Once	7	8.1	13.7	56.9
	Twice	8	9.3	15.7	72.5
	3-5 times	10	11.6	19.6	92.2
	6-9 times	3	3.5	5.9	98.0
	10+ times	1	1.2	2.0	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Consequences of alcohol use in the past year: Felt bad/guilty about your drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	38	44.2	76.0	76.0
	Once	6	7.0	12.0	88.0
	3-5 times	4	4.7	8.0	96.0
	6-9 times	1	1.2	2.0	98.0
	10+ times	1	1.2	2.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

Consequences of alcohol use in the past year: Created problems between you and your friends or family members

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	46	53.5	90.2	90.2
	Once	4	4.7	7.8	98.0
	Twice	1	1.2	2.0	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Consequences of alcohol use in the past year: Gotten into trouble at work or school because of drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	49	57.0	98.0	98.0
	Once	1	1.2	2.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

Consequences of alcohol use in the past year: Been hurt or injured because of drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	48	55.8	94.1	94.1
	Once	1	1.2	2.0	96.1
	Twice	2	2.3	3.9	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Consequences of alcohol use in the past year: Been ticketed or arrested because of drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	49	57.0	98.0	98.0
	Once	1	1.2	2.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

Consequences of alcohol use in the past year: Been arrested for drunk driving

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	50	58.1	98.0	98.0
	Twice	1	1.2	2.0	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Consequences of alcohol use in the past year: Driven a car while under the influence

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	43	50.0	86.0	86.0
	Once	4	4.7	8.0	94.0
	Twice	1	1.2	2.0	96.0
	3-5 times	1	1.2	2.0	98.0
	6-9 times	1	1.2	2.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

Consequences of alcohol use in the past year: Gotten into physical fights when drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	51	59.3	100.0	100.0
Missing	System	35	40.7		
Total		86	100.0		

Consequences of alcohol use in the past year: Engaged in unprotected sex

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	40	46.5	80.0	80.0
	Once	4	4.7	8.0	88.0
	Twice	1	1.2	2.0	90.0
	3-5 times	2	2.3	4.0	94.0
	10+ times	3	3.5	6.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

Consequences of alcohol use in the past year: Missed class or assignments

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	48	55.8	96.0	96.0
	Once	1	1.2	2.0	98.0
	3-5 times	1	1.2	2.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

Consequences of alcohol use in the past year: Blacked out

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	42	48.8	82.4	82.4
	Once	6	7.0	11.8	94.1
	3-5 times	3	3.5	5.9	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Consequences of alcohol use in the past year: Did something I later regretted

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	40	46.5	78.4	78.4
	Once	4	4.7	7.8	86.3
	Twice	2	2.3	3.9	90.2
	3-5 times	5	5.8	9.8	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

Consequences of alcohol use in the past year: Been in trouble with police, etc

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	50	58.1	100.0	100.0
Missing	System	36	41.9		
Total		86	100.0		

Consequences of alcohol use in the past year: Experienced unwanted sexual activity

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	49	57.0	98.0	98.0
	Once	1	1.2	2.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

Consequences of alcohol use in the past year: Took advantage of someone sexually

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	49	57.0	100.0	100.0
Missing	System	37	43.0		
Total		86	100.0		

How often did you drink beer in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	21	24.4	45.7	45.7
	Rarely	15	17.4	32.6	78.3
	Sometimes	5	5.8	10.9	89.1
	Often	4	4.7	8.7	97.8
	Always	1	1.2	2.2	100.0
	Total	46	53.5	100.0	
Missing	System	40	46.5		
Total		86	100.0		

How often did you drink malt beverages in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	13	15.1	25.5	25.5
	Rarely	13	15.1	25.5	51.0
	Sometimes	16	18.6	31.4	82.4
	Often	7	8.1	13.7	96.1
	Always	2	2.3	3.9	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

How often did you drink wine in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	14	16.3	28.0	28.0
	Rarely	9	10.5	18.0	46.0
	Sometimes	16	18.6	32.0	78.0
	Often	11	12.8	22.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

How often did you drink liquor in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	11	12.8	22.0	22.0
	Rarely	14	16.3	28.0	50.0
	Sometimes	14	16.3	28.0	78.0
	Often	9	10.5	18.0	96.0
	Always	2	2.3	4.0	100.0
	Total	50	58.1	100.0	
Missing	System	36	41.9		
Total		86	100.0		

How often did you drink high alcohol drinks in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	39	45.3	76.5	76.5
	Rarely	4	4.7	7.8	84.3
	Sometimes	3	3.5	5.9	90.2
	Often	4	4.7	7.8	98.0
	Always	1	1.2	2.0	100.0
	Total	51	59.3	100.0	
Missing	System	35	40.7		
Total		86	100.0		

How often did you drink some other type of alcohol in the past year?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	37	43.0	80.4	80.4
	Rarely	5	5.8	10.9	91.3
	Sometimes	4	4.7	8.7	100.0
	Total	46	53.5	100.0	
Missing	System	40	46.5		
Total		86	100.0		

How often do you drink micro-brewed beer?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	13	15.1	52.0	52.0
	Rarely	6	7.0	24.0	76.0
	Sometimes	5	5.8	20.0	96.0
	Often	1	1.2	4.0	100.0
	Total	25	29.1	100.0	
Missing	System	61	70.9		
Total		86	100.0		

How often do you drink micro-distilled liquor?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	15	17.4	38.5	38.5
	Rarely	15	17.4	38.5	76.9
	Sometimes	8	9.3	20.5	97.4
	Often	1	1.2	2.6	100.0
	Total	39	45.3	100.0	
Missing	System	47	54.7		
Total		86	100.0		

Students under 21: In the past year, how often have you obtained alcohol from friends over 21

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	7	8.1	35.0	35.0
	Rarely	7	8.1	35.0	70.0
	Sometimes	2	2.3	10.0	80.0
	Often	1	1.2	5.0	85.0
	Always	3	3.5	15.0	100.0
	Total	20	23.3	100.0	
Missing	System	66	76.7		
Total		86	100.0		

Students under 21: In the past year, how often have you obtained alcohol from siblings over 21

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	14	16.3	70.0	70.0
	Rarely	4	4.7	20.0	90.0
	Always	2	2.3	10.0	100.0
	Total	20	23.3	100.0	
Missing	System	66	76.7		
Total		86	100.0		

Students under 21: In the past year, how often have you obtained alcohol from other adults over 21

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	11	12.8	55.0	55.0
	Rarely	4	4.7	20.0	75.0
	Sometimes	3	3.5	15.0	90.0
	Always	2	2.3	10.0	100.0
	Total	20	23.3	100.0	
Missing	System	66	76.7		
Total		86	100.0		

Students under 21: In the past year, how often have you obtained alcohol at on-campus parties

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	19	22.1	95.0	95.0
	Always	1	1.2	5.0	100.0
	Total	20	23.3	100.0	
Missing	System	66	76.7		
Total		86	100.0		

Students under 21: In the past year, how often have you obtained alcohol at fraternity or sorority houses

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	19	22.1	95.0	95.0
	Always	1	1.2	5.0	100.0
	Total	20	23.3	100.0	
Missing	System	66	76.7		
Total		86	100.0		

Students under 21: In the past year, how often have you obtained alcohol at off-campus parties

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	19	22.1	95.0	95.0
	Always	1	1.2	5.0	100.0
	Total	20	23.3	100.0	
Missing	System	66	76.7		
Total		86	100.0		

Students under 21: In the past year, how often have you obtained alcohol from someone under 21

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	17	19.8	85.0	85.0
	Rarely	2	2.3	10.0	95.0
	Always	1	1.2	5.0	100.0
	Total	20	23.3	100.0	
Missing	System	66	76.7		
Total		86	100.0		

Students under 21: In the past year, how often have you obtained alcohol from parents

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	12	14.0	60.0	60.0
	Rarely	5	5.8	25.0	85.0
	Sometimes	1	1.2	5.0	90.0
	Always	2	2.3	10.0	100.0
	Total	20	23.3	100.0	
Missing	System	66	76.7		
Total		86	100.0		

Students under 21: In the past year, how often have you obtained alcohol some other way

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	14	16.3	77.8	77.8
	Rarely	3	3.5	16.7	94.4
	Always	1	1.2	5.6	100.0
	Total	18	20.9	100.0	
Missing	System	68	79.1		
Total		86	100.0		

Students under 21: Purchased alcohol from retailer in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	2.3	10.0	10.0
	No	18	20.9	90.0	100.0
	Total	20	23.3	100.0	
Missing	System	66	76.7		
Total		86	100.0		

Students under 21: Used fake ID in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	2	2.3	100.0	100.0
Missing	System	84	97.7		
Total		86	100.0		

Students under 21: Used someone elses ID in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	1	1.2	100.0	100.0
Missing	System	85	98.8		
Total		86	100.0		

Students under 21: Bought without using ID in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	1	1.2	100.0	100.0
Missing	System	85	98.8		
Total		86	100.0		

Students under 21: Purchased alcohol at bar

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	1	1.2	50.0	50.0
	1-2 times per year	1	1.2	50.0	100.0
	Total	2	2.3	100.0	
Missing	System	84	97.7		
Total		86	100.0		

Students under 21: Purchased alcohol at restaurant

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	1	1.2	50.0	50.0
	3-5 times	1	1.2	50.0	100.0
	Total	2	2.3	100.0	
Missing	System	84	97.7		
Total		86	100.0		

Students under 21: Purchased alcohol at grocery store

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1-2 times per year	2	2.3	100.0	100.0
Missing	System	84	97.7		
Total		86	100.0		

Students under 21: Purchased alcohol at discount store

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	2	2.3	100.0	100.0
Missing	System	84	97.7		
Total		86	100.0		

Students under 21: Purchased alcohol at convenience store

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	2	2.3	100.0	100.0
Missing	System	84	97.7		
Total		86	100.0		

Students under 21: Purchased alcohol at drug store

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	2	2.3	100.0	100.0
Missing	System	84	97.7		
Total		86	100.0		

Students under 21: Purchased alcohol at liquor store

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1-2 times per year	2	2.3	100.0	100.0
Missing	System	84	97.7		
Total		86	100.0		

Students under 21: Purchased alcohol at winery or micro-brewery

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	2	2.3	100.0	100.0
Missing	System	84	97.7		
Total		86	100.0		

Students under 21: Purchased alcohol at other

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	2	2.3	100.0	100.0
Missing	System	84	97.7		
Total		86	100.0		

Any age: Purchased alcohol online or via phone/mail

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	20	23.3	100.0	100.0
Missing	System	66	76.7		
Total		86	100.0		

Likelihood of a student under 21 years of age being ticketed or arrested when drinking at on-campus housing

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	7	8.1	18.4	18.4
	Somewhat Likely	13	15.1	34.2	52.6
	Somewhat Unlikely	7	8.1	18.4	71.1
	Very Unlikely	5	5.8	13.2	84.2
	Don't Know	6	7.0	15.8	100.0
	Total	38	44.2	100.0	
Missing	System	48	55.8		
Total		86	100.0		

Likelihood of a student under 21 years of age being ticketed or arrested when drinking at off-campus housing

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	5	5.8	13.5	13.5
	Somewhat Likely	5	5.8	13.5	27.0
	Somewhat Unlikely	6	7.0	16.2	43.2
	Very Unlikely	16	18.6	43.2	86.5
	Don't Know	5	5.8	13.5	100.0
	Total	37	43.0	100.0	
Missing	System	49	57.0		
Total		86	100.0		

Likelihood of a student under 21 years of age being ticketed or arrested when drinking at on-campus party

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	8	9.3	21.6	21.6
	Somewhat Likely	15	17.4	40.5	62.2
	Somewhat Unlikely	2	2.3	5.4	67.6
	Very Unlikely	5	5.8	13.5	81.1
	Don't Know	7	8.1	18.9	100.0
	Total	37	43.0	100.0	
Missing	System	49	57.0		
Total		86	100.0		

Likelihood of a student under 21 years of age being ticketed or arrested when drinking at off-campus party

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	5	5.8	13.5	13.5
	Somewhat Likely	10	11.6	27.0	40.5
	Somewhat Unlikely	6	7.0	16.2	56.8
	Very Unlikely	10	11.6	27.0	83.8
	Don't Know	6	7.0	16.2	100.0
	Total	37	43.0	100.0	
Missing	System	49	57.0		
Total		86	100.0		

Likelihood of a student under 21 years of age being ticketed or arrested when drinking at athletic event

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	9	10.5	24.3	24.3
	Somewhat Likely	12	14.0	32.4	56.8
	Somewhat Unlikely	3	3.5	8.1	64.9
	Very Unlikely	6	7.0	16.2	81.1
	Don't Know	7	8.1	18.9	100.0
	Total	37	43.0	100.0	
Missing	System	49	57.0		
Total		86	100.0		

Likelihood of a student under 21 years of age being ticketed or arrested when drinking at other places

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Very Likely	9	10.5	24.3	24.3
	Somewhat Likely	11	12.8	29.7	54.1
	Somewhat Unlikely	8	9.3	21.6	75.7
	Very Unlikely	4	4.7	10.8	86.5
	Don't Know	5	5.8	13.5	100.0
	Total	37	43.0	100.0	
Missing	System	49	57.0		
Total		86	100.0		

Perceived number of alcoholic drinks consumed by the typical student at the last party

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	2	2.3	2.9	2.9
	1	4	4.7	5.7	8.6
	2	10	11.6	14.3	22.9
	3	16	18.6	22.9	45.7
	4	13	15.1	18.6	64.3
	5	14	16.3	20.0	84.3
	6	8	9.3	11.4	95.7
	7	1	1.2	1.4	97.1
	9	1	1.2	1.4	98.6
	10	1	1.2	1.4	100.0
	Total	70	81.4	100.0	
Missing	System	16	18.6		
Total		86	100.0		

Perceived percent of students at your school who used alcohol in past month

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0%	1	1.2	1.4	1.4
	5%	1	1.2	1.4	2.9
	10%	2	2.3	2.9	5.8
	15%	3	3.5	4.3	10.1
	20%	7	8.1	10.1	20.3
	25%	1	1.2	1.4	21.7
	30%	4	4.7	5.8	27.5
	40%	7	8.1	10.1	37.7
	45%	3	3.5	4.3	42.0
	50%	5	5.8	7.2	49.3
	55%	3	3.5	4.3	53.6
	60%	5	5.8	7.2	60.9
	65%	4	4.7	5.8	66.7
	70%	7	8.1	10.1	76.8
	75%	8	9.3	11.6	88.4
	80%	2	2.3	2.9	91.3
	85%	4	4.7	5.8	97.1
	90%	2	2.3	2.9	100.0
	Total	69	80.2	100.0	
Missing	System	17	19.8		
Total		86	100.0		

Had your belongings or property damaged in the past year because of other students drinking

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	70	81.4	97.2	97.2
	Once	1	1.2	1.4	98.6
	2-3 times	1	1.2	1.4	100.0
	Total	72	83.7	100.0	
Missing	System	14	16.3		
Total		86	100.0		

Had to take care of another student who drank too much in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	59	68.6	81.9	81.9
	Once	7	8.1	9.7	91.7
	2-3 times	6	7.0	8.3	100.0
	Total	72	83.7	100.0	
Missing	System	14	16.3		
Total		86	100.0		

Found vomit in the halls or other areas of your residence in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	68	79.1	95.8	95.8
	Once	3	3.5	4.2	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Had your studying or sleep interrupted because of other students drinking in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	61	70.9	84.7	84.7
	Once	6	7.0	8.3	93.1
	2-3 times	4	4.7	5.6	98.6
	4 or more times	1	1.2	1.4	100.0
	Total	72	83.7	100.0	
Missing	System	14	16.3		
Total		86	100.0		

Had to act as a designated driver for another student in the past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	60	69.8	84.5	84.5
	Once	5	5.8	7.0	91.5
	2-3 times	4	4.7	5.6	97.2
	4 or more times	2	2.3	2.8	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

How do you think your close friends feel about you having five or more alcoholic drinks in one sitting?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly disapprove	29	33.7	40.3	40.3
	Somewhat disapprove	10	11.6	13.9	54.2
	Neither approve or disapprove	24	27.9	33.3	87.5
	Somewhat approve	4	4.7	5.6	93.1
	Strongly approve	5	5.8	6.9	100.0
	Total	72	83.7	100.0	
Missing	System	14	16.3		
Total		86	100.0		

How do you think your close friends feel about you using prescription medication not prescribed to you?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly disapprove	52	60.5	72.2	72.2
	Somewhat disapprove	9	10.5	12.5	84.7
	Neither approve or disapprove	9	10.5	12.5	97.2
	Somewhat approve	1	1.2	1.4	98.6
	Strongly approve	1	1.2	1.4	100.0
	Total	72	83.7	100.0	
Missing	System	14	16.3		
Total		86	100.0		

How do you think your close friends feel about you using marijuana?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly disapprove	24	27.9	33.3	33.3
	Somewhat disapprove	13	15.1	18.1	51.4
	Neither approve or disapprove	21	24.4	29.2	80.6
	Somewhat approve	8	9.3	11.1	91.7
	Strongly approve	6	7.0	8.3	100.0
	Total	72	83.7	100.0	
Missing	System	14	16.3		
Total		86	100.0		

Number of days in past month that mental health was not good

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	7	8.1	9.9	9.9
	1	8	9.3	11.3	21.1
	2	3	3.5	4.2	25.4
	3	4	4.7	5.6	31.0
	4	5	5.8	7.0	38.0
	5	9	10.5	12.7	50.7
	6	1	1.2	1.4	52.1
	7	3	3.5	4.2	56.3
	8	2	2.3	2.8	59.2
	10	11	12.8	15.5	74.6
	13	1	1.2	1.4	76.1
	15	8	9.3	11.3	87.3
	20	2	2.3	2.8	90.1
	25	1	1.2	1.4	91.5
	27	1	1.2	1.4	93.0
	29	1	1.2	1.4	94.4
	30	3	3.5	4.2	98.6
	Don't know, not sure	1	1.2	1.4	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Felt sad or hopeless in past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	30	34.9	42.3	42.3
	No	41	47.7	57.7	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Seriously considered attempting suicide in past year

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	10	11.6	14.1	14.1
	No	61	70.9	85.9	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Identify as sober and in recovery from alcohol or drug addiction

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	6	7.0	8.6	8.6
	No	64	74.4	91.4	100.0
	Total	70	81.4	100.0	
Missing	System	16	18.6		
Total		86	100.0		

Gambling in past year: Pools (e.g., March Madness)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	64	74.4	90.1	90.1
	Less than once a month	7	8.1	9.9	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Gambling in past year: Fantasy sports

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	67	77.9	94.4	94.4
	Less than once a month	3	3.5	4.2	98.6
	1-3 times per month	1	1.2	1.4	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Gambling in past year: Video game loot boxes

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	64	74.4	90.1	90.1
	Less than once a month	4	4.7	5.6	95.8
	1-3 times per month	3	3.5	4.2	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Gambling in past year: Other sports betting

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	70	81.4	98.6	98.6
	Less than once a month	1	1.2	1.4	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Gambling in past year: Gambled on-line

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	70	81.4	98.6	98.6
	Less than once a month	1	1.2	1.4	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Gambling in past year: Competetive video gaming

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	71	82.6	100.0	100.0
Missing	System	15	17.4		
Total		86	100.0		

Gambling in past year: Horse tracks

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	71	82.6	100.0	100.0
Missing	System	15	17.4		
Total		86	100.0		

Gambling in past year: Card games (not at casino)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	65	75.6	91.5	91.5
	Less than once a month	4	4.7	5.6	97.2
	1-3 times per month	2	2.3	2.8	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Gambling in past year: Lottery

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	52	60.5	73.2	73.2
	Less than once a month	15	17.4	21.1	94.4
	1-3 times per month	4	4.7	5.6	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Gambling in past year: Gambled at a casino

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	68	79.1	95.8	95.8
	Less than once a month	3	3.5	4.2	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Gambling in past year: Charitable gambling (e.g., bingo)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	61	70.9	85.9	85.9
	Less than once a month	9	10.5	12.7	98.6
	1-3 times per month	1	1.2	1.4	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Gambling in past year: Other ways

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	62	72.1	96.9	96.9
	Less than once a month	1	1.2	1.6	98.4
	1-3 times per month	1	1.2	1.6	100.0
	Total	64	74.4	100.0	
Missing	System	22	25.6		
Total		86	100.0		

Most common reason for gambling

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	I do not gamble	50	58.1	70.4	70.4
	Source of entertainment	12	14.0	16.9	87.3
	Source of excitement or challenge	4	4.7	5.6	93.0
	Way to socialize	4	4.7	5.6	98.6
	Source of money to support charities	1	1.2	1.4	100.0
	Total	71	82.6	100.0	
Missing	System	15	17.4		
Total		86	100.0		

Consequences of gambling: Not sleeping

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	67	77.9	97.1	97.1
	Occasionally	1	1.2	1.4	98.6
	Frequently	1	1.2	1.4	100.0
	Total	69	80.2	100.0	
Missing	System	17	19.8		
Total		86	100.0		

Consequences of gambling: Poor hygiene

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	68	79.1	98.6	98.6
	Occasionally	1	1.2	1.4	100.0
	Total	69	80.2	100.0	
Missing	System	17	19.8		
Total		86	100.0		

Consequences of gambling: Loss of friendships

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	67	77.9	97.1	97.1
	Occasionally	2	2.3	2.9	100.0
	Total	69	80.2	100.0	
Missing	System	17	19.8		
Total		86	100.0		

Consequences of gambling: Family/parent issues

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	67	77.9	97.1	97.1
	Occasionally	2	2.3	2.9	100.0
	Total	69	80.2	100.0	
Missing	System	17	19.8		
Total		86	100.0		

Consequences of gambling: School problems

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	67	77.9	97.1	97.1
	Occasionally	2	2.3	2.9	100.0
	Total	69	80.2	100.0	
Missing	System	17	19.8		
Total		86	100.0		

Consequences of gambling: Money issues

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	65	75.6	94.2	94.2
	Occasionally	4	4.7	5.8	100.0
	Total	69	80.2	100.0	
Missing	System	17	19.8		
Total		86	100.0		

Consequences of gambling: Felt bad about gambling

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	63	73.3	91.3	91.3
	Occasionally	5	5.8	7.2	98.6
	Frequently	1	1.2	1.4	100.0
	Total	69	80.2	100.0	
Missing	System	17	19.8		
Total		86	100.0		

Consequences of gambling: Depression

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	65	75.6	97.0	97.0
	Occasionally	2	2.3	3.0	100.0
	Total	67	77.9	100.0	
Missing	System	19	22.1		
Total		86	100.0		

gender

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Male	13	15.1	15.1	15.1
	Female	72	83.7	83.7	98.8
	Other	1	1.2	1.2	100.0
	Total	86	100.0	100.0	

age21

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Under 21	46	53.5	53.5	53.5
	21 or older	40	46.5	46.5	100.0
	Total	86	100.0	100.0	

Number of times student binge drank during the last two weeks - out of all students

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	60	69.8	75.0	75.0
	1	11	12.8	13.8	88.8
	2	6	7.0	7.5	96.3
	3	2	2.3	2.5	98.8
	4	1	1.2	1.3	100.0
	Total	80	93.0	100.0	
Missing	System	6	7.0		
Total		86	100.0		

Appendix F

Substance-Free Workplace Policy HR-07-60

University Policies

Substance-free Workplace

HR-07-60

About This Policy

Date of Last Review/Update:

06-01-2022

Responsible University Office:

Human Resources

Responsible University Administrator:

Vice President and Chief Human Resources Officer

Policy Contact:

IU Human Resources <http://hr.iu.edu/welcome/contact.htm>
askHR@iu.edu

Policy Feedback:

If you have comments or questions about this policy, let us know with the policy feedback form </contact/index.html> .

Scope

This policy applies to all staff and part time employees on university premises or while conducting university business off university premises.

Policy Statement

1. The university absolutely prohibits the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance or alcohol on university premises or while conducting university business off university premises. Violation of this policy may result in immediate termination of employment.

2. Lawful dispensation, possession or use of alcoholic beverages on university property is limited to specifically authorized events.

3. In compliance with the Drug-Free Workplace Act of 1988 and the federal Drug-Free Schools and Communities Act Amendments of 1989, and as a condition of employment with Indiana University, all employees must:

   a. Abide by the prohibition in point **1**. (See above.)

   b. Notify the campus chancellor, provost, or office designated for the campus of any conviction under a criminal drug statute for violations occurring on or off university premises while conducting university business, within 5 days of the conviction.

      i. When the campus chancellor's or provost's office receives notice of such a conviction, it will coordinate efforts to comply with the reporting requirements of the Drug-Free Workplace Act of 1988.

4. An employee who is (1) found to be under the influence of alcohol or a controlled substance while on university property, or in the course of a university activity, or (2) convicted of a criminal alcohol or drug statute violation occurring on university property, is subject to disciplinary action, up to and including termination.

   a. An employee is determined to be under the influence according to the standard set by the applicable standard (e.g., Department of Transportation, Indiana law).

   b. It is lawful for an individual to be under the influence of a controlled substance in a public place if the individual can present positive proof of the following:

      i. The individual is under the care of the Bureau of Addiction Services, a community mental health center, a managed care provider, or a licensed physician.

      ii. The controlled substance constitutes medical treatment authorized by state and federal law.

5. All persons should be aware of the following health risks caused by alcohol:

   a. Consumption of more than two average servings of alcohol in several hours can impair coordination and reasoning, and make driving an unsafe activity.

   b. Consumption of alcohol by a pregnant woman can damage the unborn child. A pregnant woman should consult their physician about this risk.

   c. Regular and heavy alcohol consumption can cause serious health problems such as damage to the liver and to the nervous and circulatory systems.

> d. Drinking large amounts of alcohol in a short time may quickly produce unconsciousness, coma, and even death.

6. The health risks associated with controlled substances are numerous and varied depending on the drug. Nonetheless, the use of drugs not prescribed by a physician are harmful to the health. For example, drug use can cause the following conditions:

   a. Impaired short-term memory or comprehension

   b. Anxiety, delusions, and hallucinations

   c. Loss of appetite resulting in damage to one's long-term health

   d. A drug-dependent newborn, if the mother uses drugs during pregnancy

      i. Pregnant women who use alcohol or drugs, or who smoke should consult their physician.

   e. AIDS, as a result of drug users who share needles

   f. Death from overdose

Reason for Policy

1. To promote a safe, healthy working environment for all employees

2. To provide assistance toward rehabilitation for any employee who seeks help in overcoming an addiction or dependence on alcohol or drugs

3. To reduce the incidence of injury to person or property and to reduce absenteeism, tardiness, and poor job performance

Procedures

1. **University-Wide Procedures**

   a. When it is reasonably believed that an employee is under the influence of drugs or alcohol while on the job, contact the campus human resources office to implement the following guidelines—all of which must be applied in accordance with the applicable Corrective Action policy.

      i. The employee may be removed from the workplace until the employee is no longer under the influence and during the time an investigation is underway. In such circumstances, the supervisor will arrange to have the employee transported home.

      ii. The employee may be required to undergo drug or alcohol testing. This could occur both at the time the employee is suspected of being under the influence and/or before the employee is allowed to return to work as evidence the employee is no longer under the influence.

         1. The campus human resource office should coordinate with the appropriate campus unit the development of a confidential testing program for the campus and inform the campus of

the program.

    2. The department director or designee should use the program to arrange for confidential testing of the employee.

    3. An employee's refusal to participate in requested drug and/or alcohol testing is a separate offense subject to corrective action.

  iii. An employee found to be under the influence is subject to corrective action as provided in the Corrective Action policy.

  iv. The supervisor may counsel the employee to seek assistance.

b. An employee whose off-work use of alcohol or drugs can reasonably be established to be the cause of excessive absenteeism or tardiness, or the cause of accidents or poor work performance will be counseled to seek assistance.

  i. Job performance problems are subject to the steps of the Corrective Action policy.

c. Assistance and rehabilitation

  i. Employees requiring assistance in dealing with the use of alcohol or a controlled substance can receive such assistance in two ways: self referral and university referral.

  ii. Employees are encouraged to seek confidential information and referral assistance from the following:

    1. Physician and/or Employee Assistance Program (EAP). EAP counselors are available by toll-free call at 888-234-8327. (Available to full-time appointed employees and their household members only.)

    2. List of local social service agencies. Employees are advised to check with their medical plan administrator for coverage information.

  iii. An employee's off-work use of alcohol or drugs can cause excessive absenteeism or tardiness, or cause accidents or poor work performance. If this can reasonably be established, the employee will be counseled to seek assistance.

    1. An employee's needs for assistance or rehabilitation will be treated as confidential by the supervisor receiving it and only those persons "needing to know" will be made aware of the request.

    2. Rehabilitation is an acceptable purpose for a leave of absence subject to consideration of the other conditions listed in the Family Medical Leave Act (FMLA) Rights </policies/hr-05-20-fmla-family-medical-leave/index.html> policy.

2. **Additional Procedures for Non-Exempt AFSCME Service staff at Bloomington, Indianapolis, and South Bend**

a. Bloomington Non-Exempt AFSCME Service staff

  i. An employee accused of being under the influence of alcohol or drugs may be required by the supervisor to undergo <u>alcohol or drug testing <http://hr.iu.edu/relations/testing.html></u> or the

employee may request an alcohol or drug test at the department's expense. The employee may be removed from duty pending test results. The department will provide, as soon as practical, written documentation of the basis for the required alcohol or drug test. If the results of the test are not positive, the employee will receive pay and benefits for any lost time due to drug or alcohol test requirement.

b. South Bend Non-Exempt AFSCME Service staff

    i. In connection with the implementation of this drug and alcohol testing policy, the University is committed to having its employees trained in order to ensure, as far as possible, the consistent enforcement of the policy. Accordingly, in addition to arranging for training for its management staff, the University will also offer training to the Union President, Vice President, Secretary, and Treasurer of AFSCME Local 1477-01 and at least one union steward from each shift. Others may also be trained by mutual agreement of the parties.

    ii. If an employee suspected of being under the influence of drugs or alcohol agrees to undergo drug testing, the University will notify the union as soon as practical. If an employee suspected of being under the influence of drugs or alcohol refuses to undergo drug testing, the employee will be offered the opportunity for union representation prior to removing the employee from the workplace pending corrective action whenever possible provided such representation is immediately available.

c. IUPUI Non-Exempt AFSCME Service staff follow this policy and the IUPUI campus procedure.

Definitions

Controlled substances are those usually referred to as illegal drugs listed under the federal Controlled Substances Act <https://www.deadiversion.usdoj.gov/schedules/index.html> .

Sanctions

1. All employees are reminded that conviction under state and federal laws that prohibit alcohol and drug-related conduct can result in fines, confiscation of automobiles and other property, and imprisonment. A conviction can also result in the loss of a license to drive or to practice in certain professions, and barred opportunities from employment.

2. A person who exhibits alcohol-related behavior such as the following is at risk of arrest:

    a. A person under 21 who possesses alcohol

    b. A person who provides alcohol to a person under 21

    c. A person who is intoxicated in public

    d. A person who sells alcohol beverages without a license

History

June 2022

Updated "temporary" employee nomenclature to "part time".

February 2021

Updated the staff employee group terms due to Job Framework Redesign.

Related Information

Safety and Prevention Programs: Alcohol and Drugs <https://protect.iu.edu/iu-police-department/personal-preparedness/alcohol-drugs/index.html>

Appendix G

Registered Student Organization Manual

IUPUI

2022 Student Organization Handbook

Table of Contents

THE CUBE (Student Organization Center)

No one expects you to have all the answers, and that's why we have the **CUBE Student Organization Center** with a full team of student team members to assist you.

The role of The Connection Ambassador team member is to support Student and Family Connections and the IUPUI Division of Student Affairs with the following:

- *Assists in the management of the Student Organization Registration and Re-Registration process each year.*
- *Oversees all student organization event submissions on The Spot and troubleshoot any problems and questions associated with navigating the Spot.*
- *Processes all marketing and promotions requests for student organizations and departmental promotions.*
- *Serve as managers of the CUBE Student Organization Center with upkeep, reservations, and maintenance.*

THE SPOT

The Spot, which can be accessed at thespot.iupui.edu and is our campus' student engagement platform, provides a set of powerful tools that all student organizations have access to through their individual organization portal. The Spot has allowed us to streamline our processes to make it easier for our registered student organizations and create an easy access point for students to find out about your student organization so they can get involved!

The benefits of The Spot are wide ranging and features include:

- *Register your student organization events that are inclusive of space requests, funding, and requesting campus resources.*
- *Providing a calendar of events to promote your events and also to keep your members informed.*
- *Creating student organization forms, organizing online resources, and storing files for future years*

Chapter I: Student Organization Overview, Re-Registration, & Maintenance

What is a Student Organization?
A student organization is defined as a group of students currently enrolled at IUPUI who unite to promote a common interest and is registered with the Student and Family Connections

department. Only currently enrolled IUPUI students can serve as officers or vote on organizational matters. While IUPUI recognizes the vital contributions that student organizations make to the quality of life on a University campus, the registration of a student organization by IUPUI is not to be interpreted as an endorsement or approval of the purpose and/or activities of any student organization. If it is alleged that a student organization or its members have failed to comply with University policies or procedures, the University may conduct an investigation and render sanctions as it deems necessary. Failure to comply with University policies and procedures may result in a variety of penalties, including, but not limited to, suspension or the revocation of registration status. A student organization that is suspended or no longer registered with the University loses all privileges and benefits granted to student organizations.

Types of Registered Student Organizations
There are two types of registered student organizations (RSOs) at IUPUI: Self-Governed Student Organizations (SGSOs) and University Student Organizations (USOs).

Self-Governed Student Organizations (SGSOs)
Student organizations that are considered separate from Indiana University and must agree to and operate under the Self Governed Student Organization Agreement ("SGSO Agreement") in order to use University facilities and services, and receive benefits associated with the Indiana University name. The full policy is available at University Policies STU-01.
- Examples: Fraternity and Sorority Life organizations, academic and honor societies, club sports, etc.

University Student Organizations (USOs)
Student organizations that are typically formed by Indiana University to serve an important function or to provide a certain opportunity for students. USOs are treated as operating units or agencies of IU within the administrative and fiscal structure of Indiana University and are subject to all University policies and procedures. Final approval of USO status will rest with university administration. Factors to be considered are: funding sources and organizations, IU staff support, management of risk, integration with university operations, and the historical and reputational relationship between the student organization and IU. The full policy is available at University Policies STU-01.

- Examples: Student Governance (Undergraduate Student Government and Graduate and Professional Student Government), Student Activities Programming Board, School Councils/Governments, Housing and Residence Life organizations, etc.

Registered Student Organization Categories

All registered student organization applicants may choose **ONE** category that best describes their student organization based on the criteria below; however, The CUBE Student Organization Center will review category choice of each organization and revise if necessary during the application process. Student organizations at IUPUI are categorized into several areas:

- **Academic and Professional**
    - o Serve as a forum to explore issues in a particular academic field or area of interest; students do not have to be enrolled in that line of coursework in order to be members of these student organizations.

- **Club Sports**
    - o Primary purpose is for members to compete in sporting events and/or athletic activities. Competing locally, regionally, or nationally is a requirement in order to be considered a Club Sport.
    - o Prior to starting a Club Sport, Campus Recreation must be consulted.

- **Governance**
    - o Serve as the governing body of a school, college, organizations, or student bodies.

- **Honor Societies**
    - o Student organizations with limited membership, where membership is a mark of distinction or recognition of achievements. Membership is usually by invitation only.

- **International & Multicultural**
    - o Provide an opportunity to explore and celebrate other cultures as well as to increase campus understanding and support. These student organizations provide a support

network for students from a particular culture as well as educate the campus about that culture.

- **Performance & Media**
  - o Performance student organizations involve performing in front of an audience in an artistic format such as dance, drama, and/or music.
  - o Media student organizations exist in order to provide information related to their purpose through means of mass communication, such as newspapers, magazines, radio, or television.

- **Political & Social Awareness**

  - o Raise awareness about social and political issues or exist to represent particular political or social interests.

- **Religious & Spiritual**

  - o Directly affiliated with a religious organization and/or educate about religious beliefs, conduct any religious activities, or foster development of the spiritual self.

- **Social Fraternities & Sororities**
  - o Primarily social in nature, but not professional or honorary.
  - o Prior to starting a social fraternity or sorority organization, Student and Family Connections must be consulted.

- **Special Interest**
  - o Include all student organizations that do not fall in any of the other designated categories.

- **Sport & Recreation**
  - o Primary purpose is for members to engage in sporting events and/or athletic activities.

- **Volunteer & Service**
  - o Primarily dedicated to providing improvement, aid, or assistance to others on campus or in the community.

- **Graduate and Professional Students**
  - o Student organizations designed for graduate and professional students on IUPUI's campus.

Requirements & Re-Registration

Requirements to Maintain Student Organization Status

In order to maintain registration as a student organization at IUPUI, groups are expected and required to:

- Follow university policies and be in good standing with Student and Family Connections
- Maintain a roster of a minimum of five (5) currently enrolled IUPUI students and identify a team of officers in the Spot.
- Have a faculty/staff advisor who is an employee of IUPUI.
- Review constitution annually and update accordingly.
- Complete the Student Organization Annual Re-Registration Process with Student and Family Connections by the assigned deadline.
- Be respectful of University facilities and property and the deadlines associated with the student organization event activity registration process.
- Be considerate and (to the best of their ability) ensure the safety of those participating in their events and activities.
- Submit all required organizational events via the student organization event activity registration process.
- Comply with the expectation to not disrupt University functions and classes.
- Be transparent with all organizational matters.
- Use Student Activity Fee dollars for the purposes for which they were approved.
- Communicate regularly with the student organization advisor regarding all student organization matters.

Student Organization Annual Re-Registration Process
Each spring semester, existing registered student organizations are required to re-register each year through The Spot and provide:
- Updated contact information for Executive Committee members. Registered student organizations are required to have a Primary Contact, Reservationist, and USG Senator (not applicable for graduate/professional student organizations).
- Current roster with a minimum of five (5) IUPUI student members.
    - City-wide organizations such as affiliates of the National Panhellenic Council are exempt from this policy.
- Name of Faculty or Staff Advisor that is employed at IUPUI, their IUPUI email address, their phone number, and name of the department they work for.
- Any updates, addendums, or edits to the constitution that have been approved by the student organization.

Failure to re-register your student organization will result in a loss of privileges and cancellation of any space reservations, funding allocated, and any other activities in process.

If a student organization fails to re-register during the Annual Student Organization Re-Registration Process, the student organization will lose its status as a registered student organization, its portal on The Spot will be frozen until they re-register. If a group fails to re-register after a full year, your account will be de-activated and the group must restart the new organization process if it wishes to receive the privileges and benefits that come with registration status.

Some student organizations may additionally fall under the purview of Fraternity and Sorority Life or Campus Recreation. Additional training and/or requirements may apply.

All registered student organizations are responsible for abiding by all federal, state, and local laws and Indiana University, IUPUI, and SFC policies and procedures. Additionally, student organizations are expected to follow and comply with the rules and regulations (academic, financial, etc.) that govern student organizations.

Privileges of Registered Student Organizations
Registered student organizations are eligible to:
- Reserve meeting/event space on campus.
- Request funding through the Student Development Funding Committee.
    o Exception: University Student Organizations (USOs), which receive money directly from the GFAB, are ineligible to apply for the Student Organization Grant.
- Participate in all involvement fairs.
- Advertise programs and events on the digital signage located throughout the Campus Center.
- Receive free and/or discounted printing services through the Multimedia Production Center.
- Request an@iupui.edu email address for the student organization through the Multimedia Production Center.
- Ability to receive mail at The CUBE Student Organization Center.
- Student organization consultations to assist with organization challenges and for advice.
- Participate in leadership opportunities specifically for student organization officers and members.

Registered Student Organization Membership Requirements
For all registered student organizations, voting membership should be defined as limited to currently enrolled IUPUI students. Others such as faculty, staff, alumni, professionals, etc. are encouraged to become members but as non-voting associate or honorary members. For educational and leadership development reasons, student organizations are to be student initiated, student led, and student run. All student groups desiring to benefit from registered student organization status with IUPUI must include the IUPUI Student Organization Non-Discrimination Policy in their constitution (UA-01). Please note that fraternity and sorority life organizations, which otherwise meet University requirements in this category, may waive the gender discrimination aspect of the IUPUI Student Organization Non-Discrimination Policy.

Section 1. Indiana University Non-Discrimination Policy: Participation in the proposed organization and prerogatives of membership must be without regard to arbitrary consideration of such characteristics as age, color, disability, ethnicity, gender, gender identity, gender expression, genetic information, marital status, national origin, race, religion, sexual orientation, or veteran status.

Section 2. As a member, one is expected to attend student organization meetings regularly, pay dues if required, and actively support student organization projects. Membership may be revoked by ½ vote of

officers plus ¾ vote from the general membership if actions are deemed inappropriate by the membership.

Section 3. Faculty or staff members may participate in student organizations as associate or guest members. Associate members may participate in meetings and events, but may not hold voting rights or be considered for office. *It is not required that your student organization accept associate members; however, if you choose to allow them, the above policy is required. It is also required that student organizations are composed of no more than 25% associate or guest members.*

Registered Student Organization Officer Requirements
Each registered student organization must elect an Executive Committee to manage organizational activities and events. At a minimum, each student organization must have a Primary Contact, Reservationist, and USG Senator (not applicable for graduate/professional student organizations).

SFC recommends that for any officer position of leadership or responsibility in any registered student organization on campus a student must:

- Be currently enrolled in at least six (6) academic credits at IUPUI or the academic equivalent for graduate and professional students.
- Be in good disciplinary and academic standing with the university.
- Roles within the organization must include: President, Vice President, Treasurer, Reservationist, Risk Manager, and USG Senator (for undergraduate organizations only)

The CUBE Student Organization Center will communicate directly with student organization officers as necessary. Please note that only the designated reservationist(s) may reserve facility space and only presidents and treasurers may submit forms for financial reimbursement. It is the responsibility of the student organization's officers to ensure that their student organization's portal on The Spot is current in order to ensure that The CUBE Student Organization Center has the correct contact information on file for these individuals. The CUBE Student Organization Center requires that certain officers attend meetings to learn about program policies and procedures.

Officer Elections

Student organizations **should hold elections and have officers selected no later than April** in preparation for the Annual Student Organization Re-Registration Process, which begins in May.
- The exception to this guideline are College Panhellenic Association and Interfraternity Council organizations; it is known that they transition in December. However, they will still need to re-register during this timeline.
- Please note that when a student organization re-registers, it will need to list ALL student organization officers.
- By holding elections in March and determining incoming officers for the next academic year, incoming officers are able to shadow and learn from outgoing officers for 4-6 weeks before the conclusion of the academic year. This helps ensure transparency of information between officers and assists in keeping the student organization organized and stable from year to year.

Student Organization Advisor

Per IU Policy (UA-01),Indiana University requires that every registered student organization have a faculty or staff Advisor who is employed at IUPUI. **Furthermore, undergraduate students, external individuals, alumni, or individuals working with an entity affiliated with IUPUI do not qualify to serve as Advisors.**

The advisor can provide valuable expertise, experience, campus and community connections, and continuity for a student organization. Behind almost every successful student organization is a strong and knowledgeable Advisor.

Student Organization Advisor Liability
Below are some suggestions to assist Advisors with their responsibilities:
- Try to anticipate risks that may arise out of any decision or situation, and then have a conversation with the student leaders on what they can do to minimize risk. Regardless of the type of student organization, there will always be an opportunity for something out of the ordinary to happen. However, if reasonable precautions are taken, the risk involved may be reduced or minimized. Please contact The CUBE Student Organization Center, as we work with General Counsel, Emergency Management, Insurance Loss Control Prevention and Claims (INLOCC), and other risk management authorities to address particular concerns about risk or liability.
- It is very important to be aware of University policies as they affect student organizations.
- Advisors should **NEVER** enter into a contract on behalf of a student organization, a particular student, IUPUI, or Indiana University.
- Advisors are expected to comply with all University policies and federal, state, and local laws and regulations.

Chapter II: Starting a New Student Organization

Starting & Registering a New Student Organization

Similar to the re-registration process, new student organizations seeking registration with IUPUI must provide the following information for Step 1 of the application process:

- Official Name of the student organization as listed in the constitution and promoted on campus.
  - Student organizations are not permitted to use IUPUI or IU to begin their official organization name. Please see the section on IU Naming Policy for more information.
- Name and IUPUI email address of all officers for the upcoming registration year. Please see the section on Officer Requirements for more information.
- Roster of current and active IUPUI student members/officers with a minimum of 5 members are required.
- Official constitution, ratified by the student organization, and approved by The CUBE Student Organization Center.
- Name of faculty or staff advisor who is employed at IUPUI, their IUPUI email address, their office phone number, and the name of the department they work for.

New student organization applications can be submitted on The Spot.

Step 2: Upon approval of application, new student organization representatives will be added to a Canvas module that will allow leaders to learn more about the policies and procedures on campus, the benefits of being a registered student organization, and learn more about The Spot.

Step 3: Upon completion of the Canvas module, a representative from the new student organization will do a one on one consultation program with a SFC staff member to learn more about being an active and sustainable organization on our campus.

IUPUI Student Organization Duplication Policy

Prior to beginning this process, please log into The Spot and check to ensure that there is no organization that mimics the intentions of your group. A group may not duplicate the purpose and/or activities of an existing student organization (i.e. duplicate organizations are not allowed). This provision safeguards limited resources and encourages students to work cooperatively when their interests and intentions are similar.

Specifically Prohibited Groups

IUPUI acknowledges the freedom of students to seek membership and form alliances with organizations outside the University. Some potential organizations may conflict with the policies of the University and may not be approved to affiliate with IUPUI as a student organization. All potential organizations must register through the new student organization process and are reviewed on a case-by-case basis. You will want to review the new student organization registration process to understand the requirements to become an official IUPUI student organization.

Requirements to Register a Student Organization

The following criteria will be used in determining whether or not a student organization will become registered:

- The student organization will enhance the IUPUI experience and will create an inclusive environment to appeal to the larger Indianapolis community.
- The student organization does not duplicate another student organization and has minimal overlap with the missions and goals of other student organizations, offices, and services on campus.
- The student organization furthers the mission and values of IUPUI.
- The student organization's constitution follows the template provided by The CUBE Student Organization Center and provides sufficient detail for each required article and clause.
- The student organization has a plan for long-term success and has a succession strategy for the future. Multiple graduation years are represented on the Executive Committee and the Primary or Secondary Contact cannot be a first semester freshman or a second semester senior. If a first semester senior is the Primary or Secondary Contact, it is recommended that there are two non-seniors who are also interested in establishing the organization, and who are part of the application process.

The Executive Committee is composed of IUPUI students enrolled in at least six (6) credit hours and demonstrates knowledge of the subject matter as well as the passion to make this organization a success.

- The student organization meets the University's legal and risk management requirements.
- The student organization agrees to meet all University policies and procedures and financial guidelines and protocols.
- The Executive Committee has created an appropriate organizational structure, as well as clear concepts for future activities and programs. In addition, the Executive Committee demonstrates that these ideas and goals are realistic.

Reactivating a Student Organization
If a previously registered student organization wishes to be active again at IUPUI, the group must undergo the new student organization registration process and meet all requirements listed under Starting & Registering a New Student Organization.

Chapter III: Registered Student Organization Finances and Funding

<u>**Finance**</u>

Basic Financial Procedures
University Student Organizations (USOs) are strictly prohibited from having a non-Indiana University affiliated bank account. Self-Governed Student Organizations (SGSOs) are able to establish private bank accounts to manage their funds acquired through dues, donations, fundraisers, etc.

To establish a bank account,
- Students from the self-governed student organization must contact the IRS for an Employer Identification Number (EIN). This may be done via www.irs.gov or by calling 800-829-4933.
- Complete an online SS4 form at the IRS website. This is necessary to receive a tax ID that is required to open up a group/business account. Indiana University does not provide its own tax ID number for student organizations. Choose "View additional types" and then "School Organization". You are responsible for completing all necessary IRS paperwork year to year to stay in good standing.
- Open the bank account in the name of the registered student organization. Individual members should never open an organization bank account under his/her personal name and social security number.
- Students must contact a bank of their choice. It is recommended that two students and one faculty/staff advisor be placed on the account.
- For banks that require a letter verifying University registration, students should contact The CUBE Student Organization Center at StuAct@iupui.edu.

Indiana University accepts no responsibility for any bank accounts held by self-governed student organizations. Self-governed student organizations are encouraged to have multiple representatives on each account to prevent fraudulent activity.

Furthermore, student organizations are encouraged to maintain detailed financial records; members should be briefed on the financial status of the registered student organization on a regular basis.

<u>**Funding**</u>

Student Activity Fee Funding Eligibility and Sources
All eligible student organizations applying for funds through the Student Development Funding Committee must be registered with The CUBE Student Organization Center. No student organization is guaranteed funding.

Student Development Funding Committee
The Student Development Funding Committee (SDFC) is a team of undergraduate and graduate/professional students who review proposals of registered student organizations and individuals applying for the Graduate and Professional Education Grant (GPEG), the Student Organization Grant (SOG), and the Undergraduate Educational Enhancement Grant (UEEG).

Committee members are trained in all approval guidelines, provide an unbiased viewpoint, and promote the ethical use of Student Activity Fees. The SDFC works to provide an equitable review of each proposal based on the information submitted for review.

Grants Funded by Student Activity Fees & Dispersed by SDFC
Self-governed registered student organizations are eligible to apply for funding from the Student Development Funding Committee (SDFC). The SDFC disperses student activity fees through three grants: the Graduate and Professional Education Grant (GPEG), the Student Organization Grant (SOG), and the Undergraduate Educational Enhancement Grant (UEEG).

To be eligible to receive this funding, a registered student organization must meet the following criteria:

- All funding guidelines and deadlines can be found at go.iupui.edu/RSO.
- Student organization representatives will be responsible for answering any questions or clarifications from SDFC delegates about their funding requests.
- All grant applications within the SDFC are found on the front page of the spot under 'Campus Links'

Graduate and Professional Education Grant (GPEG)
- The Graduate and Professional Educational Grant (GPEG) is a competitive travel award intended to enhance professional and academic development and leadership training to further the overall educational experience for graduate and professional students of IUPUI. GPEG must provide professional or leadership training related to your academic program or field of research.

Student Organization Grant (SOG)
- The purpose of the Student Organization Grant (SOG) is to enrich student life and increase student engagement through events and programming sponsored by registered student organizations at IUPUI. Allocated funds should benefit the IUPUI student experience and further the endeavors of intellectual development, cultural competence, and critical thinking

Undergraduate Educational Enhancement Grant (UEEG)
- The purpose of the Undergraduate Educational Enhancement Grant (UEEG) is to enhance professional and academic development and leadership training to further the overall educational experience for undergraduate students of IUPUI. UEEG must provide professional or leadership training related to your academic major or organizational purpose. Students can apply for this grant as a registered student organization or as an individual if they are participating in an experience that is not planned by themselves or their organization.

The **Student Development Funding Committee** has the authority and responsibility of dispersing allocations to student organizations in conjunction with Student and Family Connections. Student and Family Connections has the authority to adjust, reduce, or restrict funding to student organizations as appropriate and must approve all funding decisions of the Student Development Funding Committee. The officers of the student organization are responsible for abiding by and adhering to University, SFC, and SDFC policies regarding the expenditure of funds.

Fundraising

Fundraising events are designed to increase the visibility of student organizations and encourage individuals to make financial contributions. Registered student organizations may raise additional funds through fundraising. The policies that govern a registered student organization's handling of donations are established by Indiana University and enforced by the Division of Student Affairs. All fundraising activities must be submitted and successfully registered through the student organization event activity registration process.

General Guidelines

1. Suppliers not operating under a formal contract with IUPUI are prohibited from conducting solicitations on campus. This includes any partnerships with registered student organizations. Businesses seeking to solicit on campus with a student organization must contact the Office of Procurement Services.
2. All solicitation must be conducted so that campus pedestrians and automobile traffic are unobstructed and members of the University community may proceed with their normal activities.
3. State funds and student activity fees may not be used to finance a fundraising event. As an example, the SDFC cannot contribute funds for charitable purposes to any fundraising activities.
4. The Indiana University name, marks, logos, and graphics are federally registered trademarks controlled by the IU branding licensing agreement, and the designated university administrator must approve any use in advance. Information regarding the use of the university name or logos may be found online at www.brand.iu.edu.
5. If a solicitation event is to take place off campus utilizing public areas, student organizations may need to contact the city of Indianapolis for special event permits.

Expressly Prohibited Sale Items

The following sales and solicitations are expressly prohibited on campus:

- Sale of food products that conflict with dining services sales
- All activities in which participants must pay to be eligible to win a game of chance (FIN-ACC-640)
- Sale of items which will pose threat to the individual who made the purchase to their surrounding environment, including, but not limited to guns, knives, and lighters (PS-03).
- Sale of items that conflict with existing University contracts, including but not limited to books, DVDs, and IU/IUPUI apparel not purchased through the Bookstore at IUPUI.
- Solicitation on University property surrounding all athletic facilities, including University-operated parking lots, before, during, or after Indiana University (FIN-PURCH-12)
- Activities at intersections on University grounds and/or soliciting from passing vehicles (FIN-PURCH-12).

Chapter IV: Registered Student Organization Events and Activities

Event Activity Registration Process: An Overview

- University Student Organizations (USOs) must register all their events regardless of location through The Spot.
- Self-Governed Student Organizations (SGSOs) must register their event if any of the following conditions apply:

- ● Requesting the use of IU facilities or spaces
- ● Requesting Student Organization Grant funding
- ● Requesting the event be listed in The Spot for marketing purposes
- ● Reserving space off-campus for a student organization event
- ● Requires event waivers and or/high risk events.
- ● This registration process ensures that the appropriate University partners are involved, enhances communication between the event reviewers, and the overall process is more transparent for the event submitter (i.e. the student organization's reservationist).
- ● Although the event registration process can be perceived as an intensive one, it eliminates the need for student organizations to reserve events in one place, register their events in another place, **AND** make sure they are abiding by all student organization policies and procedures. Additionally, the registration process simplifies the need to understand the many student organization policies and procedures that Indiana University has placed on student organization programming and assists in preventing student organizations from violating policies and procedures.
- ● Failure to submit events correctly will lead to student organization conduct measures being taken. This may include submitting an organizational conduct report through the Office of Student Conduct.
- ● Overall, this event registration process can serve as a major resource and asset to student organizations who utilize it in accordance with the guidelines and recommendations SFC has made.

Event Activity Registration Process: Submission Timelines
- ● Student organizations are required to have at least one, but no more than two, designated reservationists on their Executive Committee. The reservationist(s) is the **only** officer that can submit event requests on behalf of the registered student organization via The Spot.
- ● The timeline for submission approval of events is the following:
  - o 1 Week: Virtual Events and Information Tabling Request in the Campus Center
  - o 2 Weeks: Activities with low risk (tables, chairs, and attendees)
  - o 3 Weeks: All other activity submission (excluding SDFC funding)
  - o 6 Weeks: Early opening/late closing activities in the Campus Center, activities held at/in Campus Recreation spaces, activities in Taylor Courtyard, activities of high risk/physical activity, activities involving attendance/inclusion of animals.
  - o 8 Weeks: Activities with recreation/novelty equipment-inflatables, dunk tanks, vehicles, etc.
- ● Timelines are in place to allow event reviewers the time to review each activity, communicate with individual organizations, and approve/deny event submission.
  - o Failure to submit the event according to the appropriate timeline will result in the organization being unable to hold the event.
  - o If it is found that a student organization withheld relevant information in an event submission or held an event without meeting necessary approvals and registration requirements met, the organization will undergo the student organization conduct process.

- ● **Be as descriptive and thorough as possible with your event submissions!**

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Exceptions to Timelines
The CUBE Student Organization Center understands that sometimes emergencies happen and the deadlines may be difficult to meet. Please note that exceptions are made at the discretion of the leadership of SFC. To request an exception, please email The CUBE Student Organization Center at StuAct@iupui.edu. Please note that if an exception is granted, we cannot make any guarantees.

Items considered when determining a deadline and the level of flexibility available:
- Risks associated with event/program/activity
- Desired location of event/program/activity
- Presence of vendors
- Staff capacity
- Time in which event request submission is being submitted
- Number of event request submissions pending in The Spot
- Amount of time between the date in which the event request submission was submitted and the desired date of the event/program/activity

University Calendar
Registered student organizations may plan events and activities in the fall, spring, and summer semesters when classes are in session. All student organization events must be approved by all the necessary University partners and successfully registered in The Spot.

Policy on Cancelling Student Organization Events

General Cancellation Policy
If you are cancelling a student organization event, you will need to do the following:
- *Cancel the event in The Spot **AND***
- *Contact the appropriate Venue Request campus partner via email and notify them that you will not be holding the event (please CC StuAct@iupui.edu on the email).*
- Please check our University Partners' cancellation policies to ensure that you cancel far enough in advance and prevent having to pay a late cancellation or no show fee.

You can find additional information regarding specific building cancellation policies in Chapter VI: Registered Student Organization Policies & Procedures

Additional Relevant Information

University Closure
When the University is closed due to emergency events or weather, all events, programs, and activities planned by registered student organizations will be cancelled for the duration of the closure. Student organizations are encouraged to work closely with The CUBE Student Organization Center to reschedule the event when an event is cancelled due to a University closure.

Allergies & Accommodations
When planning events, it is also important to be mindful of allergies (e.g., food, latex, etc.) your members, participants, and guests might have. Eight foods account for 90 percent of all food allergic

reactions in the U.S.: milk, eggs, peanuts, tree nuts (e.g., walnuts, almonds, cashews, pistachios, pecans, etc.), wheat, soy, fish, and shellfish. If your event is being catered by Chartwells Catering, guests are requested to notify the contact person for their campus event regarding any special dietary needs at the same time the guest registers or accepts an invitation for an event and no less than ten business days in advance.

Collaboration
Student organizations are encouraged to broaden the scope and reach of their events and activities through collaboration, co sponsorships, and support. Collaboration is an ongoing and continuous partnership with another student organization(s) in all aspects of the program planning process. This includes brainstorm sessions, budget planning, identifying learning outcomes, and developing a publicity plan.

Chapter V: Registered Student Organization Programs and Services

Fall & Spring Involvement Expo

Involvement Expos are indoor/outdoor opportunities during Weeks of Welcome in the fall and spring. With thousands of students attending these events, this is a great opportunity for your organization to be present, set-up a table, recruit new members and engage with your fellow Jaguars.

Multimedia Production Center

The Multimedia Production Center (MPC) is a media lab created specifically for student organizations at IUPUI to help promote their events. Student organizations can promote their events in a variety of ways with the MPC via print and electronic ads.

Registered student organizations get 300 free prints per semester to advertise their organization. You can also trade in some of your free prints to cover large-format printing for your student organization's promotions and events. Faculty and staff at IUPUI can also use the MPC as an affordable printing option for large format printing of research, presentation and event posters.

Browse mpc.iupui.edu and see what the Multimedia Production Center can do for your student organization.

The CUBE Student Organization Center Marketing Services

If your student organization is interested in requesting one or more of these marketing services, your designated reservationist can do so when completing The Spot Event Form for your organization's event. When asked "*Are you requesting any of the following media marketing services be completed by The CUBE Student Organization Center for the purpose of marketing this activity*?," please select the marketing services you would like provided. Pending the event is approved by the appropriate campus partners and is successfully registered, the CUBE will process these marketing requests through the student organization event registration process, provide assistance with any questions asked during the process, and complete the selected marketing services. If your organization is unable to request these marketing services through The Spot Event Form, please email StuAct@iupui.edu or stop by the CUBE Help Desk to inquire on an alternative method to request the service(s).

Also, please note that all marketing materials must abide by the IU Naming Policy in order for a marketing service to be approved and accommodated to. Please see Chapter IV: Registered Student Organization Policies & Procedures for more information on the IU Naming Policy.

A-Frames
The following policy has been established to provide for the safe and equitable use of A-frames in the University Library walkway. The student organization would need to print out the poster from the Multimedia Production Center and drop it off at the CUBE Help Desk.

Chalking Request
The CUBE Student Organization Center will process all chalking requests via The Spot Event Form. Please note that there are specific designated areas in which registered student organizations must abide by when chalking.

Marketing Flyers
Print flyers for your student organization's events/programs/activities in the Multimedia Production Center or on your own and bring it to The CUBE Help Desk to fill out a marketing sheet that explains when and where you would like the marketing fliers to be hung up. Upon doing so, The CUBE Student Organization Center will hang them up across IUPUI's campus. Please note that the student organization's event/program/activity must have been successfully registered in The Spot in order for this service to be offered.

We only need **15 flyers** as we will scan them and email it to residence life so they can print and post on their own.

Campus Flyer Locations:

Campus Center
Education/Social Work
Honors Lounge
Residence Life
University Library
Lecture Hall

Student Organization Mailbox

Student organization mail may be picked up at The CUBE Help Desk.
- Student organization staff is housed in The CUBE Student Organization Center. The CUBE is located on the third floor of the Campus Center, in Suite 386.
- Student organization address information should follow the format below:
    - Attn: *Student Name*
      of *Student Organization*
      420 University Blvd. CE 386
      Indianapolis, IN 46202
- The CUBE Student Organization Center will hold mail for 5 days after sending an email to the primary contact of the organization. Student Organizations (any member) must pick up their mail within this time otherwise we will return to sender for first-class and priority mail and discard standard mail. Please see CUBE Help Desk hours below:

CUBE Help Desk Hours of Operation

Fall and Spring Semester:
Monday- Friday: 9:00am - 7:00pm

Saturday: Closed

Sunday: 2:00pm - 7:00pm

Summer & Breaks:
Sunday: Closed
Sunday: Closed
Monday- Friday: 10:00am - 4:00pm

Chapter VI: Registered Student Organization Policies & Procedures

IU Student Organization Naming Policy

If your student organization has "Indiana University-Purdue University Indianapolis" or "IUPUI" in its title, it must follow the main portion of the name. This policy is also applicable to all School, Academic Program, and Department names as well.

SO, the group name should be as follows:
- *Student Organization at IU entity name*
- *Acceptable: Chess Club at IUPUI*
- *Unacceptable: IUPUI Chess Club*

Note: This also applies to student organization social media accounts, marketing materials, etc.!

Event Cancellations

Campus Center (CE) Event Services Cancellation Policy
- Registered student organizations must cancel with both The CUBE Student Organization Center (StuAct@iupui.edu) and the CE Event Services Assistants (CampCntr@iupui.edu).
- All events will be cancelled in the event that the University is closed and/or classes are cancelled due to weather, natural disaster, or national emergency. In these instances, no cancellation fees will be charged. Events will not be scheduled to take place anytime the University is closed, including holidays.
- Registered student organizations that fail to use reserved meeting space and/or fail to cancel reserved meeting space at least two (2) business days prior to the scheduled event will be charged a late cancellation/no-show fee. To avoid late cancellation fees for meeting space and information tables, written notice must be sent to the CE Event Services staff at least two (2) FULL business days prior to the event (business days are Monday-Friday).
- Catering agreements with IUPUI Food Services (Chartwells) have separate cancellation requirements.

- The following incremental fine system will be used for late cancellations or no-shows for meeting/event space. These actions will reset on the first day of classes each semester.

    - 1ST offense: warning email sent to student organization leadership and advisor

    - 2nd offense: $100 fine

    - 3rd offense: Immediate cancellation of all current and future events for 90 days and a prohibition of making new reservations during this period.

Chartwells Food Service Cancellation Policy
Chartwells asks for an advance notice of three (3) business days if a student organization decides to cancel. Cancellations made after this date will be charged in full.

Campus Recreation (CREC) Cancellation Policy
- Registered student organizations must cancel with both The CUBE Student Organization Center (StuAct@iupui.edu) and Campus Recreation Staff (RecSuper@iupui.edu).
- All events will be cancelled in the event that the University is closed and/or classes are cancelled due to weather, natural disaster, or national emergency. In these instances, no strikes will be charged to organization. Events will not be scheduled to take place anytime the University is closed, including holidays.
- Registered student organizations/University Departments that fail to use reserved space and/or fail to cancel reserved space at least two (2) business days prior to the scheduled event will be held accountable for lack of communication and use. To avoid consequences, written notice must be sent to the Campus Recreation staff at least two (2) FULL business days prior to the event (business days are Monday-Friday).
- During event, Campus Recreation staff will meet with Event Organizer to ensure space is being used.
- The following incremental system will be used for late cancellations or no-shows for meeting/event space, using a July 1 - June 30 calendar year:
    - 1st Strike - Lose ability to reserve Campus Recreation Space for one month following registered event.
    - 2nd Strike - Lose ability to reserve Campus Recreation Space for rest of academic Semester.
    - Jct Strike - Lose ability to reserve Campus Recreation space for rest of academic year.

IUPUI Event and Conference Services Cancellation Policy
Event and Conference Services requires cancellation to be 30 days prior to the event date, without penalty. Cancellations received less than 30 days prior to the event date will be subject to a cancellation penalty. These spaces include the Madam Walker Legacy Center, Athletic Facilities, Outdoor and Green Space, Dining Facilities, and select classrooms and meeting rooms.

IU McKinney School of Law Cancellation Policy
The Client shall initial the schedule of events in the event agreement, which is part of this agreement. IU shall hold event space to accommodate the schedule of events but reserves the right to reassign the space to accommodate both Client and all other organizations or parties using the Facility during the Client's meeting.

The Facility is first and foremost an educational facility and no events will be scheduled which will cause disruption to classes or other official university functions. Law School functions take precedence over use of the facility by outside groups (for profit or non-profit). No events are scheduled during final exam times, no exceptions. The Law School reserves the right to cancel or reschedule any event conflicting with university programming at least two (2) months prior to the scheduled event date unless otherwise agreed to in writing. The Law School requires at least forty-eight (48) hours' notice for cancellations.

Should a reduction in the number of attendees occur, meeting and event space may be reduced to a level commensurate with this number. The minimum number of guests anticipated assigns meeting rooms and event space. The Law School reserves the right to assign and/or change groups to a meeting room and event space suitable for the attendance.
If events beyond the control of both parties occur, including but not limited to, acts of God, war, strikes, terrorist attacks in the city of Indianapolis or curtailment of transportation either in Indianapolis or in the countries/states of origin of the attendees, which prevents at least 40% of the attendees from arriving for the first scheduled day of the event, making it impracticable, illegal, or impossible to perform as originally contracted under this agreement, the affected party may terminate this agreement without liability, upon written notice. If inclement weather were to affect the cancellation of the event or classes, IU may terminate this agreement without liability, upon verbal notification. This agreement may be terminated only for any one of the above reasons by written notice from either IU or Client to the other within ten (10) days of learning the basis for termination. Any changes, additions, stipulations or deletions including corrective striking out by either the Law School or Client will not be considered agreed to or binding on the other unless such modifications have been initialed or otherwise approved in writing by the other.

IU School of Dentistry (IUSD) Cancellation Policy
IUSD requires a notice of at least 2 FULL business days (48 hours) if an event is being cancelled.

IU School of Medicine (IUSM) Cancellation Policy
IUSM requires a notice of at least 2 FULL business days (48 hours) if an event is being cancelled.

School of Health and Human Sciences (SHHS) Cancellation Policy
Licensee is responsible for payment of full amount of the Total Fee if the event is cancelled within one week of the beginning of the event.
- Rentals that fail to use reserved space and/or fail to cancel reserved space at least five (5) business days prior to the event will be charged a late cancellation/no show fee, as well as forfeit their rental fee. To avoid late cancellation fee for a confirmed rental, written notice must be sent to Samantha Groves (slgroves@iu.edu)and Hana Belden (habelden@iu.edu)at least two (2) business days prior to the event (business days are Monday- Friday).
- The following incremental fine system for meeting/event space has been implemented, using a July 1-June 30th calendar year.

o 1st late cancellation/no show per year $50

o 2nd late cancellation/no show per year $75

o 3rd late cancellation/no show per year $100

Office of the Registrar /General Academic Spaces Cancellation Policy
The Registrar would need at least a one week notice of an event being cancelled and would need this by Thursdays at 10:00am, so that they have time to get it off the weekly Event Calendar that goes out on Thursdays.

University College (UC) Cancellation Policy
University College requires a notice of at least 2 FULL business days (48 hours) if an event is being cancelled.

University Library (UL) Cancellation Policy
The University Library generally requests groups to notify them of a cancellation for the Library to be sure the information is not on their daily room setup worksheet. There is no specific policy listed for cancellation, however there is a policy if a group fails to use reserved space. The information below is listed on the University Library Room Policies website: http://ulib.iupui.edu/services/roompolicies. To maximize the use of space, all student organizations are expected to honor all reservations. Student organizations that fail to use reserved space may be charged a $25 cancellation fee. To avoid a cancellation fee for room and event spaces, written notice should be sent to the UL Event Coordinators (ulems@iupui.edu) a minimum of one (1) business day prior to the event. Student organizations hosting events cancelled at the last minute due to inclement weather, national disaster, and/or national emergency will not be charged a cancellation fee.

Risk Management
Risk Management is defined as "the process of identifying and evaluating the risks associated with the activities and operations of an organization; developing a means to control, reduce, or eliminate those risks."

There are five types of risk management: physical, reputation, emotional, financial, and facilities.
- Physical: alcohol, travel, injury, hazing, assault, food, etc.
- Reputation: lack of members, issues with recruitment, harm to organization reputation, communication within group, lack of leadership, University/federal compliance, etc.
- Emotional: sexual harassment, internal conflicts/disagreements, diversity, inclusion, peer pressure, hazing, stress, etc.
- Financial: budget, money, theft, fraud, embezzlement, etc.
- Facilities: damage to property, buildings, etc.

Risk management is often perceived negatively, but the conversation around the topic goes beyond the concern or fear of lawsuit avoidance. Risk management policies and procedures regarding student organization programming exist to ensure safety and security measures are taken by student

organizations and that participants in student organization events/programs are able to enjoy a co-curricular experience without concern or harm.

The CUBE Student Organization Center is dedicated to educating student organizations on risk management and helping student leaders develop and grow in planning skills and safety practices.

Assumption of Risk & Release from Liability

Based on the assumed risk of an activity being registered, participants and organizers of the activity may be required to complete an **Assumption of Risk and Release from Liability Form**, or waivers, which serve to minimize legal exposure to the University in the event of injury to a participant or property damage in connection with a University-related trip, program, or activity. These forms will be created by the CUBE Student Organization Center and distributed to the student organization in advance of the event. Once the event has concluded, all completed waivers must be returned to the CUBE Student Organization Center within three days. These complete forms are scanned and kept available in the unfortunate event of injury or property damage resulting from the registered event. Some examples of events that will require the completion of waivers include but are not limited to: activities requiring physical exertion (dance practices, sport tournament); organized travel; activities that include inflatables, recreational novelty equipment, and/or animals. Organizations will be notified on their Activity Registration is their programmed is deemed in need of a liability waiver.

IUPUI Student Organization Hazing Policy
Hazing by members of student organizations is strictly forbidden. Hazing activities are defined as "any action taken or situation created, intentionally, whether on or off university premises, to produce mental or physical discomfort, embarrassment, harassment, or ridicule."

Such activities may include, but are not limited to, the following:
- Use of alcohol
- Paddling in any form
- Creation of excessive fatigue
- Physical and psychological shocks
- Quests, treasure hunts, scavenger hunts, road trips, or any other such activities
- Wearing of public apparel which is conspicuous and not normally in good taste
- Engaging in public stunts or buffoonery, morally degrading, or humiliating games and activities
- Any other activities which are not consistent with academic achievement, the policies and procedures of Indiana University/IUPUI/CCSE, or applicable federal, state, and/or municipality laws and regulations

Please note that consent does not constitute acceptability. Furthermore, hazing could interfere with a student's status and could result in expulsion from the University. It could also impact the registered student organization's (RSO) status through temporary or permanent removal of the student organization. This could prevent the RSO from ever returning to IUPUI's campus. In extreme cases, lawsuits against students can occur.

More information regarding sanctions for hazing can be found at conduct.iupui.edu.

IU Code of Student Rights, Responsibilities, and Conduct
The IU Code of Student Rights, Responsibilities, and Conduct ensures your rights as an IU student are protected. While you're entitled to respect and civility, you also have responsibilities to the campus community. The Code outlines these responsibilities and the university's expectations for your behavior as an IU student. Please visit studentcode.iu.edu for more information.

Purpose of the Code
–   The purposes of Indiana University include the advancement of knowledge, the pursuit of truth, the development of students, and the promotion of the general well-being of society. As a community, we share a dedication to maintaining an environment that supports trust, respect, honesty, civility, free inquiry, creativity, and an open exchange of ideas.
–   Individual rights are best protected by a collective commitment to mutual respect. A student who accepts admission to Indiana University agrees to:
▪   Be ethical in his or her participation in the academic community,
▪   Take responsibility for what he or she says and does,
▪   Behave in a manner that is respectful of the dignity of others, treating others with civility and understanding, and Use university resources and facilities in appropriate ways consistent with their purpose and in accordance with applicable policies.
▪   Every Indiana University student is responsible for reading and understanding this Statement, as well as other expectations identified by individual schools or organizations relevant to an academic major, professional field, or on -campus residence. This Code of Student Rights, Responsibilities, and Conduct is intended to identify the basic rights, responsibilities, and expectations of all students and student groups to serve as a guide for the overall student experience at Indiana University.

Student Organization Misconduct
Acts of misconduct shall subject the registered student organization, its leadership, and/or its membership to disciplinary action. Allegations of misconduct against any student organization should be addressed. As appropriate, referrals may be made and sanctions may be imposed by one or more of these offices: Student and Family Connections and/or the Office of Student Conduct. Acts of misconduct may be defined as conduct or behavior that may compromise the integrity of the student organizations program, SFC, IUPUI, or Indiana University.

Such misconduct includes, but is not limited to:
•   Violation of any local, state or deferral law, violation of the IU Code of Student Rights, Responsibilities, and Conduct, or any other university policy, rule, or regulation
•   Consumption of alcohol by an officer, member, or affiliate of the organization at any organizational event, competition, trip or function
•   Harassment or sexual harassment
•   Hazing in any form

- Sexual assault or misconduct

Committing any act of misconduct not specifically described above shall subject violators to any of the described penalties which Student and Family Connections determines most suitably addresses the conduct involved.

Accessibility

Every registered student organization must agree to be open to full membership and participation by students with disabilities through accessible programming and facilities. Accessible programming includes, but is not limited to, physical location, alternative printed materials and web pages, and communications (e.g. sign language interpreters). For more information, visit their website at https://aes.iupui.edu/ or contact Adaptive Educational Services at aes@iupui.edu or 317-274-3241.

Alcohol & Drug Policy

Generally, persons who are over 21years of age may purchase, possess, or consume alcoholic beverages. This privilege extends to their homes or temporary residences. It is unlawful for any person under 21to purchase, possess, or consume any alcoholic beverages; to give or to sell any alcoholic beverage to anyone under 21; or to aid or to abet anyone under 21in purchasing, possessing, and consuming any alcoholic beverage. Student organizations are subject to all related University policies on alcohol including but not limited to the Late Night Party Policy or the policy of any on-campus building where an event occurs. IUPUI prohibits the unauthorized possession, use, or supplying of alcoholic beverages to others contrary to law or university policy. Violations of this policy can have different consequences (written reprimand to suspension) depending upon the circumstances of the incident. The university's judicial system allows parents/guardians to be notified when their under 21year old student has been found responsible for violating the alcohol policy. Students responsible for an alcohol violation may also be instructed to participate in an alcohol education program.

IUPUI has a zero tolerance practice for the possession, sale and/or use of illegal drugs. Students who violate this policy can expect a significant sanction; including suspension or expulsion from the University. For more information, please visit: http://studentcode.iu.edu/.

Political Activities

IUPUI supports and encourages you to become informed about, and engaged in, the political process at all levels of government to prepare you for a life of engaged citizenship. This includes educating yourself about issues, candidates and elected officials, as well as voting. Resources are available to help support these activities and connect you with the executive, legislative and judicial branch at the local, state and federal levels. Indiana University has established policies to insure that the institution is in compliance with federal and state laws and regulations that prohibit the university from participating in or intervening in a political campaign or using its resources in a way that could appear to support a political candidate. A person is defined as a candidate when they either announce their candidacy or file their paperwork for candidacy, whichever comes first.

Policies related to political activity can be found at policies.iu.edu.Search for Political Activities. In general, the policies cover:
- A prohibition on political fundraising on campus.

- Guidelines on how to properly structure an on campus event involving political candidates that meets your goals while staying in compliance with university policies.
- Restrictions on the use of university funds for events involving political candidates.
- Avoiding the appearance of the university's endorsement or opposition to a candidate.

There are also university policies on contact with state and federal government officials and agencies on behalf of the university as well as federal and state lobbying reporting requirements. More information can be found at gov.iu.edu/policies.

If your student organization plans to be in contact with elected or appointed officials or political candidates, please contact Jennifer Boehm at jrboehm@iupui.edu.

Food, Dining, & Catering Policies

IUPUI Food Services (Chartwells Catering)
- Exclusive caterer of the IUPUI campus
- Professional delivery and service staff
- Catering for plated events, buffets, and drop-off service
- Convenient ordering by phone or online at iupui.catertrax.com
- Easiest method for IUPUI EHS Food Safety Policy Compliance

IUPUI Food Service Contract Exclusivity Policy
- Impacted by the type of Registered Student Organization (RSO)
  - **Student Governed Student Organizations (SGSOs)** are exempt from the IUPUI Food Service contract for **ALL** of their events.
  - **University Student Organizations (USOs)** can only bring up to $250 worth of outside food (non-Chartwells) for their events.
  - Don't know what type of RSO your student organization is? Contact us at The CUBE Student Organization Center at StuAct@iupui.edu and we can help! ☺
- Food trucks must be approved by Event and Conference Services.

Marion County Public Health Department-Food and Consumer Safety

If you are using an outside vendor for food or cooking on campus, you may have to refer to the [Marion County Public Health Department](#) guidelines for additional permits and regulations. With your registration on the spot for your event, our campus partners will let you know specific guidelines to follow.

Environmental Health & Safety

Environmental Health & Safety ensures state, county, and local compliance of all food-related events through cooperation with the Marion County Public Health Department. For more information related to food safety, please visit: https://ehs.iupui.edu/environmental/food%20safety.html.

Public vs. Private events

Event Open to the Public - Any event or function that:
- Takes place on campus **AND**
- Is open to any or all students and/or faculty & staff **OR**
- The event is being advertised publicly
- Examples: An open invitation is made to the campus or the general public through an IUPUI website (such as JagNews) or other media outlet (including social media)

Internal Event -Any event or function that:
- Takes place on campus **AND**
- Is limited to the University affiliated group internal members **AND**
- Has **NOT** been advertised as open to the public, all students and/or faculty & staff
- Examples: Events with a defined guest list or limited to members of a specific student group *only* would be considered internal

Event Requirements
- Internal Events
  - While current University policy places no additional requirements or restrictions on food when not using University funds, student organizations are strongly encouraged to consider food from the approved University Safe Foods List.
  - Internal events exceeding 100 participants and serving food not on the University Safe Food List will require a temporary food service license.
- Catered Events
  - Food provided by IUPUI Food Services Catering (Chartwells) does not require any additional paperwork.
  - **Non-IUPUI Food Services MUST be a licensed caterer and MUST serve the food themselves.**
- Food Fundraiser
  - Must be a 501(c)(3) tax exempt organization or obtain a temporary food service license.

Temporary food service license
- Required when offering foods (for free) NOT on the Approved/Safe Foods List
- Required for food fundraisers held by non-501(c)(3) organizations
- Required even if the food is donated or prepared by a restaurant or grocery store.
- Required for any fundraiser with food offered in-kind.
- Marion County Public Health Department must approve the event and they provide the license.

Events requiring temporary food service license
- You must plan ahead and work with the Marion County Public Health Department to obtain approval and the license. Cost of the license is $40. Must apply AT LEAST 30 days before the event.
- Proof of temporary food service license must be provided to EHS at least 10 business days before the event.

Approved/Safe Foods List
The food must be limited to one or more of the following:
- Chips and pretzels and pre-manufactured dip
- Commercially prepared baked goods (doughnuts, rolls, cookies, and cake)
- Commercially prepared pizza
- Commercially prepared, individually wrapped deli sandwiches
- Cotton candy
- Hot dogs with simple condiments (i.e., ketchup, mustard, relish)
- Popcorn, kettle corn, and caramel corn
- Soft drinks, coffee, juice, milk, ice and shaved ice products (slushies)
- Whole fruits and vegetables or cut fruits and vegetables purchased from a
licensed food establishment such as a supermarket.

Governance of Student Organizations

Student and Family Connections reserves the right and has the absolute authority to register student organizations at IUPUI. Student and Family Connections also have the right and authority to review, adjust and amend the status of student organizations, and to suspend the rights and privileges of any student organization for any reason. IUPUI values diversity of thought and recognizes that the free expression of ideas is integral to the educational process. Registered student organizations, its officers, and members, are expected to meet and abide by the standards set forth in the IU Code of Student Rights, Responsibilities, and Conduct.

Logos, Trademarks, & Branding

IU has strict branding standards governing the look and use of licensed and trademarked words and marks associated with Indiana University. For information regarding which words and marks and licensed and trademarked, please visit brand.iu.edu. All approval for the use of licensed and trademarked words and marks must be received before any items are ordered.

Movie & Film Copyright/Public Performance Law

The Federal Copyright Act (Title 17, United States code, Public Law 94-553, 90 Stat. 2541) governs how copyrighted materials, such as movies, may be distributed and publicly displayed and performed.

Neither the rental nor the purchase or lending of a movie carries with it the right to exhibit such a movie publicly outside the home, unless the site where the video is used is properly licensed for copyright compliant exhibition, or the screening has been properly licensed. This also applies to movies borrowed from sources such as public libraries, colleges, and personal collections. Public performance includes a movie shown in a place open to the public or any place where a substantial number of persons outside of a normal circle of a family or its social acquaintances are gathered. A license is required for all public performance of films that are protected by copyright. This copyright requirement applies to both commercial and non-profit organizations and venues, including colleges and universities and student organizations, regardless of whether admission is charged.

Those who violate copyright law can be subject to infringement claims and prosecuted, and will be in violation of University policy. IUPUI works closely with companies that facilitate the purchase of a license to show a movie. Consult The CUBE Student Organization Center if your student organization is planning to show a film.

For more information regarding MPAA copyright, please visit http://www.mplc.org/copyright.

Outdoor Events
- Planning for most outdoor events, large or small, should begin at least 60-75 days out to make time for the necessary approvals and procedures involved with space reservations, security reviews and planning, sanitation, and other needs. Through planning, you can help alleviate roadblocks, or speed bumps, for guests so they can show up and be a part of the event.
- You should always plan for the unexpected and have a backup date or location for your student organization's event by submitting a secondary event request for the alternative date or location.
- It is strongly encouraged that students that enroll in IU Notify to receive both text messages and phone calls in order to ensure that they receive the alerts as fast as they are issued. When holding an event, someone from your student organization should be designated to monitor severe/inclement weather. This includes the use of regularly provided apps as well as signing up through IU Notify to receive notifications.

Photo, Video & Audio Release
If you wish to use the image or other recording of an individual for University purposes, you should secure permission from the individual by obtaining their signature on a Photo, Video, and Audio Release and Consent form. You may find these forms and additional forms regarding filming activities on campus through the University's Office of the Vice President & General Counsel.

Programs Involving Children
> The PIC policy was created to ensure the overall protection and safety of children involved in Indiana University programs. You can find the full policy of how your event can be compliant through Protect IU.

Police & Security
- All major events in controlled access venues must use wristbands or tickets to track the number of individuals entering the venue.

- After reviewing the request and based on the risk(s) involved in the proposed event, Indiana University Policy Department officers may be assigned to work events. The student organization sponsoring the event will be responsible for any fees or charges assessed by IUPD.
- Security officers may not be outsourced by student organizations. IUPD may bring in outside resources if deemed necessary.
- If it is determined that the presence of IUPD is necessary for an event, then IUPD reserves the right to cancel an event if they are unable to staff the event or if they do not approve the nature
  of the event.

Public Safety policies at Indiana University address such issues as firearm possession, child safety, video and electronic surveillance, and drones. Included below are policies in use at all the Indiana University Police Department campus divisions concerning such policing issues as jurisdiction and vehicle operations during pursuits.

More policies will be added as standard approaches to public safety issues are developed at Indiana University.

FirearmsPolicy: http://go.iu.edu/IAJK.
Tobacco-FreePolicy: http://go.iu.edu/IAJL.

Student Organization Travel
When student organizations travel, there are expectations regarding and consequences to their behavior(s).

Travel Expectations
Students are representatives of IUPUI and must adhere to the IU Code of Student Rights, Responsibilities, and Conduct. The Code applies to the on-campus conduct of all students and registered student organizations. The Code also applies to the off campus conduct of students and registered student organizations in direct connection with:

- Academic course requirements or any credit-bearing experiences, such as internships, field trips, study abroad, or student teaching.
- Any activity supporting pursuit of a degree such as research at another institution or a professional practice assignment.
- Any activity sponsored, conducted, or authorized by the University or by registered student organizations.
- Any activity that causes substantial destruction of property belonging to the University or members of the University community, or causes or threatens serious harm to the safety or security of members of the University community.
- Any activity in which a police report has been filed, a summons or indictment has been issued, or an arrest has occurred for a crime of violence.

Students' behavior at off-campus activities, regardless of scope or distance from campus, is reflective of the University, and students are therefore expected to:

- Maintain the safety and well-being of students as well as other individuals contacted in any capacity during the travel.
- Respect the security and protection of property belonging to individuals or to other institutions and establishments.
- Create an environment and maintain practices that sustain the educational goals of the travel.
- Pledge obedience to all laws, all Indiana University and IUPUI policies, and policies of any facility or university where students may be at all times. Students traveling are personally responsible for their behavior and the consequences for that behavior.
- Follow the IU Code of Student Rights, Responsibilities, and Conduct. Anyone violating the IU Code of Student Rights, Responsibilities, and Conduct while traveling is subject to sanctions from the Office of Student Conduct.

Participants in activities involving student travel are responsible for their own behavior and any resulting consequences. The University shall not be liable for any loss, damage, injury or other consequence resulting from a participant's failure to comply with University rules and regulations, the direction of university employees, or applicable law. Individuals detained by proper authority or incarcerated during travel should not expect assistance or remuneration from the University.

Individuals evicted from their place of lodging are personally responsible for obtaining and paying for their own alternative lodging. Any damages incurred at any lodging establishment are the complete and direct responsibility of the student(s) assigned to the damaged room(s).

Chapter VII: University Offices and Resources

Below is a list of University offices and resources available to registered student organizations.

Adaptive Educational Services (AES)
Adaptive Educational Services (AES) coordinates support services and academic accommodations for students with documented disabilities. Ensuring that these students have equal opportunities to pursue a college education, while also ensuring a high level of academic integrity is maintained. For more information, please visit aes.iupui.edu,stop by their office in Taylor Hall (UC) Room 100, or contact them at aes@iupui.edu or 317-274-3241.

Campus Center and Student Experiences (CE)
Campus Center (CC) oversees campus center event services and operations. For more information, please stop by their office in Campus Center 370, or contact them at 317- 278-8511.

Campus Recreation (CREC)
Campus Recreation (CREC) offers intramural sports and fitness classes for IUPUI students, faculty, and staff. They also oversee the Jaguar Fitness Center and the Campus Recreation Outdoor Facility at Lockefield Green. For more information, please visit their website at campusrec.iupui.edu,stop by the Jaguar Fitness Center in Campus Center 156, or contact them at 317-274-2824.

Counseling and Psychological Services (CAPS)
Counseling and Psychological Services (CAPS) offers a range of counseling services to IUPUI students and will help you find what is right for you. If you suspect your issues might be related to a learning disorder, they can conduct the appropriate assessments to find out. CAPS can also help you manage your psychiatric medication. They will help you determine what the appropriate option is at your first appointment. For more information, please visit caps.iupui.edu,stop by their office in Walter Plaza Suite 220, or contact them at capsindy@iupui.edu or 317-274-2548.

Health and Wellness Promotion (HWP)
Health and Wellness Promotion (HWP) offers resources for you to improve your overall wellness beyond just physical and mental health, addiction recovery support, and other outreach opportunities. For more information, please visit wellness.iupui.edu,stop by their office in Campus Center Suite 350, or contact them at hwpindy@iupui.edu or 317-274-9355.

Indiana University Policy Department (IUPD)
Indiana University Policy Department (IUPD) is a full service law enforcement agency which serves the needs of the Indiana University campuses and serves the IUPUI community 24 hours a day, 7 days a week, 365 days a year. IUPD works closely with local, state, and federal law enforcement agencies and has direct access to national and state law enforcement computer networks. For more information, please visit iupd.iupui.edu or contact them at 317-274-2058.

LGBTQ+ Center
The LGBTQ+ Center is open to everyone and serves as a lighthouse for LGBTQ+ resources and as a landing ground to find community on campus. The LGBTQ+ Center is dedicated to serving the IUPUI LGBTQ+ community through community building, education and advocacy. For more information, please visit lgbtqcenter.iupui.edu,stop by the LGBTQ+ Center in Taylor Hall (UC), or contact them at lgbtcntr@iupui.edu or 317-278-8333.

Multicultural Center (MC)
The Multicultural Center (MC) seeks to support the entire student population promoting the value of diversity, broadening multicultural awareness and sensitivity, advancing cultural competence, and encouraging cross-cultural collaborative relationships through retention, engagement and education. For more information, please visit mc.iupui.edu,stop by the MC in Taylor Hall (UC), or contact them at mc@iupui.edu or 317-274-2815.

Multimedia Production Center (MPC)
The Multimedia Production Center (MPC) can help student organizations stand out with printing services that make your print and electronic advertising easy and effective. Printing is available at no charge for student organizations. Each organization receives 300 free prints each semester to promote its events, programs, and activities. Student organizations can also trade in some of your free prints to cover large-format printing for your organization's promotions and events. The MPC does more than just print awesome promotions on paper. It also offers digital and email account services. Student organizations can receive free advertising on JagTV and can also help RSOs create a website account. The MPC makes getting a new webserve, MySQL database, or digital media streaming service easy. They can create an official@iupui.edu email account for new student organizations. If your student organization already has an account, but cannot remember your passphrase, they can help with that too. For more information, please visit mpc.iupui.edu,stop by the MPC in Campus Center 380, or contact them at iupuimpc@iupui.edu or 317-278-3355

Sexual Misconduct and Interpersonal Violence
IUPUI is determined to do all we can to prevent sexual violence on our campus and is here to protect your rights, make sure you are aware of your responsibilities as a valued member of campus, and guide you through opportunities to grow and develop as a person. But it takes all of us to sustain a caring campus culture that does its utmost to prevent sexual misconduct. Whether that's by taking action when you see something suspicious or supporting those who have been affected by violence, we need your help.

Sexual misconduct procedures are outlined in the Indiana University Sexual Misconduct Policy and are followed for the resolution of all allegations of sexual misconduct. IU prohibits discrimination on the basis of sex or gender and all forms of sexual misconduct. This includes sexual harassment, sexual violence, dating violence, domestic violence, sexual exploitation, and stalking.

> To review IU's Sexual Misconduct Policy, please visit http://stopsexualviolence.iu.edu/policies-terms/sexual-misconduct policy.html.

> To report misconduct online, please visit: https://studentaffairs.iupui.edu/student-conduct/submit-report.html.

> To learn more about employee reporting requirements, please visit http://stopsexualviolence.iu.edu/employee/index.html.

Student & Family Connections (SFC)
Student and Family Connections (SFC) oversees and fosters inclusive environments and creates opportunities for our students to gather, develop, and maximize their potential, passion, and purpose.

SFC oversees student organizations (including fraternities and sororities), student programming, student governance, civic engagement, and Weeks of Welcome. For more information, please visit wow.iupui.edu,stop by their office in Campus Center Suite 350, or contact them at sfcmail@iupui.edu or 317-274-9355.

Student Advocacy and Support (OSAS)
Student Advocacy and Support can provide assistance if you're facing challenges and offers volunteer opportunities with Paw's Pantry (IUPUI's food pantry). For more information, please visit https://studentaffairs.iupui.edu/advocacy resources/index.html,stop by their office in Campus Center 270, or contact them at stuadvoc@iupui.edu or 317-274-4431.

Student Conduct
Student Conduct enforces the IU Code of Student Rights, Responsibilities, and Conduct in an effort to provide students with a safe and welcome campus. They can also help students submit a report for academic or sexual misconduct, harassment, or behavioral consultation. For more information, please visit conduct.iupui.edu,stop by their office in Campus Center 270, or contact them at 317-274-4431.

Student Development Funding Committee (SDFC)
The Student Development Funding Committee (SDFC) was created to ensure a fair system of funding for student organizations and is made up of four undergraduate and two graduate students. The SDFC is a primary source of funding for many student organizations and the only means by which student organizations may directly access student activity fee dollars.

The SDFC reviews proposals of registered student organizations and individuals applying for the Student Organization Grant (SOG) and the Undergraduate Educational Enhancement Grant (UEEG). The SDFC is a student review committee for these proposals, and committee members are trained in the approval guidelines, to provide an unbiased viewpoint, and to promote the good use of Student Activity Fees. The SDFC works to provide an equitable review of each proposal based on the information submitted for review. For more information, please visit funding.iupui.edu,stop by Campus Center 370, or contact them at SDFC@iupui.edu.

Student Governance (USG & GPSG)
Undergraduate Student Government (USG) connects undergraduate students directly with IUPUI administrators and the IU Board of Trustees. It takes your goals and concerns to the decision-makers so that you can make your college experience exactly what you want it to be. For more information, please visit usg.iupui.edu.

Graduate and Professional Student Government (GPSG) connects graduate and professional students directly with IUPUI administrators and schools. Through GPSG, your unique voice should and will be heard. For more information, please visit gpsg.iupui.edu.

Student Health
Student Health offers a full medical staff ready to provide general medical services, immunizations for at home or abroad, and wellness testing. For more information, please visit health.iupui.edu,stop by Coleman Hall Suite 100 or Campus Center Suite 213, or contact them at healthsv@iupui.edu or 317-274-8214 (Coleman Hall) or 317-274-2274 (Campus Center).

Appendix H

Student-Athlete Drug/Substance Education

Testing and Treatment Policy

Indiana University Purdue University Indianapolis
Student-Athlete Drug/Substance Education Testing and Treatment Policy

PURPOSE AND ADMINISTRATION

The Indiana University Purdue University Indianapolis Department of Intercollegiate Athletics ("Department") has a responsibility to help student athletes achieve and maintain their optimum health in a drug/substance free atmosphere. It is the purpose of the Student-Athlete Drug/Substance Education, Testing, and Treatment Policy ("Policy") to fairly, reliably, and privately establish a drug/substance free atmosphere among our student-athletes through education, identification, assessment, treatment, and rehabilitation of drug/substance abuse including establishing and enforcing consequences to deter drug/substance abuse. Maintenance of a drug/substance free atmosphere is necessary because of the direct and indirect adverse health effects and other potential harm to the user as well as the potential of harm to others caused by acts resulting from impaired judgment of the user. In addition, the use of non-therapeutic drug/substance is illegal and, prohibited by NCAA and Indiana University rules.

This Policy was adopted on July 26th 2022, became effective on that date, and applies to all student-athletes participating in intercollegiate athletics at IUPUI and/or receiving athletics financial aid. It is administered, interpreted, and enforced by the Department and not by any particular sport program within the Department. No team rules may be established or enforced that are less restrictive than this Policy. However, team rules may be more stringent than those set forth in this Policy.

DRUG/SUBSTANCE TESTING PROGRAM

The testing component of IUPUI's comprehensive drug/substance program was developed on the belief that drug/substance testing, random and otherwise, serves as a deterrent to drug/substance use. In addition to administering a comprehensive drug/substance testing program, the Department strictly upholds and enforces NCAA regulations regarding substance abuse. Under University procedures for drug/substance testing, there are immediate progressive rehabilitative and disciplinary consequences for a student-athlete found abusing drug/substances. In addition to IUPUI testing, NCAA may conduct their own drug/substance testing programs for every men's or women's sport. Any positive NCAA drug/substance test will also be counted as an IUPUI positive drug/substance test, and the NCAA sanctions will apply in addition to University sanctions. It should be understood that under some circumstances, the NCAA could declare a student-athlete who is found to have utilized a drug/substance on the list of banned drug/substances 1.) ineligible for further participation in post season and regular season competition for a minimum of one season of competitions in all sports for 365 days from the time of their positive test, and 2.) to have lost one of their four years of eligibility. This rule may apply even if this is a first positive drug/substance test.

Student-athletes are responsible for every drug/substance they eat, drink, smoke, or otherwise consume whether they know its contents or not. Being unaware that a drug/substance is banned is not an adequate defense for a positive drug/substance test, under the NCAA or IUPUI drug/substance policies. The only drug/substances student- athletes

should take are those that are appropriately prescribed to them by a physician. The student-athlete must notify his/her athletic trainer or Team Physician or designee when **any** drug/substances prescribed by a physician or before taking any non-prescribed over the counter medication, vitamins, dietary supplement, or the like.

At the beginning of the academic year, all student-athletes will be informed of the purpose and implementation of the Policy. Student-athletes will be required to sign a form acknowledging that they have received a copy of the Policy and understand what is expected from them. Further, they will be required to consent to the administration of urinalysis testing and the release of results to a limited group of individuals directly involved in the implementation of this Policy. Failure to sign a consent form (copy attached) will result in prohibition from all intercollegiate athletics participation and loss of any institutional athletics-related grant-in aid at IUPUI.

Athletic Director or designee can schedule drug/substance tests and collections at any time of year without prior notice. Failure to submit to an immediate drug/substance test will be considered a positive test and all corresponding sanctions will apply upon the review by the Team Physician or designee. The Team Physician or designee may schedule additional tests, as appropriate, consistent with this Policy. The Team Physician or designee is solely responsible for setting drug/substance testing levels and all decisions made by the Team Physician or designee regarding drug/substance testing timing and selections are final subject only to student-athlete appeals procedures set forth elsewhere in this Policy. Student-athletes may only be subjected to drug/substance testing as expressly contemplated by this Policy and may not be subjected to any other drug/substance testing at the direction of their coaches, athletic trainers or others.

Student-athletes will be subjected to drug/substance tests subject to discipline under the following circumstances:

A.   All student-athletes are subject to random testing as established by the AD or designee.

B.   Student-athletes who have tested positive in a previous test will be subject to increased testing as established by the Policy. Dilute test can be tested again at future testing

C.   Student-athletes in treatment for drug/substance abuse under this Policy will be subject to increased drug/substance testing consistent with this Policy (other than student-athletes placed in the Extraordinary Treatment Program as set forth below) as established by the Team Physician or designee.

D.   A student-athlete reasonably suspected of drug/substance abuse (based, for example, on irregular behavior, physical or mental impairment, or the like) may be referred by an appropriate Departmental staff person by completing an Evaluation Request Form (copy attached) for a targeted drug/substance test to be performed at the discretion of the Team Physician or designee.

E.   Other than for targeted testing pursuant to "D" above, head coach may only request the Team Physician or designee to test all student-athletes on the current roster, not any individual or group of individuals.

F.   The AD or designee may drug/substance test any student-athlete prior to NCAA and/or Horizon League championship competition. Such student-athletes must be aware that NCAA may also randomly do urine screenings for drug/substances at such events.

At any time, other drug/substances may be added to this list of drug/substances for which drug/substance testing is conducted by the Team Physician or designee. The NCAA publishes a list of banned drug/substances on its website. This list, as updated from time to time, is incorporated by reference into this policy.

Any missed scheduled drug/substance test will be treated as a positive drug/substance test. Arriving late of the assigned time can be counted as a positive drug/substance test at the discretion of the Team Physician or designee. In the event of a no-notification test, no selected student-athlete will be allowed to leave the facility after they have been notified or that will be counted as a positive test. Inability to urinate at the time of the test will result in the student-athlete being tested remain at the testing area until a sample can be obtained. Additionally, tampering with, diluting, or in any way altering one's urine sample, will be viewed as a positive test. Moreover, such activities will also subject the student-athlete to additional sanctions at the discretion of the Athletic Director.

Drug/Substance tests will be analyzed at an appropriately certified and accredited lab utilizing procedures and cut-off parameters for determining positive test results.

Notification

The Drug/Substance Testing Coordinator, upon verifying and confirming a positive test result, will Immediately notify the Team Physician or designee, the Athletics Director, the pertinent sport administrator, the head coach, and the student-athlete. Other members of the Department whom the Director of Athletics determine to be necessary may be notified in appropriate circumstances. The notification to the student-athlete will be in writing and include all testing details. and will set forth the consequences for failing to cooperate with testing. Notification will come from the Athletic Trainer.

Consequences of Positive Test Results First
Positive Test

Any student-athlete with a first-time positive drug/substance test will be required to attend a university provided drug/substance education courses. Team Physician or designee to determine the type and extent of treatment that would be most appropriate. Based on these assessments, the student-athlete will then be required to participate and complete a drug/substance-counseling program and follow the prescribed treatment as approved by the supervising mental health professional and Team Physician or designee. The mental health professional will recommend a plan for treatment and/or education. The treatment plan may involve one or more of the following: personal counseling, drug/substance abuse counseling, referral to an intensive outpatient program, or referral to an in-patient treatment facility. Education could include participation in community service or attendance at any appropriate Indiana University, IUPUI, and/or departmental endorsed educational programs or services. At the discretion of the attending mental health professional, the student-athlete may be drug/substance tested not subject to discipline as part of the assessment and/or treatment, however, during and after the assessment and treatment, the student-athlete will be subject to increased random testing subject to discipline. All education, assessments and any other

consequences need to be completed within 60 days of the positive notification. If not completed by day 60, Student-Athlete will be withheld from all athletic activity. A.D. has discretion at any time to modify above sanctions.

Second Positive Test

Any student-athlete with a second positive drug/substance test will be required to participate in appropriate assessment and treatment as prescribed by a mental health professional approved by the Team Physician or designee. In addition, the student-athlete will be immediately suspended from competitive season play for 10 percent of the championship segment. Number of games will be rounded up to the nearest whole number. The suspension shall be served in consecutive competitions starting with the next scheduled competition and will be in effect for both regular season and post-season competition. In no event may exhibition, or foreign tour competitions or other non-traditional contests count as part of the sanction. For individuals who are not medically cleared for participation their suspension goes into effect once medically cleared. For student-athletes competing in multiple competitions on the same day (i.e. a double header), each competition listed on the team's official schedule will count towards the sanction. A competition that has multiple competitors (such as a track or swim meet) is considered to be a single competition regardless of how many different opponents are competing in it or how it is scored. If the positive drug/substance test result occurs during the off-season, the suspension will be served at the start of the next season of competition. Furthermore, if a student-athlete tests positive outside their competitive season and participates in more than one sport, the suspension will be served during the upcoming competitive season. In the event that the sanctions cannot be completed by the end of a current season, the sanctions will rollover to the next season. At the discretion of the attending mental health professional, the student-athlete may be drug/substance tested not subject to discipline as part of the assessment and/or treatment, however, during and after the assessment and treatment the student-athlete will be subject to increased random testing subject to discipline. AD has discretion at any time to modify above sanctions.

Third Positive Test Result

Any student-athlete with a third positive drug/substance test will serve a suspension for a period of one calendar year commencing immediately, with revocation of athletic scholarship at semester's end, in accordance with all NCAA, conference, and institutional rules and regulations. In order to be reinstated to athletic participation, the student-athlete will be required to undergo re-entry drug/substance testing and must test negative. The student-athlete would then be reinstated with two positive test results and be subject to increased random testing subject to discipline. The reinstatement of the student-athlete's scholarship would be at the discretion of the AD and Head Coach. If a student-athlete has another third positive drug/substance test at any time after being reinstated, the student-athlete will be immediately and permanently suspended from all future athletic competition and his or her scholarship will be revoked. AD discretion at any time to modify above sanctions.

Further Disciplinary Action

Any student-athlete who does not follow the prescribed treatment or is not making satisfactory treatment progress will be subject to further disciplinary action. Any Discipline may include suspension from future participation in a specified number of contests, suspension from future athletic participation, revocation of athletic scholarship at the end of the academic semester/year, or other disciplinary action as deemed appropriate by the Athletic Director upon the recommendation of the Team Physician or designee. To be considered for re-instatement, the student-athlete must have a negative drug/substance test performed no sooner than 30 days prior to the end of the suspension period. A scholarship may or may not be renewed if the student- athlete tests positive for performance enhancing drug/substances. The final disposition of such cases will be at the discretion of the Director of Athletics

First Positive Test for Performance Enhancing Drug/Substances

Any student-athlete with a first positive drug/substance test for a performance enhancing drug/substance (such as certain stimulants or anabolic steroids) on an IUPUI drug/substance test will be penalized with sanctions consistent with NCAA penalties for performance enhancing drug/substances. The student-athlete will: 1.) be ineligible for further participation in all pre-season, regular and post-season competition for a minimum of one season of competitions in all sports for (365 days) from the time of their positive test, and 2.) lose one of their four years of eligibility. The student-athlete will attend a mandatory assessment interview with a mental health professional approved by the Team Physician or designee to determine the type and extent of drug/substance counseling and/or drug/substance education program that would be most appropriate. Based on this assessment, the mental health professional will recommend a plan for treatment and/or education. The student-athlete must complete the outlined treatment plan and/or educational program. AD has discretion at any time to modify above sanctions.

Second Positive Test for Performance Enhancing Drug/Substances

Any student-athlete with a second positive drug/substance test for a performance enhancing drug/substance on an IUPUJ drug/substance test will lose all remaining eligibility to participate in IUPUI Athletics. AD has discretion at any time to modify above sanctions.

TREATMENT COMPLIANCE

A student-athlete who has been referred to treatment as a result of a positive test must attend the prescribed sessions and complete any requirements as outlined as part of their treatment. Any student-athlete who does not follow the prescribed treatment, and/or who is not making satisfactory treatment progress, will be subject to further disciplinary action. Discipline may include suspension from future participation in a specified number of contests or other disciplinary action as deemed appropriate by the AD or his or her designee upon the recommendation of the Team Physician or designee.

REDEMPTION PROGRAM

A student-athlete who does not have a positive drug/substance test from the increased follow-up testing for a period of one calendar year from the date of the test which produced the positive test result will have one positive test result removed. The student-athlete must have served all sanctions related to the positive test result and successfully completed all treatment requirements before one test result is removed.

EXTRAORDINARY TREATMENT PROGRAM

In extraordinary circumstances, where traditional treatments prescribed as a result of positive drug/substance tests set forth above are not effective or are deemed very likely not to be effective as determined by the Team Physician or designee, the Team Physician or designee may place a student-athlete (with his or her consent) in a rehabilitation program, as determined by the Team Physician or designee, during which the student-athlete will not be subject to drug/substance tests subject to discipline under this Policy. While in this program, the student-athlete will not be permitted to participate in any competitions but may practice and otherwise participate in team activities. A student-athlete will be eligible for this program only once while a student-athlete at IUPUI. This program will conclude upon its satisfactory completion by this student-athlete as determined by the Team Physician or designee; the failure of the student-athlete to satisfactorily participate or progress as determined by the Team Physician or designee; or the expiration of six months, whichever comes first. To be considered for re- instatement, the student-athlete must have a negative drug/substance test performed prior to returning to athletic participation. Upon the conclusion of the program, the student-athlete will be subject to increased random testing subject to discipline consistent with the number of his or her positive drug/substance tests consistent with this Policy.

SAFE HARBOR PROGRAM

A student-athlete eligible for the Safe Harbor Program may refer himself/ herself for voluntary evaluation, testing, and treatment for drug/substance abuse problems by executing the attached Safe Harbor Policy and Procedures Acknowledgement Form and providing it to

the Team Physician or designee. A student-athlete is **not** eligible to enter the Safe Harbor Program:

I.   More than one (I)time.
2.   After he/she has been informed of an impending drug/substance test; or
3.   Thirty (30) days prior to NCAA or Conference postseason competition.

IUPUI will work with the student-athlete to prepare a Safe Harbor treatment plan. The student-athlete will be tested for banned drug/substances while in the Safe Harbor Program, and any positive tests will not be subject to discipline. A student-athlete successfully participating in the Safe Harbor Program may continue to be involved in team activities, including competition unless the Team Physician or designee determines that a suspension from competitions or practice is medically indicated. A student-athlete will be permitted to remain in the Safe Harbor Program for a reasonable period of time, not to exceed thirty (30) days, as determined by the treatment plan.

If a student-athlete fails to comply with the Safe Harbor Program treatment plan, the student-athlete will be removed from the Safe Harbor Program. While in compliance with the Safe Harbor Program treatment plan, the student-athlete will not be included in the list of students eligible for
random drug/substance testing by IUPUI. He or she may be selected for drug/substance testing by the NCAA testing programs. The student-athlete's participation in the Safe Harbor Program will be communicated to the AD and the student-athlete's Head Coach, but otherwise must be kept confidential. The Team Physician or designee may not advise anyone else in the Department or elsewhere unless doing so is medically indicated in his or her judgment.

DRUG/SUBSTANCES AND PROCEDURES SUBJECT TO RESTRICTIONS

(I)   **Manipulation of Urine Samples.** The use of drug/substances and methods that alter the integrity and/or validity of urine samples are both detectable and forbidden. Evidence of urine specimen tampering is regarded as a positive drug/substance test and will be treated as such. As noted above, any such tampering of urine samples also subjects the student-athlete to additional sanctions at the discretion of the Athletic Director. Examples of banned methods are catheterization, urine substitution and/or tampering or modification of renal excretion by the use of diuretics, probenecid or related compounds, and epitestosterone administration. Any pure dilute sample will be subjected to further testing at the next drug/substance test.

(II)   **Positive Drug/Substance Test -Non-NCAA Athletics Organization.** A student-athlete under a drug/substance testing suspension from a national or international sports governing body that has adopted the World Anti-Doping Agency (WADA) code shall not participate in NCAA intercollegiate competition for the duration of the suspension in accordance with the ineligibility provisions in bylaws 31.2.2 and 18.4.1.4.

(III)   **Medical Exceptions.** Exceptions for the therapeutic use of stimulants, drug/substances banned for specific sports, and diuretics are allowable and may be made at the discretion of the Team Physician or designee for those student-athletes with properly documented medical necessity. A signed note is not considered proper documentation.

Documentation should be submitted at the beginning of the school year to your athletic.

(IV) **Dietary Supplements. Student-athletes are encouraged NOT to take unapproved supplements and doing so is at their own risk.** Dietary supplements are not banned per se, but it must be understood that many of these "supplements" contain drug/substances that are banned. Drug/Substances such as Ephedra, ephedrine, ginseng, geranium oil, and other stimulants are commonly found in dietary supplements and will show up positive in a drug/substance test. IUPUI

does not advocate, condone the use of supplements. Supplements are not approved by the FDA, and their contents may contain drug/substances that are banned by IUPUI, NCAA, or WADA (Olympic) drug/substance testing policies. The Sports Medicine staff should always be consulted before taking any dietary supplementation, and a Supplement Disclosure Form (copy attached) must be completed and kept on file by the medical staff. IUPUI may support an appeal to the Horizon League or NCAA for a dietary supplement containing a banned drug/substance. This will be at the discretion of the Athletic Director upon the recommendation of the Team Physician or designee.

NCAA INDIVIDUAL ELIGIBILITY - TEAM SANCTIONS

Executive regulations pertaining to team eligibility sanctions for positive tests resulting from the NCAA drug/substance testing program shall apply only in the following situation: If a student- athlete is declared ineligible prior to an NCAA team championship and the institution knowingly allows him or her to participate, all team ineligibility sanctions shall apply (i.e., the team shall be required to forfeit its awards and any revenue distribution it may have earned and the team's and student-athlete's performances shall be deleted from NCAA records).

NCAA BANNED DRUG/SUBSTANCES LINK
*Note to Student-Athletes: This link is updated and changed regularly.

https://www.ncaa.org/sports/2015/6/10/ncaa-banned-substances.aspx

Appendix I

Housing and Residential Life Student Policies

RL 1: Alcohol container and bulk alcohol

a. In residential housing where any assigned resident is under the age of 21, alcohol containers or paraphernalia of any kind, closed, open, or empty, are prohibited (this includes beer cans, shot glasses, liquor bottle collections, etc.). Community containers of alcohol (containers larger than a half gallon) are prohibited in any campus residence.
b. Alcohol may only be possessed or consumed in an apartment or North Hall space where ALL assigned residents and guests are 21 years or older, but may not be possessed or consumed in a lounge, stairwell or other residential common area or in the presence of anyone under the age of 21.
c. Residents under the age of 21 are not permitted in the defined bar area in Chancellor's Restaurant at University Tower. Any resident under the age of 21 who enters the bar area in Chancellor's Restaurant will be subject to disciplinary action.

RL 2: Animals

Fish in tanks no bigger than 15 gallons and service animals are the only animals that are permitted in on campus housing. Students who require emotional support animals must register with the office of Adaptive Educational Services and the Office of Housing and Residence Life before the animal is brought to campus. If an unregistered animal is brought to campus, the student will need to remove the animal from campus within 48 hours. Students with approved emotional support animals may be required to participate in additional educational programming or health and additional health and safety inspections.

RL 3: Anti-Bullying and Intimidation

The Office of Housing and Residence Life seeks to create a community where everyone is valued, appreciated, and supported. Bullying is defined by The Office of Housing and Residence Life as actions and behaviors that are intended to intimidate, coerce, degrade, abuse, badger, harm or negatively impact another person. This definition includes but is not limited to sexual orientation, gender expression, sex, race, ethnicity, socioeconomic status, ability, size, religion, age, and veteran status. This policy also includes situations in which roommates use bullying tactics to intimidate their roommate.   Students who exhibit bullying behavior toward another student will be held accountable through the IUPUI Student Conduct System.

RL 4: Auto Repairs

Residents are permitted to conduct minor preventive maintenance and automobile repairs in the campus housing parking lots only as long as these activities do not interfere with the normal use of the parking lot. Any fluids or parts must be disposed of in accordance with all federal, state, and local laws.

RL 5: Bicycles

a. Bicycles are permitted in an individual resident's room as long as they are stored in a safe manner, roommates are not impacted, and do not impede the flow of traffic.
b. Bicycles may not be parked in hallways, stairwells, lounges, bathrooms, or other areas so designated by the Office of Housing and Residence Life. Additionally, bicycles may not block access to any building or handicap ramp. It is suggested that students use a steel lock, in place of a chain lock, to secure the bicycle to the rack.
c. The Office of Housing and Residence Life reserves the right to remove bicycles that appear to be abandoned as evidenced by signs of disuse or neglect, and those that are secured in areas against housing policies.

   Parking and Transportation Services on campus provides the opportunity to register your bicycle with the university, free of charge.

RL 6: Business Establishment

No individual or group may act as a vendor, sales agent, or in any manner set up a business enterprise in the campus housing facilities. Any resident considering the establishment of any type of business necessitating the use of a room for a business office, other than officially sanctioned University business, must obtain special written permission from the Office of Housing and Residence Life.

RL 7: Common Areas and Restrooms

a. Residents are responsible for keeping these areas clean and labeling any items (food, drinks, toiletries) that are placed in common areas. Personal items should not be left or stored in common areas or community restrooms. Residents are expected to clean up before and after their use of common areas, including restrooms. While Housing and Residence Life routinely cleans these areas, it is important for the health and wellbeing of the community that all residents participate in keeping shared spaces clean.

b. Residents are expected to follow all cleaning and sanitizing instructions, such as proper handwashing procedures, to support a healthy living environment for themselves, roommates, and others living and working in the facility.
c. Residents are expected to conduct themselves in a manner which does not interfere with the use and quiet enjoyment of the space by others.
d. The Office of Housing and Residence Life is not responsible for any items damaged or missing that are left or stored in common areas
e. Personal dishes and utensils are personal property and are to be kept in individual rooms.
Items left in common areas are subject to removal and will be discarded.
f. Furnishings in the lounges, study rooms, computer labs, and public areas are for the collective use of all residents living in the area.
g. Furnishings, decorations, technology, and blinds are to remain in their proper location and may not be moved to resident rooms or to any other area.
h. Shower stalls, toilet stalls, and single-use restrooms may only be utilized by one person at a time.

RL 8: Contract Cancellation; Interim and Deferred

a. The Office of Housing and Residence Life may determine that sufficient cause exists to impose interim contract cancellation or deferred contract cancellation on a student pending disciplinary proceedings and/or medical evaluation. If an interim contract cancellation is imposed, a resident is required to leave the residence within the time specified in the interim cancellation notice. If a deferred contract cancellation is imposed, a resident is on final notice to immediately cease the behavior prompting the deferred contract cancellation. While a deferred or interim contract cancellation is imposed, any further violations may result in immediate permanent contract cancellation.
b. During a deferred or interim cancellation, students are responsible for the cost of their contracted space unless the student breaks their housing contract, fully moves all items from the premises, and checks out of their room/apartment. If students choose to break their housing contract, their move out date will be determined as the day the space is fully vacated and the student has checked out, which includes notifying a Housing and Residence Life staff member. Please note that students will be responsible for any fees associated with early cancellation of their housing contract and any changes to rent will be determined based on the housing contract and their move out date.
c. Imposing a deferred or interim cancellation will typically occur when the behavior or policy violation creates undue personal risk, risk to the community, or violates public health policies such as guest and visitor violations during a public health emergency or pandemic.

RL 9: Damages

a. Upon moving in, residents are required to fill out a Room Condition Report (RCR). The RCR must be completed online via a form distributed to the student's IU email. Residents that do not submit their RCR will be responsible for all damages in their unit whether it was present upon move in or not. Failure to submit a RCR forfeits the resident's right to appeal any damage charges accrued.

b. Damages caused by abuse or misuse of Housing and Residence Life facilities or equipment will be billed to the individual(s) responsible for the damage. Multiple or repeated incidents of damages may result in disciplinary action.

c. The residential rental fees are designed to cover routine cleaning and maintenance. When damage occurs that is not considered routine, every effort is made to identify the individual(s) responsible for the damage. However, if the responsible individual cannot be identified, the residents of the floor, wing or building may be assessed common area charges that will be split among all residents involved.

d. Any appeal of damage charges or common area damage charges must be submitted in writing to the Office of Housing and Residence Life (Attn: Damage Appeal Committee) within thirty (30) days of the billing date. Appeals are only accepted from residents; appeals submitted by other parties are not accepted. Damage charges will be posted to the resident's bursar account and the resident is responsible for paying the charges directly to the Bursar. Please see this full list of damage charges: https://housing.iupui.edu/residents/residential-handbook/contract.html#damages

RL 10: Decorations, Furniture, and Room Personalization

You are encouraged to personalize and decorate your living area in a reasonable and comfortable manner as long as you do not damage or make permanent changes to the livability, appearance or furnishings in the room. Please adhere to the following requirements when decorating your living space:

Decorating:
• Do not hang items from the sprinkler heads, fixtures or conduit located on the ceilings or on the walls.
• 3M adhesive strips are allowed. Resident should not attempt to remove 3M strips; maintenance staff will complete this after moveout. Damage caused by removal of products by residents may result in a damage fine.
• Do not overload electrical circuits.
• Emergency and exit lights may not be obstructed and must be visible at all times.
• Materials may not be placed over exit signs, smoke detectors, fire doors or any electric light fixture.
• Fire doors at any location may not be propped open for any reason.
• Only artificial holiday foliage is allowed (including trees, wreaths and garland).

- Use only fire-resistant material when decorating.
- The display of items in or outside a window is prohibited. The storage of food and other items in the window is prohibited.
- Only 50% of a wall or door may be covered by any material at any time.

University furnishings:
- Mirrors, including Riverwalk Apartment closet doors, may not be moved from their fixed positions.
- You are responsible for all furniture in your individual living space and common area if you live in an apartment.
- Floor lamps are included as part of the furnishings in University Tower. Any lamps removed from the room may result in a fine.
- Loft systems are prohibited in campus residential facilities (except those provided by Housing and Residence Life in specific rooms).
- Furnishings may not be moved from your room, transferred from one room to another, or exchanged between rooms.
- Extra furnishings resulting from a vacancy cannot be moved.
- Repairs or alterations may not be made by anyone other than authorized University personnel or contractor.
- This includes, but is not limited to, temporary or permanent changes, painting, removal of screens, or the installation of air conditioning units.

RL 11: Electronic Safety

To ensure that electronic devices (including computers, televisions, and audio/video equipment) are protected, residents should appropriately utilize UL-approved surge protectors and extension cords. Piggybacking of power strips or extension cords is not allowed as it is considered unsafe.

RL 12: Guests and Visitation

a. Guests are defined as any person who is not assigned to a specific room or apartment.
b. Each resident is permitted to host two guests in their assigned room/apartment. Overnight guests will be allowed with prior agreement from existing roommates and are limited to 72 hours (3 days) per month not exceeding 10 days per semester per person.
c. Residents are welcome to host guests in public areas of their community such as main lobbies and courtyards. As a reminder, residents are responsible for their guest's behavior and should accompany them whenever they are inside the residential facility. Keys and CrimsonCards should not be lent to guests to access private residential spaces.
d. Guest policies may be changed with limited notice in response to, or during, an emergency situation. Specifically, public health or pandemic emergencies may necessitate an adjustment to be made in the current policy. Residents are expected to comply with these changing requirements to help ensure an

effective response to the emergency situation.   e. Residents with medical need for caretakers must register with Adaptive Educational Services in advance of their contract period.

RL 13: Illegal Drugs

Use, distribution, or otherwise possession of illegal drugs and controlled substances are strictly prohibited at IUPUI and in housing. In addition to charges under the student disciplinary process, interim or deferred contract cancellation may apply.

RL 14: Keys and ID

a. Resident keys, and where necessary, mailbox keys will be issued upon your arrival and registration. Residents must have a signed contract agreement to be issued a key. Keys are University property and may not be duplicated.
b. Residents are not permitted to loan keys or IDs to another person, or allow another person to access their unit when they are not present.
c. Keys are to be turned in when you move out of your living facility. Persons failing to return keys will be charged the replacement fee. The cost of each lock replacement is $100 for each door key and $10 for each mailbox key. You are responsible to notify your community office immediately if you lost your key. In some instances, a temporary key may be issued or a staff member can assist you to get back into your assigned living unit. You are responsible for damages or theft attributed to your lost key. If you lose your key after hours, please call the RA on Duty.
d. Ball Hall, University Tower, and North Hall residents will not obtain a physical key. You will be required to have your CrimsonCard for entry to your floor and individual room. If you lose or damage your CrimsonCard, you will need to go to the CrimsonCard office to get a replacement card immediately. CrimsonCard reprogramming will be treated as a resident lock out.

RL 15: Lock Outs

a. If you are locked out of your room, you must visit your Community Office to be let into your room. Community Office hours are posted at each office at the beginning of each semester. Call the RA on Duty from 9 p.m. to 8 a.m. on weekdays and 12 p.m. to 9 p.m. on the weekends.
b. Residents receive one free lock out per semester. After your first lock out you will be assessed a $15.00 lock out charge per incident. Lock out charges are billed to the resident's Bursar Account once a month.
c. If you lose your CrimsonCard, then a temporary card can be issued until you replace your CrimsonCard (lockout fees apply).
d. The lock out charge during break periods (Fall, Thanksgiving, Winter, and Spring) is $50.00.

e. Four (4) or more lockouts per semester are considered a violation of the lock out policy and may result in conduct charges.

RL 16: Passive Participation

Residents are obligated to remove themselves from any situation and/or immediately report where a violation is occurring. Residents present during an incident in which a violation of the Residential Policies and Procedures and/or the Code of Student Rights, Responsibilities, and Conduct is on-going may be held accountable through the university student conduct system.

RL 17: Posting Policy

Subject to regulations, authorized student groups and official University agencies may arrange to use housing facilities such as mail boxes and bulletin boards to disseminate information, circulate petitions and publicize activities. In University Tower posting will be prohibited on the first and second floors.   All requests should be submitted via this partnership form for approval https://housing.iupui.edu/sec-nav-resources/campus-partnership.html. Unauthorized postings or postings deemed inappropriate at any time will be removed without notice.

Digital signage is reserved for Housing and Residence Life use only.

RL 18: Prohibited Items

The following items are prohibited to both use and possess by residents and their guest(s) in campus residential spaces:
- 3D Printers.
- Air Conditioners.
- Animals (not approved by both Adaptive Educational Services and Housing), exceptions include fish and service animals.
- Appliances or devices that create an open flame or have exposed heating elements.
- Bidets.
- Candles (lit or unlit) and incense; however, wax/oil warmers that do not have an open flame or element and wax melts (without wicks) are allowed.
- Ceiling fans
- Drones
- Electronic cigarettes, "vaping" devices, hookahs, and items designed or altered for the use of illegal drugs.
- Fish tanks larger than 15 gallons. Limited to one tank per room.
- Fog machines
- Grills of any kind or size are not allowed. The Riverwalk Apartments amphitheater does have a grill that is available for resident use. Residents

are responsible for providing their own charcoal and must extinguish the fire appropriately after use.

- Halogen lights (including neon lights and black lights) and lava lamps.
- Heaters; electric or kerosene
- Highly flammable items such as fireworks, turpentine, incendiary devices, grill lighter fluid, charcoal, and other dangerous explosives/liquids.
- Lofts/Loft kits (not provided by the university)
- Motorized transportation devices such as scooters, bicycles, skateboards, hover boards, Segways, unicycles or similar items. It is also prohibited to use a university facility electric outlet to charge such devices.
- Space heaters and air conditioners.
- Stolen property; street signs, barricades, traffic cones, university signage, etc.
- Tasers and stun guns are considered weapons in housing and as such are not permitted in residential areas. Residents may store them in personal vehicles.
- Tattoo guns.
- Tobacco products (if under 21 years old). Reference RL 28 for more details.
- Waterbeds and water mattresses
- Weapons are strictly prohibited and may lead to immediate eviction from housing. This includes, but is not limited to:
    - Firearms
    - BB Gun
    - Airsoft and paintball guns
    - Bows/arrows
    - Martial arts weapons
    - Any toy device that resembles an actual weapon.
    - Knives with a blade greater than 3 inches.
    - Throwing stars
    - Using any object in a manner that could cause physical harm or undue mental stress.

Additionally, the following cooking devices are not allowed in rooms within our traditional residential facilities (Ball Residence Hall, University Tower, and North Hall) due to the fire protection equipment installed and the steam/smoke that the appliances produce:

- Deep fryers
- Countertop grills or sandwich presses
- Open-element cooking items such as toasters, toaster ovens, sterno cookers, fondue pots, etc.
- Microwaves (unless rented through campusfridges.com). Each resident has access to microwaves in select common areas throughout their building. It is the responsibility of the resident using the appliance to clean it after use and to follow manufacturer provided instructions when

heating items.

RL 19: Quiet and Courtesy Hours
    a. Quiet hours are maintained to provide an atmosphere conducive to study. Quiet hours are in effect from 10 p.m. to 7 a.m., Monday through Thursday; 1 a.m. to 10 a.m. Friday through Sunday. Courtesy hours are in effect 24 hours a day, however.
    b. Certain areas of campus residential facilities may be designated "quiet areas" and are enforced 24 hours a day.
    c. Loitering in hallways, foyers, entryways, parking lots, or other areas that may disturb other residents is strictly prohibited during quiet hours.
    d. Twenty-four hour quiet hours are in effect prior to and during final examinations each semester. Quiet hours are posted in each living unit.
    e. Additionally, in rare instances, quiet hours may be suspended by Housing and Residence Life for approved Housing and Residence Life functions. In these instances, event notices will be posted a minimum of 48 hours in advance.
    f. The primary responsibility for enforcement of quiet hours shall rest with individuals who are bothered by the noise. Residence hall staff will intervene to support quiet hours in those situations when they personally know of noise or when a resident has been unable to accomplish a successful intervention.

RL 20: Refrigerators

Compact refrigerators are allowed as long as the total for all refrigerators in the room does not exceed 7.0 cubic feet. Both the refrigerator and the power cord must be UL approved and be in safe electrical condition. For proper sanitation and utilization, refrigerators must be cleaned prior to holiday breaks and hall closings.

RL 21: Roof Usage

The unauthorized use of the roofs of any of the residential facilities is prohibited.

RL 22: Room Cleaning

Residents are responsible for maintaining a reasonably neat and clean room at all times. Good cleaning practices are expected of each resident. Residents are required to maintain their unit to the following minimum standards:
- All appliances, floors, and walls are to be maintained in a clean condition at all times.
- Clothes, towels, linens, etc. should be in dressers, closets, and/or in hampers.
- Food should be properly stored. All areas in your living quarters must be maintained in a reasonably clean and sanitary condition.

- Trash should be emptied regularly. Daily disposal of trash in the common trash receptacles or exterior dumpsters will help maintain health and safety standards and a desirable environment in your living unit. Fire and health regulations prohibit leaving trash in the hallways, stairwells, and parking areas.
- If your roommate should depart, Housing and Residence Life will give as much notice as possible when assigning a new roommate, however, you may be assigned a new roommate with little or no notice. Therefore, you should make sure that common areas are clean and maintained as outlined above to accommodate any newly assigned resident(s). If your unit is not cleaned in an acceptable manner prior to your roommate's arrival, we reserve the right to have the apartment cleaned, and the cost will be billed to the current resident(s) of the unit.

RL 23: Roommate Agreement

Roommate agreements must be completed by all residents assigned to a room or apartment by the end of the 4th week of classes. After all residents agree to the agreement, failure to uphold the agreement by one or more residents will result in a policy violation.

RL 24: Safety Equipment

a. Tampering with fire safety equipment is a federal offense and may result in criminal charges, fines, disciplinary action and/or termination of a resident's housing contract. This includes fire extinguishers, fire alarm pulls, smoke detectors, sprinkler systems, fire panels, propping fire doors, etc. Covering smoke detectors is strictly prohibited. This includes the hanging of tapestries or other items from the ceiling or sprinkler heads.
b. Tampering with and/or propping exterior or locked security doors is prohibited. Access to locked doors is limited to residents with proper keys/IDs to provide safety and security. The overall safety and security of all residents is compromised when doors are tampered with, propped open, and/or unlocked.
c. Residents and/or their guests are not permitted to remove the batteries from the smoke detectors, cover the smoke detector with any item (including tape), nor remove smoke detectors from their fixed positions. Only authorized Housing staff, Campus Facility Services or their authorized agents may remove/replace the batteries or perform necessary repairs to smoke detectors. Violations of this policy (batteries missing from the detector, disconnected detectors, etc.) can result in assessment of fines and/or judicial action. Please submit a work order if you have a smoke detector that is beeping or not working.
d. Tampering with elevator safety equipment is prohibited. The alarm is designed to be used in case of an emergency. Persons responsible for tampering with, causing damage to or disrupting the operation of the

elevators are responsible for repair costs and are subject to disciplinary action.

RL 25: Soliciting and Selling

Door-to-door selling or soliciting is prohibited in all University housing facilities. You should immediately notify the Office of Housing and Residence Life, the RA on duty, or the IUPUI Police of the presence of any salesperson or solicitor in or around the campus housing units. Such individuals are considered trespassers and may be subject to arrest and prosecution. Residents of campus housing and responsible student organizations may obtain permission from the Office of Housing and Residence Life to sell merchandise or services in the residence halls and apartments. In general, such activities must conform to campus policies and may not be in conflict with State Board of Health regulations, University Contract Agreements, private vendors, or suppliers.

RL 26: Sound Equipment

Radios, stereos, speakers, and all audio equipment may be played in your room/apartment as long as the volume is maintained at a level that is not disruptive to the community. Speakers are not allowed to be placed in windows without written consent of Housing and Residence Life. Standard-size pianos and organs are prohibited in your room or apartment. The use of electronic audio equipment is a privilege that may be revoked if used in such a way as to interfere with maintaining quiet and courtesy hours.

RL 27: Sports

Engaging in sports in a campus residential facility is prohibited. This includes, but is not limited to, playing ball, riding skateboards or bicycles, in-line skating, bowling, throwing discs, shooting water guns, throwing darts, or engaging in any other activity that might disturb or endanger the safety of others or damage University property. Throwing, dropping, or shooting any object into or out of a window is strictly prohibited.

RL 28: Tobacco-Free Policy

In accordance with the IUPUI Tobacco-Free Policy, all University facilities, grounds and vehicles are tobacco and smoke-free. Effective July 1, 2020, no one in the state of Indiana under the age of 21 may purchase, use or possess any tobacco, nicotine vapor or alternative tobacco product. Violations of this policy may result in disciplinary action, including, but not limited to, fines and educational sanctions.

RL 29: Trash Removal and Recycling

You are responsible for emptying your own waste basket and disposing of any trash in the hall receptacles. Daily disposal of trash will help maintain health and safety standards and a desirable environment in your living unit. Trash receptacles are provided in designated areas in each hall. Fire regulations prohibit leaving waste baskets in the hall. A fine may be assessed for removal of trash from the hallway or common areas. Apartment residents must dispose of their trash in the community trash dumpsters located in the adjacent parking lots; disposal of trash elsewhere on housing property is not permitted and may result in fines.

We offer single stream recycling in all of our residential communities. These bins are located in designated areas and items such as glass, plastic, aluminum, cardboard, and paper can all be recycled. Please ask your community office for specific details regarding the location of bins and what can be recycled.

RL 30: Vacancies

If a resident has a vacancy in their room or apartment at any time, it is the current resident's responsibility to keep the vacant space clean and free from belongings. Subletting any vacant space is a violation of the housing contract. Transferring to a vacancy without written permission by Housing and Residence Life is also prohibited and may result in a policy violation.

Appendix J

Procedures for the Adjudication of

Allegations of Personal Misconduct

Procedures for the Adjudication of Allegations of Personal Misconduct
Indiana University-Purdue University Indianapolis

Article I: Preamble

The Indiana University-Purdue University Indianapolis (IUPUI) **Procedures for the Adjudications of Allegations of**
Personal Misconduct is the mechanism by which the university will investigate reports of alleged acts of personal
misconduct by students and resolve the alleged violations through a process consistent with both the Indiana University
Code of Student Rights, Responsibilities, and Conduct (the "Code") and the mission of the university. The procedures
are designed to provide students with due process, to ensure equal protection for all students, and to provide for the
imposition of appropriate outcomes for matters of personal misconduct. The university adjudication process is not to be
considered a substitute for criminal or civil proceedings. Rather, the procedures are meant to provide a fair disciplinary
process which fosters development and accountability for the students involved.

Article II: Definitions

A. **University:** "University" refers to Indiana University-Purdue University Indianapolis (IUPUI).
B. **University Premises:** "University Premises" includes all land, buildings, facilities, and other property in the possession of or owned, used, or controlled by the university, including adjacent streets and sidewalks.
C. **Member of the university community:** "Member of the university community" includes any person who is a student, faculty member, university official, university organization or person employed by the university.
D. **University official:** "University official" includes any employee of the university performing administrative professional or staff responsibilities.
E. E. **Faculty or faculty member:** "Faculty or faculty member" includes all who teach and/or do research at the university, including but not limited to tenure track faculty, librarians, holders of research or clinical ranks, lecturers, graduate students with teaching responsibilities, visiting and part-time faculty, and other instructional personnel, including coaches, advisors, and counselors.
F. **Student:** A "Student" is
   1. a person who is admitted or enrolled in any credit bearing course or program in any school or division of Indiana University;
   2. a person who is admitted to Indiana University and is present on a campus for the purpose of being enrolled in any credit bearing course or program in any school or division of Indiana University;
   3. a person who has been admitted and enrolled in any credit bearing course or program in any school or division of Indiana University and continues to be

associated with Indiana University because of failure to complete the course or the program in which the person is enrolled;

4. a person who is not admitted to the university but who is taking classes to transfer to another university, for personal enrichment, or in preparation to apply to a graduate program (non-degree student);

5. "Student" includes all students enrolled on the campuses of Indiana University–Purdue University Indianapolis (IUPUI) or Columbus (IUPUC).

G. **Student Organization:** "Student Organization" refers to any number of persons who have complied with any necessary requirements and are formally recognized by the university.

H. **Business Day:** "Business Day" includes any day, Monday through Friday, in which the university offices are open.

I. **Office of Student Conduct (Student Conduct or Office):** "Office of Student Conduct" refers the office designated to administer the Code on the IUPUI campus.

J. **Conduct Officer (Hearing Officer):** "Conduct Officer" refers to designee of the Office of Student Conduct who is authorized to investigate and adjudicate student disciplinary cases and to impose sanctions upon any student or student organization found to have violated the Code.

K. **Reporting Party:** "Reporting Party" includes any person(s) who submits a referral alleging that a student or organization has violated the Code.

L. **Accused Student:** "Accused Student" refers to any student for whom an allegation of a violation of the Code has been filed with the university.

M. **Referral:** "Referral" includes any documentation or information provided to the Office of Student Conduct alleging that a violation of the Code has occurred.

N. **Notice:** "Notice" will be conclusively presumed to include documentation sent to the student through official university email; mailed to the address appearing on either the student's current local address or permanent address on record in the IUPUI system; or provided to the student in person.

O. **Sanction:** "Sanction" refers to the disciplinary outcome(s) imposed on a student for violations of the Code.

P. **Tier I Offense:** "Tier I Offense" refers to an alleged violation of the Code, when in consideration of all aggravating and mitigating factors, is likely not to result in separation from the university as defined in Article IX of this document.

Q. **Tier II Offense:** "Tier II Offense" refers to an alleged violation of the Code, when in consideration of all aggravating and mitigating factors, is likely to result in separation from the university as defined in Article IX of this document.

R. **Consent:** Consent is expressed through affirmative, and voluntary words or actions mutually understandable to all parties involved. Consent is given for a specific sexual act at a specific time and can be withdrawn at any time. Consent cannot be coerced or compelled by duress, threat, or force. Consent cannot be given by someone who, for any reason, cannot understand the facts, nature, extent, or implications of the sexual situation occurring, including, but not limited to, those who are under the legal age of consent, asleep, unconscious, or mentally or physically impaired through the effects of

drugs or alcohol. Consent cannot be assumed based on silence, the absence of "no" or "stop," the existence of a prior or current relationship, or prior sexual activity.

Article III: Authority and Jurisdiction

A. These procedures apply to the adjudication of the Indiana University Code of Student Rights, Responsibilities, and Conduct provisions on Personal Misconduct. Authority to establish these procedures is provided in the Code under *Part III: Procedures for Implementation of the Code*.

B. These procedures apply to all students, as defined under the Code (which is consistent with II.F. above), at the campus of Indiana University-Purdue University Indianapolis (IUPUI).

C. Should a student withdraw from the university, no longer remain enrolled, or otherwise not meet the definition of a student while a disciplinary matter is pending, the university will retain authority to adjudicate the matter under these procedures.

D. As established under the Code *Part IV, Section C.3.* "any unit of the university may adopt additional or alternative substantive or procedural standards to this code, provided the alternative or additional standards:
   1. Are necessary to meet academic concerns or to comply with the professional or accreditation standards; and
   2. Guarantee students in the unit a fair opportunity to be heard consistent with the standards of evidence and due process found in this code."

E. If, after a degree has been conferred, the university determines that the student committed misconduct prior to the conferral, the university may recommend the revocation of the degree to the Board of Trustees.
   1. When an allegation of academic misconduct is made prior to degree conferral, the unit/school/division that awarded the degree will conduct an investigation to determine whether misconduct occurred, and if so, whether to recommend revocation of the degree to the Board of Trustees. The unit/school/division, in consultation with the Dean of Faculties and the Director for the Office of Student Conduct, will determine the procedures to be followed in conducting its investigation. The unit/school/division will make every reasonable effort to notify the student regarding the misconduct allegation and permit the student to respond to the allegation.
   2. When an allegation of personal misconduct is made which would have occurred prior to degree conferral and if the allegation would be considered a Tier II offense and/or would have influenced or affected the academic process, the Office of Student Conduct may adjudicate the case consistent with the procedures to adjudicate allegations of personal misconduct.

Article IV: Standard of Proof

The standard of proof for a finding of misconduct will be based upon a preponderance of evidence. Preponderance of evidence is defined as evidence that a reasonable person would find persuasive or

more likely than not that the violation occurred. The burden to demonstrate that the preponderance standard has been met will be upon the university.

Article V: Procedures for Adjudication of Allegations of Academic Misconduct

A. The Indiana University Code of Student Rights, Responsibilities, and Conduct prohibits academic misconduct in *Part II, Section G*. The Student Disciplinary Procedures for Academic Misconduct Involving the IUPUI Campus are the procedures used to resolve allegations of academic misconduct. The procedures are available through the student's school and the Office of Student Conduct and available online at http://studentaffairs.iupui.edu.

B. Prior violations of academic or personal misconduct may be considered aggravating circumstances when sanctions are determined for a new case of either academic or personal misconduct.

Article VI: Referring and Investigating Allegations of Personal Misconduct

A. **Initiation of a Referral:** Any person may make a referral of alleged acts of personal misconduct by a student to the university. Such referral will be made to the appropriate university official as soon as practicable, absent any extraordinary circumstances.

1. Referrals of alleged acts of personal misconduct occurring on or off campus will be referred to the Director of Student Conduct or his or her designee.

2. Referrals of alleged acts of personal misconduct occurring within a university residence may be directed to the Director of Housing and Residence Life or his or her designee, excluding acts which may result in separation from the university. Acts of personal misconduct which may result in separation from the university will be referred to the Director of Student Conduct or his or her designee.

B. **Investigation:** The conduct officer may conduct an investigation to determine if the alleged violations of personal misconduct have merit and/or warrant further investigation or adjudication. The conduct officer, upon the completion of the investigation, will determine the appropriate course of action, which may include, but is not limited to:

1. Taking no further action on the referral, which may include deferring the investigation if it is plausible that more information will be available at a later time;

2. Providing the accused student written notice of charges and options to resolve the charges under the university discipline procedures.

C. **Role of the University:** The Indiana University Police Department or other appropriate law enforcement agency will have the primary responsibility to investigate acts of misconduct which are subject to federal, state, and/or local laws. The conduct officer and other designated university officials are authorized to investigate alleged acts of personal misconduct, independent and/or in collaboration with the police department and other appropriate officials.

D. **Role of the Accused Student:** Through the course of the investigation, the accused student will be sent notice of the alleged violation and is required to attend an informal conference with the conduct officer. The notice will include information related to the referral made to the university as well as reference to the applicable disciplinary procedures which will be used to adjudicate the matter. Failure to schedule and/or keep a requested appointment will not preclude the conduct officer from continuing with the disciplinary process, which may include, but is not limited to, placing an administrative hold on a student's university account, filing of charges, or other appropriate actions.

E. **Role of Other Participants:** Any other party believed to have information relevant to the investigation may be requested to meet with the conduct officer.

F. **Role of an Advisor**: An accused student, or any other student requested to participate in the disciplinary process, may select at his/her sole expense an advisor of his/her choice to accompany him/her at any point in the disciplinary process, with the exception of any person who may also have had involvement in the matter referred to the conduct officer. The role of the advisor is limited to a supportive role and will not be interpreted as that of a representative of the student. The student is responsible for making necessary arrangements to have his/her advisor present. The advisor may not participate in the disciplinary process unless an allowance is approved by the conduct officer or hearing commission chair.

G. **Informal Conference:** An informal conference is a meeting between an accused student and a conduct officer. The purpose of the informal conference is for the conduct officer and the student to review the conduct process, to provide the student an opportunity to review the referral, and to discuss the student's understanding of the circumstances regarding the referral, including presenting information for review by the conduct officer.

H. **Notice of charges:** The university will submit notice of charges to the accused student following the discovery of the alleged violation and any such charges will be resolved through the university discipline procedures.

Article VII: Resolving Charges of Personal Misconduct

A. **Adjudication – Acceptance of Charges:** Accused students who receive written notice of charges for allegations of personal misconduct have the right to a formal hearing on the matter. However, in cases when the accused student wishes to accept responsibility for all charges in a case, the student may waive the right to a formal hearing and all related procedural guarantees and receive a sanction from the conduct officer by whom charges were brought. In such situations, the student also waives the right to appeal a finding or sanction except on the grounds that the sanction imposed is grossly disproportionate to the violation(s) committed, in light of all relevant aggravating and mitigating factors, and in consideration of applicable university guidelines.

B. **Adjudication – Requesting a Formal Hearing:** Accused students who wish to dispute responsibility for charges brought by the conduct officer may choose to have their case resolved in a formal hearing. Students who are charged with a Tier I offense may choose to have their case resolved by either a single administrative hearing officer or the

hearing commission. Students who are charged with a Tier II offense must have their charges resolved in a hearing before the hearing commission only.

C. **Formal Hearing Procedures:** A formal hearing provides an administrative hearing officer or hearing commission the opportunity to consider charges brought against an accused student; the opportunity to hear testimony provided by the accused student, the conduct officer, reporting party, and witnesses; the opportunity to review facts gathered in the investigation; and the opportunity to consider new material made available at the hearing. The administrative hearing officer or hearing commission may also consider information relevant to aggravating and mitigating circumstances necessary to administer a sanction if the accused student is found responsible for one or more charges.

D. **Notice of Hearing:** An accused student will receive notice of a formal hearing no less than ten (10) calendar days from the date of the scheduled hearing, unless the accused student submits, in writing, a reasonable request to waive the ten-day notice and schedule the hearing earlier, if practicable. The notice will include the date, time, and location of the hearing as well as information on the hearing process.

E. **Attendance:** Attendance and participation at the formal hearing by the accused student is expected unless the student accepts his/her charges in accordance with section A above. The university will make reasonable efforts to request witnesses and other parties to attend the hearing. Should an accused student fail to attend the hearing, absent extraordinary circumstances, the administrative hearing officer, or hearing commission will not delay the proceedings. Rather, the administrative hearing officer or hearing commission will render a decision based on the information available. A student will, in no way, be assumed responsible for a charge solely on the basis of his/her failure to appear or to offer information at the hearing.

F. **Procedures for a Prompt Review:** In circumstances where an accused student is nearing graduation or the end of a term, an accused student may be offered a prompt review of the case, thereby waiving the ten-day notice of hearing requirement. The conduct officer may place an administrative hold on the student's account until the disciplinary matter has been resolved. An accused student may refuse a proposal for prompt review.

G. **Record of the proceedings:** A record of the proceedings, whether written, audio or video recorded, or any combination of these formats will be made of the hearing. The record is the sole property of the university.

H. **Witness Participation:** An accused student and the conduct officer may each call upon witnesses to present information in the hearing. Accused students must notify the Office of Student Conduct of the witnesses they wish to invite to participate in the hearing in order for the witnesses to be included in the notice of the scheduled hearing. The witnesses are expected to present relevant and factual information. Character witnesses are not permitted to participate in the hearing; however, such witnesses may submit a written statement. Written character statements must be provided to the Office of Student Conduct no less than five business days prior to the scheduled hearing.

I. **Deliberations and Notice of Outcome:** The administrative hearing officer or hearing commission will deliberate in a closed session after the completion of the formal hearing. Only members of the hearing commission, a representative of the Office of the

Dean of Students, and individuals permitted by the chair to remain for reasonable cause will be present during the deliberations. Deliberations are not recorded. A decision of the hearing commission will be reached by majority vote. Once a decision has been reached by the administrative hearing officer or hearing commission, the Office of Student Conduct will provide the notice of outcome to the accused student.

Article VIII: The University Hearing Commission

A. **Appointment Process:** Members of the hearing commission are appointed to serve per the appointment process described below. Appointing bodies must appoint a sustainable membership to the hearing commission.
   1. The IUPUI Faculty Council will appoint faculty representatives to the hearing commission. A minimum of seven faculty members is recommended.
   2. The Dean of Students will appoint twelve at-large members to serve on the hearing commission. The Dean of Students will appoint five at-large members from the group of twelve to serve as administrative hearing officers for Tier I offenses.
   3. The IUPUI Undergraduate Student Government and IUPUI Graduate and Professional Student Government will each appoint student representatives to the hearing commission. It is recommended that each student governing body appoint a minimum of three representatives to the hearing commission.
   4. A chair of a meeting of the hearing commission will be selected by the Dean of Students or his or her designee and hold faculty status.
B. A hearing commission will consist of at least one faculty representative, one staff representative, and one student representative.
   Removal Process: Members of the hearing commission are expected to remain in good standing with all federal, state, and local laws as well as all university policies and standards. Members of the hearing commission are expected to participate in all training and development deemed necessary by the university. Members of the hearing commission must conduct themselves in a professional manner at all times. Members of the commission who fail to meet the requirements of their appointment may be removed per the policy of their representative governing bodies or at the recommendation of the Director of Student Conduct to the Dean of Students.

Article IX: University Sanctions and Disciplinary Outcomes

The following sanctions may be imposed upon any student found to have violated the Indiana University Code of Student Rights, Responsibilities, and Conduct:

A. **Formal Warning:** A warning is a written notification resulting from violations of the Indiana University Code of Student Rights, Responsibilities, and Conduct.
B. **Probation:** Students placed on probation are further warned that any violation of the conditions of the probation or any further acts of misconduct may result in additional disciplinary action, including suspension or expulsion from the university. Students placed on probation may be restricted from other university activities.

C. **Suspension:** Students suspended from the university are separated from Indiana University-Purdue University Indianapolis and all Indiana University campuses for a specified period of time, over which time their enrollment is terminated. Conditions for readmission may be specified.

D. **Expulsion:** Students dismissed from the university are permanently separated from Indiana University-Purdue University Indianapolis and all Indiana University campuses with full termination of the student's enrollment.

E. **Conditions of Suspension and Expulsion:** An individual separated from the university through suspension or expulsion will be denied all privileges afforded to a student. The conduct officer may determine that the student must be required to vacate the university premises at a specified time. The suspended or expelled student may not re-enter campus, for any purpose, in the absence of express written permission of the Dean of Students or his or her designee. The conduct officer may notify other members of the university as needed of the student's separation.

F. **Transcript Notation:** The conduct officer is required to notify the Office of the Registrar to indicate a suspension or expulsion has been issued. A notation of the separation will appear on the student's academic transcript, including a notation of withdrawal (W) for all enrolled courses. When the term of suspension has ended, the Registrar will remove the notation from the student's transcript. Expulsion notations on transcripts are permanent. A record of suspension or expulsion will also remain a permanent part of the student's disciplinary record.

G. **Additional Disciplinary Outcomes:** The conduct officer is authorized to impose additional sanctions, which may include, but are not limited to, attendance at educational experiences, restitution, orders of no contact and/or no trespass, residence hall assignment relocation or contract termination, or other restrictions.

H. **Sanction Guidelines:** The Office of Student Conduct will periodically publish a guidance document on the administration of sanctions for conduct officers.

Article X: The Appeal Process

A. **Sanction Guidelines:** The Office of Student Conduct will periodically publish a guidance document on the administration of sanctions for conduct officers.

B. **Submitting an Appeal:** A sanction issued by a conduct officer, with the restrictions on such appeal as specified in VII.A, or the decision of the administrative hearing officer or hearing commission may be appealed by the accused student to the appropriate appeals officer, or his or her designee. Such appeals shall be received in writing by the appeals officer no later than five (5) business days from the date the notice of outcome was sent to the student. The appeal must clearly state the specific grounds for appeal (see C. below) and must include all supporting documentation. A student is limited to one opportunity to appeal.

C. **Designated Appeals Officers:** Appeals related to alleged personal misconduct of graduate and professional students will be received by the Director of the Graduate Office or similar administrator. Appeals related to alleged personal misconduct of undergraduate students and other non-graduate or non-professional students will be received by the Dean of Students or similar administrator.

D. **Grounds for Appeal:** An appeal will be considered if submitted on one or more of the following grounds:
   1. The discovery of new and substantial information, which was unavailable at the time the conduct officer imposed a sanction or at the time of the formal hearing, and is now available and, if had been available, reasonably would have affected the outcome of the student's case.
   2. A significant procedural error occurred which that reasonably would have affected the outcome of the student's case.
   3. The sanction imposed is grossly disproportionate to the violation(s) committed, in light of all relevant aggravating and mitigating factors, and in consideration of applicable university guidelines.
E. **Possible Outcomes of Appeal:** An appeals officer may reach one or more of the following outcomes after a review of the appeal and supporting documentation, including prior disciplinary history, if applicable.
   1. The appeals officer will dismiss the appeal if the appeal is not clearly based upon one or more of the grounds set forth above.
   2. The original decision and/or sanction(s) reached by the conduct officer, administrative hearing officer or hearing commission is upheld.
   3. The original case, individual charge, and/or sanction(s), or any portion of the three, may be dismissed or vacated.
   4. The original sanction(s) may be modified.
   5. The case may be remanded back to the original conduct officer, administrative hearing officer or hearing commission for consideration or rehearing. If practicable, a new conduct officer, administrative hearing officer or hearing commission will be sought to administer the rehearing. A case which is reheard may result in dismissal, modification of the finding, or a finding and/or sanction of greater or lesser severity than the original outcome.
   6. The outcome provided by the appeals officer is final.

Article XI: Procedures for the Adjudication of Sexual Misconduct
A. The procedures which will be used to adjudicate matters of sexual misconduct, including, but not limited to, acts of sexual harassment, sexual violence, sexual assault, domestic violence, dating violence, stalking or related behaviors can be found under A*ppendix E of the Indiana University Code of Student Rights, Responsibilities, and Conduct.*
   1. These procedures can be found online at http://www.indiana.edu/~code/bloomington/discipline/appendix_e.shtml

Article XII: Minor Deviations from Procedure
A. A student and conduct officer may agree in advance to minor deviations from procedure, which will be documented in writing. Such deviations are not then subject to appeal.

Article XIII: Interim Suspension

A. When the Dean of Students or the Director of the Graduate Office and/or their designees have reasonable cause to believe that a student's presence poses a significant risk of substantial harm to the safety or security of others or to property, the student may be immediately suspended from any and all portions of university premises, university-related activities or registered student organization activities. Notice of this measure will be provided to the student in writing as soon as practicable. The interim suspension will remain in effect until the conclusion of the disciplinary process or upon modification by the Dean of Students or the Director of the Graduate Office and/or their designees.

B. Upon the issuance of a notice of interim suspension, the Director of Student Conduct or his or her designated conduct officer will initiate the disciplinary process without undue delay.

C. The student may, within three (3) business days of the imposition of the interim suspension, petition the Dean of Students or the Director of the Graduate Office and/or their designees to have the interim suspension modified or removed. The petition must be made in writing by the student and must include supporting documentation which would demonstrate that the student does not pose, or no longer poses, a significant risk of substantial harm to the safety or security to others or to property. The Dean of Students or the Director of the Graduate Office and/or their designees will render a decision without undue delay.

Article XIV: Resolving Allegations of Misconduct Committed by Student Organizations

A. Student organizations are expected to maintain appropriate standards of conduct that are commensurate with those expected of individual students in the university community. All student organizations will be held responsible by the university for abiding by federal, state, and local laws, as well as all university policies.

B. Student organizations are collectively responsible for any actions committed by members that serve to reflect upon the organization as a whole or upon the university community. Disciplinary action against organizations is separate from disciplinary action taken against individuals. Proper adjudication of an incident may necessitate actions against both an organization and its individual members.

C. Any organization with restrictive membership clauses which discriminates on the basis of race, color, religion, national origin, sex (except as exempted by Federal Regulations), sexual orientation, marital status, age, disability, or veteran status will not obtain or maintain university registration or recognition.

D. Student organizations may not engage in hazing activities.

E. When a student organization, including social Greek organizations, is charged with a violation of the Indiana University Code of Student Rights, Responsibilities, and Conduct, the case is referred to the Office of Student Involvement and disciplinary actions will be pursued as outlined in the student organization conduct process.

F. Student organizations in violation of the Indiana University Code of Student Rights, Responsibilities, and Conduct will be subjected to sanctions, including, but not limited to, termination of university registration, restriction, or suspension of the use of university facilities or services, suspension of the privilege to sponsor events or recruit new members, the loss of university funds, and restitution of damage(s).

Article XV: Interpretation and Revision

A. Questions of interpretation of these procedures will be referred to the Dean of Students or his or her designee for final determination. These procedures will be reviewed every five (5) calendar years or at the request of the Dean of Students under the direction of the Director of Student Conduct or his or her designee.

Approved by the IUPUI Faculty Council May 6, 2014
Effective May 12, 2014
Amended per the Office of the Vice President and
General Counsel May 27, 2014 and August 16, 2014

Appendix K

Asynchronous Challenge Email Notification

From:	IUPUI Health and Wellness Promotion <hwpindy@iupui.edu>
Sent:	Thursday, October 5, 2023 1:08 PM
To:	Wolfe, Danielle K
Subject:	The Sober October Challenge: Week One almost complete!

IUPUI
Health and Wellness Promotion

SOBER OCTOBER CHALLENGE

—

Week one almost complete!

Dear Danielle,

You are almost done with week one. Now is a good time to think about how this challenge has been progressing: what are the easy things and what are the hard things? Preparing for some of the challenges ahead is a good way to be successful.

Week 2 Reflection: Planning ahead
We are coming into our first full weekend. This often is a time where people have a lot of drinking events. Consider how you can prepare to attend, and even have a good time, without drinking. What are your strategies or skills you can use?

You can jot down your notes or share your reflection with us (optional).

It's "no alcohol, all fun" with these activities:

- Get spooked – Check out a haunted attraction in and around Indianapolis. Local haunts include Hanna Haunted Acres, Indy Scream Park, and the Thirteenth hour to name a few. Open until Nov. 4th

- Enjoy a local production – The Phoenix Theater is presenting Grandmothers, Incorporated (10/6-10/15) and the Indiana Repertory Theater is presenting Mary Shelley's Frankenstein (9/22-10/14)

- Strengthen romantic relationships – CAPS will be hosting a 2.5-hour workshop Oct. 10th from 4:30-7p to address keeping relationships fun, healthy, and happy.

- **Breathe in the fall foliage** – Eagle Creek offers a beautiful space to experience the great outdoors in the heart of Marion County; it's perfect for hikes. You can also walk along the Monon or Indy Cultural Trail.

- **Plan a themed picnic or potluck** – Invite some friends to share your favorite dishes and, if the weather permits, bring it outside.

Check out more events on the Spot

Tip for the week: Be a chameleon! Many places offer alcohol-free beers or mocktails to help cater to designated drivers or those who don't drink. Keeping something in your hand can help shield you from getting offers of drinks but still show you are a part of the group. Having a few tried-and-true drink refusal strategies up your sleeve can help, too!

Be Well,
Health and Wellness Promotion
wellness.iupui.edu